

21/06/14 Lier Memorail Jos Verstockt

60mH pup girls Time :12:08

Heat:1

1	3434	Van Den Brande Laura	03 DUFF	10.68
2	3436	De Haes Elle	03 DUFF	11.65
	3747	Vermeulen Jane	04 LYRA	DNF

60mH pup boys Time :12:09

Heat:1

1	77	Torfs Robbe	03 ACHL	10.72
2	616	Van Loven Stan	03 LYRA	12.15
3	614	Bogaerts Timo	03 LYRA	13.04
4	622	Arnouts Glenn	04 LYRA	13.44
5	7	Vermaelen Maarten	03 DCLA	15.00
6	0			15.74
	1868	CRAENEN Sander	04 LIER	DNF

60m G-kids girls Time :12:17

Heat:1

1	3745	Herremans - T21 Jadzia	03 LYRA	11.20
2	6219	Lenders - T21 Caroline	02 BVAC	11.80
3	7604	Ceulemans Eliese	02 LYRA	11.82
4	7641	Van Tichelen - 21 Eftich.	02 BVAC	11.88

Shot put ben boys Time :12:18

Heat:1

1	9238	De Haes Ries	05 DUFF	7.50
2	7122	Van Hoecke Jarne	05 LYRA	7.34
3	7127	Min Lars	05 LYRA	7.07
4	9365	Van Den Brande Alexander	05 DUFF	6.21
5	6547	De Voeght Jitser	06 AVZK	5.89
6	8142	De Vries Axl	07 LYRA	5.27
7	6509	Vermaelen Jasper	05 DCLA	5.06

60m G-kids boys Time :12:18

Heat:1

1	3811	Van Camp T20 Sinem	01 ROBA	10.13
2	4040	Digneffe Arne	02 LYRA	11.00
	8933	Vaz De Faria Jose Pedro	07 LYRA	DNS

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Hockey ben girls Time :12:31

Heat:1

1	454	Min Lena	05 LYRA	20.06
2	451	De Vries Sam	05 LYRA	18.32
3	1228	Van Eynde Mila	05 LYRA	16.50
4	1937	Craenen Liselot	05 LIER	16.26
5	1229	Van Eynde Leni	05 LYRA	14.61
6	1198	Torfs Karlien	05 DUFF	13.03
7	148	Billiaert Lies	05 DUFF	11.76
8	1534	Ceesay Yaserra	06 LYRA	11.63
9	589	Slotmans Phoebe	07 LYRA	4.42

Long jump pup girls Time :12:32

Heat:1

1	3436	De Haes Elle	03 DUFF	4.12
2	3434	Van Den Brande Laura	03 DUFF	4.05
3	3880	Gielen Yent'l	03 LYRA	3.57
4	4133	Henderickx June	04 LYRA	3.43
5	4132	Henderickx Yali	04 LYRA	3.39
6	4798	Peeters Margaux	04 LYRA	3.36
7	3750	Verschoren Marieke	04 LYRA	2.62

100m G-Athletes women Time :12:32

Heat:1 Wind : 1.5

1	929	Kerkhofs T21 Petra	82 ROBA	14.57
2	928	Cambre T21 Priscilla	88 ROBA	16.61
3	260	Luyten Nathalie	96 LYRA	16.94
4	430	Aesseloos - T21 Elise	99 ROBA	18.14
5	107	Loos Ena	95 LYRA	18.37
6	936	Nauwelaers - T/F38 Annel.	88 WIBO	18.40

100m G-Athletes women Time :12:32

Heat:2 Wind : 0.9

1	3700	Knight - 21 Janne	98 LYRA	18.80
2	294	Digneffe - T21 Ine	99 LYRA	20.39
3	1040	Gyselaers T21 Nele	86 LYRA	21.19
4	1036	Follens Sanne	89 LYRA	21.20
5	1732	Nuyten - T21 Tanja	91 LYRA	23.76
6	1747	Gijsbrechts Hilke	83 LYRA	24.59
7	1595	Chauvaux T21 Joke	94 LYRA	27.20

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100m G-Athletes men Time :12:41

Heat:1 Wind : -0.5

1	53	Segers - 21 Toon	95 SPBO	12.78
2	317	Verbruggen Hannes	00 LYRA	15.60
3	4071	Lauwers - T21 Mario	65 ROBA	16.69
4	1302	Buijsen T37 Koen	85 PARA	17.04
5	5310	Verheyden Geert	68 LYRA	17.40
6	1304	Moron - 38 Adam	85 PARA	19.71

100m G-Athletes men Time :12:41

Heat:2 Wind : 1.5

1	2678	Verret - T21 Joni	98 LYRA	14.25
2	489	Koraichi - T21 Abdeslam	96 BVAC	15.12
3	1186	Gusse - 37 Roeland	84 AVMO	15.25
4	1281	Van Den Bulck T21 Bert	92 LYRA	15.73
5	312	Verret T21 Jens	96 LYRA	15.94
6	1305	Serneels 21 Tom	89 PARA	15.96

100m G-Athletes men Time :12:41

Heat:3 Wind : 0.7

1	2448	Grymonpon T21 Ward	98 ROBA	13.34
2	1523	Casteels T21 Bart	82 LYRA	13.45
3	1420	Kennis Kevin	91 OLSE	14.08
4	318	Marien - 21 Jaimy	00 LYRA	14.35
5	1283	Jacobs Kevin	92 LYRA	14.36
6	1303	De Bie T38 Gert	89 PARA	15.98

150m min girls Time :12:48

Heat:1

1	6614	Verschoren Femke	01 LYRA	19.94
2	6583	Swennen Margo	02 ATLA	22.50
3	6613	Le Clerq Chiara	02 LYRA	23.40
4	6612	Le Clerq Indy	02 LYRA	24.86

150m min boys Time :12:49

Heat:1

1	3805	Lembrechts Ruben	02 ACHL	22.62
2	4051	Arnouts Nick	01 LYRA	22.81
3	4050	Verelst Lennert	01 LYRA	23.11

150m min boys Time :12:49

Heat:2

1	4982	Claessens Bram	01 LYRA	19.60
2	4910	El Morabiti Elias	01 BVAC	19.82
3	4241	Dehaes Ilias	02 LYRA	21.01
	3627	Ceulemans Vincent	02 AVZK	DNS

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60m ben girls Time :13:06

Heat:1

1	1534	Ceesay Yaserra	06 LYRA	10.28
2	1229	Van Eynde Leni	05 LYRA	10.60
3	600	Van Looy Milena	05 LIER	10.73
4	1484	Van Hoof Kaatje	06 LYRA	11.02
5	589	Slootmans Phoebe	07 LYRA	11.76
6	453	Verberck Kaat	05 LYRA	11.79

60m ben girls Time :13:06

Heat:2

1	451	De Vries Sam	05 LYRA	9.82
2	1228	Van Eynde Mila	05 LYRA	9.91
3	148	Billiaert Lies	05 DUFF	10.10
4	454	Min Lena	05 LYRA	10.17
5	1198	Torfs Karlien	05 DUFF	10.66
6	1937	Craenen Liselot	05 LIER	10.68

Pole vault min mixed Time :13:08

Heat:1

1	3661	Torfs Kwinten	01 ACHL	2.60
2	6247	Fall Diara	01 ACHL	2.30
3	6926	Hooyberghs Fleur	01 ARAC	2.30
4	3805	Lembrechts Ruben	02 ACHL	1.60
5	3627	Ceulemans Vincent	02 AVZK	1.40

Softbal G-Kids mixed Time :13:09

Heat:1

1	3745	Herremans - T21 Jadzia	03 LYRA	14.45
2	7604	Ceulemans Eliese	02 LYRA	12.71
3	3811	Van Camp T20 Sinem	01 ROBA	12.48
4	4040	Digneffe Arne	02 LYRA	10.87
5	7641	Van Tichelen - 21 Eftich.	02 BVAC	10.55
6	6219	Lenders - T21 Caroline	02 BVAC	9.23
	8933	Vaz De Faria Jose Pedro	07 LYRA	NM

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Shot put G-Athletes women Time :13:15

Heat:1

1	929	Kerkhofs T21 Petra	82 ROBA	6.94	4kg
2	260	Luyten Nathalie	96 LYRA	6.25	4kg
3	936	Nauwelaers - T/F38 Annel.	88 WIBO	5.15	3kg
4	1732	Nuyten - T21 Tanja	91 LYRA	5.15	4kg
5	1747	Gijsbrechts Hilke	83 LYRA	4.83	4kg
6	1036	Follens Sanne	89 LYRA	4.23	4kg
7	430	Aesseloos - T21 Elise	99 ROBA	4.16	3kg
8	294	Digneffe - T21 Ine	99 LYRA	3.96	3kg
9	3700	Knight - 21 Janne	98 LYRA	3.86	3kg
10	928	Cambre T21 Priscilla	88 ROBA	3.76	4kg
11	107	Loos Ena	95 LYRA	3.56	4kg

60m pup girls Time :13:19

Heat:1

1	4798	Peeters Margaux	04 LYRA	9.05	
2	3436	De Haes Elle	03 DUFF	9.40	
3	4133	Henderickx June	04 LYRA	9.48	
4	4132	Henderickx Yali	04 LYRA	9.66	
5	3880	Gielen Yent'l	03 LYRA	9.88	
6	3750	Verschoren Marieke	04 LYRA	10.65	

60m ben boys Time :13:19

Heat:1

1	6547	De Voeght Jitser	06 AVZK	10.77	
2	9996	De Vries Stan	06 NA	11.04	
3	8413	Nouwen Stan	06 LYRA	11.32	
4	8142	De Vries Axl	07 LYRA	11.70	
5	8809	Verschoren Felix	07 LYRA	12.28	

60m ben boys Time :13:19

Heat:2

1	7122	Van Hoecke Jarne	05 LYRA	9.82	
2	9238	De Haes Ries	05 DUFF	9.87	
3	7127	Min Lars	05 LYRA	9.97	
4	6509	Vermaelen Jasper	05 DCLA	9.98	
5	9365	Van Den Brande Alexander	05 DUFF	10.32	

