

01/05/10 Tongeren Tungri-run 5 Km

| PI | BORSTNR | NAAM | VOORNAAM | CLUB | PLAATS | CAT | TIJD |
|----|---------|--------------|------------|------------|--------|-------|---------|
| 1 | 769 | STESSENS | Tim | SACN955 | 1 | SH | 0:15:57 |
| 2 | 811 | BOLLEN | Frank | ATLA | 2 | SH | 0:16:25 |
| 3 | 539 | NULENS | Samuel | ATLA996 | 3 | SH | 0:17:26 |
| 4 | 839 | MAX | Ruben | ATLA2320 | 4 | SH | 0:17:47 |
| 5 | 900 | HENSENNE | Bruno | RFCL2307 | 1 | MH+35 | 0:17:53 |
| 6 | 825 | ROEGIERS | Jens | NA | 5 | SH | 0:18:01 |
| 7 | 938 | BINNEMANS | Koen | VMOL1080 | 6 | SH | 0:18:06 |
| 8 | 838 | GOVAERS | JOHAN | ACGENK | 2 | MH+35 | 0:18:10 |
| 9 | 530 | ROOSEN | Christophe | BS MERLIJN | 7 | SH | 0:18:24 |
| 10 | 901 | BIJNENS | Jonas | ATLA2410 | 8 | SH | 0:18:27 |
| 11 | 881 | PARTOENS | Tom | NA | 3 | MH+35 | 0:18:32 |
| 12 | 718 | NYS | Patrick | ADD4695 | 1 | MH+45 | 0:18:36 |
| 13 | 812 | SOCCOL | Manuela | ATLA1182 | 1 | SD | 0:18:59 |
| 14 | 654 | KERSTEN | Dieter | VIIO_HUM | 9 | SH | 0:19:04 |
| 15 | 584 | REYNERS | Patrick | OREYE7040 | 2 | MH+45 | 0:19:08 |
| 16 | 834 | CURVERS | Danny | MACD4924 | 4 | MH+35 | 0:19:29 |
| 17 | 943 | HERMANS | Benjamin | NA | 10 | SH | 0:19:29 |
| 18 | 905 | SOMERS | Ben | NA | 11 | SH | 0:19:31 |
| 19 | 853 | STIERS | Pieter | NA | 12 | SH | 0:19:33 |
| 20 | 686 | BIETS | Pieter | NA | 13 | SH | 0:19:34 |
| 21 | 875 | HENRI | Arne | ADD2680 | 14 | SH | 0:19:36 |
| 22 | 739 | CLERINX | Raf | VIIO H&Z | 15 | SH | 0:19:49 |
| 23 | 767 | BERINGS | Filip | NA | 5 | MH+35 | 0:19:53 |
| 24 | 880 | CROMMEN | Piet | NA | 16 | SH | 0:19:53 |
| 25 | 726 | VOETS | Cederic | VIIO NIJV | 17 | SH | 0:19:57 |
| 26 | 515 | AUDOOR | Frank | ROBA5166 | 3 | MH+45 | 0:19:58 |
| 27 | 672 | QUADFLIEG | Wendy | MACD1202 | 2 | SD | 0:19:58 |
| 28 | 614 | QUADFLIEG | Marc | MACD4926 | 4 | MH+45 | 0:20:01 |
| 29 | 653 | KERSTEN | Maarten | VIIO_HUM | 18 | SH | 0:20:13 |
| 30 | 701 | PHILJENS | Patrick | SPORTOASE | 5 | MH+45 | 0:20:23 |
| 31 | 673 | VANDENZAVEL | Michiel | NA | 19 | SH | 0:20:32 |
| 32 | 659 | IDRISS ALI | Ali | VIIO_HUM | 20 | SH | 0:20:38 |
| 33 | 643 | HUBRECHTS | Gijs | VIIO_HUM | 21 | SH | 0:20:42 |
| 34 | 845 | NULENS | Ludo | NA | 6 | MH+45 | 0:20:43 |
| 35 | 939 | CHRISTOFFELS | Kris | NA | 22 | SH | 0:20:45 |
| 36 | 889 | COOMAN | Ludo | NA | 23 | SH | 0:21:02 |
| 37 | 843 | DULLERS | Andre | LOOI4734 | 1 | MH+55 | 0:21:10 |
| 38 | 808 | COLLAS | Norbert | ADD5312 | 7 | MH+45 | 0:21:17 |
| 39 | 937 | MAZIERS | Stephanie | ADD2526 | 3 | SD | 0:21:25 |
| 40 | 651 | HENRI | Jarrick | VIIO_HUM | 24 | SH | 0:21:30 |
| 41 | 898 | BONSIGNORE | Alexandre | NA | 6 | MH+35 | 0:21:34 |
