

01/05/09 Tongeren
Tungrirun 5Km

Nr	DEELNEMER	CLUB	PL	PL IN CAT	cat	TIJD
1338	BOLLEN Frank	ATLA	1	1	5.SH	00:16:37
1333	PETER Wilhelmus	ATLA	2	2	5.SH	00:16:40
1330	CORTVRIENDT Philip	AVT	3	3	5.SH	00:16:44
1385	DETREZ Damien	RFCL	4	4	5.SH	00:17:04
1374	HABEX Carlo	AVT	5	1	5.MH+35	00:17:20
564	TEUNKENS Karel	VMOL4743	6	1	5.MH+45	00:17:22
1451	MICHIELS Karsten	LOOISE	7	5	5.SH	00:17:34
1390	TASSET J-Luc	NA	8	2	5.MH+35	00:17:42
546	NYS Patrick	ADD5218	9	2	5.MH+45	00:17:51
1387	SINDIC Benoit	RFCL	10	6	5.SH	00:18:09
1343	KARSKI Amit	TACT	11	7	5.SH	00:18:45
1363	CHABABE Larbi	AC HERVE	12	3	5.MH+35	00:18:50
1321	VANSTAPEL Arno	ACA	13	8	5.SH	00:18:55
507	BERINGS Filip		14	4	5.MH+35	00:18:57
1329	CUPILLO Antimo	AVT	15	9	5.SH	00:18:58
1306	DE VRIESE Joost	NA	16	10	5.SH	00:19:04
836	REWEGHS Yannick	VIIO NIJV	17	11	5.SH	00:19:12
1337	SOCCOL Manuela	AL GENK	18	1	5.SD	00:19:15
810	BUTTIENS Rohalt	VIIO NIJV	19	12	5.SH	00:19:15
1404	HEX Leander	ADD	20	13	5.SH	00:19:19
1304	IDRISS A-Ali	VIIO-HUM.	21	14	5.SH	00:19:23
1469	VAES Daan	NA	22	15	5.SH	00:19:26
1332	CURVERS Danny	MACD	23	5	5.MH+35	00:19:34
1426	PARTOENS Tom	NA	24	16	5.SH	00:19:36
830	HERMANS Robby	VIIO NIJV	25	17	5.SH	00:19:46
1342	RUTH David	NA	26	18	5.SH	00:19:47
596	ROOD Tom	QSH	27	19	5.SH	00:19:53
620	MARTENS Luc	VIIO-HUM.	28	20	5.SH	00:19:55
640	KERSTEN Dieter	VIIO-HUM.	29	21	5.SH	00:19:56
511	CLERX Frank	ADD5274	30	6	5.MH+35	00:20:02
641	KERSTEN Maarten	VIIO-HUM.	31	22	5.SH	00:20:30
1320	DULLERS Andre	LOOI	32	3	5.MH+45	00:20:32
1480	SCHEVERS Frank	NA	33	23	5.SH	00:20:33
547	NYS P-Jan	ADD2091	34	24	5.SH	00:20:38
610	HENRI Yarrick	VIIO-HUM.	35	25	5.SH	00:20:40
1368	METTEN Ivan	ADD	36	7	5.MH+35	00:20:44
1421	VRIJENS Dennis	NA	37	26	5.SH	00:20:48
1470	DEWALLEF Geoffrey	NA	38	27	5.SH	00:20:51
1420	NULENS Ludo	ZLTC	39	4	5.MH+45	00:20:53
1331	CORTVRIENDT Isabelle	AVT	40	2	5.SD	00:20:54
622	GHIJSENS Tony	VIIO-HUM.	41	5	5.MH+45	00:20:56
851	JACOBS Tim	VIIO H&Z	43	29	5.SH	00:20:57
525	HAESEN Jasper		42	28		1 00:20:57
1454	STASSEN Jeffrey	NA	44	30	5.SH	00:21:00
844	NEVEN Jorrit	VIIO H&Z	45	31	5.SH	00:21:01
871	THYS Maarten	PICPUSSEN	46	32	5.SH	00:21:03
897	GREGOIRE Jarne	MAURITIUS	47	33	5.SH	00:21:04
689	ROSMEULEN Filip	KTA	48	8	5.MH+35	00:21:05
814	JACOBS Thierry	VIIO NIJV	49	34	5.SH	00:21:09
831	VOETS Cédric	VIIO NIJV	50	35	5.SH	00:21:11
513	DAERDEN Etienne		51	1		1 00:21:12

