

23/04/17 Lanaken Limburgs Kampioenschap A.C. Dag 2

300m horden 0,762m Cad Heren Uur=13:22

Reeks:1

| | | | | | |
|---|------------------------|------|-------|--|------------|
| 1 | 1789 Bex Wout | LOOI | 40.60 | | 02 PK 1ste |
| 2 | 1023 De Groot Martijn* | ATLA | 47.08 | | 02 PK 2de |
| 3 | 665 Vlayen Arne | TACT | 50.46 | | 02 PK 3de |
| 4 | 1388 Guisse Lamine | SACN | 51.54 | | 03 |
| 5 | 1004 Timmerman Berre | ATLA | 54.42 | | 03 |
| 6 | 1767 Petry Alexander | ACA | 55.40 | | 03 |

400m horden 0,914m Jun Heren Uur=13:23

Reeks:1

| | | | | | |
|---|------------------------|------|-------|--|------------|
| 1 | 903 Vande Kerkhof Toon | GENK | 67.58 | | 98 PK 1ste |
|---|------------------------|------|-------|--|------------|

400m horden 0,914m Sen Heren Uur=13:24

Reeks:1

| | | | | | |
|---|------------------------|------|-------|-----|------------|
| 1 | 2087 Lanssens Michiel | AVT | 56.43 | | 95 PK 1ste |
| 2 | 2481 Schillewaert Dirk | LOOI | 67.83 | | 82 PK 2de |
| 3 | 6206 Vereecken Stijn | SACN | 74.76 | Mas | 81 PK 3de |

verspringen Cad Heren Uur=14:05

Reeks:1

| | | | | | |
|----|--------------------------|------|-------|------|------------|
| 1 | 940 Vankrunkelsven Brent | AVT | 5.10m | -0.7 | 03 PK 1ste |
| 2 | 1164 Prijs Nico | LOOI | 5.03m | -0.7 | 02 PK 2de |
| 3 | 1071 Willekens Quinten | AVT | 4.95m | -0.5 | 02 PK 3de |
| 4 | 1410 Veestraeten Martijn | ADD | 4.88m | -1.2 | 02 |
| 5 | 729 Moors Lander | AVT | 4.79m | -1.9 | 02 |
| 6 | 1524 De Belder Cas | GENK | 4.73m | -0.8 | 03 |
| 7 | 1166 Deiana Danilo | LOOI | 4.68m | -1.7 | 02 |
| 8 | 1167 Dries Pieter | LOOI | 4.68m | -0.7 | 03 |
| 9 | 1045 Vermeir Joppe | GENK | 4.63m | -1.2 | 03 |
| 10 | 1165 Broeders Lennert | LOOI | 4.42m | -0.6 | 03 |
| 11 | 824 Bemong Arne | LOOI | 4.37m | +0.5 | 03 |

speerwerpen 800g Jun Heren Uur=14:56

Reeks:1

| | | | | | |
|---|---------------------|------|--------|--|------------|
| 1 | 695 Didden Thibaut | LOOI | 46.90m | | 99 PK 1ste |
| 2 | 821 Bauters Laurens | ADD | 46.25m | | 99 PK 2de |
| 3 | 738 Gijzen Maarten | ADD | 38.64m | | 98 PK 3de |
| 4 | 741 Metten Lorijn | ADD | 36.87m | | 98 |
| 5 | 739 Jacobs Colin | ADD | 35.16m | | 98 |
| 6 | 628 Eycken Emile | LOOI | 32.95m | | 99 |

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speerwerpen 800g Sen Heren Uur=15:03

Reeks:1

| | | | | | | |
|----|------|-------------------|------|--------|-----|------------|
| 1 | 6927 | Parfenov Vladimir | GENK | 51.99m | Mas | 70 PK 1ste |
| 2 | 2781 | Jacobs Brett | ADD | 48.08m | | 94 PK 2de |
| 3 | 3284 | Spaepen Pieter | ADD | 47.63m | | 84 PK 3de |
| 4 | 2086 | Maes Sander | AVT | 47.32m | | 92 |
| 5 | 3050 | Thomis Jeffrey | ADD | 38.79m | | 97 |
| 6 | 2626 | Vandebeek Arnold | LOOI | 38.21m | | 91 |
| 7 | 6772 | De Geest Andreas | LOOI | 37.07m | Mas | 59 |
| 8 | 5367 | Bobbaers Georges | ATLA | 35.98m | Mas | 56 |
| 9 | 4730 | Boyen Bart | TACT | 28.20m | Mas | 74 |
| 10 | 6294 | Bervoets Ronny | LOOI | 26.16m | Mas | 65 |
| | 3232 | Durdu Emrullah | GENK | GP | | 96 |

hoogspringen Cad Dames Uur=14:52

Reeks:1

| | | | | | | |
|----|------|------------------|------|-------|--|------------|
| 1 | 1168 | Swennen Margo | ATLA | 1.62m | | 02 PK 1ste |
| 2 | 1166 | Cicilia Rune | ATLA | 1.59m | | 02 PK 2de |
| 3 | 1832 | Gillet Romi | GENK | 1.45m | | 02 PK 3de |
| 4 | 1886 | Dillaerts Emilie | LOOI | 1.35m | | 03 |
| 5 | 1808 | Gijbels Kiara | AVT | 1.35m | | 02 |
| 6 | 1812 | Fret Ocean | ATLA | 1.35m | | 02 |
| 7 | 1980 | Maccallini Romy | ATLA | 1.30m | | 03 |
| 8 | 2027 | Fraussen Laurien | ATLA | 1.30m | | 03 |
| 9 | 1659 | Panis Hielke | ATLA | 1.20m | | 03 |
| 10 | 1317 | Nicolaes Karen | ATLA | 1.15m | | 03 |

hoogspringen Sch Dames Uur=14:53

Reeks:1

| | | | | | | |
|---|------|--------------------|------|-------|--|------------|
| 1 | 2994 | Vandervelden Marie | SACN | 1.63m | | 00 PK 1ste |
| 2 | 3013 | Geuns Lieze | AVT | 1.45m | | 00 PK 2de |
| 3 | 3683 | Vercammen Anouck | LOOI | 1.40m | | 01 PK 3de |

