



## PRESTATIES ATLA ATLETEN OUTDOOR 2007



### BENJAMINS JONGENS

60M				
Breems Benneth	10.00	Genk	30-9-2007	Olimpic 9
Breems Benneth	10.01	Alken	30-9-2007	Olimpic 10
Breems Benneth	10.06	Lanaken	15-6-2007	
Panis Brecht	10.07	Genk	30-9-2007	Olimpic 9
Breems Benneth	10.16	St.Truiden	19-5-2007	Olimpic 5
Breems Benneth	10.21	Lommel L.K.	30-6-2007	5de plaats
Breems Benneth	10.24	Hechtel	5-5-2007	Olimpic 3
Breems Benneth	10.25	Lanaken	20-5-2007	Mem. Cops
Breems Benneth	10.29	Tongeren	12-5-2007	Olimpic 4
Breems Benneth	10.29	Tongeren	7-7-2007	
Breems Benneth	10.29	Alken	13-7-2007	Nacht
Panis Brecht	10.31	Bree	26-8-2007	Olimpic 7
Breems Benneth	10.36	Neerpelt	1-4-2007	Olimpic 1
Breems Benneth	10.39	Lommel	26-5-2007	Olimpic 6
Breems Benneth	10.41	Lanaken	15-4-2007	Olimpic 2
Panis Brecht	10.42	Neerpelt	1-4-2007	Olimpic 1
Panis Brecht	10.45	St.Truiden	19-5-2007	Olimpic 5
Panis Brecht	10.49	Lanaken	15-6-2007	
Panis Brecht	10.51	Lanaken	20-5-2007	Mem. Cops
Panis Brecht	10.56	Hechtel	5-5-2007	Olimpic 3
Panis Brecht	10.57	Tongeren	12-5-2007	Olimpic 4
Panis Brecht	10.58	Lanaken	22-8-2007	Euregio
Panis Brecht	10.70	Lommel L.K.	30-6-2007	7de plaats
Panis Brecht	10.73	Tongeren	7-7-2007	
Panis Brecht	10.83	Lommel	26-5-2007	Olimpic 6
Sproncken Arthur	11.12	Lanaken	15-6-2007	
Sproncken Arthur	11.21	Lanaken	22-8-2007	Euregio
Sproncken Arthur	11.34	Lanaken	15-4-2007	Olimpic 2
Nijst Cedric	11.52	Lanaken	15-6-2007	
Nijst Cedric	11.55	Lommel	26-5-2007	Olimpic 6
Nijst Cedric	11.59	Lanaken	20-5-2007	Mem. Cops
Nijst Cedric	11.62	Neerpelt	2-6-2007	
Vanhengel Lennert	11.75	Lanaken	15-4-2007	Olimpic 2
Hendriks Mike	11.76	Lanaken	22-8-2007	Euregio
Slootmaekers Maxim	11.86	Lanaken	22-8-2007	Euregio
Vanhengel Lennert	11.96	Lanaken	20-5-2007	Mem. Cops
Engelbert Louis	12.00	Lanaken	22-8-2007	Euregio
Engelbert Louis	12.02	Lanaken	15-6-2007	
Vanhengel Lennert	12.03	Lanaken	15-6-2007	
Engelbert Louis	12.07	Lanaken	15-4-2007	Olimpic 2
Engelbert Louis	12.26	Lanaken	20-5-2007	Mem. Cops
Slootmaekers Robin	12.72	Lanaken	22-8-2007	Euregio
Landerloos Ruben	13.50	Lanaken	22-8-2007	Euregio
Landerloos Ruben	13.97	Lanaken	15-6-2007	



