



# PRESTATIES ATLA ATLETEN OUTDOOR 2011



## BENJAMINS JONGENS

60M				
Taselaar Charlie	10.43	St.Truiden	6/08/2011	
Weijenberg Nigel	10.51	Lanaken	24/08/2011	Euregio
Vangangelt Chris	10.54	Lanaken	24/08/2011	Euregio
Taselaar Charlie	10.54	Lanaken	11/09/2011	Memorial Cops
Taselaar Charlie	10.59	Lanaken	24/08/2011	Euregio
Taselaar Charlie	10.60	Genk	17/09/2011	
Weijenberg Nigel	10.74	Lanaken	11/09/2011	Memorial Cops
Taselaar Charlie	10.82	Alken	29/07/2011	Nacht
Mebis Luca	10.98	Lanaken	30/04/2011	
Mebis Luca	11.04	Heusden	15/08/2011	
Mebis Luca	11.17	Lanaken	11/09/2011	Memorial Cops
Mebis Luca	11.21	Tessengerlo	8/04/2011	
Mebis Luca	11.21	Lanaken	1/06/2011	
Mebis Luca	11.21	Alken	29/07/2011	Nacht
Mebis Luca	11.31	Diepenbeek	13/06/2011	
Dewitte Gijs	11.34	Lanaken	1/06/2011	
Mebis Luca	11.37	Lommel	25/09/2011	
Mebis Luca	11.41	St.Truiden	15/05/2011	
Mebis Luca	11.42	Lanaken	24/08/2011	Euregio
Spauwen Bjorn	11.47	Diepenbeek	13/06/2011	
Dewitte Gijs	11.52	Lanaken	30/04/2011	
Spauwen Bjorn	11.54	St.Truiden L.K.	25/06/2011	13de plaats
Vanderhallen Ryan	11.54	Lanaken	11/09/2011	Memorial Cops
Taselaar Casper	11.56	Alken	29/07/2011	Nacht
Vanderhallen Ryan	11.57	Lanaken	24/08/2011	Euregio
Mebis Luca	11.58	Tessengerlo	4/06/2011	St.Martinuscup
Taselaar Casper	11.58	Lanaken	24/08/2011	Euregio
Hermens Bert	11.60	Lanaken	24/08/2011	Euregio
Lowis Arnaud	11.67	Lanaken	11/09/2011	Memorial Cops
Dewitte Gijs	11.68	Lanaken	24/08/2011	Euregio
Spauwen Bjorn	11.69	Lanaken	1/06/2011	
Spauwen Bjorn	11.75	Lanaken	11/09/2011	Memorial Cops
Dewitte Gijs	11.76	Lanaken	11/09/2011	Memorial Cops
Hermens Bert	11.88	Lanaken	11/09/2011	Memorial Cops
Geuns Elias	11.88	Lanaken	11/09/2011	Memorial Cops
Spauwen Bjorn	11.89	Lanaken	30/04/2011	
Spauwen Bjorn	11.96	Alken	11/06/2011	
Lowis Arnaud	12.08	Lanaken	1/06/2011	
Geuns Elias	12.13	Lanaken	24/08/2011	Euregio
Vanderhallen Ryan	12.28	Lanaken	30/04/2011	



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## BENJAMINS JONGENS

600M				
Mebis Luca	2.10.33	Lanaken	11/09/2011	Memorial Cops
Mebis Luca	2.11.25	Lommel	25/09/2011	
Mebis Luca	2.12.18	Heusden	15/08/2011	
Mebis Luca	2.16.01	St.Truiden L.K.	25/06/2011	7de plaats
Mebis Luca	2.16.99	Lanaken	30/04/2011	
Mebis Luca	2.18.48	St.Truiden	15/05/2011	
Mebis Luca	2.18.55	Tessenderlo	4/06/2011	St.Martinuscup
Mebis Luca	2.22.74	Alken	29/07/2011	Nacht
Taselaar Charlie	2.24.63	Lanaken	11/09/2011	Memorial Cops
Taselaar Charlie	2.25.93	St.Truiden	6/08/2011	
Taselaar Charlie	2.26.51	Alken	29/07/2011	Nacht
Spauwen Bjorn	2.29.60	Lanaken	11/09/2011	Memorial Cops
Lowis Arnaud	2.29.95	Lanaken	11/09/2011	Memorial Cops
Spauwen Bjorn	2.31.45	Alken	11/06/2011	
Taselaar Charlie	2.31.74	Genk	17/09/2011	
Weijenberg Nigel	2.33.95	Lanaken	11/09/2011	Memorial Cops
Spauwen Bjorn	2.36.67	Lanaken	30/04/2011	
Vanderhallen Ryan	2.46.89	Lanaken	30/04/2011	