100 meter Cad Dames Uur=13:48

Reeks:1 Wind : -1.7

| | | | | | | |
|---|------|-----------------|------|-------|--|----|
| 1 | 1551 | Berings Anissa | ADD | 13.81 | | 02 |
| 2 | 1950 | Drieskens Eli | SACN | 14.15 | | 02 |
| 3 | 1878 | Bait Mina | AVT | 14.36 | | 02 |
| 4 | 1866 | Rogiers Jada | ADD | 15.95 | | 03 |
| 5 | 1430 | Vanhelmont Tine | ACA | 16.17 | | 03 |
| | 1385 | Switten Bailey | LOOI | NG | | 02 |

100 meter Cad Dames Uur=13:48

Reeks:2 Wind : -1.4

| | | | | | | |
|---|------|----------------------|------|-------|--|----|
| 1 | 1015 | Lodewijckx Britte | AVT | 13.06 | | 02 |
| 2 | 930 | Metten Helena | AVT | 13.60 | | 03 |
| 3 | 940 | Kaulmann Anne-sophie | AVT | 13.86 | | 03 |
| 4 | 1980 | Maccallini Romy | ATLA | 14.93 | | 03 |
| 5 | 1582 | Vanherle Britt | ADD | 15.12 | | 03 |

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100 meter Cad Dames Uur=13:48

Reeks:3 Wind : -2.1

| | | | | | |
|---|------|----------------------|------|-------|----|
| 1 | 1208 | Dimitrakakis Larissa | GENK | 13.77 | 03 |
| 2 | 1856 | Jacobs Debbie | AVT | 13.79 | 02 |
| 3 | 1886 | Dillaerts Emilie | LOOI | 14.40 | 03 |
| 4 | 1820 | Carlucci Jana | GENK | 14.98 | 03 |
| 5 | 1315 | Bruggen Sara | ATLA | 15.34 | 02 |

100 meter Sch Dames Uur=13:48

Reeks:1 Wind : -2.1

| | | | | | |
|---|------|---------------------|------|-------|----|
| 1 | 3027 | Rosius Rani | AVT | 12.58 | 00 |
| 2 | 3496 | Vandervelden Lotte | LOOI | 13.16 | 00 |
| 3 | 3514 | Snellinx Jana | ADD | 13.52 | 00 |
| 4 | 3024 | Billion Deprez Lena | AVT | 13.90 | 01 |
| 5 | 3019 | Deferm Nele | AVT | 14.16 | 01 |
| 6 | 3316 | Dal Bianco Caro | ATLA | 15.30 | 00 |

100 meter Sch Dames Uur=13:48

Reeks:2 Wind : -0.9

| | | | | | |
|---|------|--------------------|------|-------|----|
| 1 | 3205 | Groenen Suzanne | ATLA | 13.36 | 01 |
| 2 | 3243 | Vandeweyer Kirsten | SACN | 13.45 | 01 |
| 3 | 3271 | Claes Flore | DALO | 13.98 | 01 |
| 4 | 3842 | Debrock Elise | AVT | 14.01 | 01 |
| 5 | 3694 | Colla Alicia | LOOI | 14.10 | 00 |
| 6 | 3945 | Vanhest Aukje | LOOI | 14.30 | 01 |

100 meter Sch Dames Uur=13:48

Reeks:3 Wind : -0.6

| | | | | | |
|---|------|--------------------|------|-------|----|
| 1 | 3195 | Merlo Hanne | ATLA | 13.36 | 00 |
| 2 | 3011 | Vanaenrode Amelien | AVT | 13.41 | 00 |
| 3 | 3693 | Knapen Caroline | GENK | 13.61 | 01 |
| 4 | 2992 | Zentjens Lopke | SACN | 14.44 | 01 |
| 5 | 3009 | De Neve Emma | AVT | 14.86 | 00 |

100 meter Jun Dames Uur=14:00

Reeks:1 Wind : 0.4

| | | | | | |
|---|-----|-------------------|------|-------|------------|
| 1 | 558 | Loyens Edith | ATLA | 13.04 | 99 PK 1ste |
| 2 | 429 | Broekhoven Saskia | LOOI | 13.26 | 98 PK 2de |
| 3 | 668 | Panis Keanne | ATLA | 13.56 | 99 PK 3de |
| 4 | 481 | Geuns Amelie | ATLA | 14.21 | 99 |
| 5 | 480 | Vanhoof Loes | ATLA | 14.28 | 99 |

100 meter Sen Dames Uur=14:01

Reeks:1 Wind : 0.1

| | | | | | |
|---|------|------------------|------|-------|----|
| 1 | 1694 | Nijs Bo | ATLA | 12.29 | 97 |
| 2 | 2222 | Lemmens Karolien | AVT | 12.97 | 89 |
| 3 | 2047 | Dubois Nina** | ADD | 14.82 | 97 |
| 4 | 2468 | Dierckx Jocelien | GENK | 15.14 | 97 |

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100 meter Sen Dames Uur=14:01