01/05/09 Tongeren
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Nr	DEELNEMER	CLUB	PL	PL IN CAT	cat	TIJD
1316	PEUMANS Franck	NA	53	37	5.SH	00:21:13
1440	CHRISTOFFELS Kris	NA	52	36	5.SH	00:21:13
1373	BONSIGNORE Alexandre	HUY	54	9	5.MH+35	00:21:16
594	MISSOTTEN Jan	QSH	55	38	5.SH	00:21:20
1413	GREGOIRE Rudi	BJC	56	10	5.MH+35	00:21:24
1336	MENTEN Joeri	NA	57	39	5.SH	00:21:26
826	MOREAS Didier	VIIO NIJV	59	40	5.SH	00:21:29
1319	REUL Rudi	NA	58	6	5.MH+45	00:21:29
828	STEGERMAN Nick	VIIO NIJV	60	41	5.SH	00:21:34
1422	CROUZEN Jules	NA	61	42	5.SH	00:21:44
621	WEREMME Aurerlien	VIIO-HUM.	62	43	5.SH	00:21:46
1364	GREGOIRE Michel	BJC	63	7	5.MH+45	00:21:47
850	DRIESEN Christophe	VIIO H&Z	64	44	5.SH	00:21:48
565	THIJS Stephen		65	45	1	00:21:50
1485	SWENNEN Andy	NA	66	46	5.SH	00:21:56
1424	VAN DE WINKEL Marc	NA	67	8	5.MH+45	00:21:58
837	MERCKX Joachim	VIIO NIJV	68	47	5.SH	00:22:01
794	BRUGGEN Jo	HOES CENTR	69	11	5.MH+35	00:22:03
562	STEEGEN Kim		70	48	1	00:22:07
1444	PINSART Gijs	ZLTC	71	49	5.SH	00:22:08
764	ROME Danny	GBS Mal	72	9	5.MH+45	00:22:09
1395	CROES Dirk	NA	74	12	5.MH+35	00:22:14
1344	BROUWERS Carin	ATLA	73	1	5.MD+35	00:22:14
1282	CEUNEN Jonas	KAT	75	50	5.SH	00:22:15
857	VAN DE WINKEL Liesbeth	VIIO H&Z	76	3	5.SD	00:22:15
587	BANKEN Stefan	QSH	77	13	5.MH+35	00:22:17
1305	SIMONS Rob	NA	78	51	5.SH	00:22:19
526	HENNES Markus	ADD2302	79	52	5.SH	00:22:23
1414	HENDRIX Erik	NA	80	10	5.MH+45	00:22:24
645	NECKEBROECK Nigel	VIIO-HUM.	81	53	5.SH	00:22:26
772	BUCKINX Martijn	GBS Mal	82	54	5.SH	00:22:31
1310	JAGENAEU Vincent	NA	83	14	5.MH+35	00:22:33
1406	CUYKX Dries	TAGT	84	55	5.SH	00:22:34
1405	CUYKX Bart	TAGT	86	15	5.MH+35	00:22:36
721	RUTH Tom	DOL-FIJN	85	56	5.SH	00:22:36
1328	DEWALQUE Yannick	NA	87	57	5.SH	00:22:38
1379	VAN BRUSSEL Jos	NA	88	11	5.MH+45	00:22:39
842	SLECHTEN Mario	VIIO H&Z	89	16	5.MH+35	00:22:41
1490	WARNIER Bruno	NA	90	17	5.MH+35	00:22:42
1278	PAULS A SENSIO Saul	KAT	91	58	5.SH	00:22:45
539	MATTERS Ben		92	59	1	00:22:46
648	HEUTS Wouter	VIIO-HUM.	93	60	5.SH	00:22:48
1492	ASSEN Nour Jamal		94	18	1	00:22:50
779	KNAPEN Dirk	VBSBOR	95	19	5.MH+35	00:22:52
1443	HUBRECHTS Gijs	NA	96	61	5.SH	00:22:55
568	VAN DOORSELAER Mario	ADD	97	20	5.MH+35	00:22:55
575	WOLFS Wouter	TACT4648	99	63	5.SH	00:22:56
1369	METTEN Diederik	ADD	98	62	5.SH	00:22:56
895	NIJSTEN Michiel	HHART-LANAK	100	64	5.SH	00:22:58
780	ROUFFAER Jean	De Herik	101	12	5.MH+45	00:22:58
506	BEELEN David		103	21	1	00:23:00

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Nr	DEELNEMER	CLUB	PL	PL IN CAT	cat	TIJD
863	JAGENEAU Julien	PICPUSSEN	102	65	5.SH	00:23:00
584	DEDRY Bart	SP.OASE	104	66	5.SH	00:23:04
1450	MARTING Peter	NA	106	22	5.MH+35	00:23:07
1398	KELCHTERMANS Michiel	NA	105	67	5.SH	00:23:07
567	VALGAERTS Kelly	DCLA1647	107	4	5.SD	00:23:09
1445	BROUNS Stijn	NA	108	68	5.SH	00:23:14
1430	LEFEVRE Anne	ATLA	109	5	5.SD	00:23:21
1491	DEBY Romain	NA	110	69	5.SH	00:23:28
588	CHAMPAGNE Bjorn	QSH	111	70	5.SH	00:23:30
697	SNELLINX Maikel	BS MERLIJN	112	71	5.SH	00:23:32
1261	FRANSEN Michel	KAT	113	72	5.SH	00:23:33
1433	BIESMANS Jan	NA	114	73	5.SH	00:23:33
1478	SLECHTEN Katrien	NA	115	6	5.SD	00:23:35
593	JACOBS Michel	QSH	116	23	5.MH+35	00:23:35
1434	BIESMANS Kris	NA	117	74	5.SH	00:23:36
604	WIELICK Jeroen	QSH	118	24	5.MH+35	00:23:37
1334	SOURBRON Filip	NA	119	25	5.MH+35	00:23:37
1472	WIJNEN Joeri	NA	120	75	5.SH	00:23:41
654	PRINCEN Tom	VIIO-HUM.	122	77	5.SH	00:23:43
854	ROYEN Sanny	VIIO H&Z	121	76	5.SH	00:23:43
1452	BENAETS Tom	ADD	123	78	5.SH	00:23:44
1481	SCHEVERS Christophe	NA	124	79	5.SH	00:23:48
722	LAMELLA Vito	DOL-FIJN	125	2	5.MH+55	00:23:50
1477	DANIELS Benny	NA	126	13	5.MH+45	00:23:53
890	GOVAERTS Marc	ADD5144	127	14	5.MH+45	00:24:01
1403	MEERTEN Sam	ZLTC	128	80	5.SH	00:24:03
791	SWENNEN Joery	De Herik	129	81	5.SH	00:24:05
813	PARTHOENS Ward	VIIO NIJV	130	82	5.SH	00:24:06
861	SCHEPERS Alexander	PICPUSSEN	131	83	5.SH	00:24:08
1346	PIRARD Brigitte	ADD	132	1	5.MD+45	00:24:10
1375	VUERSTAEK Martin	NA	133	26	5.MH+35	00:24:11
540	MEESEN Dirk		135	27	5.MH+35	00:24:13
617	VANORMELINGEN Joris	VIIO-HUM.	134	84	5.SH	00:24:13
783	JACKERS Bart	De Herik	137	28	5.MH+35	00:24:16
522	ERNA Philip	ADD5951	136	15	5.MH+45	00:24:16
603	VANORMELINGEN Mieke	QSH	138	7	5.SD	00:24:18
1432	BORGHOMS Sabine	ATLA	139			00:24:19
1367	METTEN Lorijn	ADD	140	85	5.SH	00:24:20
1335	SOUVEREYNS Kris	NA	141	86	5.SH	00:24:23
1417	COLLEY Anje	BJC	142	30	5.MH+35	00:24:23
692	MENTEN Joren	KTA	143	87	5.SH	00:24:29
586	APPERMANS Mariella	QSH	144	2	5.MD+35	00:24:30
1447	BASTIAENS Hanne	NA	145	8	5.SD	00:24:31
652	GEUTEN Jonas	VIIO-HUM.	146	88	5.SH	00:24:31
580	METTEN Davy	SP.OASE	147	89	5.SH	00:24:33
649	DUPAIN Charles	VIIO-HUM.	148	90	5.SH	00:24:35
1376	NEVEN Didier	NA	150	31	5.MH+35	00:24:39
874	TANS Daan	PICPUSSEN	149	91	5.SH	00:24:39
751	LOYENS Lise	VIIO-HUM.	151	9	5.SD	00:24:41
1462	PARTHOENS Cecile	JOGGING PLVS	152	3	5.MD+35	00:24:41
619	BIELEN Yannick	VIIO-HUM.	154	93	5.SH	00:24:43

