



ADD Tongeren

..atletiek voor jong en oud

vierkamp

Ben Dames Uur=17:32

| | | | | |
|----|------------------------------|------|-------|---|
| 1 | 993 Zurinckx Britt | TACT | 1529p | 4 |
| 2 | 1516 Vanlangenaker Charlotte | TACT | 1431p | 4 |
| 3 | 1286 Peusens Fien | ATLA | 1113p | 4 |
| 4 | 2186 Francart Elodie | ADD | 1101p | 5 |
| 5 | 1889 Verstrepn Marte | GENK | 1068p | 4 |
| 6 | 2061 De Puydt Lieze | ATLA | 1012p | 4 |
| 7 | 1410 Vandeput Kato | ADD | 1000p | 4 |
| 8 | 988 Reyskens Birgit | GENK | 899p | 4 |
| 9 | 1409 Breban Linde | ADD | 848p | 4 |
| 10 | 997 Rumers Noor | TACT | 820p | 4 |
| 11 | 2974 Mondelaers Laure | RCT | 726p | 6 |
| 12 | 990 Robben Janne | TACT | 601p | 4 |
| 13 | 995 Boyen Maya | TACT | 589p | 6 |
| 14 | 998 Rumers Eden | TACT | 465p | 4 |
| 15 | 3000 Peusens Noor | ATLA | 327p | 6 |
| 16 | 3019 Cuykens Lynn | ADD | 290p | 5 |
| 17 | 862 Jacobs Birthe | ACA | 259p | 5 |
| 18 | 2770 Benarbia Kenza | GENK | 241p | 6 |
| 19 | 2820 Biesmans Britt | ADD | 218p | 5 |
| 20 | 9904 VANDEBOSCH Zoe | NA | 213p | 6 |
| 21 | 3020 Maes Kato | ADD | 193p | 5 |
| 22 | 1930 Houben Lore | ADD | 188p | 5 |
| 23 | 1279 Vanroy Lore | ATLA | 185p | 6 |
| 24 | 1755 Hertigers Emily | ADD | 129p | 5 |
| 25 | 9900 FRAN CART Lisse | NA | 106p | 7 |
| 26 | 1278 Vanroy Caro | ATLA | 82p | 4 |
| 27 | 2891 Zizzari Lisa | ATLA | 66p | 6 |
| 28 | 2924 Vlayen Ymke | TACT | 56p | 6 |
| 29 | 9903 REYSKENS Jolien | NA | 45p | 6 |
| 30 | 2819 Laureyn Anais | ADD | 31p | 6 |

verspringen

Ben Dames Uur=15:13

| | | | | | |
|----|------------------------------|------|-------|---|-------|
| 1 | 993 Zurinckx Britt | TACT | 4.00m | 4 | 354 P |
| 2 | 1516 Vanlangenaker Charlotte | TACT | 3.62m | 4 | 267 P |
| 3 | 2186 Francart Elodie | ADD | 3.39m | 5 | 218 P |
| 4 | 1286 Peusens Fien | ATLA | 3.35m | 4 | 209 P |
| 5 | 1409 Breban Linde | ADD | 3.10m | 4 | 160 P |
| 6 | 1889 Verstrepn Marte | GENK | 3.10m | 4 | 160 P |
| 7 | 2061 De Puydt Lieze | ATLA | 3.08m | 4 | 156 P |
| 8 | 1410 Vandeput Kato | ADD | 3.08m | 4 | 156 P |
| 9 | 988 Reyskens Birgit | GENK | 2.99m | 4 | 139 P |
| 10 | 2974 Mondelaers Laure | RCT | 2.85m | 6 | 115 P |
| 11 | 990 Robben Janne | TACT | 2.84m | 4 | 113 P |

| | | | | |
|----|----------------------|------|-------|--------|
| 12 | 997 Rumers Noor | TACT | 2.70m | 4 90 P |
| 13 | 995 Boyen Maya | TACT | 2.66m | 6 83 P |
| 14 | 998 Rumers Eden | TACT | 2.53m | 4 63 P |
| 15 | 2770 Benarbia Kenza | GENK | 2.52m | 6 62 P |
| 16 | 3019 Cuykens Lynn | ADD | 2.42m | 5 48 P |
| 17 | 3000 Peusens Noor | ATLA | 2.41m | 6 47 P |
| 18 | 862 Jacobs Birthe | ACA | 2.32m | 5 35 P |
| 19 | 1930 Houben Lore | ADD | 2.21m | 5 22 P |
| 20 | 2820 Biesmans Britt | ADD | 2.20m | 5 21 P |
| 21 | 9903 REYSKENS Jolien | NA | 2.17m | 6 18 P |
| 22 | 1755 Hertigers Emily | ADD | 2.14m | 5 15 P |
| 23 | 1278 Vanroy Caro | ATLA | 2.07m | 4 9 P |
| 24 | 9900 FRANCCART Lisse | NA | 2.05m | 7 7 P |
| 25 | 2924 Vlayen Ymke | TACT | 2.03m | 6 6 P |
| 26 | 3020 Maes Kato | ADD | 2.01m | 5 4 P |
| 27 | 1279 Vanroy Lore | ATLA | 2.00m | 6 4 P |
| 28 | 2891 Zizzari Lisa | ATLA | 1.88m | 6 0 P |
| 29 | 2819 Laureyn Anais | ADD | 1.79m | 6 0 P |

hockeywerpen

Ben Dames Uur=16:15

| | | | | |
|----|------------------------------|------|--------|---------|
| 1 | 993 Zurinckx Britt | TACT | 19.41m | 4 144 P |
| 2 | 1516 Vanlangenaker Charlotte | TACT | 18.54m | 4 133 P |
| 3 | 1409 Breban Linde | ADD | 18.53m | 4 133 P |
| 4 | 1410 Vandeput Kato | ADD | 17.52m | 4 120 P |
| 5 | 988 Reyskens Birgit | GENK | 17.36m | 4 118 P |
| 6 | 1889 Verstrepen Marte | GENK | 15.72m | 4 98 P |
| 7 | 990 Robben Janne | TACT | 14.84m | 4 87 P |
| 8 | 2186 Francart Elodie | ADD | 14.82m | 5 87 P |
| 9 | 995 Boyen Maya | TACT | 13.47m | 6 70 P |
| 10 | 1286 Peusens Fien | ATLA | 12.16m | 4 54 P |
| 11 | 2061 De Puydt Lieze | ATLA | 11.50m | 4 46 P |
| 12 | 998 Rumers Eden | TACT | 10.41m | 4 33 P |
| 13 | 1930 Houben Lore | ADD | 9.31m | 5 20 P |
| 14 | 997 Rumers Noor | TACT | 8.88m | 4 15 P |
| 15 | 1278 Vanroy Caro | ATLA | 8.82m | 4 14 P |
| 16 | 2974 Mondelaers Laure | RCT | 8.82m | 6 14 P |
| 17 | 1755 Hertigers Emily | ADD | 8.82m | 5 14 P |
| 18 | 3019 Cuykens Lynn | ADD | 8.73m | 5 13 P |
| 19 | 2820 Biesmans Britt | ADD | 8.72m | 5 13 P |
| 20 | 2770 Benarbia Kenza | GENK | 8.35m | 6 9 P |
| 21 | 2891 Zizzari Lisa | ATLA | 8.30m | 6 8 P |
| 22 | 2819 Laureyn Anais | ADD | 8.04m | 6 5 P |
| 23 | 862 Jacobs Birthe | ACA | 7.74m | 5 2 P |
| 24 | 9900 FRANCCART Lisse | NA | 7.38m | 7 0 P |
| 25 | 2924 Vlayen Ymke | TACT | 7.18m | 6 0 P |
| 26 | 3020 Maes Kato | ADD | 6.99m | 5 0 P |
| 27 | 9903 REYSKENS Jolien | NA | 6.88m | 6 0 P |
| 28 | 3000 Peusens Noor | ATLA | 6.82m | 6 0 P |
| 29 | 1279 Vanroy Lore | ATLA | 4.27m | 6 0 P |

60 meter**Ben Dames Uur=16:00****Reeks:1**

| | | | | |
|---|------------------------------|------|-------|---------|
| 1 | 993 Zurinckx Britt | TACT | 9.18 | 4 617 P |
| 2 | 2061 De Puydt Lieze | ATLA | 9.61 | 4 512 P |
| 3 | 1516 Vanlangenaker Charlotte | TACT | 9.72 | 4 486 P |
| 4 | 2186 Francart Elodie | ADD | 9.91 | 5 443 P |
| 5 | 1889 Verstrepen Marte | GENK | 9.93 | 4 439 P |
| 6 | 1286 Peusens Fien | ATLA | 10.08 | 4 406 P |
| 7 | 988 Reyskens Birgit | GENK | 10.41 | 4 339 P |

60 meter**Ben Dames Uur=16:00****Reeks:2**

| | | | | |
|---|-----------------------|------|-------|---------|
| 1 | 997 Rumers Noor | TACT | 10.10 | 4 402 P |
| 2 | 2974 Mondelaers Laure | RCT | 10.25 | 6 371 P |
| 3 | 1410 Vandeput Kato | ADD | 10.32 | 4 357 P |
| 4 | 1409 Breban Linde | ADD | 10.48 | 4 325 P |
| 5 | 995 Boyen Maya | TACT | 10.94 | 6 242 P |
| 6 | 990 Robben Janne | TACT | 11.11 | 4 214 P |
| 7 | 998 Rumers Eden | TACT | 11.18 | 4 203 P |