Reeks:2 Wind : -2.0

| | | | | | |
|---|------|--------------------|------|-------|----|
| 1 | 1714 | Van Der Gaast Lore | AVT | 13.36 | 97 |
| 2 | 2318 | Gielen Lotte | AVT | 13.51 | 96 |
| 3 | 1666 | Balabkina Evgenia | LOOI | 13.92 | 82 |

verspringen Jun Heren Uur=15:14

Reeks:1

| | | | | | | | |
|---|-----|-------------------|------|-------|------|----|---------|
| 1 | 577 | Franssens Jens | AVT | 6.97m | +0.2 | 98 | PK 1ste |
| 2 | 721 | Leemans Pieter | ACA | 6.23m | +0.1 | 99 | PK 2de |
| 3 | 738 | Gijsen Maarten | ADD | 6.03m | +2.0 | 98 | PK 3de |
| 4 | 567 | Kerkhofs Dries | GENK | 5.97m | +1.8 | 99 | |
| 5 | 851 | Sijsmans Frederik | LOOI | 5.65m | +1.4 | 99 | |

verspringen Sen Heren Uur=15:19

Reeks:1

| | | | | | | | | | |
|---|------|---------------------|------|-------|------|----|---------|-------|-----|
| 1 | 2086 | Maes Sander | AVT | 6.53m | +1.3 | 92 | PK 1ste | | |
| 2 | 3018 | Stevens Brecht | SACN | 6.19m | +2.3 | 89 | PK 2de | 0.00m | 0.0 |
| 3 | 2387 | Hoobergs Jesse | LOOI | 6.07m | +0.4 | 96 | PK 3de | | |
| 4 | 2088 | Annaert Wouter | AVT | 5.99m | +2.6 | 94 | | 5.87m | 1.5 |
| 5 | 2920 | van der Have Antoon | AVT | 5.82m | +3.1 | 96 | | 5.72m | 1.6 |
| 6 | 2782 | Martens Thomas | ADD | 5.53m | +1.1 | 90 | | | |
| 7 | 2178 | Smits Bob | ACA | 5.51m | +1.2 | 89 | | | |

speerwerpen 700g Sch Heren Uur=15:22

Reeks:1

| | | | | | | | |
|---|------|------------------|------|--------|--|----|---------|
| 1 | 3372 | Sauwens Korneel | ADD | 49.36m | | 00 | PK 1ste |
| 2 | 3302 | Lambrecht Harley | ADD | 48.67m | | 00 | PK 2de |
| 3 | 3167 | Vanhelmont Ruben | ACA | 40.91m | | 00 | PK 3de |
| 4 | 2801 | Canters Sieber | AVT | 28.34m | | 01 | |
| 5 | 3011 | Vandael Dries | GENK | 25.89m | | 01 | |
| 6 | 2829 | Reynders Niels | LOOI | 25.29m | | 01 | |
| 7 | 3542 | Zwijenburg Simon | ADD | 23.55m | | 01 | |
| 8 | 3279 | Put Jurre | ADD | 21.39m | | 01 | |

100m horden 0,914m Cad Heren Uur=14:43

Reeks:1 Wind : 0.3

| | | | | | | | |
|---|------|-----------------|------|-------|--|----|---------|
| 1 | 1789 | Bex Wout | LOOI | 14.40 | | 02 | PK 1ste |
| 2 | 1443 | Coenen Yelvin | ADD | 19.84 | | 03 | PK 2de |
| 3 | 665 | Vlayen Arne | TACT | 20.37 | | 02 | PK 3de |
| 4 | 1767 | Petry Alexander | ACA | 21.46 | | 03 | |

110m horden 0,914m Sch Heren Uur=14:43

Reeks:1 Wind : -1.2

| | | | | | | | |
|---|------|-------------------|-----|-------|--|----|---------|
| 1 | 2796 | Vandersteen Yente | AVT | 15.89 | | 00 | PK 1ste |
|---|------|-------------------|-----|-------|--|----|---------|

110m horden 1,067m Jun Heren Uur=14:44

Reeks:1 Wind : -2.1

| | | | | | | | |
|---|-----|----------------|------|-------|--|----|---------|
| 1 | 695 | Didden Thibaut | LOOI | 16.26 | | 99 | PK 1ste |
| 2 | 741 | Metten Lorijn | ADD | 18.20 | | 98 | PK 2de |

23/04/17 Lanaken Limburgs Kampioenschap A.C. Dag 2

110m horden 1,067m Sen Heren Uur=14:45

Reeks:1 Wind : -3.3

| | | | | | | |
|---|------|-------------------|------|-------|----|---------|
| 1 | 2387 | Hoobergs Jesse | LOOI | 18.76 | 96 | PK 1ste |
| 2 | 2481 | Schillewaert Dirk | LOOI | 20.16 | 82 | PK 2de |

hoogspringen Jun Dames Uur=15:56

Reeks:1

| | | | | | | |
|---|-----|---------------|-----|-------|----|---------|
| 1 | 648 | Paduart Alana | ADD | 1.40m | 99 | PK 1ste |
|---|-----|---------------|-----|-------|----|---------|

hoogspringen Sen Dames Uur=15:57

Reeks:1

| | | | | | | |
|---|------|-----------------|------|-------|----|---------|
| 1 | 1577 | Paesen Inge | AVT | 1.66m | 96 | PK 1ste |
| 2 | 1503 | De Neve Katrien | AVT | 1.45m | 97 | PK 2de |
| | 1959 | Bamps Michelle | LOOI | GP | 90 | |

verspringen Sch Heren Uur=16:01

Reeks:1

| | | | | | | | |
|---|------|-------------------|------|-------|------|----|--------|
| 1 | 2796 | Vandersteen Yente | AVT | 6.32m | +1.1 | 00 | PK ste |
| 2 | 2799 | Noblesse Siebe | AVT | 6.06m | +1.5 | 01 | PK 2de |
| 3 | 3167 | Vanhelmont Ruben | ACA | 5.86m | +1.0 | 00 | PK 3de |
| 4 | 3570 | Nulens Yari | ATLA | 5.80m | +1.5 | 01 | |
| 5 | 2833 | Van Herck Seebe | LOOI | 5.38m | +1.5 | 01 | |
| 6 | 3346 | Driessens Tijl | AVT | 5.37m | +0.1 | 01 | |
| 7 | 3542 | Zwijenburg Simon | ADD | 4.56m | +2.0 | 01 | |
| 8 | 3279 | Put Jurre | ADD | 4.00m | +1.0 | 01 | |