60m pup boys Time :13:28

Heat:1

1	614	Bogaerts Timo	03 LYRA	9.38	
2	839	Van Vlasselaer Artuur	04 LYRA	9.75	
3	843	Stroobants Tuur	03 LYRA	10.14	
4	1598	Beirinckx Wout	03 LYRA	10.28	
5	7	Vermaelen Maarten	03 DCLA	10.68	
	1868	CRAENEN Sander	04 LIER	DNS	

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60m pup boys Time :13:28

Heat:2

1	613	Van Hoof Brecht	03 LYRA	9.04
2	616	Van Loven Stan	03 LYRA	9.24
3	622	Arnouts Glenn	04 LYRA	9.44
4	840	Van Vlasselaer Wout	03 LYRA	9.44
5	1693	Nouwen Pieter	03 LYRA	9.52
6	759	Dom Dario	03 DUFF	9.74
	1596	Wuyts Siemen	04 LYRA	DNS

Long jump G-Athletes men Time :13:47

Heat:1

1	1523	Casteels T21 Bart	82 LYRA	4.63	+2.0		
2	2448	Grymonpon T21 Ward	98 ROBA	4.15	+2.8	4.07m	1.5
3	318	Marien - 21 Jaimy	00 LYRA	4.00	+0.7		
4	1283	Jacobs Kevin	92 LYRA	3.76	+0.4		
5	2678	Verret - T21 Joni	98 LYRA	3.66	+1.4		
6	1305	Serneels 21 Tom	89 PARA	3.56	+1.4		
7	489	Koraichi - T21 Abdeslam	96 BVAC	3.19	+0.6		
8	1281	Van Den Bulck T21 Bert	92 LYRA	3.08	+1.3		
9	1279	Van Eynde Daan	83 LYRA	2.79	+1.3		
10	4071	Lauwers - T21 Mario	65 ROBA	2.76	+2.1	2.75m	1.0
11	317	Verbruggen Hannes	00 LYRA	2.72	+1.0		
12	5310	Verheyden Geert	68 LYRA	2.44	+0.2		
	312	Verret T21 Jens	96 LYRA	NM	+0.0		

600m ben girls Time :13:47

Heat:1

1	454	Min Lena	05 LYRA	2:10.64
2	451	De Vries Sam	05 LYRA	2:10.98
3	1228	Van Eynde Mila	05 LYRA	2:11.19
4	854	De Bruyn Shirley	05 LYRA	2:13.92
5	1534	Ceesay Yaserra	06 LYRA	2:21.60
6	1484	Van Hoof Kaatje	06 LYRA	2:26.37
7	1937	Craenen Liselot	05 LIER	2:27.20
8	1229	Van Eynde Leni	05 LYRA	2:29.76
9	148	Billiaert Lies	05 DUFF	2:30.61
10	453	Verberck Kaat	05 LYRA	2:31.96
11	589	Slootmans Phoebe	07 LYRA	2:32.63
12	1198	Torfs Karlien	05 DUFF	2:42.96
13	600	Van Looy Milena	05 LIER	2:44.40

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High jump pup boys Time :13:51

Heat:1

1	77	Torfs Robbe	03	ACHL	1.40
2	36	Naets Ilan	04	AVZK	1.35
3	1596	Wuyts Siemen	04	LYRA	1.32
4	1868	CRAENEN Sander	04	LIER	1.29
5	622	Arnouts Glenn	04	LYRA	1.23
6	3193	Taghret Badr	03	RESC	1.20
7	616	Van Loven Stan	03	LYRA	1.15
7	1693	Nouwen Pieter	03	LYRA	1.15
9	840	Van Vlasselaer Wout	03	LYRA	1.15
10	34	Derdin Simon	03	AVZK	1.15
10	1598	Beirinckx Wout	03	LYRA	1.15
10	614	Bogaerts Timo	03	LYRA	1.15
13	839	Van Vlasselaer Artuur	04	LYRA	1.15
14	843	Stroobants Tuur	03	LYRA	1.15
15	759	Dom Dario	03	DUFF	1.10
16	7	Vermaelen Maarten	03	DCLA	1.05

200m G-Athletes women Time :13:53

Heat:1 Wind : 1.7

1	107	Loos Ena	95	LYRA	39.66
2	294	Digneffe - T21 Ine	99	LYRA	43.03
3	1036	Follens Sanne	89	LYRA	47.53
4	1040	Gyselaers T21 Nele	86	LYRA	47.97
5	1595	Chauvaux T21 Joke	94	LYRA	63.31

200m G-Athletes women Time :13:53

Heat:2 Wind : 1.7

1	928	Cambre T21 Priscilla	88	ROBA	30.30
2	260	Luyten Nathalie	96	LYRA	36.28
3	929	Kerkhofs T21 Petra	82	ROBA	36.96
4	430	Aesseloos - T21 Elise	99	ROBA	38.91
5	936	Nauwelaers - T/F38 Annel.	88	WIBO	40.01
6	3700	Knight - 21 Janne	98	LYRA	41.46

Discus throw min girls Time :13:57

Heat:1

1	6613	Le Clercq Chiara	02	LYRA	23.66
2	6926	Hooyberghs Fleur	01	ARAC	20.39
3	7343	Gurny Helena	01	LYRA	19.12
4	6247	Fall Diara	01	ACHL	19.11
5	6826	Kerkaert Noor	02	BONH	18.24
6	6614	Verschoren Femke	01	LYRA	17.46
7	6583	Swennen Margo	02	ATLA	14.99
8	6612	Le Clercq Indy	02	LYRA	13.31

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600m ben boys Time :13:57

Heat:1

1	9238	De Haes Ries	05 DUFF	2:07.11
2	6509	Vermaelen Jasper	05 DCLA	2:07.18
3	7127	Min Lars	05 LYRA	2:08.67
4	7122	Van Hoecke Jarne	05 LYRA	2:18.79
5	8413	Nouwen Stan	06 LYRA	2:29.31
6	8809	Verschoren Felix	07 LYRA	2:29.68
7	9996	De Vries Stan	06 NA	2:33.54
8	8142	De Vries Axl	07 LYRA	2:35.34

200m G-Athletes men Time :14:06

Heat:1 Wind : 1.2

1	489	Koraichi - T21 Abdeslam	96 BVAC	33.03
2	4071	Lauwers - T21 Mario	65 ROBA	34.38
3	317	Verbruggen Hannes	00 LYRA	34.44
4	5310	Verheyden Geert	68 LYRA	36.11
5	1304	Moron - 38 Adam	85 PARA	42.91

200m G-Athletes men Time :14:06

Heat:2 Wind : 2.2

1	1186	Gusse - 37 Roeland	84 AVMO	31.64
2	1279	Van Eynde Daan	83 LYRA	31.68
3	1281	Van Den Bulck T21 Bert	92 LYRA	32.86
4	312	Verret T21 Jens	96 LYRA	33.75
5	1303	De Bie T38 Gert	89 PARA	34.55
6	1302	Buijsen T37 Koen	85 PARA	34.72

200m G-Athletes men Time :14:06

Heat:3 Wind : 1.3

1	53	Segers - 21 Toon	95 SPBO	26.33
2	2448	Grymonpon T21 Ward	98 ROBA	27.65
3	1420	Kennis Kevin	91 OLSE	28.18
4	318	Marien - 21 Jaimy	00 LYRA	29.73
5	1283	Jacobs Kevin	92 LYRA	31.24
6	2678	Verret - T21 Joni	98 LYRA	32.55

High jump min boys Time :14:16

Heat:1

1	3661	Torfs Kwinten	01 ACHL	1.45
2	4910	El Morabiti Elias	01 BVAC	1.36
3	3805	Lembrechts Ruben	02 ACHL	1.33
4	4051	Arnouts Nick	01 LYRA	1.25

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4x100m AC women Time :14:45

Heat:1

1		RCT	49.16	
	3578	Flossy Franne	98	
	3574	Vandecauter Joyce	97	
	3699	Lambeets Brett	98	
	3749	Beelen Lotte	98	
2		ACHL	49.75	
	3551	Jacops Bieke	97	
	3145	Torfs Lien	98	
	3381	Helsen Elise	98	
	3742	Hanssens Marie	98	
3		LYRA	51.51	
	763	De Brandt Naomi	99	
	935	Steenmans Jitse	00	
	851	Wuyts Katrijn	99	
	551	Theeuws Sam	00	
4		SPBO	54.16	
	3216	Philips Lotte	97	
	1386	Hofmans Indigo	92	
	3193	Schaerlaeckens Lara	98	
	3591	Beelaerts Nikita	98	
Belgium			DIS	R170.7
	1524	Andries Lien	93	ROBA
	51	Bellemans Inge	95	ROBA
	136	Derolez Marie	95	AZW
	1584	Janquart Nina	90	EA

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4x100m AC women Time :14:45

Heat:2

1		NED Junioren Rood	45.21
	9681	Runia Anna Sjoukje	94
	9663	Hovenkamp Eva	96
	9994	Klaver Lieke	98
	9696	Van Hunenstijn Marije	95
2		Belgium 1	45.52
	177	Missinne Sarah	95 KAAG
	688	Leprince Laura 95	
	366	Depuydt Orphee	95 HAC
	130	De Coninck Nenah	96 KAAG
3		Belgium 2	46.78
	3537	Beaucarne Chloe	97 DEIN
	4173	Fickers Marie	97
	3802	Dillens Judith	98 EA
	379	Mehuys Elise	95 LYRA
		NED Junioren blauw	DNF
	9993	Berendse Silke	98
	9667	Jiya Tasa	97
	9639	Boogerd Marijke	97
	9635	Baltes Debbie	96

4x100m AC men Time :14:45

Heat:1

1		ACW - FRANCE	43.37
	9615	Mannechez Anatole	92 FRA
	9611	Fievet Théo	94 FRA
	9607	Colard Alexandre	92 FRA
	9608	Devestele Maxime	94 FRA
2		SPBO	48.39
	279	Van Buggenhout Jarne	99
	1116	Permentier Johan	79
	2413	Huyck Hannes	98
	121	Masure Michel	99
		LYRA	DNF
	2445	Castrel Yentel	97
	3670	Goetschalckx Vincent	97
	2529	Leflot Tyron	97
	2770	Grietens Jan	97