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Nr	DEELNEMER	CLUB	PL	PL IN CAT	cat	TIJD
676	DELANGHE Serge	KTA	153	92	5.SH	00:24:43
637	PEETERS Alexander	VIIO-HUM.	155	94	5.SH	00:24:46
1474	PLUGERS J-Luc	NA	156	16	5.MH+45	00:24:48
1301	WOLFS Niels	VIIO NIJV	157	95	5.SH	00:24:49
1431	MAES Rony	NA	159	17	5.MH+45	00:24:51
765	HAESSEN Sander	GBS Mal	158	96	5.SH	00:24:51
766	HAESSEN Nico	GBS Mal	160	18	5.MH+45	00:24:54
616	WIJNANTS Jurgen	VIIO-HUM.	161	97	5.SH	00:24:56
694	VOETS Robby	KTA	162	98	5.SH	00:24:56
1486	BRUNINX Dimitri	NA	164	100	5.SH	00:24:58
696	BAMATKEREJEV Said	KTA	163	99	5.SH	00:24:58
860	CUYPERS Jarno	DE BREG	165	101	5.SH	00:25:00
555	SCHREURS Betty	ADD3459	166	2	5.MD+45	00:25:00
1270	PETRY Marijn	KAT	167	102	5.SH	00:25:02
1401	SEURISSEN Aldo	NA	169	32	5.MH+35	00:25:03
1257	GOESSENS Simon	VIIO-HUM.	168	103	5.SH	00:25:03
1260	VANDORMAEL Jens	KAT	170	104	5.SH	00:25:06
1396	CUYPERS Wilfried	NA	171	33	5.MH+35	00:25:08
852	WETS Christian	VIIO H&Z	172	105	5.SH	00:25:08
1411	VAN DEN BROECK Miranda	ADD	173	4	5.MD+35	00:25:10
598	THIJS Marc	QSH	174	106	5.SH	00:25:11
515	DEBRUS G-Jan		175	107	5.SH	00:25:11
592	HOUBEN Rony	QSH	177	34	5.MH+35	00:25:13
1410	DUMOULIN Sabine	BJC	176	5	5.MD+35	00:25:13
635	VERLINDEN Victor	VIIO-HUM.	178	108	5.SH	00:25:16
516	DELATHOUWER Gino		179	19	5.MH+45	00:25:17
1415	VANNESTE Thibaut	NA	180	109	5.SH	00:25:18
731	STAS Emile	TUMULI	181	110	5.SH	00:25:20
869	BILLEN Laurien	PICPUSSEN	182	10	5.SD	00:25:20
1394	PONET Frederik	NA	183	111	5.SH	00:25:21
1407	VANDONINCK David	DE BOOMHUT	185	36	5.MH+35	00:25:22
560	STAS Alain		184	35	5.MH+35	00:25:22
877	LOYENS Gert	PICPUSSEN	186	112	5.SH	00:25:23
1446	MEEKERS Stefan	NA	187	37	5.MH+35	00:25:24
1298	RENIER Alfons	VIIO NIJV	188	38	5.MH+35	00:25:26
882	CIELEN Arne	t Nederwijsje	189	113	5.SH	00:25:28
538	MATERNE J-Marie		190	20	5.MH+45	00:25:32
833	STASSEN Ben	VIIO NIJV	191	114	5.SH	00:25:35
1280	CROUX Chris	KAT	192	115	5.SH	00:25:37
1439	JANS Maarten	NA	193	116	5.SH	00:25:39
519	DIGNEF Jurgen		194	117	5.SH	00:25:45
572	VANSTEENWEGEN Peter		195	21	5.MH+45	00:25:47
809	VAN REUSEL Thomas	VIIO NIJV	196	118	5.SH	00:25:48
684	WEEGHMANS Marc	KTA	197	22	5.MH+45	00:25:50
691	WEEGHMANS Jannick	KTA	198	119	5.SH	00:25:51
571	VANDENREIJT Tamara	ADD	199	11	5.SD	00:25:53
554	ROELENS Tom		200	120	5.SH	00:25:54
864	VRANCKEN Dries	PICPUSSEN	201	121	5.SH	00:25:56
501	ACHTEN Filip		203	122	5.SH	00:25:58
1416	HAEKENS Mady	BJC	202	3	5.MD+45	00:25:58
894	DAENEN Jurgen	BS MERLIJN	204	123	5.SH	00:25:59