800 meter Cad Dames Uur=15:24

Reeks:1

| | | | | | | |
|---|------|--------------------|------|---------|----|--|
| 1 | 1316 | Caubergh Brenne | ATLA | 2'32.82 | 03 | |
| 2 | 1056 | Stinkens Bieke | BREE | 2'36.36 | 02 | |
| 3 | 910 | Smeets Margot | SACN | 2'40.21 | 02 | |
| 4 | 975 | Verheyen Lore | LOOI | 2'46.06 | 03 | |
| 5 | 1055 | Vanhemel Noor | BREE | 2'47.50 | 03 | |
| 6 | 1717 | Kerkhofs Nore | GENK | 2'58.50 | 02 | |
| 7 | 1713 | Ait-hachem Oumaima | GENK | 3'21.96 | 02 | |

800 meter Cad Dames Uur=15:24

Reeks:2

| | | | | | | |
|---|------|---------------------|------|---------|----|---------|
| 1 | 1131 | Serre Sofie | LOOI | 2'27.37 | 03 | PK 1ste |
| 2 | 1110 | Paps Bo | LOOI | 2'29.32 | 02 | PK 2de |
| 3 | 1463 | Valkeneers Antje | AVT | 2'29.32 | 02 | PK 3de |
| 4 | 903 | Jansen Sofie | SACN | 2'32.41 | 02 | |
| 5 | 971 | Gijsbrechts Yasmina | LOOI | 2'33.69 | 02 | |
| 6 | 1497 | Willems Marie | ATLA | 2'34.38 | 03 | |
| 7 | 1379 | Pannemans Rani | AVT | 2'35.71 | 02 | |
| 8 | 1662 | Geysen Bo | ATLA | 2'38.58 | 03 | |

23/04/17 Lanaken Limburgs Kampioenschap A.C. Dag 2

800 meter Sch Dames Uur=15:25

Reeks:1

| | | | | | |
|---|------|--------------------|------|---------|----|
| 1 | 3256 | Snyers Romy | AVT | 2'29.15 | 01 |
| 2 | 3061 | Blockx Hannah | LOOI | 2'30.78 | 01 |
| 3 | 3016 | Vansteenkiste Leen | AVT | 2'31.67 | 01 |
| 4 | 3413 | Maesen Benja | BREE | 2'34.01 | 00 |
| 5 | 3314 | Bruggen Lien | ATLA | 2'34.05 | 00 |
| 6 | 3272 | Geuens Geena | DALO | 2'36.02 | 01 |
| 7 | 3232 | Dries Anke | GENK | 2'36.50 | 00 |
| 8 | 3949 | Chanda Stella | ATLA | 2'46.96 | 00 |

800 meter Sch Dames Uur=15:25

Reeks:2

| | | | | | |
|---|------|--------------------|------|---------|------------|
| 1 | 3168 | Alenteyns Lore | LOOI | 2'22.02 | 01 PK 1ste |
| 2 | 3015 | Sleurs Ellen | AVT | 2'23.71 | 01 PK 2de |
| 3 | 3304 | Wagemans Sara | ADD | 2'23.73 | 00 PK 3de |
| 4 | 2990 | Palmans Jinte | SACN | 2'27.06 | 01 |
| 5 | 3167 | Fagard Pauline | LOOI | 2'29.03 | 00 |
| 6 | 3192 | Mebis Lina | ATLA | 2'29.16 | 01 |
| 7 | 2991 | Schildermans Floor | SACN | 2'30.84 | 00 |
| 8 | 3190 | Vandooen Drea | ATLA | 2'33.68 | 00 |
| 9 | 3233 | Boonen Lise | SACN | 2'36.59 | 00 |

800 meter Jun Dames Uur=15:25

Reeks:1

| | | | | | |
|---|-----|------------------|-----|---------|------------|
| 1 | 587 | Nelissen Paulien | ACA | 2'17.17 | 99 PK 1ste |
| 2 | 526 | Scheldeman Aude | ADD | 2'22.33 | 99 PK 2de |
| 3 | 379 | Haex Kelly | AVT | 2'47.31 | 98 Pk 3de |

800 meter Sen Dames Uur=15:27

Reeks:1

| | | | | | |
|---|------|---------------------|------|---------|------------|
| 1 | 2223 | Mievis Stefie | AVT | 2'21.97 | 93 PK 1ste |
| 2 | 1729 | Schreurs Anne | GENK | 2'22.78 | 92 Pk 2de |
| 3 | 1793 | Scheldeman Lotte | ADD | 2'22.94 | 97 PK 3de |
| 4 | 1505 | Verstraeten Katrien | AVT | 2'27.05 | 96 |
| 5 | 1509 | Smeets Lotte | AVT | 2'38.41 | 97 |
| 6 | 2122 | Cortens Anneleen | GENK | 2'42.54 | 97 |

hinkstapspringen Cad Heren Uur=16:39

Reeks:1

| | | | | | | |
|---|-----|--------------|-----|--------|------|------------|
| 1 | 729 | Moors Lander | AVT | 10.79m | +0.7 | 02 PK 1ste |
|---|-----|--------------|-----|--------|------|------------|

hinkstapspringen Sch Heren Uur=16:40

Reeks:1

| | | | | | | |
|---|------|-------------------|------|--------|------|------------|
| 1 | 3350 | Van Breemaat Jorn | GENK | 11.48m | +1.4 | 01 PK 1ste |
| 2 | 3009 | Pesout Tobias | GENK | 10.78m | +2.0 | 00 PK 2de |

hinkstapspringen Jun Heren Uur=16:41

Reeks:1

| | | | | | | |
|---|-----|-------------------|------|--------|------|------------|
| 1 | 851 | Sijsmans Frederik | LOOI | 12.15m | -0.2 | 99 PK 1ste |
|---|-----|-------------------|------|--------|------|------------|