## PRESTATIES ATLA ATLETEN OUTDOOR 2007



### BENJAMINS JONGENS

1000M				
Breems Benneth	3.42.31	Genk	22-9-2007	Olimpic 9
Breems Benneth	3.46.14	Alken	13-7-2007	Nacht
Panis Brecht	3.47.51	Genk	22-9-2007	Olimpic 9
Breems Benneth	3.48.26	Lommel L.K.	30-6-2007	5de plaats
Breems Benneth	3.48.39	Heusden	28-7-2007	Nacht Atletiek
Breems Benneth	3.50.32	Tongeren	7-7-2007	
Breems Benneth	3.51.79	Neerpelt	1-4-2007	Olimpic 1
Breems Benneth	3.52.64	Lanaken	20-5-2007	Mem. Cops
Breems Benneth	3.52.8	Lanaken	15-4-2007	Olimpic 2
Breems Benneth	3.52.80	Hechtel	5-5-2007	Olimpic 3
Breems Benneth	3.53.11	Lommel	26-5-2007	Olimpic 6
Breems Benneth	3.53.92	St.Truiden	19-5-2007	Olimpic 5
Breems Benneth	3.54.85	Alken	30-9-2007	Olimpic 10
Breems Benneth	3.56.76	Tongeren	12-5-2007	Olimpic 4
Panis Brecht	4.04.09	St.Truiden	19-5-2007	Olimpic 5
Panis Brecht	4.04.15	Lanaken	22-8-2007	Euregio
Panis Brecht	4.04.27	Lommel	26-5-2007	Olimpic 6
Panis Brecht	4.05.23	Tongeren	7-7-2007	
Panis Brecht	4.06.54	Tongeren	12-5-2007	Olimpic 4
Panis Brecht	4.07.23	Lommel L.K.	30-6-2007	11de plaats
Panis Brecht	4.07.91	Lanaken	20-5-2007	Mem. Cops
Panis Brecht	4.08.14	Neerpelt	1-4-2007	Olimpic 1
Panis Brecht	4.15.24	Hechtel	5-5-2007	Olimpic 3
Sproncken Arthur	4.22.89	Lanaken	22-8-2007	Euregio
Hendriks Mike	4.28.34	Lanaken	22-8-2007	Euregio
Nijst Cedric	4.38.35	Neerpelt	2-6-2007	
Vanhengel Lennert	4.44.3	Lanaken	15-4-2007	Olimpic 2
Engelbert Louis	4.47.3	Lanaken	15-4-2007	Olimpic 2
Engelbert Louis	4.49.65	Lanaken	22-8-2007	Euregio
Nijst Cedric	4.50.50	Lommel	26-5-2007	Olimpic 6

KOGEL		1 KG		
Breems Benneth	7m56	Lanaken	13-10-2007	
Breems Benneth	7m07	Lommel	26-5-2007	Olimpic 6
Breems Benneth	6m84	Alken	13-7-2007	Nacht
Panis Brecht	6m67	Lanaken	13-10-2007	
Breems Benneth	6m60	St.Truiden	19-5-2007	Olimpic 5
Nijst Cedric	6m30	Lommel	26-5-2007	Olimpic 6
Panis Brecht	6m01	Bree	26-8-2007	Olimpic 7
Panis Brecht	5m77	Lommel	26-5-2007	Olimpic 6
Hendriks Mike	5m25	Lanaken	13-10-2007	
Panis Brecht	5m13	St.Truiden	19-5-2007	Olimpic 5
Soudant Yanick	3m74	Lanaken	13-10-2007	



## PRESTATIES ATLA ATLETEN OUTDOOR 2007



### BENJAMINS JONGENS

#### HOCKEYBAL

HOCKEYBAL				
Breems Benneth	26m41	Lanaken	13-10-2007	
Breems Benneth	25m92	Alken	30-9-2007	Olimpic 10
Breems Benneth	24m48	Genk	22-9-2007	
Breems Benneth	23m70	Lanaken	15-6-2007	
Breems Benneth	23m54	Lanaken	20-5-2007	Mem. Cops
Breems Benneth	23m45	Neerpelt	1-4-2007	Olimpic 1
Breems Benneth	22m92	Tongeren	7-7-2007	
Breems Benneth	22m23	Lanaken	15-4-2007	Olimpic 2
Panis Brecht	21m60	Lanaken	13-10-2007	
Breems Benneth	21m14	Hechtel	5-5-2007	Olimpic 3
Panis Brecht	20m35	Genk	22-9-2007	
Panis Brecht	20m09	Tongeren	12-5-2007	Olimpic 4
Nijst Cedric	20m07	Lanaken	20-5-2007	Mem. Cops
Panis Brecht	19m65	Bree	26-8-2007	Olimpic 7
Panis Brecht	19m49	Lanaken	15-6-2007	
Breems Benneth	19m11	Tongeren	12-5-2007	Olimpic 4
Panis Brecht	18m91	Lanaken	20-5-2007	Mem. Cops
Panis Brecht	17m82	Hechtel	5-5-2007	Olimpic 3
Panis Brecht	17m80	Tongeren	7-7-2007	
Nijst Cedric	17m49	Lommel L.K.	30-6-2007	9de plaats
Panis Brecht	17m22	Lanaken	22-8-2007	Euregio
Engelbert Louis	16m94	Lanaken	22-8-2007	Euregio
Sproncken Arthur	16m20	Lanaken	15-6-2007	
Engelbert Louis	16m06	Lanaken	15-6-2007	
Panis Brecht	15m91	Neerpelt	1-4-2007	Olimpic 1
Nijst Cedric	15m50	Neerpelt	2-6-2007	
Engelbert Louis	14m86	Lanaken	20-5-2007	Mem. Cops
Sproncken Arthur	14m84	Lanaken	15-4-2007	Olimpic 2
Soudant Yannick	14m66	Lanaken	13-10-2007	
Nijst Cedric	14m25	Lanaken	15-6-2007	
Sproncken Arthur	14m06	Lanaken	22-8-2007	Euregio
Hendriks Mike	13m82	Lanaken	13-10-2007	
Vanhengel Lennert	12m95	Lanaken	13-10-2007	
Landerloos Ruben	11m07	Lanaken	15-6-2007	
Vanhengel Lennert	10m50	Lanaken	15-4-2007	Olimpic 2
Landerloos Ruben	8m29	Lanaken	22-8-2007	Euregio