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Nr	DEELNEMER	CLUB	PL	PL IN CAT	cat	TIJD
1262	MOENS Frederic	KAT	205	124	5.SH	00:26:03
1264	MIERMANS Alexander	KAT	206	125	5.SH	00:26:05
1402	MEERTENS Niels	NA	207	126	5.SH	00:26:11
710	GOOSSENS Stefan	BS MERLIJN	208	39	5.MH+35	00:26:13
1475	LYCOPS Patrick	NA	209	40	5.MH+35	00:26:16
528	JANS Robby		210	127	5.SH	00:26:18
803	SCHABON Francis	OLVB	211	41	5.MH+35	00:26:20
561	STASSEN Gerard		212	42	5.MH+35	00:26:21
1372	VERTOMMEN Greetje	NA	214	6	5.MD+35	00:26:24
1279	WIJNANDS Jani	KAT	213	128	5.SH	00:26:24
545	NEVEN Ria		215	7	5.MD+35	00:26:25
768	BOOSTEN Benny	GBS Mal	216	43	5.MH+35	00:26:28
1277	COX Daan	KAT	217	129	5.SH	00:26:30
849	VROONEN Kim	VIIO H&Z	218	12	5.SD	00:26:32
832	FALLA Sten	VIIO NIJV	219	130	5.SH	00:26:33
576	ZITO Franco		220	44	5.MH+35	00:26:33
1467	STEVENS Jan	NA	221	131	5.SH	00:26:46
1307	MENTEN Jean	NA	222	3	5.MH+55	00:26:47
1351	ERKENS Olivier	NA	223	132	5.SH	00:26:48
699	SIMENON Marina	BS MERLIJN	224	4	5.MD+45	00:26:50
1459	LIKET Jacques	NA	225	23	5.MH+45	00:26:52
582	POELMANS Isabelle	SP.OASE	226	8	5.MD+35	00:26:56
1356	MULKERS Ann	BJC	227	9	5.MD+35	00:26:57
665	CORNELIS Pieter	KTA	228	133	5.SH	00:26:58
1457	REYSKENS Pierre	NA	229	4	5.MH+55	00:26:59
534	LEMENSE Christophe		230	134	5.SH	00:27:03
827	DROOGMANS Philip	VIIO NIJV	231	45	5.MH+35	00:27:05
1371	NECKEBROECK Gerry	NA	232	46	5.MH+35	00:27:06
805	DUIMEL-PEETERS Inge	OLVB	233	10	5.MD+35	00:27:09
806	VAN UDEN Caro	OLVB	234	47	5.MH+35	00:27:10
781	LARONDELLE Kevin	De Herik	235	135	5.SH	00:27:11
1324	GIRVAN David	NA	236	24	5.MH+45	00:27:14
675	BALLIGAND Sarah	KTA	237	13	5.SD	00:27:15
569	VAN HAUDENHUYSE Nathalie		238	14	5.SD	00:27:16
695	HERMANS Wim	KTA	239	136	5.SH	00:27:17
1323	CORTHOUTS Desire	NA	240	5	5.MH+55	00:27:18
1255	WINTER Kirian	MIJLPAAL	241	137	5.SH	00:27:18
674	HAESEN Steve	KTA	242	138	5.SH	00:27:19
776	MAES Bram	VBSBOR	243	139	5.SH	00:27:20
531	JOSSA Shauni	TACT2826	244	140	5.SH	00:27:22
1482	DUPOIN Frederic	NA	245	141	5.SH	00:27:23
788	BECU Wouter	De Herik	246	142	5.SH	00:27:24
581	SCHOUTEN Bojoura	SP.OASE	248	16	5.SD	00:27:26
758	VANRENTGHEM Sara	LAUW	247	15	5.SD	00:27:26
1449	DAERDEN Michael	NA	249	143	5.SH	00:27:28
1315	MORRHEY An	NA	250	11	5.MD+35	00:27:30
1313	NOELMANS Patrick	NA	252	25	5.MH+45	00:27:32
1463	DETRE Petra	NA	251	17	5.SD	00:27:32
639	REARD Jonathan	VIIO-HUM.	253	144	5.SH	00:27:34
683	PONSARD Olivier	KTA	254	48	5.MH+35	00:27:37
583	DIRIX Johan	SP.OASE	255	49	5.MH+35	00:27:37

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Nr	DEELNEMER	CLUB	PL	PL IN CAT	cat	TIJD
793	PROESMANS Kamiel	De Herik	256	6	5.MH+55	00:27:40
698	SNELLINX Dave	BS MERLIJN	257	145	5.SH	00:27:41
1299	RENIER Jurgen	VIIO NIJV	258	146	5.SH	00:27:44
812	KERSTEN Benjamin	VIIO NIJV	259	147	5.SH	00:27:47
629	BAETS Veerle	VIIO-HUM.	260	18	5.SD	00:27:47
543	MOTMANS Paul		262	26	5.MH+45	00:27:49
1488	WISSELS Koen	NA	261	50	5.MH+35	00:27:49
834	VANDEWIJER J-Michel	VIIO NIJV	263	148	5.SH	00:27:52
1392	MEERS Jos	NA	264	149	5.SH	00:27:53
625	VYVEY Eline	VIIO-HUM.	265	19	5.SD	00:27:55
624	JAGENEAU Laura	VIIO-HUM.	266	20	5.SD	00:27:56
715	BERTRAND Anouchka	BS MERLIJN	267	21	5.SD	00:27:57
717	STAS Larissa	BS MERLIJN	268	12	5.MD+35	00:27:57
743	LIBENS Kaat	ST-LUT	269	22	5.SD	00:27:59
1341	LECLERE Steve	NA	271	150	5.SH	00:28:00
757	BOCKEN Anne	LAUW	270	23	5.SD	00:28:00
829	CUENEN Thierry	VIIO NIJV	272	151	5.SH	00:28:01
1389	HERMANS Robert	NA	273	27	5.MH+45	00:28:03
1311	JAGENEAU Marie	NA	274	24	5.SD	00:28:04
704	DELANOY Glenn	BS MERLIJN	275	152	5.SH	00:28:06
541	MOERMANS Frank	ADD5211	276	28	5.MH+45	00:28:07
702	BOUZAOU Ibrahime	BS MERLIJN	277	153	5.SH	00:28:09
1281	HEULSEN Remy	KAT	278	154	5.SH	00:28:11
796	WISSELS Jeroen	OLVB	279	51	5.MH+35	00:28:12
687	KRIEKELS William	KTA	280	155	5.SH	00:28:16
1317	DÖRR Therese	NA	281	25	5.SD	00:28:25
1326	FORMENT Catherine	ADD	282	26	5.SD	00:28:29
530	JORISSEN Inge		283	27	5.SD	00:28:34
529	JANSSEN Hans		284	156	5.SH	00:28:35
579	PEXTERS Yves	SP.OASE	285	52	5.MH+35	00:28:36
841	WIRIX Natalie	VIIO H&Z	286	13	5.MD+35	00:28:39
785	DIRKZWAGER Joran	De Herik	287	157	5.SH	00:28:41
879	VANDEBEEK Sten	t Nederwijsje	288	158	5.SH	00:28:44
1325	HUSKENS Jozef	ATLA	289	7	5.MH+55	00:28:46
1272	MARTING Brian	KAT	290	159	5.SH	00:28:49
720	BARELLA Arne	DOL-FIJN	291	160	5.SH	00:28:53
1437	CASTERMANS Thibaut	NA	292	161	5.SH	00:28:55
707	BOUZAOU Abdou	BS MERLIJN	293	53	5.MH+35	00:28:59
716	POPOVIC Nanouk	BS MERLIJN	294	28	5.SD	00:29:01
865	VRANCKEN Jens	PICPUSSSEN	295	162	5.SH	00:29:02
1412	KEIMES Liesbet	NA	296	29	5.SD	00:29:02
1366	LOOS Ingrid	NA	297	14	5.MD+35	00:29:03
502	ANDRIES Elfi		298	30	5.SD	00:29:04
808	VANDEGEHUCHTE Lucas	VIIO NIJV	299	163	5.SH	00:29:05
1291	SLECHTEN Nick	DOL-FIJN	300	164	5.SH	00:29:06
630	GEUTEN Silke	VIIO-HUM.	301	31	5.SD	00:29:07
741	KOOPMANS Stijn	ST-LUT	302	165	5.SH	00:29:08
703	NIHOUL Kassahun	BS MERLIJN	303	166	5.SH	00:29:14
807	D'AGOSTINO Moreno	VIIO NIJV	304	167	5.SH	00:29:15
1352	ZENDEN Lilian	NA	306	5	5.MD+45	00:29:17
1300	MEERS Heidi	VIIO NIJV	305	32	5.SD	00:29:17