| 42 | 694 | NEVEN | Jorrit | VIIO H&Z | 25 | SH | 0:21:38 |
| 43 | 792 | HOUBRECHTS | Tim | KAT | 26 | SH | 0:21:43 |
| 44 | 883 | HENCKAERTS | Danny | NA | 8 | MH+45 | 0:21:49 |

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| PI | BORSTNR | NAAM | VOORNAAM | CLUB | PLAATS | CAT | TIJD |
|----|---------|---------------|-----------|------------|--------|-------|---------|
| 45 | 962 | NECKEBROECK | Nigel | NA | 28 | SH | 0:21:50 |
| 46 | 847 | VAN DELFT | Sam | NA | 27 | SH | 0:21:50 |
| 47 | 677 | NIJS | Pieterjan | BS MERLIJN | 29 | SH | 0:21:52 |
| 48 | 685 | ROUVROIS | Philip | ADD5429 | 7 | MH+35 | 0:21:54 |
| 49 | 854 | HOLSTENS | Johan | NA | 9 | MH+45 | 0:21:56 |
| 50 | 590 | VOS | Peter | NA | 30 | SH | 0:21:59 |
| 51 | 533 | BRUNINX | Brecht | BS MERLIJN | 31 | SH | 0:21:59 |
| 52 | 837 | MUNTEN | Annie | ATLA2264 | 1 | MD+45 | 0:22:03 |
| 53 | 813 | CLERX | Frank | ADD | 8 | MH+35 | 0:22:10 |
| 54 | 714 | COX | Tom | NA | 32 | SH | 0:22:11 |
| 55 | 542 | HAESSEN | Jasper | NA | 33 | SH | 0:22:18 |
| 56 | 543 | MEESEN | Dirk | NA | 9 | MH+35 | 0:22:21 |
| 57 | 916 | MENTEN | Joeri | NA | 34 | SH | 0:22:21 |
| 58 | 628 | DELVAUX | Tom | VBS BOR | 35 | SH | 0:22:23 |
| 59 | 502 | BLAL | Abdelbaki | OLVB | 10 | MH+35 | 0:22:25 |
| 60 | 640 | MECHNAME | Remi | DOL-FIJN | 36 | SH | 0:22:27 |
| 61 | 877 | GORISSEN | Mieke | NA | 4 | SD | 0:22:27 |
| 62 | 874 | WOJCIECHOWSKI | Darryl | AVT4508 | 37 | SH | 0:22:29 |
| 63 | 625 | KNAPEN | Dirk | VBS BOR | 11 | MH+35 | 0:22:29 |
| 64 | 925 | BUCKINX | Martijn | NA | 38 | SH | 0:22:31 |
| 65 | 787 | BANKEN | Stefan | QSH | 12 | MH+35 | 0:22:33 |
| 66 | 541 | PLAS | Marc | NA | 13 | MH+35 | 0:22:36 |
| 67 | 971 | LAMBREGS | Geoffrey | NA | 39 | SH | 0:22:38 |
| 68 | 796 | FRANSSEN | Michel | KAT | 40 | SH | 0:22:40 |
| 69 | 722 | KUIJPERS | Roelof | NA | 41 | SH | 0:22:42 |
| 70 | 780 | KOOPMANS | Geert | STL | 14 | MH+35 | 0:22:47 |
| 71 | 531 | SNELLINX | Maikel | BS MERLIJN | 42 | SH | 0:22:52 |
| 72 | 912 | PIRO | Calogero | NA | 2 | MH+55 | 0:22:55 |
| 73 | 544 | LENAERS | Rob | NA | 43 | SH | 0:22:56 |
| 74 | 826 | LEMARCHAND | Christian | NA | 10 | MH+45 | 0:23:01 |
| 75 | 899 | TASSET | J-Luc | NA | 15 | MH+35 | 0:23:03 |
| 76 | 872 | VANGRONSVELT | Koen | NA | 44 | SH | 0:23:04 |
| 77 | 921 | BEX | Erwin | NA | 16 | MH+35 | 0:23:06 |
| 78 | 578 | MOLNAR | Robin | KTA 2 | 46 | SH | 0:23:10 |
| 79 | 752 | BENAETS | Tom | VIIO H&Z | 45 | SH | 0:23:10 |
| 80 | 748 | ROUFFAER | Jean | HERIK | 11 | MH+45 | 0:23:14 |
| 81 | 816 | ZOMERS | Raph | ADD | 12 | MH+45 | 0:23:15 |
| 82 | 848 | BROUNS | Angelo | NA | 13 | MH+45 | 0:23:28 |