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hinkstapspringen Sen Heren Uur=16:42

Reeks:1

| | | | | | | | |
|---|------|----------------|------|--------|------|----|---------|
| 1 | 3018 | Stevens Brecht | SACN | 12.08m | +1.8 | 89 | PK 1ste |
| 2 | 3030 | Denissen Jorg | LOOI | 11.62m | +1.7 | 89 | PK 2de |

kogelstoten 4,000kg Jun Dames Uur=16:22

Reeks:1

| | | | | | | | |
|---|-----|-----------------|-----|-------|--|----|---------|
| 1 | 526 | Scheldeman Aude | ADD | 8.87m | | 99 | PK 1ste |
|---|-----|-----------------|-----|-------|--|----|---------|

kogelstoten 4,000kg Sen Dames Uur=16:24

Reeks:1

| | | | | | | | |
|---|------|------------------|------|--------|-----|----|---------|
| 1 | 1663 | Govaerts Sofie | LOOI | 11.46m | | 90 | PK 1ste |
| 2 | 2086 | Peeten Lieze | SACN | 11.42m | | 93 | PK 2de |
| 3 | 1506 | Verstraeten Anne | AVT | 9.96m | | 96 | PK 3de |
| 4 | 3660 | Bruninx Wendy | ATLA | 8.98m | Mas | 80 | |
| 5 | 1503 | De Neve Katrien | AVT | 8.82m | | 97 | |
| 6 | 3774 | Ezaitouni Aida | ATLA | 8.34m | Mas | 67 | |

discuswerpen 1,000kg Cad Dames Uur=16:31

Reeks:1

| | | | | | | | |
|----|------|---------------------|------|--------|--|----|---------|
| 1 | 867 | Smets Lotte | TACT | 26.90m | | 02 | PK 1ste |
| 2 | 1916 | Zizzari Lotte | ATLA | 24.89m | | 03 | PK 2de |
| 3 | 1496 | Bouharras Yousra | GENK | 24.71m | | 02 | PK 3de |
| 4 | 1767 | Vansimpsen Mirthe | AVT | 24.60m | | 03 | |
| 5 | 1345 | Boyen Freya | TACT | 19.71m | | 02 | |
| 6 | 1583 | Vestraeten Anneleen | ADD | 17.73m | | 03 | |
| 7 | 1430 | Vanhelmont Tine | ACA | 16.16m | | 03 | |
| 8 | 1659 | Panis Hielke | ATLA | 12.35m | | 03 | |
| 9 | 1870 | Vanwiddingen Lauren | AVT | 11.82m | | 02 | |
| 10 | 1317 | Nicolaes Karen | ATLA | 11.73m | | 03 | |

100 meter Cad Dames finale Uur=15:38

Reeks:1 Wind : -1.4

| | | | | | | | |
|---|------|----------------------|------|-------|--|----|---------|
| 1 | 1015 | Lodewijckx Britte | AVT | 12.92 | | 02 | PK 1ste |
| 2 | 1551 | Berings Anissa | ADD | 13.42 | | 02 | PK 2de |
| 3 | 1856 | Jacobs Debbie | AVT | 13.61 | | 02 | PK 3de |
| 4 | 930 | Metten Helena | AVT | 13.64 | | 03 | |
| 5 | 1208 | Dimitrakakis Larissa | GENK | 13.71 | | 03 | |
| 6 | 940 | Kaulmann Anne-sophie | AVT | 13.78 | | 03 | |

100 meter Sch Dames finale Uur=15:39

Reeks:1 Wind : -2.8

| | | | | | | | |
|---|------|--------------------|------|-------|--|----|---------|
| 1 | 3027 | Rosius Rani | AVT | 12.62 | | 00 | PK 1ste |
| 2 | 3496 | Vandervelden Lotte | LOOI | 13.24 | | 00 | PK 2de |
| 3 | 3205 | Groenen Suzanne | ATLA | 13.44 | | 01 | PK 3de |
| 4 | 3243 | Vandeweyer Kirsten | SACN | 13.62 | | 01 | |
| 5 | 3195 | Merlo Hanne | ATLA | 13.63 | | 00 | |
| 6 | 3011 | Vanaenrode Amelien | AVT | 13.64 | | 00 | |

23/04/17 Lanaken Limburgs Kampioenschap A.C. Dag 2

100 meter Sen Dames finale Uur=15:39

Reeks:1 Wind : -2.2

| | | | | |
|---|-------------------------|------|-------|------------|
| 1 | 1694 Nijs Bo | ATLA | 12.48 | 97 PK 1ste |
| 2 | 2222 Lemmens Karolien | AVT | 13.01 | 89 PK 2de |
| 3 | 1714 Van Der Gaast Lore | AVT | 13.17 | 97 PK 3de |
| 4 | 2318 Gielen Lotte | AVT | 13.49 | 96 |
| 5 | 2047 Dubois Nina** | ADD | 14.99 | 97 |
| | 1666 Balabkina Evgenia | LOOI | NG | 82 |

400 meter Cad Heren Uur=16:03

Reeks:1

| | | | | |
|---|---------------------------|------|-------|------------|
| 1 | 774 Bex Ferhan | LOOI | 55.35 | 03 PK 1ste |
| 2 | 821 Duijsters Goran | AVT | 55.81 | 02 PK 2de |
| 3 | 1122 Wagemans Ruben | ADD | 58.26 | 02 PK 3de |
| 4 | 1164 Prijs Nico | LOOI | 59.73 | 02 |
| 5 | 783 Vanvelthoven Matthias | DALO | 60.14 | 03 |