KOGEL		1 KG		
Vanmuysen Ward	7m73	Lanaken	15/10/2011	Jeugd criterium
Mebis Luca	6m94	Lanaken	15/10/2011	Jeugd criterium
Luites Silas	6m83	Lanaken	15/10/2011	Jeugd criterium
Weijenberg Nigel	6m46	Lanaken	15/10/2011	Jeugd criterium
Vanderhallen Ryan	6m45	Lanaken	24/08/2011	Euregio
Dewitte Gijs	5m94	Lanaken	24/08/2011	Euregio
Dinano Detisch	5m85	Lanaken	15/10/2011	Jeugd criterium
Mebis Luca	5m56	Lanaken	24/08/2011	Euregio
Taselaar Casper	5m42	Lanaken	24/08/2011	Euregio
Borgers Xavi	5m25	Lanaken	15/10/2011	Jeugd criterium
Vangangel Chris	5m24	Lanaken	24/08/2011	Euregio
Taselaar Charlie	5m21	Lanaken	24/08/2011	Euregio
Taselaar Charlie	5m14	Alken	29/07/2011	Nacht
Vangangel Chris	5m14	Lanaken	15/10/2011	Jeugd criterium
Weijenberg Nigel	5m00	Lanaken	24/08/2011	Euregio
Geuns Elias	4m95	Lanaken	24/08/2011	Euregio
Spauwen Bjorn	4m67	Lanaken	15/10/2011	Jeugd criterium
Hermens Bert	4m57	Lanaken	15/10/2011	Jeugd criterium
Mebis Luca	4m56	St.Truiden	15/05/2011	
Gerits Jelle	4m54	Lanaken	15/10/2011	Jeugd criterium
Thijs Wout	3m99	Lanaken	15/10/2011	Jeugd criterium
Taselaar Casper	3m77	Alken	29/07/2011	Nacht
Hermens Bert	3m41	Lanaken	24/08/2011	Euregio



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## BENJAMINS JONGENS

HOCKEYBAL				
Dinano Detisch	23m09	Lanaken	15/10/2011	Jeugd criterium
Mebis Luca	20m42	Lommel	25/09/2011	
Mebis Luca	20m06	Lanaken	11/09/2011	Memorial Cops
Mebis Luca	18m63	Lanaken	15/10/2011	Jeugd criterium
Weijenberg Nigel	18m26	Lanaken	15/10/2011	Jeugd criterium
Luites Silas	17m37	Lanaken	15/10/2011	Jeugd criterium
Vanmuysen Ward	17m32	Lanaken	15/10/2011	Jeugd criterium
Vangangel Chris	16m66	Lanaken	15/10/2011	Jeugd criterium
Mebis Luca	16m46	Lanaken	1/06/2011	
Mebis Luca	16m35	Tessengerlo	4/06/2011	
Spauwen Bjorn	16m01	Lanaken	1/06/2011	
Taselaar Charlie	15m73	Lanaken	11/09/2011	Memorial Cops
Mebis Luca	15m69	Diepenbeek	13/06/2011	
Mebis Luca	15m29	Lanaken	30/04/2011	
Taselaar Charlie	14m81	Genk	17/09/2011	
Vanderhallen Ryan	14m75	Lanaken	30/04/2011	
Spauwen Bjorn	14m55	Lanaken	30/04/2011	
Spauwen Bjorn	14m42	Alken	11/06/2011	
Spauwen Bjorn	14m09	Lanaken	11/09/2011	Memorial Cops
Mebis Luca	13m90	Tessengerlo	8/04/2011	
Thijs Wout	13m58	Lanaken	15/10/2011	Jeugd criterium
Spauwen Bjorn	13m56	Diepenbeek	13/06/2011	
Spauwen Bjorn	13m46	Lanaken	15/10/2011	Jeugd criterium
Lowis Arnaud	13m41	Lanaken	1/06/2011	
Dewitte Gijs	12m98	Lanaken	11/09/2011	Memorial Cops
Vanderhallen Ryan	12m88	Lanaken	11/09/2011	Memorial Cops
Borgers Xavi	12m77	Lanaken	15/10/2011	Jeugd criterium
Hermens Bert	11m88	Lanaken	15/10/2011	Jeugd criterium
Dewitte Gijs	11m65	Lanaken	30/04/2011	
Dewitte Gijs	11m47	Lanaken	1/06/2011	
Hermens Bert	11m08	Lanaken	11/09/2011	Memorial Cops
Lowis Arnaud	7m77	Lanaken	11/09/2011	Memorial Cops
Gerits Jelle	7m54	Lanaken	15/10/2011	Jeugd criterium