## PRESTATIES ATLA ATLETEN OUTDOOR 2007



### BENJAMINS JONGENS

VER				
Breems Benneth	3m48	Genk	22-9-2007	Olimpic 9
Panis Brecht	3m46	Lanaken	22-8-2007	Euregio
Panis Brecht	3m44	Bree	26-8-2007	Olimpic 7
Breems Benneth	3m41	Neerpelt	1-4-2007	Olimpic 1
Breems Benneth	3m41	Tongeren	7-7-2007	
Breems Benneth	3m38	Alken	30-9-2007	Olimpic 10
Breems Benneth	3m33	Hechtel	5-5-2007	Olimpic 3
Breems Benneth	3m31	Tongeren	12-5-2007	Olimpic 4
Breems Benneth	3m30	Alken	13-7-2007	Nacht
Breems Benneth	3m28	Lanaken	15-4-2007	Olimpic 2
Breems Benneth	3m28	Lanaken	20-5-2007	Mem. Cops
Panis Brecht	3m24	Genk	22-9-2007	Olimpic 9
Slotmaekers Maxim	3m21	Lanaken	22-8-2007	Euregio
Panis Brecht	3m20	Tongeren	7-7-2007	
Panis Brecht	3m10	Lanaken	20-5-2007	Mem. Cops
Breems Benneth	3m08	St.Truiden	19-5-2007	Olimpic 5
Panis Brecht	3m07	St.Truiden	19-5-2007	Olimpic 5
Panis Brecht	2m97	Tongeren	12-5-2007	Olimpic 4
Sproncken Arthur	2m92	Lanaken	15-4-2007	Olimpic 2
Sproncken Arthur	2m85	Lanaken	22-8-2007	Euregio
Panis Brecht	2m66	Neerpelt	1-4-2007	Olimpic 1
Vanhengel Lennert	2m53	Lanaken	15-4-2007	Olimpic 2
Vanhengel Lennert	2m52	Lanaken	20-5-2007	Mem. Cops
Nijst Cedric	2m49	Lanaken	20-5-2007	Mem. Cops
Panis Brecht	2m45	Hechtel	5-5-2007	Olimpic 3
Engelbert Louis	2m45	Lanaken	22-8-2007	Euregio
Slotmaekers Robin	2m41	Lanaken	22-8-2007	Euregio

HOOG				
Panis Brecht	0m95	Lommel	26-5-2007	Olimpic 6
Breems Benneth	0m80	Lommel	26-5-2007	Olimpic 6
Nijst Cedric	0m80	Lommel L.K.	30-6-2007	7de plaats
Nijst Cedric	0m70	Lommel	26-5-2007	Olimpic 6



## PRESTATIES ATLA ATLETEN OUTDOOR 2007



### BENJAMINS JONGENS

VIERSKAMP				
Breems Benneth	1393p	Genk	22-9-2007	Olimpic 9
Breems Benneth	1299p	St.Truiden	19-5-2007	Olimpic 5
Breems Benneth	1291p	Alken	30-9-2007	Olimpic 10
Breems Benneth	1235p	Tongeren L.K.	7-7-2007	5de plaats
Panis Brecht	1234p	Genk	22-9-2007	Olimpic 9
Breems Benneth	1217p	Neerpelt	1-4-2007	Olimpic 1
Breems Benneth	1190p	Lommel	26-5-2007	Olimpic 6
Breems Benneth	1186p	Hechtel	5-5-2007	Olimpic 3
Breems Benneth	1156p	Lanaken	15-4-2007	Olimpic 2
Breems Benneth	1118p	Tongeren	12-5-2007	Olimpic 4
Panis Brecht	1071p	St.Truiden	19-5-2007	Olimpic 5
Panis Brecht	1044p	Lommel	26-5-2007	Olimpic 6
Panis Brecht	1016p	Bree	26-8-2007	Olimpic 7
Panis Brecht	943p	Tongeren	12-5-2007	Olimpic 4
Panis Brecht	937p	Tongeren L.K.	7-7-2007	8ste plaats
Panis Brecht	856p	Neerpelt	1-4-2007	Olimpic 1
Panis Brecht	777p	Hechtel	5-5-2007	Olimpic 3
Nijst Cedric	570p	Lommel	26-5-2007	Olimpic 6
Sproncken Arthur	393p	Lanaken	15-4-2007	Olimpic 2
Vanhengel Lennert	359p	Lanaken	15-4-2007	Olimpic 2
Engelbert Louis	212p	Lanaken	15-4-2007	Olimpic 2



# PRESTATIES ATLA ATLETEN OUTDOOR 2007



## BENJAMINS JONGENS

4x60M			
Breems Benneth-Engelbert Louis-Sproncken Arthur- Vanhengel Lennert	47.82	Lanaken	15-4-2007 Olympic 2