60 meter**Ben Dames Uur=16:00****Reeks:3**

| | | | | |
|---|----------------------|------|-------|---------|
| 1 | 3000 Peusens Noor | ATLA | 11.51 | 6 154 P |
| 2 | 862 Jacobs Birthe | ACA | 11.70 | 5 129 P |
| 3 | 2770 Benarbia Kenza | GENK | 11.79 | 6 118 P |
| 4 | 2924 Vlayen Ymke | TACT | 12.67 | 6 33 P |
| 5 | 9903 REYSKENS Jolien | NA | 13.00 | 6 14 P |
| 6 | 2891 Zizzari Lisa | ATLA | 13.60 | 6 0 P |
| 7 | 2819 Laureyn Anais | ADD | 14.40 | 6 0 P |

60 meter**Ben Dames Uur=16:00****Reeks:4**

| | | | | |
|---|----------------------|------|-------|---------|
| 1 | 3019 Cuykens Lynn | ADD | 11.44 | 5 164 P |
| 2 | 2820 Biesmans Britt | ADD | 11.57 | 5 146 P |
| 3 | 3020 Maes Kato | ADD | 11.88 | 5 107 P |
| 4 | 1930 Houben Lore | ADD | 11.99 | 5 95 P |
| 5 | 1279 Vanroy Lore | ATLA | 12.09 | 6 84 P |
| 6 | 1755 Hertigers Emily | ADD | 12.33 | 5 60 P |
| 7 | 9900 FRAN CART Lisse | NA | 12.42 | 7 52 P |
| 8 | 1278 Vanroy Caro | ATLA | 13.01 | 4 13 P |

600 meter**Ben Dames Uur=16:37****Reeks:1**

| | | | | |
|---|-----------------------|------|---------|---------|
| 1 | 1286 Peusens Fien | ATLA | 2'08.52 | 4 444 P |
| 2 | 1889 Verstrepen Marte | GENK | 2'14.17 | 4 371 P |
| 3 | 1410 Vandeput Kato | ADD | 2'14.49 | 4 367 P |
| 4 | 997 Rumers Noor | TACT | 2'19.01 | 4 313 P |
| 5 | 988 Reyskens Birgit | GENK | 2'19.87 | 4 303 P |
| 6 | 2061 De Puydt Lieze | ATLA | 2'20.32 | 4 298 P |
| 7 | 1409 Breban Linde | ADD | 2'26.77 | 4 230 P |

| | | | | |
|----|----------------------|------|---------|---------|
| 8 | 990 Robben Janne | TACT | 2'31.39 | 4 187 P |
| 9 | 998 Rumers Eden | TACT | 2'33.81 | 4 166 P |
| 10 | 3000 Peusens Noor | ATLA | 2'38.75 | 6 126 P |
| 11 | 862 Jacobs Birthe | ACA | 2'43.51 | 5 93 P |
| 12 | 2891 Zizzari Lisa | ATLA | 2'49.49 | 6 58 P |
| 13 | 1930 Houben Lore | ADD | 2'50.96 | 5 51 P |
| 14 | 2819 Laureyn Anais | ADD | 2'56.61 | 6 26 P |
| 15 | 9903 REYSKENS Jolien | NA | 3'00.84 | 6 13 P |

600 meter

Ben Dames Uur=16:37

Reeks:2

| | | | | |
|----|------------------------------|------|---------|---------|
| 1 | 1516 Vanlangenaker Charlotte | TACT | 2'01.38 | 4 545 P |
| 2 | 993 Zurinckx Britt | TACT | 2'10.78 | 4 414 P |
| 3 | 2186 Francart Elodie | ADD | 2'15.60 | 5 353 P |
| 4 | 2974 Mondelaers Laure | RCT | 2'27.24 | 6 226 P |
| 5 | 9904 VANDEBOSCH Zoe | NA | 2'28.56 | 6 213 P |
| 6 | 995 Boyen Maya | TACT | 2'30.61 | 6 194 P |
| 7 | 1279 Vanroy Lore | ATLA | 2'42.93 | 6 97 P |
| 8 | 3020 Maes Kato | ADD | 2'45.26 | 5 82 P |
| 9 | 3019 Cuykens Lynn | ADD | 2'48.19 | 5 65 P |
| 10 | 2770 Benarbia Kenza | GENK | 2'50.57 | 6 52 P |
| 11 | 9900 FRAN CART Lisse | NA | 2'51.68 | 7 47 P |
| 12 | 1278 Vanroy Caro | ATLA | 2'51.91 | 4 46 P |
| 13 | 1755 Hertigers Emily | ADD | 2'53.27 | 5 40 P |
| 14 | 2820 Biesmans Britt | ADD | 2'53.77 | 5 38 P |
| 15 | 2924 Vlayen Ymke | TACT | 2'59.55 | 6 17 P |

vierkamp

Pup Heren Uur=17:32

| | | | | |
|----|--------------------------|------|-------|---|
| 1 | 4803 Cleymans Jonas | SACN | 1875p | 2 |
| 2 | 5990 Ambrico Simone | ATLA | 1633p | 3 |
| 3 | 5615 Vanlangenaker Jules | TACT | 1531p | 2 |
| 4 | 5724 Smets Mathias | ADD | 1442p | 3 |
| 5 | 5793 Veestraeten Martijn | ADD | 1441p | 2 |
| 6 | 6049 Mentens Jarne | GENK | 1428p | 2 |
| 7 | 5072 Gielen Stijn | TACT | 1296p | 3 |
| 8 | 5075 Venken Bryan | TACT | 1239p | 3 |
| 9 | 6820 Bernkens Rune | ADD | 1115p | 3 |
| 10 | 5076 Petry Alexander | TACT | 1110p | 3 |
| 11 | 5895 Verlaak Quinten | ADD | 1102p | 3 |
| 12 | 6050 Mentens Jesse | GENK | 1090p | 3 |
| 13 | 9727 Vlayen Arne | TACT | 949p | 2 |
| 14 | 5374 Biesmans Senne | ATLA | 861p | 3 |
| 15 | 5725 Smets Miguel | ADD | 808p | 3 |
| 16 | 5991 Van Hoof Peter* | ATLA | 786p | 3 |
| 17 | 6273 Decaigny Michael | ADD | 785p | 3 |
| 18 | 6100 Huybrecht Bram | ADD | 613p | 3 |
| 19 | 6383 Vandebosch Robbe | ADD | 584p | 2 |
| 20 | 5376 Spauwen Bjorn | ATLA | 581p | 3 |
| 21 | 5531 Nulens Davy | BREE | 531p | 3 |
| 22 | 6173 Benarbia Abdelkader | GENK | 286p | 3 |

hockeywerpen**Pup Heren Uur=16:07**

| | | | | | |
|----|--------------------------|------|--------|---|-------|
| 1 | 4803 Cleymans Jonas | SACN | 34.91m | 2 | 344 P |
| 2 | 5615 Vanlangenaker Jules | TACT | 30.84m | 2 | 291 P |
| 3 | 6273 Decaigny Michael | ADD | 30.48m | 3 | 286 P |
| 4 | 5724 Smets Mathias | ADD | 29.42m | 3 | 272 P |
| 5 | 5793 Veestraeten Martijn | ADD | 26.76m | 2 | 238 P |
| 6 | 6049 Mentens Jarne | GENK | 26.61m | 2 | 236 P |
| 7 | 5076 Petry Alexander | TACT | 26.31m | 3 | 232 P |
| 8 | 5895 Verlaak Quinten | ADD | 26.07m | 3 | 229 P |
| 9 | 5072 Gielen Stijn | TACT | 24.58m | 3 | 210 P |
| 10 | 5990 Ambrico Simone | ATLA | 24.42m | 3 | 208 P |
| 11 | 5075 Venken Bryan | TACT | 24.24m | 3 | 206 P |
| 12 | 5725 Smets Miguel | ADD | 22.30m | 3 | 181 P |
| 13 | 6173 Benarbia Abdelkader | GENK | 21.95m | 3 | 176 P |
| 14 | 5531 Nulens Davy | BREE | 21.75m | 3 | 174 P |
| 15 | 5376 Spauwen Bjorn | ATLA | 19.01m | 3 | 139 P |
| 16 | 5991 Van Hoof Peter* | ATLA | 17.70m | 3 | 123 P |
| 17 | 5374 Biesmans Senne | ATLA | 16.04m | 3 | 102 P |
| 18 | 9727 Vlayen Arne | TACT | 15.20m | 2 | 91 P |
| 19 | 6100 Huybrecht Bram | ADD | 13.65m | 3 | 72 P |
| 20 | 6820 Bernkens Rune | ADD | 12.30m | 3 | 56 P |
| 21 | 6050 Mentens Jesse | GENK | 11.80m | 3 | 50 P |