21/06/14 Lier Memorail Jos Verstockt

400m AC women heat C, D... Time :15:04

Heat:1

1	9718	Cyrus Tania-Cyrena	86 GBR	59.39
2	3323	Swennen Anoek	98 ATLA	62.70
3	3163	Van de Velde Sofie	98 DUFF	63.90
4	3611	Verwilt Zita	98 LYRA	75.14

400m AC women heat C, D... Time :15:04

Heat:2

1	214	Everdepoel Britt	00 VAC	65.91
2	841	Byrne Chinook	00 ATLE	67.71
3	3715	Steenmans Oona	98 LYRA	73.26

Shot put sch girls (3.00kg) Time :15:22

Heat:1

1	3230	Timmerman Larissa	98 DEIN	13.57
2	3381	Helsen Elise	98 ACHL	12.59
3	3191	Peeters Nele	97 SPBO	12.38
4	3386	Brosens Stefanie	97 ATAC	12.31
5	3117	Kerkaert Trui	98 BONH	11.78
6	3298	Lindemans Lisemarie	97 ROBA	11.27
7	3165	Goovaerts Heike	98 DUFF	11.19
8	3515	Michiels Lena	97 WIBO	11.09
9	3573	Wolfcarius Theresa	98 STAX	10.01
10	3609	De Brandt Alyssa	97 LYRA	7.33

Javelin throw sch boys (700g) Time :15:30

Heat:1

1	2899	Van Aelst Stijn	98 DCLA	50.47
2	2259	De Roeck Thomas	97 VMOL	50.43
3	2468	Van De Sande Alessandro	97 OB	44.52
4	2825	Quintelier Matthias	97 AVKA	43.92
5	2530	Slootmans Stijn	97 LYRA	42.73
6	2137	Van Turnhout Jens	98 ACHL	34.26
7	2380	De Vos Laurens	98 ABES	33.61
8	2663	Cornelis Robin	97 AVKA	28.10
9	2222	Cop Jonas	98 WIBO	21.71

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High jump cad boys Time :15:46

Heat:1

1	151	Van Looy Lars	99 VAC	1.78
2	793	Van Riel Robbe	99 KAPE	1.72
3	60	Marien Sverre	00 ACHL	1.66
4	320	Spiessens Yentl	99 LYRA	1.66
5	24	Van Bael Jens	99 AVZK	1.66
6	331	Wynants Jarne	00 ACHL	1.63
7	523	Vermeiren Jef	00 ACHL	1.55
8	142	Raemdonck Souren	99 ABES	1.45
9	723	Bally Alexander	99 SGOL	1.40

Long jump cad girls Time :16:01

Heat:1

1	492	Willems Eve	00 VAC	5.44	+0.3
2	500	Vancamp Hanne	99 OLSE	5.39	+0.6
3	719	Hargreaves Charlotte	00 ZWAT	5.10	+0.9
4	688	Hartmann Iris	99 STAX	4.96	+0.1
5	600	Peeters Bloeme	99 AVZK	4.94	+1.7
6	281	Panis Keanne	99 ATLA	4.89	-0.2
7	837	Laporte Morgan	00 AVZK	4.78	+0.1
8	763	De Brandt Naomi	99 LYRA	4.63	+1.3
9	1093	Martens Catho	99 ATLA	4.56	+1.5
10	53	Van Petegem Kelly	99 RCG	4.52	+0.8
11	758	Thijssen Loeka	99 ACW	4.52	-0.2
12	64	Vandervelden Marie	00 SACN	4.42	+1.3
13	69	Kegels Hanne	99 GRIM	4.29	+0.7
14	990	Christiaensen Hanne	00 LIER	4.25	+1.3
15	100	Peeters Laura	00 SPBO	4.18	+0.1
16	144	Croes Eline	99 DUFF	4.16	+0.2
17	839	Coulier Febe	99 GRIM	4.16	+1.0
	851	Wuyts Katrijn	99 LYRA	NM	+0.0

400m AC men heat C, D... Time :16:01

Heat:1

1	3253	Baouab Faouzi	RCAS	50.77
2	3400	Van De Wouwer Dorian		51.02
3	1170	Meert Daniel	90 STAX	51.77
4	3224	Campbell Euan	GBR	52.04
5	1171	Lelie Jasper	89 STAX	53.45

400m AC men heat C, D... Time :16:01

Heat:2

1	1048	Van Den Bergh Sven	99 RAM	50.85
2	145	Dierick Tibor	96 ACW	51.24
3	299	Doraene Elroy	96 ATLA	51.81
4	375	Sake Nicolai	96 LYRA	52.97
5	1401	Cool Ranec	91 ACHL	53.04

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400m AC men heat C, D... Time :16:01

Heat:3

1	2139	Bruers Yann	93 ACHL	54.73
2	1689	De Samblanx Sebastiaan	87 OLSE	55.29
3	2223	Van Daele Sam	97 WIBO	56.60
4	2806	Trioen Tom	97 ABES	57.01
5	1568	Gouverneur Fran8ois	IAAC	58.58

400m AC men heat C, D... Time :16:01

Heat:4

1	2535	Hooyberghs Mats	98 ARAC	54.18
2	279	Van Buggenhout Jarne	99 SPBO	55.53
3	5205	Byrne Timothy	67 ATLE	56.18
4	2768	Cavents Dries	98 LYRA	56.35
5	4911	Verstynen Peter	68 BRAB	59.35
6	234	Streffer Lorenz*	00 ABES	60.84

100m AC women heat C, D... Time :16:01

Heat:1 Wind : -0.6

1	9667	Jiya Tasa	97 NED	12.18
2	3324	Teuwen Frederique	98 ATLA	12.36
3	34	Hugaerts Ine	95 DUFF	12.53
4	3322	Nijs Bo	97 ATLA	12.58
5	9992	Amenebecke Rosina	GHAN	12.62
6	3438	Baillievier Rani	98 OLSE	12.74
7	551	Theeuws Sam	00 LYRA	13.08
	188	Blommaert Kim	95 VOLH	DIS

100m AC women heat C, D... Time :16:01

Heat:2 Wind : 0.6

1	9675	Oosterhuis Anouk	92 NED	12.58
2	859	Janssens Marijne	93 SGOL	12.83
3	3569	Kinable Charlotte	98 ROBA	12.87
4	204	Rutsaert Regine	95 DCLA	12.92
5	3442	Hessel Danielle	97 AVR	12.94
6	3742	Hanssens Marie	98 ACHL	13.00
7	1139	Holthof Annelies	93 OLSE	13.04
8	1543	Rossaert Isaura	92 ACW	13.31

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100m AC women heat C, D... Time :16:01

Heat:3 Wind : -1.0

1	85	Rombouts Eline	99 DUFF	13.18
2	713	Badji Jalika	RESC	13.22
3	18	Van Hal Shauni	95 ACHL	13.22
4	2376	Buyens Mieke	76 ACHL	13.27
5	1355	Claes Jente	92 BVAC	13.32
6	1889	Tabatabai Sarah	RFCL	13.56
7	416	De Clerck Silke	96 VOLH	13.63
8	640	Kassianoff Sylvie	RESC	13.67

100m AC women heat C, D... Time :16:01

Heat:4 Wind : 1.8

1	3437	Baillievier Joni	98 OLSE	13.35
2	3551	Jacops Bieke	97 ACHL	13.54
3	3219	Thienpont Ellen	97 WIBO	13.65
4	677	De Meyer Caitlin	99 ZWAT	13.66
5	3174	Claus Ellen	97 AVMO	13.77
6	3861	Bruggen Anne	97 ATLA	13.79
7	1320	Govaerts Sofie	90 LOOI	13.82
8	935	Ceulemans Marlies	93 WIBO	13.93

100m AC women heat C, D... Time :16:01

Heat:5 Wind : 0.3

1	9636	Bardoel Eline	95 NED	13.29
2	3591	Beelaerts Nikita	98 SPBO	13.70
3	1333	Wouters Anne	90 ZWAT	14.27
4	3193	Schaerlaeckens Lara	98 SPBO	14.40

100m AC women heat C, D... Time :16:01

Heat:6 Wind : 1.3

1	3515	Michiels Lena	97 WIBO	13.28
2	2729	Peetermans Ilse	70 ACHL	13.32
3	187	Bula Bula Rachel Nigwela.	00 VMOL	13.88
4	9721	Michiels Lesley	00 BEL	14.09
5	723	Nauwelaers Anthe	00 ZWAT	14.56

100m AC men heat C, D... Time :16:30

Heat:1 Wind : 2.5

1	9995	Adel Sesay	SLE	10.71
2	2096	Van Den Hende Mulamba	84 ACME	10.91
3	714	Stas Vincent	CABW	10.93
4	2795	Fall Samba	WS	11.01
5	2252	Capiau Tobias	97 DEIN	11.05
6	1994	Hendrikx Joren	83 ZWAT	11.19
7	124	Muermans Maxim	96 ATLA	11.23
8	2200	Slegers Bart	90 LYRA	11.38

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100m AC men heat C, D... Time :16:30

Heat:2 Wind : 1.8

1	9989	Teunisse Bram	NED	11.18	
2	9645	De Groot Dennis	83 NED	11.20	
3	9707	Witteveen Jeroen	89 NED	11.21	
4	9991	Van Kesteren Jelle	NED	11.29	
5	2529	Leflot Tyron	97 LYRA	11.34	
6	198	Eerdekens Sam	96 DALO	11.39	
7	9990	Bien Rutger	NED	11.43	
	9687	Taytelbaum Sergio	85 NED	DIS	R162.6

100m AC men heat C, D... Time :16:30

Heat:3 Wind : 2.4

1	1065	Roels Gianni	99 STAX	11.18	
2	3018	Ennamir Moussine	WS	11.34	
3	1035	Motmans Glenn	94 AVT	11.40	
4	3362	Urbain Hugo	CABW	11.54	
5	9671	Lammers Beer	95 NED	11.63	
6	9621	Rome Pierre	72 FRA	11.84	
7	9604	Bourguignon Harry	71 FRA	11.92	
8	9605	Burny Romain	88 FRA	11.95	