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## BENJAMINS JONGENS

VER				
Taselaar Charlie	3m88	St.Truiden	6/08/2011	
Taselaar Charlie	3m39	Lanaken	11/09/2011	Memorial Cops
Weijenberg Nigel	3m02	Lanaken	11/09/2011	Memorial Cops
Mebis Luca	2m97	Lanaken	11/09/2011	Memorial Cops
Vanderhallen Ryan	2m97	Lanaken	11/09/2011	Memorial Cops
Taselaar Charlie	2m95	Genk	17/09/2011	
Mebis Luca	2m84	Alken	29/07/2011	Nacht
Mebis Luca	2m76	St.Truiden	15/05/2011	
Mebis Luca	2m76	Tessenderlo	4/06/2011	St.Martinuscup
Mebis Luca	2m73	Lommel	25/09/2011	
Mebis Luca	2m71	Lanaken	30/04/2011	
Vanderhallen Ryan	2m64	Lanaken	30/04/2011	
Mebis Luca	2m63	Diepenbeek	13/06/2011	
Spauwen Bjorn	2m62	Alken	11/06/2011	
Spauwen Bjorn	2m58	St.Truiden L.K.	25/06/2011	16de plaats
Mebis Luca	2m53	Tessenderlo	8/04/2011	
Spauwen Bjorn	2m52	Diepenbeek	13/06/2011	
Dewitte Gijs	2m51	Lanaken	30/04/2011	
Lowis Arnaud	2m50	Lanaken	11/09/2011	Memorial Cops
Dewitte Gijs	2m48	Lanaken	11/09/2011	Memorial Cops
Spauwen Bjorn	2m42	Lanaken	11/09/2011	Memorial Cops
Spauwen Bjorn	2m35	Lanaken	30/04/2011	
Hermens Ben	2m35	Lanaken	11/09/2011	Memorial Cops

HOOG				
Mebis Luca	1m00	Heusden	15/08/2011	
Mebis Luca	1m00	Lommel	25/09/2011	
Mebis Luca	0m90	St.Truiden L.K.	25/06/2011	BRONS

VIERKAMP				
Mebis Luca	773p	St.Truiden	15/05/2011	Olimpic
Mebis Luca	756p	Lanaken	30/04/2011	Olimpic
Taselaar Charlie	705p	Genk	17/09/2011	Olimpic
Spauwen Bjorn	443p	Alken	11/06/2011	Olimpic
Spauwen Bjorn	370p	Lanaken	30/04/2011	Olimpic
Vanderhallen Ryan	303p	Lanaken	30/04/2011	Olimpic
Dewitte Gijs	262p	Lanaken	30/04/2011	Olimpic



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## BENJAMINS JONGENS

4x60M				
Hermens Bert-Weijenberg Nigel-Vanderhallen Ryan-Mebis Luca				
	43.69	Alken L.K.	21/08/2011	5de plaats
Hermens Bert-Weijenberg Nigel-Lowis Arnaud-Mebis Luca				
	46.28	Lanaken	11/09/2011	Memorial Cops
Taselaar Charlie-Spauwen Bjorn-Dewitte Gijs-Geuns Elias				
	47.69		11/09/2011	Memorial Cops

3x600M				
Taselaar Charlie-Lowis Arnaud-Mebis Luca				
	7.20.07	Alken L.K.	21/08/2011	6de plaats
Spauwen Bjorn-Lowis Arnaud-Mebis Luca				
	7.35.15	Lanaken	1/06/2011	