60 meter**Pup Heren Uur=15:15****Reeks:1**

| | | | | | |
|---|--------------------------|------|------|---|-------|
| 1 | 5990 Ambrico Simone | ATLA | 9.28 | 3 | 592 P |
| 2 | 6049 Mentens Jarne | GENK | 9.33 | 2 | 579 P |
| 3 | 4803 Cleymans Jonas | SACN | 9.33 | 2 | 579 P |
| 4 | 6050 Mentens Jesse | GENK | 9.48 | 3 | 543 P |
| 5 | 5615 Vanlangenaker Jules | TACT | 9.60 | 2 | 514 P |
| 6 | 5724 Smets Mathias | ADD | 9.77 | 3 | 474 P |
| 7 | 5072 Gielen Stijn | TACT | 9.93 | 3 | 439 P |

60 meter**Pup Heren Uur=15:15****Reeks:2**

| | | | | | |
|---|--------------------------|------|-------|---|-------|
| 1 | 9727 Vlayen Arne | TACT | 9.63 | 2 | 507 P |
| 2 | 5793 Veestraeten Martijn | ADD | 9.65 | 2 | 502 P |
| 3 | 5076 Petry Alexander | TACT | 9.82 | 3 | 463 P |
| 4 | 5075 Venken Bryan | TACT | 10.02 | 3 | 419 P |
| 5 | 6820 Bernkens Rune | ADD | 10.04 | 3 | 415 P |
| 6 | 5991 Van Hoof Peter* | ATLA | 10.12 | 3 | 398 P |
| 7 | 5725 Smets Miguel | ADD | 10.66 | 3 | 291 P |

60 meter**Pup Heren Uur=15:15****Reeks:3**

| | | | | | |
|---|----------------------|------|-------|---|-------|
| 1 | 5895 Verlaak Quinten | ADD | 9.91 | 3 | 443 P |
| 2 | 5376 Spauwen Bjorn | ATLA | 10.51 | 3 | 319 P |
| 3 | 5374 Biesmans Senne | ATLA | 10.75 | 3 | 275 P |
| 4 | 5531 Nulens Davy | BREE | 10.80 | 3 | 266 P |

| | | | | |
|---|--------------------------|------|-------|---------|
| 5 | 6100 Huybrecht Bram | ADD | 10.97 | 3 237 P |
| 6 | 6273 Decaigny Michael | ADD | 11.19 | 3 201 P |
| 7 | 6173 Benarbia Abdelkader | GENK | 12.28 | 3 65 P |

verspringen

Pup Heren Uur=16:18

| | | | | |
|----|--------------------------|------|-------|---------|
| 1 | 4803 Cleymans Jonas | SACN | 3.96m | 2 345 P |
| 2 | 5075 Venken Bryan | TACT | 3.65m | 3 274 P |
| 3 | 5615 Vanlangenaker Jules | TACT | 3.56m | 2 254 P |
| 4 | 5072 Gielen Stijn | TACT | 3.51m | 3 243 P |
| 5 | 5990 Ambrico Simone | ATLA | 3.48m | 3 237 P |
| 6 | 5724 Smets Mathias | ADD | 3.48m | 3 237 P |
| 7 | 5793 Veestraeten Martijn | ADD | 3.43m | 2 226 P |
| 8 | 6049 Mentens Jarne | GENK | 3.39m | 2 218 P |
| 9 | 5895 Verlaak Quinten | ADD | 3.35m | 3 209 P |
| 10 | 6273 Decaigny Michael | ADD | 2.98m | 3 138 P |
| 11 | 6820 Bernkens Rune | ADD | 2.97m | 3 136 P |
| 12 | 5076 Petry Alexander | TACT | 2.92m | 3 127 P |
| 13 | 5376 Spauwen Bjorn | ATLA | 2.90m | 3 123 P |
| 14 | 5725 Smets Miguel | ADD | 2.87m | 3 118 P |
| 15 | 6050 Mentens Jesse | GENK | 2.80m | 3 106 P |
| 16 | 9727 Vlayen Arne | TACT | 2.76m | 2 99 P |
| 17 | 5991 Van Hoof Peter* | ATLA | 2.75m | 3 98 P |
| 18 | 5531 Nulens Davy | BREE | 2.71m | 3 91 P |
| 19 | 6100 Huybrecht Bram | ADD | 2.30m | 3 33 P |
| 20 | 5374 Biesmans Senne | ATLA | 2.29m | 3 32 P |
| 21 | 6173 Benarbia Abdelkader | GENK | 2.07m | 3 9 P |

1000 meter

Pup Heren Uur=17:23

| | | | | |
|----|--------------------------|------|---------|---------|
| 1 | 4803 Cleymans Jonas | SACN | 3'32.28 | 2 607 P |
| 2 | 5990 Ambrico Simone | ATLA | 3'33.59 | 3 596 P |
| 3 | 6383 Vandebosch Robbe | ADD | 3'34.94 | 2 584 P |
| 4 | 6820 Bernkens Rune | ADD | 3'44.22 | 3 508 P |
| 5 | 5793 Veestraeten Martijn | ADD | 3'48.52 | 2 475 P |
| 6 | 5615 Vanlangenaker Jules | TACT | 3'48.87 | 2 472 P |
| 7 | 5724 Smets Mathias | ADD | 3'50.63 | 3 459 P |
| 8 | 5374 Biesmans Senne | ATLA | 3'51.54 | 3 452 P |
| 9 | 5072 Gielen Stijn | TACT | 3'58.04 | 3 404 P |
| 10 | 6049 Mentens Jarne | GENK | 3'59.35 | 2 395 P |
| 11 | 6050 Mentens Jesse | GENK | 3'59.90 | 3 391 P |
| 12 | 5075 Venken Bryan | TACT | 4'07.45 | 3 340 P |
| 13 | 5076 Petry Alexander | TACT | 4'15.73 | 3 288 P |
| 14 | 6100 Huybrecht Bram | ADD | 4'18.44 | 3 271 P |
| 15 | 9727 Vlayen Arne | TACT | 4'21.74 | 2 252 P |
| 16 | 5895 Verlaak Quinten | ADD | 4'27.39 | 3 221 P |
| 17 | 5725 Smets Miguel | ADD | 4'27.91 | 3 218 P |
| 18 | 5991 Van Hoof Peter* | ATLA | 4'38.03 | 3 167 P |
| 19 | 6273 Decaigny Michael | ADD | 4'39.54 | 3 160 P |
| 20 | 6173 Benarbia Abdelkader | GENK | 5'15.17 | 3 36 P |
| | 5376 Spauwen Bjorn | ATLA | NG | 3 0 P |
| | 5531 Nulens Davy | BREE | NG | 3 0 P |

vijfkamp**Min Dames Uur=17:36**

| | | | | |
|----|----------------------------|------|-------|---|
| 1 | 7790 De Wit Lies | LOOI | 2663p | 0 |
| 2 | 8011 Telemans Ann | MACD | 2489p | 0 |
| 3 | 6971 Vandervelden Marie | SACN | 2165p | 0 |
| 4 | 7437 Snellinx Jana | ADD | 2125p | 0 |
| 5 | 7389 Petry Lisa | ADD | 2022p | 1 |
| 6 | 6704 Boonen Lise | SACN | 1948p | 0 |
| 7 | 7624 Mentens Jella | GENK | 1906p | 0 |
| 8 | 6702 Vandeweyer Kirsten | SACN | 1875p | 1 |
| 9 | 7882 Rybski Aster | ADD | 1792p | 0 |
| 10 | 7883 Smets Jill | ADD | 1732p | 0 |
| 11 | 7730 Benarbia Amina | GENK | 1726p | 0 |
| 12 | 7902 Neven Rhune | ADD | 1653p | 1 |
| 13 | 7736 Geurts Gill | ATLA | 1617p | 1 |
| 14 | 7390 Jorissen Fien | ADD | 1595p | 0 |
| 15 | 7429 Pannemans Sarah | ACA | 1572p | 0 |
| 16 | 7672 Thoelen Lindsey | ADD | 1457p | 0 |
| 17 | 7399 Savelkouls Mila | ATLA | 1316p | 0 |
| 18 | 7804 Cuyx Femke | ADD | 1307p | 1 |
| 19 | 9901 VANDERLELIJ Annabelle | NA | 1272p | 0 |
| 20 | 7597 De Krem Kirsten | RCT | 1169p | 0 |
| 21 | 7807 Geuten Fien | ADD | 1038p | 1 |
| 22 | 7505 Pot Floor | ADD | 785p | 1 |
| 23 | 8317 Van Schijndel Celine* | BREE | 754p | 0 |
| 24 | 7300 Severijns Julie | TACT | 612p | 0 |
| 25 | 7242 Nulens Lindsey | BREE | 304p | 1 |