01/05/09 Tongeren
Tungrirun 5Km

Nr	DEELNEMER	CLUB	PL	PL IN CAT	cat	TIJD
1353	DUBOIS Nina	ATLA	307	33	5.SD	00:29:18
767	BOOSTEN Eddy	GBS Mal	308	54	5.MH+35	00:29:19
1427	SCHOEFS Jozef	ADD	310	8	5.MH+55	00:29:21
870	THYS Lynn	PICPUSSEN	309	34	5.SD	00:29:21
744	COENEN Thibeau	ST-LUT	311	168	5.SH	00:29:22
1435	HERTELEER Cassandra	NA	313	15	5.MD+35	00:29:23
1382	CRAUWELS Lennard	NA	312	169	5.SH	00:29:23
714	ROOSEN Rudi	BS MERLIJN	314	29	5.MH+45	00:29:25
868	BILLEN Rune	PICPUSSEN	315	35	5.SD	00:29:28
795	FESTJENS Ellen	HOES CENTR	317	36	5.SD	00:29:28
726	LIJNEN Giel	DOL-FIJN	316	170	5.SH	00:29:28
1381	CRAUWELS Edward	NA	318	55	5.MH+35	00:29:29
725	LIJNEN Cato	DOL-FIJN	319	37	5.SD	00:29:30
1388	VROONEN Michel	NA	320	56	5.MH+35	00:29:31
643	HERMANS Lore	VIIO-HUM.	321	38	5.SD	00:29:32
790	LOUSBERGH Kevin	De Herik	322	171	5.SH	00:29:33
733	PICARD Stef	TUMULI	324	172	5.SH	00:29:34
778	SNELLINX Anja	VBSBOR	323	16	5.MD+35	00:29:34
1429	PICARD Eric	NA	326	57	5.MH+35	00:29:36
763	STEVENS Caroline	GBS Mal	325	39	5.SD	00:29:36
631	HOOGMARTENS Christine	VIIO-HUM.	328	41	5.SD	00:29:38
632	PRINCEN Sofie	VIIO-HUM.	327	40	5.SD	00:29:38
1312	NOELMANS Margaux	ADD	329	42	5.SD	00:29:39
521	DUCHATEAU Stijn	ADD5145	330	58	5.MH+35	00:29:40
1340	RASKIN Kristen	ADD	331	43	5.SD	00:29:40
1400	LOWET Katia	NA	332	44	5.SD	00:29:41
891	MORRHEY Els		333	17	5.MD+35	00:29:42
1318	KRÖNER Marie	NA	334	45	5.SD	00:29:44
1266	VANDEPLAS CÉdric	KAT	335	173	5.SH	00:29:46
671	HEEREN Nikki	KTA	336	46	5.SD	00:29:46
690	MUNOZ Daniel	KTA	337	174	5.SH	00:29:48
896	MOONS Erwin	WILLERKE	338	175	5.SH	00:29:49
1339	GEURTS Eliane	NA	339	47	5.SD	00:29:49
858	BADALJAN Ani	VIIO H&Z	340	48	5.SD	00:29:50
602	VANDERLINDEN Christof	QSH	342	176	5.SH	00:29:51
1423	MOONS Pascal	NA	341	59	5.MH+35	00:29:51
777	MARCKELBACH Liesbet	VBSBOR	343	18	5.MD+35	00:29:53
706	BOUZAOUI Ayaub	BS MERLIJN	344	177	5.SH	00:29:53
771	DAERDEN Gerda	GBS Mal	345	6	5.MD+45	00:29:54
1418	VRANCKEN Sien	NA	346	49	5.SD	00:29:55
705	VANDAMME Tom	BS MERLIJN	348	178	5.SH	00:29:57
883	PALMANS Noëlla	t Nederwijsje	347	19	5.MD+35	00:29:57
1358	SCHOEVEN Eddy	NA	349	60	5.MH+35	00:29:58
889	DAENEN Jan	t Nederwijsje	350	30	5.MH+45	00:29:58
738	COENEN Jorn	ST-LUT	351	179	5.SH	00:29:59
589	DELANOY Anneke	QSH	352	50	5.SD	00:30:01
548	ODEKERKEN Angelique	NL	354	7	5.MD+45	00:30:02
552	PIRLET Francine	ADD3139	353	20	5.MD+35	00:30:02
544	NEDERHAND Peter		355	61	5.MH+35	00:30:03
1428	JESSERS Wendy	NA	356	51	5.SD	00:30:04
709	MEYVAERT Jinte	BS MERLIJN	357	180	5.SH	00:30:05