100m AC men heat C, D... Time :16:30

Heat:4 Wind : 1.6

1	2259	Da Silva Francisco	89 ZWAT	11.34	
2	1011	Raets Glenn	89 ACHL	11.46	
3	2327	Loyens Dennis	97 ATLA	11.51	
4	488	Mahieu Tijmen	95 BVAC	11.55	
5	2434	Boschmans Jurian	94 LAT	11.58	
6	9654	Domin Tristan	88 NED	11.74	
7	2770	Grietens Jan	97 LYRA	11.79	
8	895	Puku-Toko Christian	RESC	11.97	

100m AC men heat C, D... Time :16:30

Heat:5 Wind : 0.1

1	611	Kerkhofs Dries	99 GENK	11.76	
2	863	Nijs Gaston	RESC	11.83	
3	503	Kikota Michee Jozef	95 OLSE	11.86	
4	2450	Gybels Niels	90 LYRA	11.94	
5	2776	Bijnens Niels	97 ATLA	12.04	
6	313	Van Hoyer Joris	96 LYRA	12.12	
7	2488	Roesems Lennard	87 DCLA	12.14	
8	9619	Pascaud Victor	90 FRA	12.30	

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100m AC men heat C, D... Time :16:30

Heat:6 Wind : 0.2

1	2989	De Kinder Jan	97 LIER	12.06	
2	2326	Groenen Bernard	97 ATLA	12.08	
3	141	Preaux Maxim	99 ABES	12.13	
4	9644	De Boer Floris	97 NED	12.26	
5	2983	Devos Michel Andre	98 ACHL	12.33	
6	3411	Zenflour Mouad	RESC	12.52	
	345	Wuyts Jochem	96 LYRA	DIS	R162.6
	9631	Jbiri Marouan	96 MAR	DIS	R162.6

100m AC men heat C, D... Time :16:30

Heat:7 Wind : 2.3

1	1995	Vandenbergh Wouter	88 ZWAT	12.05	
2	2494	Caeymaex Matthieu	94 ACBR	12.24	
3	2881	El Moukhtari Atif	98 BRAB	12.41	
4	121	Masure Michel	99 SPBO	12.60	
5	1568	Gouverneur Fran8ois	IAAC	12.68	
6	53	Segers - 21 Toon	95 SPBO	12.95	
7	723	Bally Alexander	99 SGOL	13.39	
8	2481	Verbeeck Romain	98 SGOL	13.50	

100m AC men heat C, D... Time :16:30

Heat:8 Wind : 1.3

1	205	Bevan Billy*	99 VMOL	12.47	
2	2525	Provoost Bryan	94 ACBR	12.49	
3	5939	De Roover Andy	77 ROBA	12.72	
4	142	Raemdonck Souren	99 ABES	13.19	
5	915	Van Praet Sybren	99 SPBO	13.97	
6	503	Dehertogh Arne	99 SPBO	14.09	
7	326	Vlassenbroeck Liam	00 ACHL	14.24	

100m wheelers mixed Time :16:30

Heat:1 Wind : 1.8

1	9724	Stefan Groen	88 NED	15.69	
2	9676	Bart Pijs	83 NED	18.29	
3	9683	Schuiling Hendrik Roelof	83 NED	18.85	
4	3506	Vervoort T52 Marieke	79 LYRA	19.73	
5	9722	Peter Genyn	76 BEL	21.39	
6	9665	Luna Jansen	96 NED	23.24	

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Shop put cad boys (4.00kg) Time :16:33

Heat:1

1	149	Verbeylen Kasper	99 DCLA	14.81
2	793	Van Riel Robbe	99 KAPE	13.25
3	1052	Ferraris Alexander Carlo.	99 DCLA	13.22
4	30	Ceulemans Seppe	99 AVZK	13.22
5	58	Van Hove Arne	99 ACHL	12.22
6	485	Suykens Brent	99 SPBO	12.12
7	230	Obasuyi Michael	99 HCO	12.01
8	165	Ceulemans Jorne	99 WIBO	11.96
9	331	Wynants Jarne	00 ACHL	11.01
10	692	El Ayadi Yassin	99 OLSE	7.02

80mH cad girls Time :16:45

Heat:1 Wind : 0.5

1	957	Anthonissen Leyla	99 OEH	11.62
2	1603	Lopez Castellanos Fiona	MOHA	12.14
3	500	Vancamp Hanne	99 OLSE	12.22
4	688	Hartmann Iris	99 STAX	12.54
5	69	Kegels Hanne	99 GRIM	12.70
6	954	Staelens Emma	99 HAC	12.90

80mH cad girls Time :16:45

Heat:2 Wind : 0.2

1	935	Steenmans Jitse	00 LYRA	12.72
2	492	Willems Eve	00 VAC	12.84
3	1280	Bodart Ombeline	BBS	13.16
4	483	De Wit Lies	00 LOOI	13.18
5	677	De Meyer Caitlin	99 ZWAT	13.39
	719	Hargreaves Charlotte	00 ZWAT	DIS

80mH cad girls Time :16:45

Heat:3 Wind : -0.2

1	2729	Peetermans Ilse	70 ACHL	12.31
2	1003	Jacobs Sofie	00 ATLA	13.44
3	284	Vanhoof Loes	99 ATLA	14.06
4	758	Thijssen Loeka	99 ACW	14.57
5	144	Croes Eline	99 DUFF	14.67
6	839	Coulier Febe	99 GRIM	16.15

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Long jump sch boys Time :16:46

Heat:1						
1	2754	Van De Vijver Lorenzo	97 ACBR	6.76	+0.5	
2	3671	Boschmans Jari	98 LAT	6.53	+0.3	
3	3318	Dallemagne Dorsan	RIWA	6.11	+1.4	
4	3248	Nolf Maxime	RIWA	6.11	+1.5	
5	2386	Maes Stijn	98 LIER	6.03	+0.5	
6	2445	Castrel Yentel	97 LYRA	6.00	+2.8	5.95m 0.2
7	2945	Van Dyck Jorn	98 ACHL	5.90	+0.2	
8	2776	Bijnens Niels	97 ATLA	5.85	+1.4	

Javelin throw cad girls Time :16:51

Heat:1						
1	53	Van Petegem Kelly	99 RCG	34.24		
2	551	Theeuws Sam	00 LYRA	33.04		
3	1113	Vlummens Jennifer	00 ROBA	32.36		
4	763	De Brandt Naomi	99 LYRA	32.11		
5	45	Van Hooghten Lauranne	99 ACHL	31.00		
6	11	Kerkaert Ruth	00 BONH	29.59		
7	483	De Wit Lies	00 LOOI	29.25		
8	501	Vancamp Noor	00 OLSE	25.91		
9	990	Christiaensen Hanne	00 LIER	24.89		
10	100	Peeters Laura	00 SPBO	24.27		
11	3425	Franckx Magda	46 BRAB	23.53	MAS1	
12	675	Daems Lotte	00 ZWAT	19.37		
13	801	Van Den Bossche Elke	00 AVKA	18.57		

100mH sch girls Time :17:06

Heat:1 Wind : 0.4						
1	3537	Beaucarne Chloe	97 DEIN	13.65		
2	3802	Dillens Judith	98 EA	14.42		
3	3334	Bulcke Justine	98 MACW	14.44		
4	3324	Teuwen Frederique	98 ATLA	14.69		
5	3544	Degreve Robin	97 OEH	15.18		
6	3261	Hooybergs Kaat	97 VMOL	15.30		
7	4219	Joblin Odile	CSDY	15.45		

100mH sch girls Time :17:06

Heat:2 Wind : 0.5						
1	3442	Hessel Danielle	97 AVR	15.13		
2	3699	Lambeets Brett	98 RCT	15.19		
3	3381	Helsen Elise	98 ACHL	15.61		
4	3671	Lammens Lisa	98 ACME	15.64		
5	3395	Wynant Ellen	97 EA	16.10		
6	3515	Michiels Lena	97 WIBO	16.37		

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100mH sch girls Time :17:06

Heat:3 Wind : 1.1

1	3137	Vandenhove Lore	97 AVZK	15.23
2	3861	Bruggen Anne	97 ATLA	15.98
3	3573	Wolfcarius Theresa	98 STAX	16.32
4	3824	Vermeiren Margot	97 DCLA	16.50
5	3108	Meyvaert Carlien	97 DCLA	17.59
	9637	Bergamin Susan	97 NED	DNF

100mH sch girls Time :17:06

Heat:4 Wind : 0.7

1	3230	Timmerman Larissa	98 DEIN	17.13
2	3540	Buelens Charlotte	97 ABES	17.26
3	4284	Heenan Shannon	CSDY	17.33
4	4022	Croquet Florine	CSDY	17.58
5	3219	Thienpont Ellen	97 WIBO	18.11
6	4312	Laffineur Charlotte	RIWA	21.21

100mH JSM women Time :17:13

Heat:1 Wind : 0.2

1	177	Missinne Sarah	95 KAAG	13.66
2	552	Van Cauwenberghe Siliane	DS	13.86
3	1290	Van Diest Dorien	93 OEH	13.90
4	9992	Amenebecke Rosina	GHAN	14.45
5	9697	Van Petersen Nancy	92 NED	14.46
	9705	Williams Suzanne	93 NED	DNF

100mH JSM women Time :17:13

Heat:2 Wind : 0.4

1	688	Leprince Laura	95	14.11
2	9696	Van Hunenstijn Marije	95 NED	14.16
3	236	De Pauw Yoika	95 STAX	14.49
4	9675	Oosterhuis Anouk	92 NED	14.64
5	338	Vidts Noor	96 VAC	15.00

100mH JSM women Time :17:13

Heat:3 Wind : 0.7

1	9693	Van Der Maas Astrid	96 NED	15.10
2	9690	Van Den Heuvel Ingrid	96 NED	16.40
3	18	Van Hal Shauni	95 ACHL	16.77
	1408	De Prijck Karen	93 ABES	DIS
	957	De Laet Eva	93 VMOL	DNS

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Pole vault AC mixed (PB < 3m70) Time :17:23