verspringen**Min Dames Uur=15:19**

| | | | | |
|----|----------------------------|------|-------|---------|
| 1 | 7790 De Wit Lies | LOOI | 4.49m | 0 477 P |
| 2 | 6971 Vandervelden Marie | SACN | 4.08m | 0 374 P |
| 3 | 8011 Telemans Ann | MACD | 4.06m | 0 369 P |
| 4 | 6704 Boonen Lise | SACN | 4.02m | 0 359 P |
| 5 | 7730 Benarbia Amina | GENK | 3.96m | 0 345 P |
| 6 | 7389 Petry Lisa | ADD | 3.95m | 1 343 P |
| 7 | 7437 Snellinx Jana | ADD | 3.88m | 0 326 P |
| 8 | 7624 Mentens Jella | GENK | 3.69m | 0 283 P |
| 9 | 7883 Smets Jill | ADD | 3.68m | 0 280 P |
| 10 | 7390 Jorissen Fien | ADD | 3.63m | 0 269 P |
| 11 | 7807 Geuten Fien | ADD | 3.58m | 1 258 P |
| 12 | 7882 Rybski Aster | ADD | 3.58m | 0 258 P |
| 13 | 7902 Neven Rhune | ADD | 3.54m | 1 249 P |
| 14 | 7804 Cuyx Femke | ADD | 3.52m | 1 245 P |
| 15 | 6702 Vandeweyer Kirsten | SACN | 3.45m | 1 230 P |
| 16 | 9901 VANDERLELIJ Annabelle | NA | 3.35m | 0 209 P |
| 17 | 7429 Pannemans Sarah | ACA | 3.24m | 0 187 P |
| 18 | 7597 De Krem Kirsten | RCT | 3.21m | 0 181 P |
| 19 | 7736 Geurts Gill | ATLA | 3.16m | 1 171 P |
| 20 | 7672 Thoelen Lindsey | ADD | 3.16m | 0 171 P |
| 21 | 8317 Van Schijndel Celine* | BREE | 3.15m | 0 170 P |

| | | | | |
|----|----------------------|------|-------|---------|
| 22 | 7505 Pot Floor | ADD | 2.88m | 1 120 P |
| 23 | 7242 Nulens Lindsey | BREE | 2.32m | 1 35 P |
| | 7300 Severijns Julie | TACT | NG | 0 0 P |

kogelstoten 2,000kg Min Dames Uur=16:42

| | | | | |
|----|----------------------------|------|--------|---------|
| 1 | 7399 Savelkouls Mila | ATLA | 12.15m | 0 695 P |
| 2 | 8011 Telemans Ann | MACD | 12.11m | 0 692 P |
| 3 | 7730 Benarbia Amina | GENK | 10.94m | 0 612 P |
| 4 | 7790 De Wit Lies | LOOI | 10.37m | 0 573 P |
| 5 | 7437 Snellinx Jana | ADD | 9.17m | 0 492 P |
| 6 | 7389 Petry Lisa | ADD | 7.87m | 1 405 P |
| 7 | 7883 Smets Jill | ADD | 7.47m | 0 378 P |
| 8 | 6971 Vandervelden Marie | SACN | 7.35m | 0 370 P |
| 9 | 6702 Vandeweyer Kirsten | SACN | 7.25m | 1 363 P |
| 10 | 7429 Pannemans Sarah | ACA | 6.97m | 0 345 P |
| 11 | 6704 Boonen Lise | SACN | 6.87m | 0 338 P |
| 12 | 7882 Rybski Aster | ADD | 6.83m | 0 336 P |
| 13 | 7624 Mentens Jella | GENK | 6.80m | 0 334 P |
| 14 | 7807 Geuten Fien | ADD | 6.72m | 1 328 P |
| 15 | 7390 Jorissen Fien | ADD | 6.51m | 0 314 P |
| 16 | 7804 Cuyx Femke | ADD | 6.47m | 1 312 P |
| 17 | 7505 Pot Floor | ADD | 6.44m | 1 310 P |
| 18 | 7597 De Krem Kirsten | RCT | 5.99m | 0 280 P |
| 19 | 7902 Neven Rhune | ADD | 5.94m | 1 277 P |
| 20 | 7736 Geurts Gill | ATLA | 5.76m | 1 265 P |
| 21 | 9901 VANDERLELIJ Annabelle | NA | 5.70m | 0 261 P |
| 22 | 7672 Thoelen Lindsey | ADD | 4.55m | 0 187 P |
| | 7300 Severijns Julie | TACT | NG | 0 0 P |
| | 7242 Nulens Lindsey | BREE | NG | 1 0 P |
| | 8317 Van Schijndel Celine* | BREE | NG | 0 0 P |

80 meter Min Dames Uur=16:00

Reeks:1

| | | | | |
|---|----------------------------|------|-------|---------|
| 1 | 8011 Telemans Ann | MACD | 12.27 | 0 488 P |
| 2 | 7390 Jorissen Fien | ADD | 12.47 | 0 451 P |
| 3 | 9901 VANDERLELIJ Annabelle | NA | 12.86 | 0 382 P |
| 4 | 7807 Geuten Fien | ADD | 13.40 | 1 295 P |
| 5 | 7505 Pot Floor | ADD | 14.01 | 1 209 P |
| | 7399 Savelkouls Mila | ATLA | NG | 0 0 P |
| | 7300 Severijns Julie | TACT | NG | 0 0 P |

80 meter Min Dames Uur=16:00

Reeks:2

| | | | | |
|---|----------------------------|------|-------|---------|
| 1 | 7672 Thoelen Lindsey | ADD | 12.38 | 0 467 P |
| 2 | 7736 Geurts Gill | ATLA | 12.48 | 1 449 P |
| 3 | 7429 Pannemans Sarah | ACA | 12.65 | 0 418 P |
| 4 | 8317 Van Schijndel Celine* | BREE | 12.65 | 0 418 P |
| 5 | 7804 Cuyx Femke | ADD | 12.93 | 1 370 P |
| 6 | 7242 Nulens Lindsey | BREE | 15.02 | 1 97 P |

80 meter**Min Dames Uur=16:00****Reeks:3**

| | | | | |
|---|----------------------|------|-------|---------|
| 1 | 7882 Rybski Aster | ADD | 11.84 | 0 572 P |
| 2 | 7883 Smets Jill | ADD | 12.05 | 0 530 P |
| 3 | 7597 De Krem Kirsten | RCT | 12.06 | 0 528 P |
| 4 | 7902 Neven Rhune | ADD | 12.24 | 1 493 P |
| 5 | 6704 Boonen Lise | SACN | 12.28 | 0 486 P |
| 6 | 7730 Benarbia Amina | GENK | 12.37 | 0 469 P |

80 meter**Min Dames Uur=16:00****Reeks:4**

| | | | | |
|---|-------------------------|------|-------|---------|
| 1 | 6971 Vandervelden Marie | SACN | 11.32 | 0 682 P |
| 2 | 7437 Snellinx Jana | ADD | 11.59 | 0 624 P |
| 3 | 7790 De Wit Lies | LOOI | 11.60 | 0 622 P |
| 4 | 6702 Vandeweyer Kirsten | SACN | 11.80 | 1 580 P |
| 5 | 7624 Mentens Jella | GENK | 11.85 | 0 570 P |
| 6 | 7389 Petry Lisa | ADD | 11.94 | 1 552 P |

discuswerpen 0,750kg**Min Dames Uur=17:22**

| | | | | |
|----|----------------------------|------|--------|---------|
| 1 | 7399 Savelkouls Mila | ATLA | 35.43m | 0 621 P |
| 2 | 8011 Telemans Ann | MACD | 27.09m | 0 442 P |
| 3 | 7790 De Wit Lies | LOOI | 21.78m | 0 331 P |
| 4 | 7730 Benarbia Amina | GENK | 20.22m | 0 300 P |
| 5 | 7437 Snellinx Jana | ADD | 18.85m | 0 272 P |
| 6 | 6702 Vandeweyer Kirsten | SACN | 17.65m | 1 248 P |
| 7 | 7624 Mentens Jella | GENK | 15.83m | 0 212 P |
| 8 | 7429 Pannemans Sarah | ACA | 15.28m | 0 201 P |
| 9 | 6971 Vandervelden Marie | SACN | 15.24m | 0 200 P |
| 10 | 7882 Rybski Aster | ADD | 14.82m | 0 192 P |
| 11 | 7736 Geurts Gill | ATLA | 14.80m | 1 191 P |
| 12 | 7597 De Krem Kirsten | RCT | 14.24m | 0 180 P |
| 13 | 7242 Nulens Lindsey | BREE | 13.80m | 1 172 P |
| 14 | 6704 Boonen Lise | SACN | 13.66m | 0 169 P |
| 15 | 8317 Van Schijndel Celine* | BREE | 13.48m | 0 166 P |
| 16 | 7807 Geuten Fien | ADD | 13.01m | 1 157 P |
| 17 | 7505 Pot Floor | ADD | 12.46m | 1 146 P |
| 18 | 7389 Petry Lisa | ADD | 12.35m | 1 144 P |
| 19 | 7804 Cuyx Femke | ADD | 11.87m | 1 135 P |
| 20 | 7390 Jorissen Fien | ADD | 11.82m | 0 134 P |
| 21 | 7883 Smets Jill | ADD | 11.51m | 0 128 P |
| 22 | 7672 Thoelen Lindsey | ADD | 10.44m | 0 108 P |
| 23 | 7902 Neven Rhune | ADD | 10.14m | 1 103 P |
| 24 | 9901 VANDERLELIJ Annabelle | NA | 9.59m | 0 92 P |
| | 7300 Severijns Julie | TACT | NG | 0 0 P |