01/05/09 Tongeren
Tungrirun 5Km

Nr	DEELNEMER	CLUB	PL	PL IN CAT	cat	TIJD
549	OUDE AELINCK Edwin	NL	358	31	5.MH+45	00:30:06
1327	VLIEGEN Hilde	NA	359	52	5.SD	00:30:07
1399	VANDEBOSCH Charis	NA	360	53	5.SD	00:30:08
742	MOERMANS Margot	ST-LUT	361	21	5.MD+35	00:30:09
875	RODIERS Jordy	PICPUSSEN	362	181	5.SH	00:30:09
712	ROOSEN Caroline	BS MERLIJN	363	54	5.SD	00:30:10
1322	WILDIERS Daan	NA	364	182	5.SH	00:30:12
893	RASKIN Indra	BS MERLIJN	365	55	5.SD	00:30:13
663	GURBUS Sema	KTA	366	56	5.SD	00:30:14
664	SNOCKS Bie	KTA	367	57	5.SD	00:30:15
647	SUY Marie	VIIO-HUM.	369	58	5.SD	00:30:16
784	LARONDELLE ChrÉtien	De Herik	368	9	5.MH+55	00:30:16
1408	HAGGBLOM Rolf	NA	370	32	5.MH+45	00:30:18
520	DIRIX Pascale	ADD3669	371	22	5.MD+35	00:30:20
1409	BERNARD Franck	NA	372	62	5.MH+35	00:30:22
846	VERHELST Ronny	VIIO H&Z	373	63	5.MH+35	00:30:23
734	SIMON Cedric	TUMULI	374	183	5.SH	00:30:24
1425	HENROTTE Myriam	NA	375	8	5.MD+45	00:30:25
595	NELISSEN Caroline	QSH	376	59	5.SD	00:30:25
557	SOETENS Dimitri		377	64	5.MH+35	00:30:29
1265	HERCKENS Jef	KAT	378	184	5.SH	00:30:31
1288	MEYLAERTS Steff	KAT	379	185	5.SH	00:30:32
1460	SUY Karina	NA	380	9	5.MD+45	00:30:34
1438	VONCKEN Gijs	NA	381	186	5.SH	00:30:35
1456	REYSKENS Joseph	NA	382	10	5.MH+55	00:30:43
609	NEVEN Yasmine	VIIO-HUM.	383	60	5.SD	00:30:45
1464	BERTRAND Dirk	NA	384	65	5.MH+35	00:30:46
1393	NOUWEN Johannes	NA	385	66	5.MH+35	00:30:48
701	NIHOUL Eyasu	BS MERLIJN	386	187	5.SH	00:30:53
815	PRAET Bjorn	VIIO NIJV	387	188	5.SH	00:30:56
504	BAILLIEN Godelieve		388	23	5.MD+35	00:30:57
797	CROUGHS Ariane	OLVB	389	24	5.MD+35	00:30:58
553	PROESMANS Bob		390	33	5.MH+45	00:31:00
1348	HERTOGEN Thierry	NA	392	67	5.MH+35	00:31:01
1355	GILISSEN Kris	NA	391	189	5.SH	00:31:01
1294	CROUX M-Louise	ADD3403	393	10	5.MD+45	00:31:03
1365	TROQUET Guy	NA	394	34	5.MH+45	00:31:04
1386	BLANCKAERT Caroline	NA	395	61	5.SD	00:31:07
1292	MECHNAME Virginie	DOL-FIJN	397	63	5.SD	00:31:10
1295	BEAULEN Celine	DOL-FIJN	396	62	5.SD	00:31:10
724	LEGROS Celine	DOL-FIJN	398	64	5.SD	00:31:11
719	REMANS Jan	DOL-FIJN	399	190	5.SH	00:31:12
804	WILKIN Celine	OLVB	400	65	5.SD	00:31:14
760	DIRKSE Jorne	GBS Mal	401	191	5.SH	00:31:16
843	WOUTERS Sofie	VIIO H&Z	402	66	5.SD	00:31:20
840	BOULET Stefanie	VIIO H&Z	403	67	5.SD	00:31:25
611	CABISTAN FrÉdÉric	VIIO-HUM.	404	192	5.SH	00:31:27
1436	PAPPERS Rafael	NA	405	193	5.SH	00:31:29
633	VERLINDEN Julie	VIIO-HUM.	406	68	5.SD	00:31:36
1473	TIMMERMANS Philippe	NA	407	35	5.MH+45	00:31:39
614	SCHOEMANS Lut	VIIO-HUM.	408	25	5.MD+35	00:31:40