| 83 | 508 | SCHABON | Jorne | OLVB | 47 | SH | 0:23:30 |
| 84 | 833 | GOVAERS | Johan | GENK4260 | 17 | MH+35 | 0:23:30 |
| 85 | 800 | CUENEN | Jonas | KAT | 48 | SH | 0:23:32 |
| 86 | 663 | PRINCEN | Tom | VIIO_HUM | 49 | SH | 0:23:37 |
| 87 | 784 | MISSOTTEN | Jan | QSH | 50 | SH | 0:23:41 |
| 88 | 732 | DUCHATEAU | Sebastien | VIIO NIJV | 51 | SH | 0:23:44 |

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| PI | BORSTNR | NAAM | VOORNAAM | CLUB | PLAATS | CAT | TIJD |
|-----|---------|----------------|------------|-------------|--------|-------|---------|
| 89 | 504 | KABUNDI | Jesse | OLVB | 52 | SH | 0:23:45 |
| 90 | 736 | SLECHTEN | Mario | VIIO H&Z | 18 | MH+35 | 0:23:47 |
| 91 | 734 | VANDEBEEK | Jeroen | VIIO H&Z | 53 | SH | 0:23:47 |
| 92 | 585 | WOLFS | Wouter | TACT7578 | 54 | SH | 0:23:52 |
| 93 | 948 | DUPAIN | Charles | NA | 55 | SH | 0:24:02 |
| 94 | 870 | MOERMANS | Shana | ADD1672 | 5 | SD | 0:24:09 |
| 95 | 738 | CRETEN | Johan | VIIO H&Z | 19 | MH+35 | 0:24:11 |
| 96 | 830 | CUYPERS | J-Pierre | NA | 14 | MH+45 | 0:24:11 |
| 97 | 936 | MEEUS | Elke | VMOL936 | 6 | SD | 0:24:12 |
| 98 | 611 | BORTELS | Raf | MIJLPAAL | 20 | MH+35 | 0:24:15 |
| 99 | 865 | VANDENHOLT | Bjorn | NA | 56 | SH | 0:24:15 |
| 100 | 713 | ERNA | Philip | ADD4714 | 15 | MH+45 | 0:24:17 |
| 101 | 618 | SWENNEN | Sandra | ADD3030 | 1 | MD+35 | 0:24:17 |
| 102 | 711 | CLAUSE | Danny | NA | 21 | MH+35 | 0:24:19 |
| 103 | 768 | VAN DORSSELAER | Mario | ADD | 57 | SH | 0:24:20 |
| 104 | 944 | ACHTEN | Erwin | NA | 58 | SH | 0:24:23 |
| 105 | 970 | VANDONINCK | David | NA | 22 | MH+35 | 0:24:24 |
| 106 | 860 | KOOPMANS | Koen | NA | 23 | MH+35 | 0:24:27 |
| 107 | 553 | BAERTEN | Frederic | NA | 24 | MH+35 | 0:24:29 |
| 108 | 573 | HERMANS | Wim | KTA 2 | 60 | SH | 0:24:34 |
| 109 | 977 | VERBIST | Glenn | NA | 59 | SH | 0:24:34 |
| 110 | 700 | SLIJTERS | Pascal | SPORTOASE | 25 | MH+35 | 0:24:40 |
| 111 | 717 | ECKHOUT | Kris | NA | 26 | MH+35 | 0:24:43 |
| 112 | 658 | BRONE | Filip | VIIO_HUM | 61 | SH | 0:24:46 |
| 113 | 602 | CIELEN | Arne | NEDERWIJSJE | 62 | SH | 0:24:51 |
| 114 | 940 | BERBEN | Kristof | NA | 27 | MH+35 | 0:24:52 |
| 115 | 755 | WERELDS | Jorben | PICPUSSEN | 63 | SH | 0:24:54 |
| 116 | 762 | BORGHOMS | Sabine | ATLA3099 | 2 | MD+35 | 0:24:56 |
| 117 | 871 | VANHERLE | Kristof | NA | 64 | SH | 0:24:56 |
| 118 | 561 | CORNELISSEN | Pieter | KTA 2 | 65 | SH | 0:24:59 |
| 119 | 698 | PETERS | Marijn | VIIO H&Z | 7 | SD | 0:25:00 |
| 120 | 855 | SCHOEFS | Daan | ADD5097 | 66 | SH | 0:25:02 |
| 121 | 761 | LAFOSSE | Christophe | NA | 28 | MH+35 | 0:25:09 |
| 122 | 631 | STAS | Emile | TUMULI | 67 | SH | 0:25:13 |