1000 meter**Min Dames Uur=17:36**

| | | | | |
|---|----------------------|------|---------|---------|
| 1 | 7790 De Wit Lies | LOOI | 3'26.24 | 0 660 P |
| 2 | 7300 Severijns Julie | TACT | 3'31.66 | 0 612 P |
| 3 | 6704 Boonen Lise | SACN | 3'33.55 | 0 596 P |
| 4 | 7389 Petry Lisa | ADD | 3'35.65 | 1 578 P |

| | | | | |
|----|----------------------------|------|---------|---------|
| 5 | 7736 Geurts Gill | ATLA | 3'40.12 | 1 541 P |
| 6 | 6971 Vandervelden Marie | SACN | 3'40.43 | 0 539 P |
| 7 | 7902 Neven Rhune | ADD | 3'41.44 | 1 531 P |
| 8 | 7672 Thoelen Lindsey | ADD | 3'42.20 | 0 524 P |
| 9 | 7624 Mentens Jella | GENK | 3'44.40 | 0 507 P |
| 10 | 8011 Telemans Ann | MACD | 3'45.51 | 0 498 P |
| 11 | 6702 Vandeweyer Kirsten | SACN | 3'51.20 | 1 454 P |
| 12 | 7882 Rybski Aster | ADD | 3'53.94 | 0 434 P |
| 13 | 7390 Jorissen Fien | ADD | 3'54.85 | 0 427 P |
| 14 | 7429 Pannemans Sarah | ACA | 3'55.77 | 0 421 P |
| 15 | 7883 Smets Jill | ADD | 3'56.35 | 0 416 P |
| 16 | 7437 Snellinx Jana | ADD | 3'57.16 | 0 411 P |
| 17 | 9901 VANDERLELIJ Annabelle | NA | 4'09.33 | 0 328 P |
| 18 | 7804 Cuyx Femke | ADD | 4'23.02 | 1 245 P |
| | 7399 Savelkous Mila | ATLA | NG | 0 0 P |
| | 7730 Benarbia Amina | GENK | NG | 0 0 P |
| | 7597 De Krem Kirsten | RCT | NG | 0 0 P |
| | 7807 Geuten Fien | ADD | NG | 1 0 P |
| | 7505 Pot Floor | ADD | NG | 1 0 P |
| | 7242 Nulens Lindsey | BREE | NG | 1 0 P |
| | 8317 Van Schijndel Celine* | BREE | NG | 0 0 P |

vijfkamp

Min Heren Uur=17:40

| | | | | |
|----|----------------------------|------|-------|---|
| 1 | 8328 PEETERS Tuur | LOOI | 2691p | 0 |
| 2 | 8329 Pauwels Quinten | LOOI | 2533p | 0 |
| 3 | 8589 Schoefs Daan | ADD | 2533p | 0 |
| 4 | 8836 Vander Schelde Wietse | RCT | 2465p | 0 |
| 5 | 8586 Lambrecht Harley | ADD | 2387p | 0 |
| 6 | 8947 Peeters Yentl | AVT | 2288p | 0 |
| 7 | 8587 Volont Donald | ADD | 2179p | 1 |
| 8 | 8543 Vanhelmont Ruben | ACA | 2120p | 0 |
| 9 | 8567 Prenen Senne | MACD | 1837p | 1 |
| 10 | 8497 Vanhengel Maarten | ATLA | 1752p | 1 |
| 11 | 9141 Lowist Jenthe | ADD | 1509p | 1 |
| 12 | 8090 Nijsten Vinney | GENK | 1428p | 0 |
| 13 | 8342 Spauwen Thomas | ATLA | 1327p | 1 |
| 14 | 8449 Scheldeman Willem | ADD | 1201p | 0 |
| 15 | 8095 Rumers Michiel | TACT | 1177p | 0 |
| 16 | 8448 Sauwens Korneel | ADD | 1130p | 0 |
| 17 | 8506 Knapen Stijn | ADD | 1085p | 0 |
| 18 | 8355 Koopmans Lowie | ATLA | 997p | 1 |
| 19 | 8348 Beenkens Tom* | ATLA | 955p | 1 |
| 20 | 9225 Pauly Michael | ATLA | 900p | 1 |
| 21 | 8860 Bernaerts Giel | GENK | 883p | 1 |
| 22 | 8345 Lambrichts Jorre | ATLA | 509p | 1 |

kogelstoten 3,000kg

Min Heren Uur=15:26

| | | | | |
|---|----------------------------|------|-------|---------|
| 1 | 8448 Sauwens Korneel | ADD | 9.40m | 0 508 P |
| 2 | 8836 Vander Schelde Wietse | RCT | 8.69m | 0 460 P |
| 3 | 8328 PEETERS Tuur | LOOI | 8.51m | 0 448 P |

| | | | | | |
|----|------|-------------------|------|-------|---------|
| 4 | 8587 | Volont Donald | ADD | 8.34m | 1 436 P |
| 5 | 8090 | Nijsten Vinney | GENK | 8.34m | 0 436 P |
| 6 | 8329 | Pauwels Quinten | LOOI | 8.27m | 0 432 P |
| 7 | 8586 | Lambrecht Harley | ADD | 8.10m | 0 420 P |
| 8 | 8567 | Prenen Senne | MACD | 8.05m | 1 417 P |
| 9 | 8348 | Beenkens Tom* | ATLA | 8.00m | 1 413 P |
| 10 | 8589 | Schoefs Daan | ADD | 7.75m | 0 397 P |
| 11 | 8506 | Knapen Stijn | ADD | 7.74m | 0 396 P |
| 12 | 8543 | Vanhelmont Ruben | ACA | 7.68m | 0 392 P |
| 13 | 8947 | Peeters Yentl | AVT | 7.48m | 0 379 P |
| 14 | 8342 | Spauwen Thomas | ATLA | 6.21m | 1 295 P |
| 15 | 8497 | Vanhengel Maarten | ATLA | 6.19m | 1 293 P |
| 16 | 8095 | Rumers Michiel | TACT | 5.60m | 0 255 P |
| 17 | 8860 | Bernaerts Giel | GENK | 5.59m | 1 254 P |
| 18 | 9141 | Lowist Jenthe | ADD | 5.03m | 1 218 P |
| | 8355 | Koopmans Lowie | ATLA | NG | 1 0 P |
| | 8449 | Scheldeman Willem | ADD | NG | 0 0 P |

80 meter

Min Heren Uur=15:14

Reeks:1

| | | | | | |
|---|------|-----------------|------|-------|---------|
| 1 | 8589 | Schoefs Daan | ADD | 10.91 | 0 775 P |
| 2 | 8328 | PEETERS Tuur | LOOI | 11.03 | 0 747 P |
| 3 | 8506 | Knapen Stijn | ADD | 11.29 | 0 689 P |
| 4 | 8587 | Volont Donald | ADD | 11.59 | 1 624 P |
| 5 | 8329 | Pauwels Quinten | LOOI | 11.77 | 0 586 P |
| 6 | 8342 | Spauwen Thomas | ATLA | 12.06 | 1 528 P |
| 7 | 8567 | Prenen Senne | MACD | 12.08 | 1 524 P |

80 meter

Min Heren Uur=15:14

Reeks:2

| | | | | | |
|---|------|-----------------------|------|-------|---------|
| 1 | 8947 | Peeters Yentl | AVT | 11.91 | 0 558 P |
| 2 | 8586 | Lambrecht Harley | ADD | 11.97 | 0 546 P |
| 3 | 8836 | Vander Schelde Wietse | RCT | 11.98 | 0 544 P |
| 4 | 8090 | Nijsten Vinney | GENK | 12.01 | 0 538 P |
| 5 | 8543 | Vanhelmont Ruben | ACA | 12.26 | 0 490 P |
| 6 | 9225 | Pauly Michael | ATLA | 12.51 | 1 443 P |
| 7 | 8095 | Rumers Michiel | TACT | 13.32 | 0 307 P |

80 meter

Min Heren Uur=15:14

Reeks:3

| | | | | | |
|---|------|-------------------|------|-------|---------|
| 1 | 9141 | Lowist Jenthe | ADD | 12.10 | 1 520 P |
| 2 | 8497 | Vanhengel Maarten | ATLA | 12.46 | 1 452 P |
| 3 | 8355 | Koopmans Lowie | ATLA | 12.68 | 1 413 P |
| 4 | 8860 | Bernaerts Giel | GENK | 13.39 | 1 297 P |
| 5 | 8348 | Beenkens Tom* | ATLA | 14.50 | 1 150 P |
| | 8449 | Scheldeman Willem | ADD | NG | 0 0 P |
| | 8448 | Sauwens Korneel | ADD | NG | 0 0 P |

speerwerpen 400g

Min Heren Uur=16:36

| | | | | | |
|---|------|-----------------|-----|--------|---------|
| 1 | 8448 | Sauwens Korneel | ADD | 35.69m | 0 622 P |
|---|------|-----------------|-----|--------|---------|