01/05/09 Tongeren
Tungrirun 5Km

Nr	DEELNEMER	CLUB	PL	PL IN CAT	cat	TIJD
681	LAMBRECHTS Seema	KTA	409	69	5.SD	00:31:42
1441	MOREAS Marcella	NA	410	11	5.MD+45	00:31:44
666	VAN ROOSENDAEL Laurens	KTA	411	194	5.SH	00:31:46
892	CAPPUYNS Ronny		412	68	5.MH+35	00:31:47
644	THONNON Hannelore	VIIO-HUM.	413	70	5.SD	00:31:49
773	THONNON Johan	GBS Mal	414	69	5.MH+35	00:31:49
759	THONNON Seppe	GBS Mal	415	195	5.SH	00:31:52
542	MOTMANS Jessica		416	71	5.SD	00:31:53
550	PAUWELS Dirk		417	70	5.MH+35	00:31:54
866	NGENDAKURIYO Charité	PICPUSSEN	418	196	5.SH	00:31:56
1397	VROONEN Nick	NA	419	197	5.SH	00:31:57
867	BROWN Steven	PICPUSSEN	420	198	5.SH	00:31:58
615	MEEUS Eric	VIIO-HUM.	421	36	5.MH+45	00:32:02
1384	PALMANS Christel	NA	422	26	5.MD+35	00:32:03
628	PARADES Roel	VIIO-HUM.	424	37	5.MH+45	00:32:04
590	FRANSSEN Kathia	QSH	423	72	5.SD	00:32:04
782	HUNDSCHEIDT Conny	De Herik	425	73	5.SD	00:32:06
873	SOBKOWIAK Erika	PICPUSSEN	426	27	5.MD+35	00:32:07
839	VAN DAEL Sofie	VIIO NIJV	428	74	5.SD	00:32:09
755	SCHURMANS Jelle	VIIO-HUM.	427	199	5.SH	00:32:09
627	THIJS Stefan	VIIO-HUM.	430	71	5.MH+35	00:32:12
824	STULENS Kris	VIIO NIJV	429	200	5.SH	00:32:12
820	VOETS Guy	VIIO NIJV	431	72	5.MH+35	00:32:15
1357	ELEGEERT Tania	NA	433	28	5.MD+35	00:32:17
855	CASTERMANS Leentje	VIIO H&Z	432	75	5.SD	00:32:17
811	ACKERMANS George	VIIO NIJV	434	201	5.SH	00:32:19
509	BOULET Sofie		435	76	5.SD	00:32:20
881	LAMBRECHTS Mariella	t Nederwijsje	436	77	5.SD	00:32:21
888	SEGERS Jo	t Nederwijsje	438	73	5.MH+35	00:32:23
1362	VOETS Reinhilde	NA	437	12	5.MD+45	00:32:23
800	PETERS Suzanne	OLVB	440	13	5.MD+45	00:32:25
817	CROMMEN Danny	VIIO NIJV	439	38	5.MH+45	00:32:25
551	PAUWELS Faustina		442	78	5.SD	00:32:28
1302	VANORMELINGEN Maryse		441	14	5.MD+45	00:32:28
1303	ARKENS Linda		443	15	5.MD+45	00:32:32
573	VANVINCKENROYE Monique	ADD	444	29	5.MD+35	00:32:35
662	GEJONGH Emely	KTA	445	79	5.SD	00:32:36
740	GILISSEN Cindy	ST-LUT	446	80	5.SD	00:32:37
1391	PUT Benny	NA	447	39	5.MH+45	00:32:38
761	WILLEMAERS Christophe	GBS Mal	448	74	5.MH+35	00:32:39
523	GEERAERTS Guido		449	40	5.MH+45	00:32:40
634	LOYENS Leen	VIIO-HUM.	450	81	5.SD	00:32:41
1349	VANROOVENBROECK Karina	NA	451	16	5.MD+45	00:32:43
818	LAMBRECHTS Alberte	VIIO NIJV	452	17	5.MD+45	00:32:45
819	VANDEBROEK Jos	VIIO NIJV	453	41	5.MH+45	00:32:46
835	VAN REUSEL Thomas	VIIO NIJV	454	202	5.SH	00:32:46
845	VERHELST Tasha	VIIO H&Z	455	82	5.SD	00:32:48
1314	RASKIN Liesbeth	NA	456	30	5.MD+35	00:32:49
1489	WISSELS Michiel	NA	457	203	5.SH	00:32:50
735	RAEDTS Katrien	ST-LUT	459	83	5.SD	00:32:52
1461	BRULS Jeroen	NA	458	75	5.MH+35	00:32:52

01/05/09 Tongeren
Tungrirun 5Km

Nr	DEELNEMER	CLUB	PL	PL IN CAT	cat	TIJD
558	SOMERS Bernadette		460	18	5.MD+45	00:32:54
1290	BRAL Benoit		461	204	5.SH	00:32:58
688	DECKX Ester	KTA	462	84	5.SD	00:32:59
1448	RUTTEN An	NA	463	85	5.SD	00:33:06
1289	SLEGERS J-Luc	ADD6454	464	42	5.MH+45	00:33:11
739	KNAEPEN Sofie	ST-LUT	465	86	5.SD	00:33:14
792	FAGARD An	De Herik	466	87	5.SD	00:33:15
601	VAN GORSEL Lieke	QSH	467	88	5.SD	00:33:17
1267	WEUSTENBERG Laura	KAT	468	89	5.SD	00:33:20
1468	PETERS Marijke	KTA	469	19	5.MD+45	00:33:21
591	FROIDMONT Eric	QSH	470	43	5.MH+45	00:33:23
597	SNELLINX Frank	QSH	471	11	5.MH+55	00:33:23
1273	AERTS Véronique	KAT	472	90	5.SD	00:33:25
1370	THEEWISSEN Sonja	NA	474	20	5.MD+45	00:33:27
626	JOOKEN Leen	VIIO-HUM.	473	91	5.SD	00:33:27
612	STEEGEN Kim	VIIO-HUM.	475	92	5.SD	00:33:28
537	MAREELS Vera	ADD3528	476	31	5.MD+35	00:33:34
556	SCHRIJNEN Frans		477	12	5.MH+55	00:33:41
762	HERMANS Nancy	GBS Mal	478	32	5.MD+35	00:33:50
1361	VANDEWAL Marc	NA	479	44	5.MH+45	00:33:53
1455	ADONS Dimitri	NA	480	205	5.SH	00:33:57
775	BIELEN Natascha	GBS Mal	481	33	5.MD+35	00:33:59
680	DEJONGH Roy	KTA	482	206	5.SH	00:34:09
510	BRUNINX Veerle		483	93	5.SD	00:34:13
1276	BOSSCHAERT Andries	KAT	484	207	5.SH	00:34:15
559	SOUVERYNS Philippe		485	45	5.MH+45	00:34:17
1274	HERMANS Lore	KAT	486	94	5.SD	00:34:19
578	BOOSTEN Urbain	S2R	487	46	5.MH+45	00:34:21
878	VANDEBEEK Mara	t Nederwijsje	488	95	5.SD	00:34:23
700	MOTTART Wis	BS MERLIJN	489	21	5.MD+45	00:34:27
1442	NEVEN Marina	NA	490	22	5.MD+45	00:34:28
570	VAN TRICHT Karine		491	34	5.MD+35	00:34:31
886	SEGERS Rachel	t Nederwijsje	492	96	5.SD	00:34:33
708	NIHOUL Jan	BS MERLIJN	493	76	5.MH+35	00:34:34
756	KRONER Lea	JEUGDL	494	97	5.SD	00:34:39
532	KRONER Christine		495	35	5.MD+35	00:34:41
574	VERDUYCKT Frank	ADD5272	496	77	5.MH+35	00:34:55
729	JANS Thibeu	TUMULI	497	208	5.SH	00:34:58
1296	NIJS Anja	DE HERIK	498	36	5.MD+35	00:34:58
1283	MEESEN Saartje	KAT	499	98	5.SD	00:35:03
608	DE WINTER Lore	VIIO-HUM.	500	99	5.SD	00:35:08
607	WILS Emmy	VIIO-HUM.	501	100	5.SD	00:35:11
847	HERMANS Sofie	VIIO H&Z	502	101	5.SD	00:35:14
1471	LEEMANS Hilde	NA	504	37	5.MD+35	00:35:19
1360	VANVINCKENROYE Tony	NA	503	47	5.MH+45	00:35:19
1453	LANG Tracey	NA	505	38	5.MD+35	00:35:21
823	HALDERS JoËlle	VIIO NIJV	506	102	5.SD	00:35:22
822	WAMPERS Josiane	VIIO NIJV	507	23	5.MD+45	00:35:22
730	PAULISSEN Anja	TUMULI	508	39	5.MD+35	00:35:24
821	JANSEN Karlijn	VIIO NIJV	509	40	5.MD+35	00:35:26
825	VANLESSEN Tom	VIIO NIJV	510	209	5.SH	00:35:28