Heat:1

1	363	De Vocht Elien	95 AVZK	3.81
2	3560	Van Hansewyck Nell	97 VAC	3.71
3	1493	Devrieze Ruben	92 AVKA	3.61
4	1626	Wlodawer Alex	97	3.51
5	9666	Jansen Moniek	85 NED	3.21
6	957	De Laet Eva	93 VMOL	3.11
7	42	Borstlap Hanne	00 ACHL	3.01
8	9998	Tuezney Jeroen	99 AVK	3.01
9	3966	Lilien Anouk	ACO	2.91
10	189	Jansen Jana	99 VMOL	2.81
11	721	Mampuys Cedric	99 AVKA	2.61
12	31	Naets Yari	00 AVZK	2.41
13	722	Cornelis Ben	99 AVKA	2.41
14	785	Degreve Rowan	00 OEH	2.41
	650	Scheerder Kobe	00 ABES	NM

100mH cad boys Time :17:23

Heat:1 Wind : 0.4

1	450	Bras Tuur	99 OEH	13.90
2	316	Verherstraeten Simon	99 LYRA	14.45
3	624	Rottiers Iani	99 LIER	14.97
4	279	Van Buggenhout Jarne	99 SPBO	15.26
5	4266	Beckers Serge	62 RAM	15.60
6	1298	Maggiolini Luca	CSDY	15.81
7	958	Vankelecom Bram	99 GRIM	16.45

100mH cad boys Time :17:23

Heat:2 Wind : 0.8

1	1626	Wlodawer Alex	97	16.32
2	721	Mampuys Cedric	99 AVKA	17.34
3	685	Wolfcarius Edward	00 STAX	17.81
	650	Scheerder Kobe	00 ABES	DNS
	24	Van Bael Jens	99 AVZK	DNS
	60	Marien Sverre	00 ACHL	DNF

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Shot put sch boys (5.00kg) Time :17:27

Heat:1

1	2101	Defrere Ilya	97 DCLA	18.54
2	2825	Quintelier Matthias	97 AVKA	17.71
3	2251	Vlassak Max	97 SACN	15.83
4	2468	Van De Sande Alessandro	97 OB	13.84
5	2530	Slootmans Stijn	97 LYRA	13.65
6	2259	De Roeck Thomas	97 VMOL	13.18
7	2824	Quintelier Yannick	98 AVKA	12.04
8	2153	Van Samang Tom	98 SACN	11.18
9	2137	Van Turnhout Jens	98 ACHL	9.40
10	2222	Cop Jonas	98 WIBO	9.03
11	2663	Cornelis Robin	97 AVKA	8.15

110mH sch boys Time :17:27

Heat:1 Wind : 0.4

1	2252	Capiau Tobias	97 DEIN	14.49
2	2231	Van Den Eynden Jordi	98 KAPE	15.14
3	2401	Coppieters Kasper	97 EA	15.33
4	2131	Jacobs Sven	97 EA	15.50
5	3014	Bodart Robin	BBS	15.54
6	3318	Dallemagne Dorsan	RIWA	15.61

110mH sch boys Time :17:27

Heat:2 Wind : 1.5

1	2945	Van Dyck Jorn	98 ACHL	15.35
2	2413	Huyck Hannes	98 SPBO	15.77
3	9644	De Boer Floris	97 NED	15.91
4	3248	Nolf Maxime	RIWA	16.24
5	2140	Caereels Rik	98 ACHL	16.71

110mH jun men Time :17:31

Heat:1 Wind : 0.3

1	714	Stas Vincent	CABW	14.36
2	170	Seutin Bernard	95 LYRA	15.12
3	214	Segers Senne	95 LYRA	15.62
4	9698	Van Veen Joris	95 NED	15.73
5	165	Verdonck Emile	95 AZW	15.78
6	22	Bienens Michiel	96 ACHL	16.36
	685	Ruffacq Timmy	DS	DNS

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110mH sen men final Time :17:35

Heat:1 Wind : 0.6

1	1876	De Borger Dario	92 ROBA	14.36
2	9638	Bont Jules	94 NED	14.37
3	9699	Van Vugt Gaard	93 NED	14.46
4	2337	Van Der Plaetsen Thomas	90 DEIN	14.75
5	2281	Stroobants Jori	89 VITA	15.55
	2637	Ruffacq Quentin	DS	DNS

200m wheelers mixed Time :17:40

Heat:1 Wind : 0.5

1	9724	Stefan Groen	88 NED	28.75
2	9676	Bart Pijs	83 NED	34.20
3	9683	Schuiling Hendrik Roelof	83 NED	34.63
4	3506	Vervoort T52 Marieke	79 LYRA	35.32
5	9722	Peter Genyn	76 BEL	42.20
6	9665	Luna Jansen	96 NED	46.80

Long jump sch girls Time :17:47

Heat:1

1	3334	Bulcke Justine	98 MACW	5.48	+0.7
2	3386	Brosens Stefanie	97 ATAC	5.12	+1.0
3	4284	Heenan Shannon	CSDY	4.49	+0.4
4	3216	Philips Lotte	97 SPBO	4.49	-0.7
5	4022	Croquet Florine	CSDY	4.05	-0.2

Javelin throw cad boys (600g) Time :17:49

Heat:1

1	173	Vanlierde Jorg	99 DEIN	51.06
2	485	Suykens Brent	99 SPBO	48.90
3	151	Van Looy Lars	99 VAC	46.06
4	793	Van Riel Robbe	99 KAPE	42.96
5	149	Verbeylen Kasper	99 DCLA	41.78
6	331	Wynants Jarne	00 ACHL	38.76
7	884	Verstrepen Niels	99 LYRA	34.45
8	175	Ingelaere Jarni	00 DEIN	33.70
9	692	El Ayadi Yassin	99 OLSE	29.81
10	165	Ceulemans Jorne	99 WIBO	29.33

200m AC women heat C, D... Time :18:02

Heat:1 Wind : 1.8

1	339	Nagels Rani	95 LAT	24.33
2	3438	Baillievier Rani	98 OLSE	25.66
3	3749	Beelen Lotte	98 RCT	25.76
4	1543	Rossaert Isaura	92 ACW	26.42
5	3742	Hanssens Marie	98 ACHL	26.82
6	3544	Degreve Robin	97 OEH	26.82

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200m AC women heat C, D... Time :18:02

Heat:2 Wind : 0.8

1	3322	Nijs Bo	97 ATLA	26.02
2	204	Rutsaert Regine	95 DCLA	26.27
3	713	Badji Jalika	RESC	26.48
4	859	Janssens Marijne	93 SGOL	26.63
5	1164	Meert Cynthia	89 LAT	26.77

200m AC women heat C, D... Time :18:02

Heat:3 Wind : 1.1

1	1355	Claes Jente	92 BVAC	26.87
2	9636	Bardoel Eline	95 NED	27.48
3	85	Rombouts Eline	99 DUFF	27.51
4	837	Laporte Morgan	00 AVZK	27.69
5	416	De Clerck Silke	96 VOLH	27.76

200m AC women heat C, D... Time :18:02

Heat:4 Wind : 0.7

1	9646	De Rond Judith	93 NED	27.13
2	69	Kegels Hanne	99 GRIM	28.04
3	3174	Claus Ellen	97 AVMO	28.14
4	3824	Vermeiren Margot	97 DCLA	28.55
5	935	Ceulemans Marlies	93 WIBO	29.50
6	3108	Meyvaert Carlien	97 DCLA	30.26

200m AC women heat C, D... Time :18:02

Heat:5 Wind : 0.4

1	187	Bula Bula Rachel Nigwela.	00 VMOL	28.47
2	3183	De Dobbelaere Joke	98 DUFF	28.72
3	3591	Beelaerts Nikita	98 SPBO	29.00
4	9721	Michiels Lesley	00 BEL	30.53
5	3193	Schaerlaeckens Lara	98 SPBO	30.67

200m AC women heat C, D... Time :18:02

Heat:6 Wind : -0.6

1	3300	Bauwens Lore	97 ACME	26.59
2	279	Loyens Edith	99 ATLA	27.47
3	640	Kassianoff Sylvie	RESC	27.80

200m AC men heat C, D... Time :18:38

Heat:1 Wind : 0.3

1	2975	Fall Samba	WS	21.98
2	3018	Ennamir Moussine	WS	22.47
3	3054	Taton Hugues	ACLO	22.55
4	198	Eerdekens Sam	96 DALO	22.59
5	2468	Van De Sande Alessandro	97 OB	22.73
6	1994	Hendrikx Joren	83 ZWAT	22.97

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200m AC men heat C, D... Time :18:38

Heat:2 Wind : -0.3

1	124	Muermans Maxim	96 ATLA	22.58
2	2281	Stroobants Jori	89 VITA	22.84
3	9607	Colard Alexandre	92 FRA	22.99
4	9645	De Groot Dennis	83 NED	23.07
5	9989	Teunisse Bram	NED	23.33
6	2529	Leflot Tyron	97 LYRA	23.38

200m AC men heat C, D... Time :18:38

Heat:3 Wind : 0.5

1	1065	Roels Gianni	99 STAX	22.75
2	9608	Devestele Maxime	94 FRA	23.09
3	9615	Mannechez Anatole	92 FRA	23.18
4	9707	Witteveen Jeroen	89 NED	23.20
5	9605	Burny Romain	88 FRA	24.60
	9990	Bien Rutger	NED	DNS

200m AC men heat C, D... Time :18:38

Heat:4 Wind : 0.5

1	2327	Loyens Dennis	97 ATLA	23.04
2	1035	Motmans Glenn	94 AVT	23.16
3	5819	Provo Tom	78 LYRA	23.31
4	1011	Raets Glenn	89 ACHL	23.44
5	9687	Taytelbaum Sergio	85 NED	23.75
	3362	Urbain Hugo	CABW	DNS

200m AC men heat C, D... Time :18:38

Heat:5 Wind : 1.6

1	1048	Van Den Bergh Sven	99 RAM	23.14
2	450	Bras Tuur	99 OEH	23.25
3	9671	Lammers Beer	95 NED	23.30
4	863	Nijs Gaston	RESC	23.44
5	9654	Domin Tristan	88 NED	24.03
6	2770	Grietens Jan	97 LYRA	24.07

200m AC men heat C, D... Time :18:38

Heat:6 Wind : 0.4

1	214	Segers Senne	95 LYRA	23.48
2	895	Puku-Toko Christian	RESC	23.53
3	2450	Gybels Niels	90 LYRA	23.59
4	5942	Decatelle Kris	75 AVLO	23.68
5	9604	Bourguignon Harry	71 FRA	24.03
6	9621	Rome Pierre	72 FRA	24.15