| | | | | |
|----|----------------------------|------|--------|---------|
| 2 | 8329 Pauwels Quinten | LOOI | 34.07m | 0 589 P |
| 3 | 8586 Lambrecht Harley | ADD | 30.97m | 0 527 P |
| 4 | 8449 Scheldeman Willem | ADD | 27.73m | 0 461 P |
| 5 | 8090 Nijsten Vinney | GENK | 27.34m | 0 454 P |
| 6 | 8947 Peeters Yentl | AVT | 25.49m | 0 417 P |
| 7 | 8497 Vanhengel Maarten | ATLA | 24.69m | 1 401 P |
| 8 | 8348 Beenkens Tom* | ATLA | 24.26m | 1 392 P |
| 9 | 8587 Volont Donald | ADD | 24.10m | 1 389 P |
| 10 | 8836 Vander Schelde Wietse | RCT | 23.82m | 0 383 P |
| 11 | 8543 Vanhelmont Ruben | ACA | 23.13m | 0 369 P |
| 12 | 8328 PEETERS Tuur | LOOI | 20.27m | 0 313 P |
| 13 | 8589 Schoefs Daan | ADD | 19.86m | 0 305 P |
| 14 | 8567 Prenen Senne | MACD | 18.34m | 1 275 P |
| 15 | 8355 Koopmans Lowie | ATLA | 16.54m | 1 239 P |
| 16 | 8342 Spauwen Thomas | ATLA | 15.58m | 1 221 P |
| 17 | 9141 Lowist Jenthe | ADD | 13.99m | 1 190 P |
| 18 | 9225 Pauly Michael | ATLA | 12.49m | 1 161 P |
| 19 | 8095 Rumers Michiel | TACT | 10.46m | 0 122 P |
| 20 | 8860 Bernaerts Giel | GENK | 9.33m | 1 100 P |
| | 8506 Knapen Stijn | ADD | NG | 0 0 P |

verspringen

Min Heren Uur=17:00

| | | | | |
|----|----------------------------|------|-------|---------|
| 1 | 8328 PEETERS Tuur | LOOI | 4.34m | 0 438 P |
| 2 | 8589 Schoefs Daan | ADD | 4.22m | 0 408 P |
| 3 | 8587 Volont Donald | ADD | 4.12m | 1 384 P |
| 4 | 8836 Vander Schelde Wietse | RCT | 4.10m | 0 379 P |
| 5 | 8947 Peeters Yentl | AVT | 4.03m | 0 362 P |
| 6 | 8586 Lambrecht Harley | ADD | 4.03m | 0 362 P |
| 7 | 8355 Koopmans Lowie | ATLA | 3.96m | 1 345 P |
| 8 | 8567 Prenen Senne | MACD | 3.93m | 1 338 P |
| 9 | 9141 Lowist Jenthe | ADD | 3.79m | 1 305 P |
| 10 | 9225 Pauly Michael | ATLA | 3.75m | 1 296 P |
| 11 | 8329 Pauwels Quinten | LOOI | 3.71m | 0 287 P |
| 12 | 8543 Vanhelmont Ruben | ACA | 3.69m | 0 283 P |
| 13 | 8342 Spauwen Thomas | ATLA | 3.69m | 1 283 P |
| 14 | 8497 Vanhengel Maarten | ATLA | 3.48m | 1 237 P |
| 15 | 8860 Bernaerts Giel | GENK | 3.46m | 1 232 P |
| 16 | 8095 Rumers Michiel | TACT | 2.62m | 0 77 P |
| | 8090 Nijsten Vinney | GENK | NG | 0 0 P |
| | 8348 Beenkens Tom* | ATLA | NG | 1 0 P |
| | 8506 Knapen Stijn | ADD | NG | 0 0 P |
| | 8449 Scheldeman Willem | ADD | NG | 0 0 P |
| | 8448 Sauwens Korneel | ADD | NG | 0 0 P |

1000 meter

Min Heren Uur=17:40

| | | | | |
|---|----------------------------|------|---------|---------|
| 1 | 8328 PEETERS Tuur | LOOI | 3'16.96 | 0 745 P |
| 2 | 8449 Scheldeman Willem | ADD | 3'17.49 | 0 740 P |
| 3 | 8836 Vander Schelde Wietse | RCT | 3'21.94 | 0 699 P |
| 4 | 8589 Schoefs Daan | ADD | 3'27.54 | 0 648 P |
| 5 | 8329 Pauwels Quinten | LOOI | 3'28.60 | 0 639 P |

| | | | | |
|----|------------------------|------|---------|---------|
| 6 | 8543 Vanhelmont Ruben | ACA | 3'34.74 | 0 586 P |
| 7 | 8947 Peeters Yentl | AVT | 3'36.37 | 0 572 P |
| 8 | 8586 Lambrecht Harley | ADD | 3'41.31 | 0 532 P |
| 9 | 8345 Lambrichts Jorre | ATLA | 3'44.12 | 1 509 P |
| 10 | 8095 Rumers Michiel | TACT | 3'56.47 | 0 416 P |
| 11 | 8497 Vanhengel Maarten | ATLA | 4'03.15 | 1 369 P |
| 12 | 8587 Volont Donald | ADD | 4'06.53 | 1 346 P |
| 13 | 8567 Prenen Senne | MACD | 4'16.58 | 1 283 P |
| 14 | 9141 Lowist Jenthe | ADD | 4'17.65 | 1 276 P |
| | 9225 Pauly Michael | ATLA | NG | 1 0 P |
| | 8355 Koopmans Lowie | ATLA | NG | 1 0 P |
| | 8090 Nijsten Vinney | GENK | NG | 0 0 P |
| | 8342 Spauwen Thomas | ATLA | NG | 1 0 P |
| | 8348 Beenkens Tom* | ATLA | NG | 1 0 P |
| | 8506 Knapen Stijn | ADD | NG | 0 0 P |
| | 8860 Bernaerts Giel | GENK | NG | 1 0 P |
| | 8448 Sauwens Korneel | ADD | NG | 0 0 P |

vierkamp

| | | | | |
|----|-------------------------|----------------------------|-------|---|
| | | Ben Heren Uur=17:33 | | |
| 1 | 2121 Pannemans Ruben | ACA | 1440p | 4 |
| 2 | 1600 Mentens Lennert | GENK | 1433p | 5 |
| 3 | 1667 Hermens Bert | ATLA | 1316p | 4 |
| 4 | 3020 Maas Boris* | ATLA | 1231p | 4 |
| 5 | 2443 Malais Sieme | TACT | 1117p | 4 |
| 6 | 9902 BERNKENS Kieran | NA | 1068p | 5 |
| 7 | 1584 Jansen Sander | SACN | 1067p | 4 |
| 8 | 1591 Kreemers Alexander | SACN | 1066p | 5 |
| 9 | 1672 Laarhoven Jess* | ATLA | 952p | 4 |
| 10 | 2245 Cleuren Pieter | ADD | 855p | 4 |
| 11 | 1937 Thijs Wout | ATLA | 804p | 4 |
| 12 | 2769 Eussen Wout | GENK | 789p | 4 |
| 13 | 1001 Maes Robbe | SACN | 778p | 5 |
| 14 | 2906 Vos Beau | ADD | 670p | 4 |
| 15 | 3654 Petry Cedric | TACT | 620p | 6 |
| 16 | 2704 Decaigny Robby | ADD | 561p | 5 |
| 17 | 2868 Wagemans Vincent | ADD | 458p | 5 |

60 meter

Ben Heren Uur=14:26

Reeks:1

| | | | | |
|---|----------------------|------|-------|---------|
| 1 | 3020 Maas Boris* | ATLA | 9.52 | 4 533 P |
| 2 | 1600 Mentens Lennert | GENK | 9.55 | 5 526 P |
| 3 | 2121 Pannemans Ruben | ACA | 9.75 | 4 479 P |
| 4 | 1667 Hermens Bert | ATLA | 10.22 | 4 377 P |
| 5 | 2443 Malais Sieme | TACT | 10.60 | 4 302 P |

60 meter

Ben Heren Uur=14:26

Reeks:2

| | | | | |
|---|-------------------------|------|-------|---------|
| 1 | 1591 Kreemers Alexander | SACN | 10.34 | 5 353 P |
| 2 | 1584 Jansen Sander | SACN | 10.73 | 4 279 P |
| 3 | 1001 Maes Robbe | SACN | 10.74 | 5 277 P |

| | | | | | | | |
|---|------|------------------|------|-------|---|-----|---|
| 4 | 3654 | Petry Cedric | TACT | 10.95 | 6 | 240 | P |
| 5 | 2906 | Vos Beau | ADD | 11.56 | 4 | 148 | P |
| 6 | 2868 | Wagemans Vincent | ADD | 12.60 | 5 | 38 | P |