01/05/09 Tongeren
Tungrirun 5Km

Nr	DEELNEMER	CLUB	PL	PL IN CAT	cat	TIJD
816	VANRUSSELT Arlette	VIIO NIJV	511	24	5.MD+45	00:35:29
505	BECKERS Marc		512	78	5.MH+35	00:35:32
673	HAIVERLAIN Carine	KTA	513	41	5.MD+35	00:35:44
672	HEEREN Patrick	KTA	514	79	5.MH+35	00:35:45
859	GARIN Alicia	VIIO H&Z	515	103	5.SD	00:35:50
728	VANVINCKENROYE Sonja	TUMULI	516	42	5.MD+35	00:35:53
1458	ROCHUS Ingrid	NA	517	25	5.MD+45	00:35:57
1380	ROCHUS J-Marie	NA	518	48	5.MH+45	00:35:58
1465	MONTGOMERY Vince	NA	519	210	5.SH	00:35:58
774	LATHOUWERS Sonja	GBS Mal	520	43	5.MD+35	00:36:08
1347	MEERTENS Caroline	NA	521	104	5.SD	00:36:25
1378	VRIJSEN Hilde	NA	522	26	5.MD+45	00:36:29
1377	DAINEFFE Anne	NA	523	105	5.SD	00:36:31
898	WINTER Tanjo	MIJLPAAL	524	211	5.SH	00:36:34
1256	BUCHACKER Anne	MIJLPAAL	525	44	5.MD+35	00:36:36
566	THIJS Willy		526	13	5.MH+55	00:36:47
711	BUNTINX An	BS MERLIJN	527	106	5.SD	00:36:57
527	HEYININCK Heidi	ADD3621	528	45	5.MD+35	00:37:04
801	BOURGEOIS Anne	OLVB	529	27	5.MD+45	00:37:06
862	HERMANS Annelien	PICPUSSEN	530	107	5.SD	00:37:10
682	SAUWENS Arne	KTA	531	212	5.SH	00:37:16
853	STEEGEN Stefan	VIIO H&Z	532	49	5.MH+45	00:37:20
524	GRAIND'ORGE Josine		533	46	5.MD+35	00:37:21
535	LENTJES Wim		534	50	5.MH+45	00:37:22
736	RAEDTS Jelle	ST-LUT	535	213	5.SH	00:37:24
1354	ROGIERS Brenda	NA	536	108	5.SD	00:37:25
1383	RUITERS Lu	NA	537	28	5.MD+45	00:37:25
577	SAMPERMANS Katleen	S2R	538	47	5.MD+35	00:37:29
1297	SLECHTEN Inge	S2R	539	48	5.MD+35	00:37:31
508	BONNY Christophe		540	80	5.MH+35	00:37:32
848	VANDEBEEK Jeroen	VIIO H&Z	541	214	5.SH	00:37:37
1309	PEETERS Marceline	NA	543	29	5.MD+45	00:37:42
770	LLOYD Stephen	GBS Mal	542	81	5.MH+35	00:37:42
769	LLOYD Jamie	GBS Mal	544	109	5.SD	00:37:44
1308	SOUVERIJNS Mylene	NA	545	30	5.MD+45	00:37:46
606	BIESMANS Iris	VIIO-HUM.	546	110	5.SD	00:37:49
563	SURINX Chantal		547	82	5.MH+35	00:37:56
713	ROOSEN Marc	BS MERLIJN	548	51	5.MH+45	00:37:57
856	STEEGEN Willy	VIIO H&Z	549	83	5.MH+35	00:37:58
1466	KUPPENS Martine	NA	550	49	5.MD+35	00:38:06
585	APPELTANS Joke	QSH	551	111	5.SD	00:38:12
1487	SMOLDERS Marijse	NA	552	31	5.MD+45	00:38:35
1484	DAENEN Griet	NA	553	50	5.MD+35	00:38:36
1476	WILLEKENS Stijn	NA	554	215	5.SH	00:38:40
1479	POISMANS Brandon	NA	555	216	5.SH	00:38:52
1258	GROENENDAELS Carolien	S2R	556	112	5.SD	00:38:54
600	TITS Noëlla	QSH	557	32	5.MD+45	00:39:22
599	TITS Josiane	QSH	558	51	5.MD+35	00:39:26
1419	HENDRICKX Karl	NA	559	52	5.MH+45	00:39:51
1345	KLEIJEN Annika	NA	560	113	5.SD	00:40:23
655	SARACI Elmendina	KTA	562	115	5.SD	00:40:52

01/05/09 Tongeren
Tungrirun 5Km

Nr	DEELNEMER	CLUB	PL	PL IN CAT	cat	TIJD
657	MONTFORT Ushi	KTA	561	114	5.SD	00:40:52
533	LEENDERS Manuela		563	52	5.MD+35	00:40:53
686	RAEMAKERS Anke	KTA	564	116	5.SD	00:40:55
1350	BIELEN Cindy	NA	565	117	5.SD	00:44:01