| 123 | 907 | WAUTERS | Gert | NA | 68 | SH | 0:25:14 |
| 124 | 632 | STAS | Alain | TUMULI | 29 | MH+35 | 0:25:16 |
| 125 | 567 | MENTEN | Jore | KTA 2 | 69 | SH | 0:25:17 |
| 126 | 945 | DERWA | Peter | NA | 70 | SH | 0:25:18 |
| 127 | 941 | MINGELS | Sarah | NA | 8 | SD | 0:25:19 |
| 128 | 915 | COLLEY | Anje | NA | 3 | MD+35 | 0:25:23 |
| 129 | 721 | VASSEUR | Veronique | NA | 9 | SD | 0:25:24 |
| 130 | 560 | CORNELISSEN | Pieter | KTA 2 | 71 | SH | 0:25:27 |
| 131 | 693 | HAESSEN | Sander | De Boomhut | 72 | SH | 0:25:34 |
| 132 | 955 | STOX | Kenneth | PICPUSSEN | 73 | SH | 0:25:37 |

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| PI | BORSTNR | NAAM | VOORNAAM | CLUB | PLAATS | CAT | TIJD |
|-----|---------|-----------------|------------|-------------|--------|-------|---------|
| 133 | 656 | BOELEN | Gunther | VIIO_HUM | 30 | MH+35 | 0:25:38 |
| 134 | 821 | STEVENS | Philippe | NA | 16 | MH+45 | 0:25:41 |
| 135 | 973 | BOVIE | David | NA | 74 | SH | 0:25:42 |
| 136 | 720 | MAES | Ronny | NA | 17 | MH+45 | 0:25:43 |
| 137 | 615 | DRIESEN | Femke | ACA750 | 10 | SD | 0:25:44 |
| 138 | 626 | MAES | Tom | VBS BOR | 31 | MH+35 | 0:25:51 |
| 139 | 876 | HENRI | Oona | ADD7333 | 11 | SD | 0:25:55 |
| 140 | 719 | MAES | Stijn | NA | 75 | SH | 0:25:55 |
| 141 | 744 | EECKHOUT | Simon | HERIK | 76 | SH | 0:25:59 |
| 142 | 666 | NEVEN | Birgit | VIIO_HUM | 12 | SD | 0:26:00 |
| 143 | 664 | LOYENS | Lise | VIIO_HUM | 13 | SD | 0:26:01 |
| 144 | 549 | CRAUWELS | Lennard | NA | 77 | SH | 0:26:12 |
| 145 | 652 | BEAUME | Chloe | VIIO_HUM | 14 | SD | 0:26:13 |
| 146 | 684 | PORTA | Jozef | NA | 18 | MH+45 | 0:26:15 |
| 147 | 798 | COX | Daan | KAT | 78 | SH | 0:26:17 |
| 148 | 749 | DECOCQ | Jacques | VIIO_HUM | 79 | SH | 0:26:19 |
| 149 | 576 | DA SILVA | Jose | KTA 2 | 80 | SH | 0:26:22 |
| 150 | 892 | CLAESEN | Gert | NA | 32 | MH+35 | 0:26:23 |
| 151 | 935 | HULS | Anja | NA | 4 | MD+35 | 0:26:23 |
| 152 | 823 | PONCELET | Pascal | NA | 81 | SH | 0:26:26 |
| 153 | 756 | THYS | Lynn | PICPUSSEN | 16 | SD | 0:26:30 |
| 154 | 887 | BLANCKAERT | Caroline | NA | 15 | SD | 0:26:30 |
| 155 | 524 | PAULUSSEN | Ronny | BS MERLIJN | 33 | MH+35 | 0:26:35 |
| 156 | 835 | DAENEN | Stijn | NA | 82 | SH | 0:26:36 |
| 157 | 551 | VANSTEENWEGEN | Koen | NA | 19 | MH+45 | 0:26:40 |
| 158 | 603 | PALMANS (JUF) | Noëlla | NEDERWIJSJE | 5 | MD+35 | 0:26:41 |
| 159 | 793 | PETRY | Marijn | KAT | 83 | SH | 0:26:42 |
| 160 | 818 | STASSEN | Gerard | NA | 20 | MH+45 | 0:26:43 |
| 161 | 741 | JACKERS | Bart | HERIK | 34 | MH+35 | 0:26:44 |
| 162 | 950 | FEYTONS | Johan | NA | 35 | MH+35 | 0:26:44 |
| 163 | 550 | VANSTEENWEGEN | Peter | NA | 21 | MH+45 | 0:26:46 |