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200m AC men heat C, D... Time :18:38

Heat:7 Wind : 0.3

1	2488	Roesems Lennard	87 DCLA	24.45
2	1995	Vandenbergh Wouter	88 ZWAT	24.67
3	2983	Devos Michel Andre	98 ACHL	24.93
4	466	Jbiri Marouan	96 LYRA	25.39
5	1359	Aerts Bram	87 ATAC	25.74
6	9619	Pascaud Victor	90 FRA	26.00

200m AC men heat C, D... Time :18:38

Heat:8 Wind : 0.9

1	2443	Pint Ruben	98 OEH	24.72
2	2386	Maes Stijn	98 LIER	25.03
3	624	Rottiers Lani	99 LIER	25.14
4	3411	Zenflour Mouad	RESC	25.42
5	2881	El Moukhtari Atif	98 BRAB	25.45
6	205	Bevan Billy*	99 VMOL	25.66

200m AC men heat C, D... Time :18:38

Heat:9 Wind : 0.0

1	121	Masure Michel	99 SPBO	26.04
2	958	Vankelecom Bram	99 GRIM	26.04
3	802	Wuyts Hannes	00 LYRA	26.62
4	503	Dehertogh Arne	99 SPBO	29.78
5	326	Vlassenbroeck Liam	00 ACHL	30.21

200m AC men heat C, D... Time :18:38

Heat:10 Wind : 2.2

1	2989	De Kinder Jan	97 LIER	24.16
2	2379	Vriens Arne	97 ABES	27.32
3	915	Van Praet Sybren	99 SPBO	28.72
4	523	Vermeiren Jef	00 ACHL	29.92

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High jump cad girls Time :18:39

Heat:1

1	3258	Vandenreijken Jessica	98 VMOL	1.63
2	3558	Mortiers Lio	98 AVKA	1.60
3	3381	Helsen Elise	98 ACHL	1.60
4	1280	Bodart Ombeline	BBS	1.57
5	3257	Van Oosterwyck Lotte	98 AVZK	1.51
6	3139	Van Hoogten Marie	98 AVZK	1.51
7	483	De Wit Lies	00 LOOI	1.51
8	1357	Jacquemart Lise	BBS	1.48
9	688	Hartmann Iris	99 STAX	1.48
10	492	Willems Eve	00 VAC	1.45
10	64	Vandervelden Marie	00 SACN	1.45
12	763	De Brandt Naomi	99 LYRA	1.45
13	189	Jansen Jana	99 VMOL	1.45
14	719	Hargreaves Charlotte	00 ZWAT	1.40
15	53	Van Petegem Kelly	99 RCG	1.40
16	284	Vanhoof Loes	99 ATLA	1.35
17	100	Peeters Laura	00 SPBO	1.35
18	3573	Wolfcarius Theresa	98 STAX	1.30

800m AC women heat A, B Time :18:50

Heat:1

1	1284	Cools Nele	89 BRAB	2:20.55
2	87	De Smet Michele	99 DUFF	2:22.25
3	9652	Den Herder Astrid	85 NED	2:22.41
4	867	Carlier Bo	99 OEH	2:22.71
5	1901	De Meulemeester Nadège	CABW	2:25.10
6	250	Smolders Liselot	99 ROBA	2:25.28
7	1515	Deswaef Mathilde	BEL	2:25.58
8	4016	Draux Céline	CABW	2:25.78
9	1450	Mathieu Camille	FCHA	2:27.57
	348	Hanssens Annelies	95 ACHL	DNF

800m AC women heat A, B Time :18:50

Heat:2

1	988	Lauwers Sofie	91 RAM	2:10.66
2	814	Vangansbeke Zenobie	92 ACME	2:15.16
3	1908	Jacobs Charlotte	RCB	2:16.32
4	1185	Van Doninck Janna	90 ACHL	2:16.77
5	3116	Dockx Lieze	97 BONH	2:18.02
6	1846	Bihain Amélie	BEL	2:18.65
7	1261	Corstjens Erika	89 AVT	2:20.18
8	1927	Chylinski Marta	RCAS	2:20.30
9	9609	Devestele Sophie	94 FRA	2:21.91
	347	Van Hoeck Ine	96 ACHL	DNF

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Long jump cad boys Time :18:54

Heat:1

1	230	Obasuyi Michael	99 HCO	6.27	+0.0
2	611	Kerkhofs Dries	99 GENK	6.05	+1.1
3	316	Verherstraeten Simon	99 LYRA	5.86	+0.9
4	151	Van Looy Lars	99 VAC	5.67	+0.1
5	793	Van Riel Robbe	99 KAPE	5.66	+1.1
6	1626	Wlodawer Alex	97	5.63	+0.2
7	58	Van Hove Arne	99 ACHL	5.57	+0.8
8	331	Wynants Jarne	00 ACHL	5.53	+1.0
9	141	Preaux Maxim	99 ABES	5.08	-0.1
10	884	Verstrepen Niels	99 LYRA	5.03	+1.6
11	60	Marien Sverre	00 ACHL	4.69	-0.6
12	635	Tuezney Jeroen	99 AVKA	4.55	+0.6
13	722	Cornelis Ben	99 AVKA	4.35	+0.2
14	523	Vermeiren Jef	00 ACHL	4.30	+0.0
15	326	Vlassenbroeck Liam	00 ACHL	4.01	+0.5
	320	Spiessens Yentl	99 LYRA	NM	+0.0

800m AC men heat A, B Time :18:56

Heat:1

1	2740	Lemouche Lindert	97 LYRA	1:59.90
2	976	Vertommen Filip	89 BONH	2:00.11
3	3025	Delvoie Maxime	CSDY	2:01.28
4	2995	Piette Gaetan	CABW	2:02.27
5	323	Geens Jonas	99 ACHL	2:02.33
6	4475	Grymonpon Joost	69 ROBA	2:03.12
7	9	De Winter Brent	96 AVZK	2:03.24
8	9717	Cunningham Jeff	82 GBR	2:10.52
	399	Op De Beeck Frederic	95 ACHL	DNF

800m AC men heat A, B Time :18:56

Heat:2

1	9691	Van Der Ham Bob	89 NED	1:49.09
2	9682	Schletterer Sebastien	72 NED	1:52.75
3	1017	Verbiest Maarten	82 ACHL	1:52.80
4	1021	Verbiest Thomas	88 ACHL	1:53.75
5	2308	Vermeulen Jochem	98 KAPE	1:55.30
6	1020	Thys Thomas	84 ACHL	1:56.04
7	1012	Bierinckx Vincent	90 ACHL	1:56.70
8	3385	Lonneux Oussama	RFCL	1:57.84
9	2600	Jamli Tarik	WS	1:57.92
10	1371	Megens Jef	88 ARAC	1:57.96
11	2190	Vriens Lukas	89 ACHL	1:58.23
12	2934	Verschaeren Pieter-jan	97 LYRA	2:06.21
	2324	Van De Voorde Gerben	90 ACW	DNF

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800m wheelers mixed Time :19:04

Heat:1

1	9724	Stefan Groen	88 NED	2:00.03
2	3506	Vervoort T52 Marieke	79 LYRA	2:13.19
3	9676	Pijs Bart	83 NED	2:15.42
4	9683	Henk Schuiling	83 NED	2:15.97
5	9665	Luna Jansen	96 NED	2:55.61
6	9722	Peter Genyn	76 BEL	3:04.06

Discus throw cad girls (1.00kg) Time :19:09

Heat:1

1	100	Peeters Laura	00 SPBO	28.93
2	45	Van Hooghten Lauranne	99 ACHL	25.86
3	1113	Vlummens Jennifer	00 ROBA	24.50
4	144	Croes Eline	99 DUFF	23.16
5	836	De Ceulaer Julie	99 ABES	22.49
6	723	Nauwelaers Anthe	00 ZWAT	22.03
7	758	Thijssen Loeka	99 ACW	19.87
8	675	Daems Lotte	00 ZWAT	19.29

Discus throw sch girls (1.00kg) Time :19:10

Heat:1

1	3191	Peeters Nele	97 SPBO	36.31
2	3230	Timmerman Larissa	98 DEIN	32.07
3	3298	Lindemans Lisemarie	97 ROBA	27.47
4	3609	De Brandt Alyssa	97 LYRA	23.53

Shot put JSM women (4.00kg) Time :19:11

Heat:1

1	9680	Riemens Marieke	86 NED	13.40
2	236	De Pauw Yoika	95 STAX	13.38
3	3484	Verlinden Sophie	79 WIBO	13.38
4	289	Lyssens Katelijne	95 ROBA	12.83
5	9706	Wisse Vera	84 NED	11.63
6	1236	Marynissen Elies	94 AVKA	10.56

100m AC women heat A, B Time :19:17

Heat:1 Wind : 0.5

1	177	Missinne Sarah	95 KAAG	12.11
2	379	Mehuys Elise	95 LYRA	12.20
3	9639	Boogerd Marijke	97 NED	12.30
4	369	Bauwens Laures	99 RCG	12.34
5	74	Claus Hanne	99 AVMO	12.40
6	9635	Baltes Debbie	96 NED	12.51
	9697	Van Petersen Nancy	92 NED	DNS

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100m AC women heat A, B Time :19:17

Heat:2 Wind : 0.5

1	9694	Van Der Meij Femke	85 NED	11.98
2	9663	Hovenkamp Eva	96 NED	12.11
3	9705	Williams Suzanne	93 NED	12.11
4	9659	Hagen Anouk	90 NED	12.21
5	9624	Frewer Christina	86 GER	12.22
	9696	Van Hunenstijn Marije	95 NED	DNS
	688	Leprince Laura	95	DNS
	3537	Beaucarne Chloe	97 DEIN	DNS

100m AC men heat A, B Time :19:22

Heat:1 Wind : 2.4

1	9699	Van Vugt Gaard	93 NED	10.70
2	9655	Douma Marvin	93 NED	10.71
3	1278	Broothaerts Mathias	94 LYRA	11.03
4	1876	De Borger Dario	92 ROBA	11.26
	2191	Van Hecke Christophe	91 EA	DIS