60 meter

Ben Heren Uur=14:26

Reeks:3

| | | | | | | | |
|---|------|-----------------|------|-------|---|-----|---|
| 1 | 9902 | BERNKENS Kieran | NA | 10.32 | 5 | 357 | P |
| 2 | 1672 | Laarhoven Jess* | ATLA | 10.59 | 4 | 304 | P |
| 3 | 1937 | Thijs Wout | ATLA | 10.76 | 4 | 273 | P |
| 4 | 2245 | Cleuren Pieter | ADD | 10.83 | 4 | 261 | P |
| 5 | 2769 | Eussen Wout | GENK | 11.60 | 4 | 142 | P |
| 6 | 2704 | Decaigny Robby | ADD | 11.85 | 5 | 111 | P |

verspringen

Ben Heren Uur=16:47

| | | | | | | | |
|----|------|--------------------|------|-------|---|-----|---|
| 1 | 3020 | Maas Boris* | ATLA | 3.45m | 4 | 230 | P |
| 2 | 1667 | Hermens Bert | ATLA | 3.36m | 4 | 211 | P |
| 3 | 2121 | Pannemans Ruben | ACA | 3.27m | 4 | 193 | P |
| 4 | 2443 | Malais Sieme | TACT | 3.15m | 4 | 170 | P |
| 5 | 1600 | Mentens Lennert | GENK | 3.13m | 5 | 166 | P |
| 6 | 1591 | Kreemers Alexander | SACN | 3.02m | 5 | 145 | P |
| 7 | 1584 | Jansen Sander | SACN | 2.95m | 4 | 132 | P |
| 8 | 9902 | BERNKENS Kieran | NA | 2.94m | 5 | 130 | P |
| 9 | 1672 | Laarhoven Jess* | ATLA | 2.89m | 4 | 122 | P |
| 10 | 1937 | Thijs Wout | ATLA | 2.88m | 4 | 120 | P |
| 11 | 1001 | Maes Robbe | SACN | 2.81m | 5 | 108 | P |
| 12 | 2769 | Eussen Wout | GENK | 2.66m | 4 | 83 | P |
| 13 | 2906 | Vos Beau | ADD | 2.65m | 4 | 82 | P |
| 14 | 2245 | Cleuren Pieter | ADD | 2.62m | 4 | 77 | P |
| 15 | 2704 | Decaigny Robby | ADD | 2.54m | 5 | 65 | P |
| 16 | 3654 | Petry Cedric | TACT | 2.42m | 6 | 48 | P |
| 17 | 2868 | Wagemans Vincent | ADD | 2.39m | 5 | 44 | P |

kogelstoten 1,000kg

Ben Heren Uur=15:29

| | | | | | | | |
|----|------|--------------------|------|-------|---|-----|---|
| 1 | 2121 | Pannemans Ruben | ACA | 7.87m | 4 | 405 | P |
| 2 | 1667 | Hermens Bert | ATLA | 7.75m | 4 | 397 | P |
| 3 | 2443 | Malais Sieme | TACT | 7.50m | 4 | 380 | P |
| 4 | 2245 | Cleuren Pieter | ADD | 7.42m | 4 | 375 | P |
| 5 | 2769 | Eussen Wout | GENK | 6.99m | 4 | 346 | P |
| 6 | 1584 | Jansen Sander | SACN | 6.70m | 4 | 327 | P |
| 7 | 1672 | Laarhoven Jess* | ATLA | 6.40m | 4 | 307 | P |
| 8 | 2906 | Vos Beau | ADD | 6.30m | 4 | 301 | P |
| 9 | 1600 | Mentens Lennert | GENK | 5.97m | 5 | 279 | P |
| 10 | 1591 | Kreemers Alexander | SACN | 5.90m | 5 | 274 | P |
| 11 | 2704 | Decaigny Robby | ADD | 5.71m | 5 | 262 | P |
| 12 | 9902 | BERNKENS Kieran | NA | 5.34m | 5 | 238 | P |
| 13 | 1001 | Maes Robbe | SACN | 5.28m | 5 | 234 | P |
| 14 | 1937 | Thijs Wout | ATLA | 5.20m | 4 | 229 | P |
| 15 | 2868 | Wagemans Vincent | ADD | 5.13m | 5 | 224 | P |
| 16 | 3020 | Maas Boris* | ATLA | 4.71m | 4 | 197 | P |
| 17 | 3654 | Petry Cedric | TACT | 4.60m | 6 | 190 | P |

600 meter

| | | | | |
|----|-------------------------|------|---------|---------|
| 1 | 1600 Mentens Lennert | GENK | 2'07.16 | 5 462 P |
| 2 | 2121 Pannemans Ruben | ACA | 2'14.80 | 4 363 P |
| 3 | 9902 BERNKENS Kieran | NA | 2'16.44 | 5 343 P |
| 4 | 1667 Hermens Bert | ATLA | 2'17.46 | 4 331 P |
| 5 | 1584 Jansen Sander | SACN | 2'17.68 | 4 329 P |
| 6 | 1591 Kreemers Alexander | SACN | 2'20.74 | 5 294 P |
| 7 | 3020 Maas Boris* | ATLA | 2'22.80 | 4 271 P |
| 8 | 2443 Malais Sieme | TACT | 2'23.35 | 4 265 P |
| 9 | 1672 Laarhoven Jess* | ATLA | 2'27.95 | 4 219 P |
| 10 | 2769 Eussen Wout | GENK | 2'28.02 | 4 218 P |
| 11 | 1937 Thijs Wout | ATLA | 2'31.94 | 4 182 P |
| 12 | 1001 Maes Robbe | SACN | 2'34.60 | 5 159 P |
| 13 | 2868 Wagemans Vincent | ADD | 2'35.48 | 5 152 P |
| 14 | 3654 Petry Cedric | TACT | 2'36.63 | 6 142 P |
| 15 | 2245 Cleuren Pieter | ADD | 2'36.68 | 4 142 P |
| 16 | 2906 Vos Beau | ADD | 2'37.11 | 4 139 P |
| 17 | 2704 Decaigny Robby | ADD | 2'39.11 | 5 123 P |

Ben Heren Uur=16:47**vierkamp**

| | | | | |
|----|---------------------------|------|-------|---|
| 1 | 4210 Vandezande Amber | LOOI | 1776p | 2 |
| 2 | 4659 Pannemans Rani | ACA | 1722p | 2 |
| 3 | 4083 Smets Lotte | TACT | 1521p | 2 |
| 4 | 4078 Boyen Freya | TACT | 1417p | 2 |
| 5 | 4198 Verbiest Anke | LOOI | 1388p | 2 |
| 6 | 5207 Swennen Margo | ATLA | 1349p | 2 |
| 7 | 4354 Cicilia Rune | ATLA | 1298p | 2 |
| 8 | 4256 Verlinden Mitu | GENK | 1155p | 2 |
| 9 | 4285 Jansen Sofie | SACN | 1093p | 2 |
| 10 | 4620 Licata Elisa | ADD | 1092p | 2 |
| 11 | 5203 Vos Jade | ADD | 1081p | 2 |
| 12 | 5630 Van Der Aa Marte | ADD | 1055p | 2 |
| 13 | 4619 Jorissen Fleur | ADD | 1036p | 2 |
| 14 | 4618 Bikkembergs Hanke | ADD | 1024p | 2 |
| 15 | 4903 Steenberghs Lana | GENK | 937p | 3 |
| 16 | 4922 Vendrix Yenthe | ACA | 910p | 3 |
| 17 | 4672 Veestraeten Anneleen | ADD | 903p | 3 |
| 18 | 5557 Voets Sofie | ADD | 852p | 2 |
| 19 | 4196 Deckers Amber | SACN | 712p | 3 |
| 20 | 4759 Massari Elisa | ADD | 702p | 2 |
| 21 | 4904 Bernaerts Moran | GENK | 700p | 3 |
| 22 | 4995 Vaes Kyana | LOOI | 697p | 3 |
| 23 | 4577 Vanhelmont Tine | ACA | 680p | 3 |
| 24 | 4351 Zizzari Lotte | ATLA | 677p | 3 |
| 25 | 4469 Berings Anissa | ADD | 560p | 2 |
| 26 | 5266 Panis Hielke | ATLA | 559p | 3 |
| 27 | 3902 Cleymans An-marie | SACN | 549p | 3 |
| 28 | 4907 Leekens Laura | GENK | 489p | 3 |
| 29 | 3947 Jacobs Britt | ACA | 357p | 3 |

Pup Dames Uur=17:33

60 meter**Pup Dames Uur=15:15****Reeks:1**

| | | | | |
|---|-----------------------|------|------|---------|
| 1 | 4210 Vandezande Amber | LOOI | 8.88 | 2 697 P |
| 2 | 4256 Verlinden Mitu | GENK | 9.16 | 2 623 P |
| 3 | 4659 Pannemans Rani | ACA | 9.33 | 2 579 P |
| 4 | 4469 Berings Anissa | ADD | 9.41 | 2 560 P |
| 5 | 4083 Smets Lotte | TACT | 9.59 | 2 516 P |
| 6 | 5207 Swennen Margo | ATLA | 9.70 | 2 491 P |
| 7 | 4198 Verbiest Anke | LOOI | 9.76 | 2 477 P |

60 meter**Pup Dames Uur=15:15****Reeks:2**

| | | | | |
|---|------------------------|------|-------|---------|
| 1 | 4354 Cicilia Rune | ATLA | 9.39 | 2 565 P |
| 2 | 4078 Boyen Freya | TACT | 9.58 | 2 519 P |
| 3 | 4922 Vendrix Yenthe | ACA | 9.77 | 3 474 P |
| 4 | 4618 Bikkembergs Hanke | ADD | 9.80 | 2 468 P |
| 5 | 5630 Van Der Aa Marte | ADD | 9.87 | 2 452 P |
| 6 | 4285 Jansen Sofie | SACN | 10.02 | 2 419 P |
| 7 | 4995 Vaes Kyana | LOOI | 10.03 | 3 417 P |

60 meter**Pup Dames Uur=15:15****Reeks:3**

| | | | | |
|---|---------------------------|------|-------|---------|
| 1 | 4672 Veestraeten Anneleen | ADD | 10.03 | 3 417 P |
| 2 | 5203 Vos Jade | ADD | 10.31 | 2 359 P |
| 3 | 4196 Deckers Amber | SACN | 10.50 | 3 321 P |
| 4 | 4351 Zizzari Lotte | ATLA | 10.63 | 3 297 P |
| 5 | 3947 Jacobs Britt | ACA | 10.94 | 3 242 P |
| 6 | 4577 Vanhelmont Tine | ACA | 11.09 | 3 217 P |
| 7 | 3902 Cleymans An-marie | SACN | 11.39 | 3 171 P |