400 meter Sch Heren Uur=16:04

Reeks:1

| | | | | |
|---|---------------------|------|-------|------------|
| 1 | 3371 Knapen Stijn | ADD | 51.02 | 00 PK 1ste |
| 2 | 3310 Creusen Tim* | ATLA | 55.81 | 01 PK 2de |
| 3 | 2830 Claes Tom | LOOI | 56.59 | 01 PK 3de |
| 4 | 2977 Geurts Quinten | ATLA | 58.82 | 01 |

400 meter Jun Heren Uur=16:05

Reeks:1

| | | | | |
|---|----------------------|------|-------|------------|
| 1 | 552 Pannemans Thomas | ATLA | 51.50 | 99 PK 1ste |
| 2 | 628 Eycken Emile | LOOI | 54.64 | 99 |
| 3 | 578 Gaens Noah | AVT | 55.14 | 99 |
| 4 | 821 Bauters Laurens | ADD | 57.88 | 99 |
| 5 | 437 Horions Wout | AVT | 58.83 | 99 |

400 meter Jun Heren Uur=16:05

Reeks:2

| | | | | |
|---|------------------------|------|-------|-----------|
| 1 | 839 Beckers Wim | AVT | 52.02 | 98 PK 2de |
| 2 | 433 Smeets Rutger | AVT | 52.36 | 99 PK 3de |
| 3 | 810 Quagliara Ruben | ATLA | 52.71 | 98 |
| 4 | 557 Van Der Gaast Lars | AVT | 52.94 | 99 |
| 5 | 629 Vangeel Jonas | LOOI | 54.82 | 98 |

400 meter Sen Heren Uur=16:21

Reeks:1

| | | | | |
|---|------------------------|------|-------|--------|
| 1 | 3466 Cortens Brecht | GENK | 55.97 | 91 |
| 2 | 5372 Claassen Carolus* | ATLA | 58.97 | Mas 63 |
| 3 | 2340 De Roeck Glen | LOOI | 59.50 | 95 |
| 4 | 5703 Weetjens Bert | MACD | 68.22 | Mas 78 |

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400 meter Sen Heren Uur=16:21

Reeks:2

| | | | | | | |
|---|------|-------------------|------|-------|----|---------|
| 1 | 2449 | Lubon Camille | ADD | 49.48 | 96 | PK 1ste |
| 2 | 2050 | Vrijssen Vincent | AVT | 49.64 | 89 | PK 2de |
| 3 | 2458 | Doraene Elroy | ATLA | 49.72 | 96 | Pk 3de |
| 4 | 3060 | Van Houtven Joris | LOOI | 54.09 | 91 | |

kogelstoten 3,000kg Sch Dames Uur=17:06

Reeks:1

| | | | | | | |
|---|------|-----------------|------|--------|----|---------|
| 1 | 3358 | Savelkouls Mila | ATLA | 12.91m | 00 | PK 1ste |
| 2 | 3189 | Daniels Liene | ATLA | 11.07m | 01 | PK 2de |
| 3 | 3531 | Ghoos Jorie | LOOI | 10.54m | 01 | PK 3de |
| 4 | 3013 | Geuns Lieze | AVT | 10.43m | 00 | |
| 5 | 3737 | Demirel Ecem | AVT | 9.47m | 00 | |
| 6 | 3164 | Vanwesemael Eva | LOOI | 8.68m | 01 | |
| 7 | 3629 | Panis Femke | ATLA | 8.24m | 01 | |
| 8 | 3009 | De Neve Emma | AVT | 7.31m | 00 | |

speerwerpen 600g Cad Heren Uur=17:12

Reeks:1

| | | | | | | |
|---|------|------------------|------|--------|----|---------|
| 1 | 1624 | Ramaekers Daan | ADD | 46.27m | 02 | PK 1ste |
| 2 | 1394 | Manshoven Jelle | ACA | 36.90m | 02 | PK 2de |
| 3 | 727 | Schepers Tiam | AVT | 33.07m | 02 | PK 3de |
| 4 | 1388 | Guisse Lamine | SACN | 32.02m | 03 | |
| 5 | 1167 | Dries Pieter | LOOI | 27.95m | 03 | |
| 6 | 1166 | Deiana Danilo | LOOI | 27.90m | 02 | |
| 7 | 1165 | Broeders Lennert | LOOI | 21.15m | 03 | |
| 8 | 1443 | Coenen Yelvin | ADD | 20.79m | 03 | |
| | 1872 | Hassoun Yassin | ATLA | GP | 03 | |

discuswerpen 1,000kg Jun Dames Uur=17:19

Reeks:1

| | | | | | | |
|---|-----|------------------|------|--------|----|---------|
| 1 | 749 | Vandeput Babette | ATLA | 49.39m | 98 | PK 1ste |
|---|-----|------------------|------|--------|----|---------|

discuswerpen 1,000kg Sen Dames Uur=17:21

Reeks:1

| | | | | | | | |
|---|------|----------------|------|--------|-----|---------|--------|
| 1 | 1663 | Govaerts Sofie | LOOI | 38.45m | 90 | PK 1ste | |
| 2 | 2086 | Peeten Lieze | SACN | 33.44m | 93 | PK 2de | |
| 3 | 3660 | Bruninx Wendy | ATLA | 28.35m | Mas | 80 | PK 3de |
| 4 | 3774 | Ezaitouni Aida | ATLA | 24.74m | Mas | 67 | |

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1500 meter Cad Heren Uur=16:43

