

23/05/09 Merksem Kampioenschap van Vlaanderen

Hinkstapspringen Sen Men

| Rank | ID | Name | Team | Mark | Wind |
|------|------|----------------------|------|-------|------|
| 1 | 2013 | De Decker Bjorn | WIBO | 14.30 | -0.5 |
| 2 | 435 | De Decker Kristof | WIBO | 13.60 | -0.8 |
| 3 | 3047 | Muyldermans Bert | SPVI | 13.20 | -1.5 |
| 4 | 369 | De Leenheer Matthias | ZELE | 13.16 | -1.7 |
| 5 | 452 | Dierick Gabor | ACW | 12.92 | -2 |
| 6 | 512 | Hermans Kenny | ATLA | 12.83 | -1.6 |
| 7 | 2659 | Vanden Bogaert Rob | LYRA | 12.81 | -0.9 |
| 8 | 809 | De Herdt Gorik | AT84 | 12.73 | -0.4 |
| 9 | 2451 | Sabbe Jeroen | RCG | 12.32 | |
| 10 | 1981 | Fonteyn Illya | OLSE | 12.07 | -1.6 |
| | 2596 | Cannaert Franck | AVMO | 0.00 | |

Verspringen Sen Men

| Rank | ID | Name | Team | Mark | Wind |
|------|------|----------------------|------|------|------|
| 1 | 2932 | De Vriendt Benjamin | STAX | 7.25 | -1.7 |
| 2 | 705 | Vanmulder Jeroen | DAC | 6.99 | -1.1 |
| 3 | 2013 | De Decker Bjorn | WIBO | 6.96 | -1.2 |
| 4 | 2121 | Droessaert Stijn | VS | 6.59 | -1.3 |
| 5 | 2895 | Vandecapelle Mattijs | DAC | 6.43 | 0.4 |
| 6 | 834 | Piccavet Rens | FLAC | 6.37 | |
| 7 | 512 | Hermans Kenny | ATLA | 5.78 | -1.4 |
| | 2281 | Marynissen Wim | AVKA | 0.00 | |
| | 2541 | Sommer Pieter | SWIN | 0.00 | |

5000 meter RF Sen Men

| Rank | ID | Name | Team | Mark |
|------|------|------------------------|------|----------|
| 1 | 1953 | Bollen Frank | ATLA | 14:13.11 |
| 2 | 384 | Vanstreels Dieter | DUFF | 14:50.27 |
| 3 | 1888 | Verschoren Bart | DUFF | 14:55.69 |
| 4 | 1962 | Laurens Glen | AVZK | 15:00.07 |
| 5 | 2115 | Wils Johan | ACHL | 15:01.48 |
| 6 | 2928 | Geens Gunter | GEEL | 15:02.09 |
| 7 | 1961 | De Raeymaecker Karl | ACW | 15:11.01 |
| 8 | 795 | Bakkali Tahiri Oussama | AT84 | 15:33.17 |
| 9 | 2593 | Pelicaen Joachim | LEBB | 15:42.23 |
| 10 | 2668 | Bosmans Lukas | ROBA | 15:47.69 |