60 meter**Pup Dames Uur=15:15****Reeks:4**

| | | | | |
|---|-----------------------|------|-------|---------|
| 1 | 4620 Licata Elisa | ADD | 9.89 | 2 447 P |
| 2 | 4903 Steenberghe Lana | GENK | 9.99 | 3 425 P |
| 3 | 4619 Jorissen Fleur | ADD | 10.07 | 2 408 P |
| 4 | 4759 Massari Elisa | ADD | 10.49 | 2 323 P |
| 5 | 5557 Voets Sofie | ADD | 10.50 | 2 321 P |
| 6 | 4904 Bernaerts Moran | GENK | 10.64 | 3 295 P |
| 7 | 5266 Panis Hielke | ATLA | 11.17 | 3 205 P |

verspringen**Pup Dames Uur=15:51**

| | | | | |
|---|-----------------------|------|-------|---------|
| 1 | 4256 Verlinden Mitu | GENK | 3.71m | 2 287 P |
| 2 | 4210 Vandezande Amber | LOOI | 3.66m | 2 276 P |
| 3 | 4659 Pannemans Rani | ACA | 3.65m | 2 274 P |
| 4 | 5207 Swennen Margo | ATLA | 3.62m | 2 267 P |
| 5 | 4083 Smets Lotte | TACT | 3.62m | 2 267 P |
| 6 | 4354 Cicilia Rune | ATLA | 3.56m | 2 254 P |
| 7 | 4078 Boyen Freya | TACT | 3.56m | 2 254 P |
| 8 | 5203 Vos Jade | ADD | 3.29m | 2 197 P |

| | | | | |
|----|---------------------------|------|-------|---------|
| 9 | 4198 Verbiest Anke | LOOI | 3.28m | 2 195 P |
| 10 | 4620 Licata Elisa | ADD | 3.22m | 2 183 P |
| 11 | 4995 Vaes Kyana | LOOI | 3.11m | 3 162 P |
| 12 | 4618 Bikkembergs Hanke | ADD | 3.06m | 2 152 P |
| 13 | 4904 Bernaerts Moran | GENK | 3.02m | 3 145 P |
| 14 | 4907 Leekens Laura | GENK | 3.01m | 3 143 P |
| 15 | 4285 Jansen Sofie | SACN | 2.96m | 2 134 P |
| 16 | 4903 Steenberghe Lana | GENK | 2.95m | 3 132 P |
| 17 | 5630 Van Der Aa Marte | ADD | 2.95m | 2 132 P |
| 18 | 4922 Vendrix Yenthe | ACA | 2.92m | 3 127 P |
| 19 | 3902 Cleymans An-marie | SACN | 2.88m | 3 120 P |
| 20 | 4351 Zizzari Lotte | ATLA | 2.84m | 3 113 P |
| 21 | 4196 Deckers Amber | SACN | 2.82m | 3 109 P |
| 22 | 4619 Jorissen Fleur | ADD | 2.80m | 2 106 P |
| 23 | 4672 Veestraeten Anneleen | ADD | 2.78m | 3 103 P |
| 24 | 5266 Panis Hielke | ATLA | 2.74m | 3 96 P |
| 25 | 4577 Vanhelmont Tine | ACA | 2.70m | 3 90 P |
| 26 | 4759 Massari Elisa | ADD | 2.50m | 2 59 P |
| 27 | 3947 Jacobs Britt | ACA | 2.39m | 3 44 P |
| 28 | 5557 Voets Sofie | ADD | 2.24m | 2 26 P |
| | 4469 Berings Anissa | ADD | NG | 2 0 P |

discuswerpen 0,600kg Pup Dames Uur=16:46

| | | | | |
|----|---------------------------|------|--------|---------|
| 1 | 4659 Pannemans Rani | ACA | 18.71m | 2 269 P |
| 2 | 4256 Verlinden Mitu | GENK | 17.51m | 2 245 P |
| 3 | 4210 Vandezande Amber | LOOI | 16.54m | 2 226 P |
| 4 | 5203 Vos Jade | ADD | 15.50m | 2 205 P |
| 5 | 4078 Boyen Freya | TACT | 14.93m | 2 194 P |
| 6 | 4083 Smets Lotte | TACT | 13.90m | 2 174 P |
| 7 | 4620 Licata Elisa | ADD | 13.05m | 2 157 P |
| 8 | 5207 Swennen Margo | ATLA | 12.85m | 2 154 P |
| 9 | 4759 Massari Elisa | ADD | 12.80m | 2 153 P |
| 10 | 5630 Van Der Aa Marte | ADD | 12.28m | 2 143 P |
| 11 | 4198 Verbiest Anke | LOOI | 12.24m | 2 142 P |
| 12 | 4285 Jansen Sofie | SACN | 11.88m | 2 135 P |
| 13 | 4619 Jorissen Fleur | ADD | 11.83m | 2 134 P |
| 14 | 4995 Vaes Kyana | LOOI | 10.98m | 3 118 P |
| 15 | 4577 Vanhelmont Tine | ACA | 10.10m | 3 102 P |
| 16 | 3902 Cleymans An-marie | SACN | 9.72m | 3 95 P |
| 17 | 4618 Bikkembergs Hanke | ADD | 9.66m | 2 94 P |
| 18 | 4351 Zizzari Lotte | ATLA | 9.44m | 3 90 P |
| 19 | 4922 Vendrix Yenthe | ACA | 9.02m | 3 82 P |
| 20 | 4672 Veestraeten Anneleen | ADD | 8.85m | 3 79 P |
| 21 | 4196 Deckers Amber | SACN | 8.70m | 3 76 P |
| 22 | 4354 Cicilia Rune | ATLA | 8.36m | 2 70 P |
| 23 | 5557 Voets Sofie | ADD | 7.76m | 2 60 P |
| 24 | 5266 Panis Hielke | ATLA | 6.81m | 3 43 P |
| 25 | 3947 Jacobs Britt | ACA | 5.47m | 3 21 P |
| | 4907 Leekens Laura | GENK | NG | 3 0 P |
| | 4469 Berings Anissa | ADD | NG | 2 0 P |

| | | | |
|-----------------------|------|----|-------|
| 4904 Bernaerts Moran | GENK | NG | 3 0 P |
| 4903 Steenberghe Lana | GENK | NG | 3 0 P |

1000 meter

Pup Dames Uur=17:10

Reeks:1

| | | | |
|------------------------------|------|---------|---------|
| 1 4659 Pannemans Rani | ACA | 3'33.11 | 2 600 P |
| 2 4198 Verbiest Anke | LOOI | 3'36.13 | 2 574 P |
| 3 4083 Smets Lotte | TACT | 3'37.32 | 2 564 P |
| 4 5207 Swennen Margo | ATLA | 3'53.57 | 2 437 P |
| 5 4354 Cicilia Rune | ATLA | 3'57.44 | 2 409 P |
| 6 4285 Jansen Sofie | SACN | 3'57.98 | 2 405 P |
| 7 4903 Steenberghe Lana | GENK | 4'01.52 | 3 380 P |
| 8 5630 Van Der Aa Marte | ADD | 4'09.23 | 2 328 P |
| 9 5203 Vos Jade | ADD | 4'10.59 | 2 320 P |
| 10 4672 Veestraeten Anneleen | ADD | 4'13.09 | 3 304 P |
| 11 4904 Bernaerts Moran | GENK | 4'20.43 | 3 260 P |
| 12 4922 Vendrix Yenthe | ACA | 4'26.37 | 3 227 P |
| 13 4196 Deckers Amber | SACN | 4'30.26 | 3 206 P |
| 14 3902 Cleymans An-marie | SACN | 4'38.87 | 3 163 P |
| 4995 Vaes Kyana | LOOI | NG | 3 0 P |

1000 meter

Pup Dames Uur=17:10

Reeks:2

| | | | |
|--------------------------|------|---------|---------|
| 1 4210 Vandezande Amber | LOOI | 3'35.76 | 2 577 P |
| 2 4078 Boyen Freya | TACT | 3'51.81 | 2 450 P |
| 3 5557 Voets Sofie | ADD | 3'52.48 | 2 445 P |
| 4 4619 Jorissen Fleur | ADD | 4'00.30 | 2 388 P |
| 5 4907 Leekens Laura | GENK | 4'06.52 | 3 346 P |
| 6 4618 Bikkembergs Hanke | ADD | 4'12.15 | 2 310 P |
| 7 4620 Licata Elisa | ADD | 4'12.93 | 2 305 P |
| 8 4577 Vanhelmont Tine | ACA | 4'18.56 | 3 271 P |
| 9 5266 Panis Hielke | ATLA | 4'28.53 | 3 215 P |
| 10 4351 Zizzari Lotte | ATLA | 4'36.06 | 3 177 P |
| 11 4759 Massari Elisa | ADD | 4'38.13 | 2 167 P |
| 12 3947 Jacobs Britt | ACA | 5'09.68 | 3 50 P |
| 4256 Verlinden Mitu | GENK | NG | 2 0 P |
| 4469 Berings Anissa | ADD | NG | 2 0 P |