100m AC men heat A, B Time :19:22

Heat:2 Wind : 1.8

1	9623	Ernst Sebastian	86 GER	10.40
2	9714	Sesay Adel	90 SLE	10.76
3	410	Rossaert Michael	95 ACW	10.83
4	2196	Meyer Yannick	88 ACW	10.89
5	9638	Bont Jules	94 NED	10.91
6	2096	Van Den Hende Mulamba	84 ACME	10.95

High jump JSM men Time :19:45

Heat:1

1	165	Verdonck Emile	95 AZW	1.99
2	2224	Peeters Arne	90 LYRA	1.96
3	1493	Devrieze Ruben	92 AVKA	1.93
4	1751	Jacobs Brett	94 ADD	1.93
5	2149	Verduyn Sander	89 AVKA	1.90
6	9650	Dekker Sjoerd	92 NED	1.85
7	9698	Van Veen Joris	95 NED	1.85

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1500m AC men heat A, B Time :19:48

Heat:1

1	2753	Cardillo Joachim	RFCL	3:50.14
2	1237	De Wulf Steven	88 RIEM	3:51.05
3	2623	Corentin Louis	DAMP	3:53.32
4	2556	Fintolini Dorian	RFCL	3:54.08
5	1482	Van Schoubroeck Jonas	92 ARAC	3:55.00
6	9656	Floris Ricardo	91 NED	3:59.06
7	9704	Weinans Valentijn	95 NED	3:59.58
8	1002	Van Waeyenberghe Yelle	86 ATAC	4:01.46
9	2022	Van Peborgh Nick	84 ACBR	4:01.88
10	1079	De Bock Tomas	86 KAAG	4:02.37
11	3018	Boulvin Dorian	CABW	4:06.44
	399	Op De Beeck Frederic	95 ACHL	DNF
	3076	Soughou Yassine	RCAS	DNF
	1292	Prims Jo	84 ACHL	DNF

1500m AC men heat A, B Time :19:48

Heat:2

1	9709	Abukaber Ali Kamel	83 QAT	3:40.80
2	9628	Rotich Benjamin	93 KEN	3:44.74
3	9711	Maaz Abdelraham Shagag	91 QAT	3:44.85
4	9710	Hisham Salah Mohamed	94 QAT	3:45.29
5	9674	Nouws Mark	90 NED	3:45.61
6	1653	Lunders Mats	91 LYRA	3:47.41
7	9695	Van Eekelen Roy	95 NED	3:48.13
8	9603	Bernard Pierrick	92 FRA	3:54.76
9	9613	Hesschentier Romain	85 FRA	3:57.60
	9677	Ploeger Wouter	92 NED	DNF
	2324	Van De Voorde Gerben	90 ACW	DNF
	1013	Van Den Bossche Brian	89 ACHL	DNF

Long jump JSM women Time :19:56

Heat:1

1	924	Van Hertem Kim	86 DALO	5.90	+1.8		
2	9992	Amenebecke Rosina	GHAN	5.85	+0.6		
3	338	Vidts Noor	96 VAC	5.70	-0.2		
4	188	Blommaert Kim	95 VOLH	5.63	+1.1		
5	1382	Van Leuven Wendy	86 AVKA	5.31	+1.1		
6	9678	Pols Jiska	96 NED	5.16	+1.3		
7	9690	Van Den Heuvel Ingrid	96 NED	4.99	+0.7		
8	1277	Verduyn Karlien	86 AVKA	4.99	+1.4		
9	1408	De Prijck Karen	93 ABES	4.69	+4.0	4.56m	0.2
10	18	Van Hal Shauni	95 ACHL	4.56	+0.8		
	935	Ceulemans Marlies	93 WIBO	NM	+0.0		

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400m AC women heat A, B Time :19:59

Heat:1

1	9718	Cyrus Tania-Cyrena	86 GBR	59.19
2	2066	Leprince Audrey	DAMP	59.25
3	9646	De Rond Judith	93 NED	60.47
4	1004	Van Hooydonck Annelies	92 KAPE	60.62
5	9678	Pols Jiska	96 NED	62.15
6	1889	Tabatabai Sarah	RFCL	65.72

400m AC women heat A, B Time :19:59

Heat:2

1	339	Nagels Rani	95 LAT	54.06
2	130	De Coninck Nenah	96 KAAG	55.57
3	9606	Chantraine Laura	93 FRA	56.77
4	9686	Strijp Tessa	94 NED	57.17
5	3380	Pieroni Messalina	98 LOOI	57.26
6	220	Van Basselaere Lindsay	96 ACME	57.81

400m AC men heat A, B Time :20:12

Heat:1

1	9684	Schuer Thomas	90 NED	50.95	
2	280	Roofthoof Andreas	96 RCT	51.36	
3	1631	Cools Tim	91 BRAB	51.76	
	2477	Renders Robbe	97 ARAC	DIS	R162.6
	9645	De Groot Dennis	83 NED	DNS	

400m AC men heat A, B Time :20:12

Heat:2

1	9700	Venema Jelle	93 NED	47.23
2	892	Badji Asamti	RESC	49.47
3	1526	Van Herck Yoni	93 ARAC	49.57
4	9671	Lammers Beer	95 NED	51.75
5	9611	Fievet Thžo	94 FRA	52.12

1500m AC women heat A Time :20:21

Heat:1

1	9662	Hop Roos	00 NED	4:33.76
2	3484	Van Lent Lissa	97 VOLH	4:41.89
3	836	Boonen Jolien	90 ACHL	4:46.72
4	600	Peeters Bloeme	99 AVZK	4:47.89
5	1319	Van Proeyen Karen	84 ROBA	4:48.16
6	84	Delbaen Aline	99 DUFF	4:51.77
7	1351	Dillen Katleen	79 LIER	4:55.95
8	3485	Smeets Lore	98 VOLH	4:57.73
9	1896	Beerlandt Natacha	SER	5:00.97
	988	Lauwers Sofie	91 RAM	DNF

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200m AC women heat A, B Time :20:33

Heat:1 Wind : 1.6

1	34	Hugaerts Ine	95 DUFF	25.10
2	369	Bauwens Laures	99 RCG	25.11
3	51	Bellemans Inge	95 ROBA	25.31
4	1290	Van Diest Dorien	93 OEH	25.39
5	3101	Brasseur Bo	98 DCLA	25.45
6	3578	Flossy Franne	98 RCT	25.62

200m AC women heat A, B Time :20:33

Heat:2 Wind : 1.9

1	9694	Van Der Meij Femke	85 NED	24.22
2	366	Depuydt Orphee	95 HAC	24.79
3	3802	Dillens Judith	98 EA	25.02
4	74	Claus Hanne	99 AVMO	25.47
	924	Van Hertem Kim	86 DALO	DNS
	9663	Hovenkamp Eva	96 NED	DNS

200m AC men heat A, B Time :20:33

Heat:1 Wind : 1.6

1	9623	Ernst Sebastian	86 GER	20.78
2	9655	Douma Marvin	93 NED	21.19
3	9679	Pupella Sander	93 NED	21.39
4	410	Rossaert Michael	95 ACW	21.68
5	2191	Van Hecke Christophe	91 EA	21.78
6	9700	Venema Jelle	93 NED	21.90

Discus throw jun men (1.75kg) Time :20:41

Heat:1

1	881	Quoidbuch Elias	96 DACH	41.90
2	34	Goovaerts Jens	95 DUFF	40.78
3	714	Stas Vincent	CABW	38.18
4	791	Alaerts Martin	96 CABW	33.06
5	22	Bienens Michiel	96 ACHL	26.78

Discus throw JSM men (2.00kg) Time :20:44

Heat:1

1	961	Nys Edwin	86 DCLA	52.10
2	2337	Van Der Plaetsen Thomas	90 DEIN	44.48
3	2254	Vercammen Stijn	94 HAMM	42.35
4	2088	Truyts Timothy	89 ACBR	41.98
5	1938	Wagemans Jarno	89 HAMM	41.43
6	9979	Van der Ploeg Casper	89 NED	40.45
7	1820	Van Campenhout Jannick	91 AVKA	40.04
8	2171	Van Campenhout Jordi	88 AVKA	36.74
9	9708	Syzdek Mariusz	89 POL	32.19

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High jump JSM women Time :20:46

Heat:1

1	236	De Pauw Yoika	95 STAX	1.59
2	18	Van Hal Shauni	95 ACHL	1.50
2	9693	Van Der Maas Astrid	96 NED	1.50

400mH JSM men Time :20:50

Heat:1

1	2772	Parisis Jean-Loup	DS	56.47
2	9698	Van Veen Joris	95 NED	57.28
3	2197	Deberdt Daan	88 RCG	58.47

400mH sch boys Time :21:00

Heat:1

1	2670	Owusu Dylan	97 RCG	55.03
2	2945	Van Dyck Jorn	98 ACHL	58.89
3	2131	Jacobs Sven	97 EA	60.73
4	3318	Dallemagne Dorsan	RIWA	62.86

400mH sch boys Time :21:00

Heat:2

1	2145	Boutsen Bart	98 AVT	60.85
2	2634	Verbeke Pieter	97 STAX	61.33
	9644	De Boer Floris	97 NED	DNF

400mH sch-JSM women Time :21:08

Heat:1

1	9664	Husslage Marlieke	86 NED	61.01
2	9629	Reuland Kim	87 LUX	61.91
3	3137	Vandenhove Lore	97 AVZK	65.74
4	1263	De Win Dinja	91 DAC	68.58

400mH sch-JSM women Time :21:08

Heat:2

1	3608	Swinnen Moran	97 LYRA	68.72
2	9616	Mary Anais	82 FRA	73.69
3	3216	Philips Lotte	97 SPBO	78.89
	9637	Bergamin Susan	97 NED	DNS

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Long jump JSM men Time :21:11

Heat:1						
1	9999	Robert Martey	84 GHA	7.77	+0.9	
2	1901	Vanmulder Jeroen	91 DAC	7.73	+1.9	
3	2892	Stempnick Nicolas	DS	7.52	+1.8	
4	1278	Broothaerts Mathias	94 LYRA	7.39	+1.8	
5	9685	Stieglis Yoeri	90 NED	7.11	+2.0	
6	714	Stas Vincent	CABW	6.98	+0.8	
7	9991	Van Kesteren Jelle	NED	6.75	+2.2	6.62m 2.0
8	9980	Townsend Fred	USA	6.71	+0.3	
9	170	Seutin Bernard	95 LYRA	6.65	+0.8	
10	1209	Versmissen Bart	87 VMOL	6.39	+0.9	
11	1359	Aerts Bram	87 ATAC	5.75	+1.2	