Reeks:1

| | | | | | |
|----|------|------------------|------|---------|------------|
| 1 | 1022 | Janssen Arnoud | ATLA | 4'38.45 | 02 PK 1ste |
| 2 | 1447 | Weekers Korneel | ADD | 4'40.19 | 02 PK 2de |
| 3 | 1408 | Vandebosch Robbe | ADD | 4'44.34 | 02 PK 3de |
| 4 | 1584 | Bernkens Rune | ADD | 4'46.45 | 03 |
| 5 | 717 | Gijbels Joas | AVT | 4'48.50 | 02 |
| 6 | 1064 | Wynants Anders | LOOI | 4'49.18 | 02 |
| 7 | 1445 | Rouffa Bram | ADD | 4'50.09 | 02 |
| 8 | 1375 | Widart Gauthier | ADD | 4'50.55 | 02 |
| 9 | 962 | Pauwels Ruben | LOOI | 4'55.88 | 02 |
| 10 | 1003 | Mebis Luca | ATLA | 4'58.75 | 03 |
| 11 | 1133 | Nicolaes Julian | ATLA | 5'01.27 | 02 |
| 12 | 885 | Ceyssens Martijn | BREE | 5'16.50 | 03 |
| 13 | 780 | Spies Michiel | DALO | 5'21.36 | 03 |
| 14 | 1726 | Nickmans Lars | DALO | 5'29.19 | 03 |
| 15 | 779 | Belmans Lucas | DALO | 6'01.06 | 03 |

1500 meter Sch Heren Uur=16:44

Reeks:1

| | | | | | |
|---|------|------------------|------|---------|------------|
| 1 | 3191 | Neyens Jef | ATLA | 4'17.04 | 00 PK 1ste |
| 2 | 2974 | Claesen Aron | ATLA | 4'22.52 | 01 PK 2de |
| 3 | 3087 | Nicolaes Marnick | ATLA | 4'26.53 | 00 PK 3de |
| 4 | 2979 | Lambrichts Jorre | ATLA | 4'32.24 | 01 |
| 5 | 3170 | Jaspers Gilles | ACA | 4'42.32 | 00 |
| 6 | 3266 | Snoeks Mathijs | SACN | 4'46.47 | 01 |

1500 meter Jun Heren Uur=16:53

Reeks:1

| | | | | | |
|---|-----|---------------------|------|---------|------------|
| 1 | 791 | Vanderheeren Thomas | GENK | 4'25.56 | 99 PK 1ste |
| 2 | 551 | Jacobs Wouter | ATLA | 4'30.97 | 99 PK 2de |
| 3 | 429 | Corstjens Siebe | AVT | 4'40.39 | 98 Pk 3de |
| 4 | 431 | Sleurs Wout | AVT | 4'43.74 | 99 |

1500 meter Sen Heren Uur=16:54

Reeks:1

| | | | | | |
|---|------|------------------|------|---------|------------|
| 1 | 2370 | Monnens Yenthe | GENK | 4'16.61 | 97 PK 1ste |
| 2 | 2369 | Molderez Tom | GENK | 4'19.04 | 92 PK 2de |
| 3 | 2636 | Winderickx Ruben | AVT | 4'20.87 | 94 PK 3de |
| 4 | 5226 | Vanderbiesen Tom | AVT | 4'21.48 | Mas 79 |
| 5 | 2091 | Gijbels Nick | AVT | 4'23.15 | 87 |

200 meter Cad Dames Uur=16:56

Reeks:1 Wind : 0.1

| | | | | | |
|---|------|----------------------|------|-------|----|
| 1 | 1582 | Vanherle Britt | ADD | 30.24 | 03 |
| 2 | 1660 | Vranken Birthe | ATLA | 30.87 | 03 |
| 3 | 1583 | Veestraeten Anneleen | ADD | 31.01 | 03 |
| 4 | 1866 | Rogiers Jada | ADD | 32.54 | 03 |

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200 meter Cad Dames Uur=16:56

Reeks:2 Wind : -1.1

| | | | | |
|---|---------------------|------|-------|----|
| 1 | 1950 Drieskens Eli | SACN | 29.19 | 02 |
| 2 | 1878 Bait Mina | AVT | 29.67 | 02 |
| 3 | 1832 Gillet Romi | GENK | 30.72 | 02 |
| 4 | 1808 Gijbels Kiara | AVT | 31.50 | 02 |
| 5 | 1385 Switten Bailey | LOOI | 33.55 | 02 |

200 meter Cad Dames Uur=16:56

Reeks:3 Wind : -0.2

| | | | | |
|---|------------------------|------|-------|------------|
| 1 | 1015 Lodewijckx Britte | AVT | 26.47 | 02 PK 1ste |
| 2 | 1551 Berings Anissa | ADD | 27.60 | 02 PK 2de |
| 3 | 931 Schepers Ina | AVT | 27.81 | 03 PK 3de |
| 4 | 1166 Cilia Rune | ATLA | 28.17 | 02 |
| 5 | 1856 Jacobs Debbie | AVT | 29.27 | 02 |
| 6 | 1168 Swennen Margo | ATLA | 29.67 | 02 |

200 meter Sch Dames Uur=17:07

Reeks:1 Wind : -0.6

| | | | | |
|---|--------------------|------|-------|----|
| 1 | 3842 Debrock Elise | AVT | 28.71 | 01 |
| 2 | 3694 Colla Alicia | LOOI | 28.83 | 00 |
| 3 | 3019 Deferm Nele | AVT | 29.11 | 01 |
| 4 | 3945 Vanhest Aukje | LOOI | 29.99 | 01 |
| 5 | 3424 Geurts Gill | ATLA | 32.67 | 01 |

200 meter Sch Dames Uur=17:07

Reeks:2 Wind : -0.3

| | | | | |
|---|--------------------------|------|-------|----|
| 1 | 3514 Snellinx Jana | ADD | 27.81 | 00 |
| 2 | 3024 Billion Deprez Lena | AVT | 28.22 | 01 |
| 3 | 2990 Palmans Jinte | SACN | 28.64 | 01 |
| 4 | 2992 Zentjens Lopke | SACN | 29.10 | 01 |
| 5 | 3729 Van Otterdijk Lien | DALO | 29.28 | 01 |
| 6 | 3271 Claes Flore | DALO | 30.20 | 01 |

200 meter Sch Dames Uur=17:07

Reeks:3 Wind : -3.5

| | | | | |
|---|-------------------------|------|-------|------------|
| 1 | 3423 Claey's Eline | ATLA | 25.96 | 00 PK 1ste |
| 2 | 3027 Rosius Rani | AVT | 26.23 | 00 PK 2de |
| 3 | 3496 Vandervelden Lotte | LOOI | 27.44 | 00 PK 3de |
| 4 | 2994 Vandervelden Marie | SACN | 28.36 | 00 |
| 5 | 3195 Merlo Hanne | ATLA | 28.45 | 00 |
| 6 | 3243 Vandeweyer Kirsten | SACN | 28.69 | 01 |

200 meter Jun Dames Uur=17:08

Reeks:1 Wind : -1.2

| | | | | |
|---|-----------------------|------|-------|------------|
| 1 | 407 Pieroni Messalina | LOOI | 26.71 | 98 PK 1ste |
| 2 | 429 Broekhoven Saskia | LOOI | 27.38 | 98 PK 2de |

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200 meter Sen Dames Uur=17:19

Reeks:1 Wind : -1.7

| | | | | |
|---|------------------------|------|-------|----|
| 1 | 1506 Verstraeten Anne | AVT | 27.79 | 96 |
| 2 | 1666 Balabkina Evgenia | LOOI | 27.99 | 82 |
| 3 | 1577 Paesen Inge | AVT | 29.79 | 96 |
| 4 | 2047 Dubois Nina** | ADD | 32.24 | 97 |

200 meter Sen Dames Uur=17:19

Reeks:2 Wind : -1.8

| | | | | |
|---|-------------------------|------|-------|------------|
| 1 | 2276 Oosterbos Lore | AVT | 26.76 | 94 PK 1ste |
| 2 | 1714 Van Der Gaast Lore | AVT | 26.83 | 97 PK 2de |
| 3 | 2318 Gielen Lotte | AVT | 27.50 | 96 PK 3de |
| 4 | 1664 Pieroni Laura | LOOI | 29.57 | 94 |

kogelstoten 3,000kg Cad Dames Uur=17:27

Reeks:1

| | | | | |
|---|--------------------------|------|--------|------------|
| 1 | 1345 Boyen Freya | TACT | 10.26m | 02 PK 1ste |
| 2 | 867 Smets Lotte | TACT | 9.85m | 02 PK 2de |
| 3 | 1019 Vaes Kyana | LOOI | 9.83m | 03 PK 3de |
| 4 | 1767 Vansimpson Mirthe | AVT | 9.49m | 03 |
| 5 | 1916 Zizzari Lotte | ATLA | 7.44m | 03 |
| 6 | 1870 Vanwiddingen Lauren | AVT | 7.12m | 02 |

discuswerpen 1,000kg Sch Dames Uur=18:09

Reeks:1

| | | | | |
|---|----------------------|------|--------|------------|
| 1 | 3358 Savelkous Mila | ATLA | 41.17m | 00 PK 1ste |
| 2 | 3193 Pieri Axelle | ATLA | 37.34m | 01 PK 2de |
| 3 | 3189 Daniels Liene | ATLA | 33.63m | 01 PK 3de |
| 4 | 3531 Ghoos Jorie | LOOI | 30.08m | 01 |
| 5 | 3164 Vanwesemael Eva | LOOI | 27.17m | 01 |
| 6 | 3253 Benarbia Amina | AVT | 25.07m | 00 |
| 7 | 3737 Demirel Ecem | AVT | 24.87m | 00 |

3000 meter Sch Heren Uur=17:32

Reeks:1

| | | | | |
|---|------------------------|------|----------|------------|
| 1 | 2832 Ferson Simon | LOOI | 9'38.73 | 01 PK 1ste |
| 2 | 3079 Scheldeman Willem | ADD | 9'44.22 | 00 PK 2de |
| 3 | 2944 Pauwels Quinten | LOOI | 10'13.23 | 00 PK 3de |
| 4 | 3489 Nickmans Dries | DALO | 10'14.18 | 00 |
| 5 | 2902 Hendrickx Klaas | DALO | 10'34.65 | 00 |
| 6 | 2837 Jordens Jasper | DALO | 10'49.70 | 01 |
| 7 | 3467 Bleux Lander | DALO | 11'51.19 | 01 |

5000 meter Jun Heren Uur=17:51

Reeks:1

| | | | | |
|---|-------------------|------|----------|------------|
| 1 | 629 Vangeel Jonas | LOOI | 17'36.56 | 98 PK 1ste |
|---|-------------------|------|----------|------------|

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5000 meter

Sen Heren Uur=17:52

Reeks:1

| | | | | | | |
|---|------|----------------------|------|----------|-----|------------|
| 1 | 5377 | Heemskerk Steven | ATLA | 15'23.73 | Mas | 78 PK 1ste |
| 2 | 3347 | Toivari Maunu Filip* | ATLA | 15'30.92 | | 89 PK 2de |
| 3 | 2374 | Simons Wouter | GENK | 15'40.28 | | 96 PK 3de |
| 4 | 3250 | Vanden Berk Hendrik | DALO | 15'48.60 | | 96 |
| 5 | 2611 | Laaraj Mohammed | ATLA | 16'18.71 | | 97 |
| 6 | 2302 | Theunissen Robert | ATLA | 16'49.58 | | 96 |
| 7 | 4845 | Neirinck Gert | AVT | 18'00.12 | Mas | 74 |