Pole vault AC mixed (PB > 3m70) Time :21:14

Heat:1					
1	9673	Meeuse Milan	94 NED	4.81	
2	1650	Pittomvils Niels	92 LOOI	4.71	
3	3248	Nolf Maxime	RIWA	4.21	
4	2237	Ingelaere Brian	97 DEIN	4.21	
5	22	Bienens Michiel	96 ACHL	4.21	
6	2118	Van Nuffelen Thomas	98 AVZK	4.11	
7	2739	Vlaminckx Sander	97 LYRA	4.11	
8	173	Vanlierde Jorg	99 DEIN	4.01	
9	1209	Versmissen Bart	87 VMOL	4.01	
10	3014	Bodart Robin	BBS	3.81	
11	1483	Vercauteren Anouk	92 ZELE	3.61	
12	9661	Heymans Killiana	97 NED	3.41	
	494	Van Damme Matisse	95 ZELE	NM	
	704	Quirin Margaux	RESC	NM	
	363	De Vocht Elien	95 AVZK	NM	

300mH cad girls Time :21:18

Heat:1					
1	522	Claeys Eline	00 ATLA	47.88	
2	182	Horemans Jana	99 VMOL	47.90	
3	1357	Jacquemart Lise	BBS	48.85	
4	954	Staelens Emma	99 HAC	51.24	

300mH cad girls Time :21:18

Heat:2					
1	935	Steenmans Jitse	00 LYRA	49.44	
2	189	Jansen Jana	99 VMOL	51.32	
3	990	Christiaensen Hanne	00 LIER	51.93	
4	851	Wuyts Katrijn	99 LYRA	57.97	

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300mH cad boys Time :21:20

Heat:1

1	316	Verherstraeten Simon	99 LYRA	41.89
2	1822	Ghuys Dimitri	USBW	43.00
3	279	Van Buggenhout Jarne	99 SPBO	43.46
4	83	Van De Velde Tim	00 DUFF	43.97
5	320	Spiessens Yentl	99 LYRA	44.69
6	884	Verstrepen Niels	99 LYRA	46.33

Javelin throw JSM men (800g) Time :21:26

Heat:1

1	1945	Meeus Hans	92 DUFF	61.61
2	117	Van Hooydonck Pieter	96 KAPE	53.96
3	446	Meeusen Dries	96 ABES	52.93
4	9640	Braker Koen	95 NED	51.65

800m AC women heat C, D... Time :21:37

Heat:1

1	9678	Pols Jiska	96 NED	2:23.76
2	1450	Van Meir Marie	SER	2:25.11
3	1913	Moukrime Hajar	HF	2:28.20
4	930	Van Kerkhoven Debbie	89 ROBA	2:28.49
5	374	Vets Melissa	00 DUFF	2:30.61
6	28	Lenaerts Lorane	99 ATAC	2:31.52
7	1334	Jennen Victoria	SER	2:31.74
8	171	Van Herck Yinthe	95 ARAC	2:49.08
9	3384	Lauwers Antje	98 DUFF	2:52.24
10	3118	Lambrechts Christel	97 BONH	3:10.22

Triple jump JSM men Time :21:42

Heat:1

1	2014	De Herdt Gorik	90 AVKA	12.35	+2.2	12.28m	1.7
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Discus throw JSM women (1.00kg) Time :21:44

Heat:1

1	9627	Boldrini Simona	86 ITA	44.35
2	9706	Wisse Vera	84 NED	39.90
3	1320	Govaerts Sofie	90 LOOI	36.90
4	289	Lyssens Katelijne	95 ROBA	36.39
5	105	Francken Margaux	95 LYRA	29.44
6	1208	Van De Voorde Freya	90 HAKI	29.44
7	9690	Van Den Heuvel Ingrid	96 NED	28.07
8	9693	Van Der Maas Astrid	96 NED	26.32

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800m AC men heat C, D... Time :21:44

Heat:1

1	3127	Pierard Ralph	UAC	2:01.02
2	1822	Smolders Jo	94 GENK	2:01.17
3	9998	Ernest Tim	NED	2:01.80
4	1164	Eysackers Rik	91 WIBO	2:01.98
5	2657	Ons Vincent	98 LIER	2:02.63
6	930	Cheddad Mourad	RFCL	2:02.77
7	974	Van Belle Glenn	93 BONH	2:03.19
8	9612	Guillaume Colin	95 FRA	2:03.22
9	1679	Da Silva Lucas	RFCL	2:03.99
10	651	Lofgren Bjarne	99 ABES	2:04.45
11	5989	Van Opstal Jeroen	79 RAM	2:05.51
12	2387	Meeus Wouter	97 LIER	2:09.23

800m AC men heat C, D... Time :21:44

Heat:2

1	23	Peeters Dries	99 ACBR	2:03.19
2	1490	Draux Axel	CABW	2:03.88
3	2559	Van Tichelt Gilian	97 ACHL	2:06.64
4	2929	Fatihi Ilias	98 ATLE	2:08.88
5	9692	Van Der Linde Arne	00 NED	2:10.23
6	1143	Rondas Tom	79 ABES	2:12.95
7	854	Vanluchene Otto	99 LYRA	2:15.68
8	851	Gurny Siemen	99 LYRA	2:16.60
9	1700	Paque Antoine	SER	2:25.13

800m AC men heat C, D... Time :21:44

Heat:3

1	17	Keuleers Joren	00 BONH	2:23.63
2	59	Boeckx Stefan	00 ACHL	2:24.88
3	536	Mols Senne	00 ACHL	2:26.59
4	459	Vervoort Cedric	99 ACHL	2:29.29
5	15	Govaert Tomas	00 BONH	2:31.27
6	65	Van Dyck Wies	00 ACHL	2:34.47
7	64	Van Dyck Rinus	00 ACHL	2:35.68
8	343	Van Gool Stef	00 ACHL	2:35.94

Shot put SM men (7.26kg) Time :21:47

Heat:1

1	2220	Goetheer Remco*	92 OLSE	17.04
2	9978	Kruishof Thierry	NED	16.21
3	1938	Wagemans Jarno	89 HAMM	15.09
4	1820	Van Campenhout Jannick	91 AVKA	13.60
5	2337	Van Der Plaetsen Thomas	90 DEIN	13.54
6	2171	Van Campenhout Jordi	88 AVKA	13.52
7	9708	Syzdek Mariusz	89 POL	11.88

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Shot put jun men (6.00kg) Time :21:49

Heat:1

1	34	Goovaerts Jens	95 DUFF	14.75
2	108	Van Waes Brecht	95 AVLO	14.71
3	881	Quoidbuch Elias	96 DACH	14.09
4	313	Van Hoye Joris	96 LYRA	12.43
5	791	Alaerts Martin	96 CABW	12.16
6	22	Bienens Michiel	96 ACHL	9.97

1500m AC women heat B, C... Time :22:01

Heat:1

1	559	Lahey Leonie	00 VOLH	5:00.69
2	37	Swannet Laura	99 ATAC	5:01.45
3	952	Bruwier Elke	91 AVMO	5:02.53
4	4148	Maroye Charlotte	BEL	5:26.40

Javelin throw JSM women (600g) Time :22:07

Heat:1

1	406	Van Den Brulle Kato	96 ALVA	49.92
2	9680	Riemens Marieke	86 NED	35.92
3	236	De Pauw Yoika	95 STAX	35.80

1500m AC men heat C, D... Time :22:13

Heat:1

1	310	De Backer Manuel*	96 ESAK	4:00.52
2	1437	Van Herck Yirco	94 ARAC	4:01.21
3	2869	Debouck Matthieu	UAC	4:02.60
4	916	Darrazi Younes	USBW	4:03.46
5	1310	Schauwaers Kevin	86 ACHL	4:03.76
6	1861	Dejonghe Maarten	81 ATLE	4:03.88
7	9720	Abdessamad Asri	84 BEL	4:03.89
8	2762	Waliwender Simon	MOHA	4:04.19
9	6029	Van Damme Steve	79 RCG	4:04.46
10	2346	Aoura Anass	93 OLSE	4:05.17
11	698	Maroye Ncolas	CABW	4:05.51
12	1280	Nackaerts Kristof	92 LYRA	4:06.22
13	1655	Voorbraeck Stijn	89 LYRA	4:09.08
14	1266	Max Ruben	86 ATLA	4:09.62
15	2696	Hemelaers Laurent	SER	4:18.02
	9717	Cunningham Jeff	82 GBR	DNS

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1500m AC men heat C, D... Time :22:13

Heat:2

1	1076	Biesemans Toon	91 DUFF	4:17.39
2	9600	Anthony Puteanus	87 FRA	4:18.43
3	6470	Cruypenninck Pascal	CABW	4:18.84
4	281	Challouki Jawad	96 OLSE	4:22.77
5	3192	Hogne Florian	MOHA	4:24.57
6	1702	Janssens Sven	93 ZWAT	4:24.99
7	1264	Crommen Piet	83 ATLA	4:25.16
8	1491	Cruypenninck Zakaria	CABW	4:26.94
9	2479	Verreect David	86 SPVI	4:27.95
10	1656	Vets Gert	93 LYRA	4:28.13
11	1142	Kerremans Ben	92 ABES	4:30.93
12	9647	De Smit Chris	79 NED	4:36.27
13	3833	De Raet Jan	65 ROBA	4:37.91
14	1863	Oualmakran Bilal	92 ATLE	4:50.58
15	80	De Dycker Ward	99 ACBR	4:51.30

5000m JSM mixed heat C Time :22:32

Heat:1

1	9703	Weijers Sjoerd	95 NED	15:30.90
2	839	Van Leeuwen Ellen	RCG	18:25.54
3	3191	Van Maele Heidi	78 VAC	19:09.23
	5412	Gheeraert Sven	70 VAC	DNF
	1280	Nackaerts Kristof	92 LYRA	DNS