| 164 | 961 | NECKEBROECK | Gerry | NA | 36 | MH+35 | 0:26:46 |
| 165 | 733 | FRANCIS | Piter | VIIO NIJV | 84 | SH | 0:26:47 |
| 166 | 731 | VANREUSEL | Thomas | VIIO NIJV | 85 | SH | 0:26:50 |
| 167 | 829 | STAMSTA | David | NA | 22 | MH+45 | 0:26:52 |
| 168 | 574 | HERMANS | Robert | KTA 2 | 23 | MH+45 | 0:26:55 |
| 169 | 895 | GEERTS | Rik | NA | 24 | MH+45 | 0:26:58 |
| 170 | 844 | BECU | Wouter | ADD7612 | 86 | SH | 0:26:58 |
| 171 | 559 | THEUNIS | Joppe | KTA 2 | 87 | SH | 0:27:01 |
| 172 | 517 | BOUAZZAOUI | Ibrahim | BS MERLIJN | 88 | SH | 0:27:02 |
| 173 | 894 | SCHEVERS | Christophe | NA | 89 | SH | 0:27:03 |
| 174 | 520 | DELANOY | Glenn | BS MERLIJN | 90 | SH | 0:27:04 |
| 175 | 609 | DAENEN (MEESTER | Jan | NEDERWIJSJE | 25 | MH+45 | 0:27:07 |
| 176 | 598 | JANSSEN | Kevin | NEDERWIJSJE | 91 | SH | 0:27:09 |

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| PI | BORSTNR | NAAM | VOORNAAM | CLUB | PLAATS | CAT | TIJD |
|-----|---------|--------------|-----------|-------------|--------|-------|---------|
| 177 | 914 | HAEKENS | Mady | NA | 2 | MD+45 | 0:27:10 |
| 178 | 729 | WETS | Christian | VIIO NIJV | 92 | SH | 0:27:11 |
| 179 | 906 | BAURET | Marc | NA | 93 | SH | 0:27:12 |
| 180 | 794 | PUTZEYS | Jordi | KAT | 94 | SH | 0:27:13 |
| 181 | 548 | CRAUWELS | Edward | NA | 37 | MH+35 | 0:27:13 |
| 182 | 849 | VANHERLE | Carlo | NA | 38 | MH+35 | 0:27:16 |
| 183 | 969 | WINTE | Wolfgang | NA | 39 | MH+35 | 0:27:18 |
| 184 | 791 | WINTER | Kirian | KAT | 95 | SH | 0:27:20 |
| 185 | 511 | WISSELS | Jeroen | OLVB | 40 | MH+35 | 0:27:24 |
| 186 | 555 | WEEGHMANS | Marc | KTA 2 | 26 | MH+45 | 0:27:26 |
| 187 | 770 | LAMBRECHTS | Katrien | VIIO H&Z | 17 | SD | 0:27:27 |
| 188 | 577 | WEEGHMANS | Yannick | KTA 2 | 96 | SH | 0:27:27 |
| 189 | 893 | CLAES | Marc | NA | 41 | MH+35 | 0:27:31 |
| 190 | 859 | VANDENSAVEL | Jacques | NA | 97 | SH | 0:27:33 |
| 191 | 522 | NIHOUL | Kassahun | BS MERLIJN | 98 | SH | 0:27:33 |
| 192 | 599 | VANDEBEEK | Sten | NEDERWIJSJE | 99 | SH | 0:27:34 |
| 193 | 519 | BOUAZZAoui | Ayoub | BS MERLIJN | 100 | SH | 0:27:38 |
| 194 | 772 | COENEN | Jorn | NA | 101 | SH | 0:27:39 |
| 195 | 518 | TIMMERMANS | Kevin | BS MERLIJN | 102 | SH | 0:27:42 |
| 196 | 538 | REYNDERS | Kelly | ATLA1594 | 18 | SD | 0:27:43 |
| 197 | 696 | VERHELST | Ronny | VIIO H&Z | 27 | MH+45 | 0:27:43 |
| 198 | 789 | STULENS | Tom | STL | 103 | SH | 0:27:49 |
| 199 | 972 | JANS | Lennert | NA | 104 | SH | 0:27:52 |
| 200 | 532 | SNELLINX | Dave | BS MERLIJN | 105 | SH | 0:28:01 |
| 201 | 647 | PRINCEN | Sofie | VIIO_HUM | 19 | SD | 0:28:08 |
| 202 | 746 | LARONDELLE | Kevin | HERIK | 42 | MH+35 | 0:28:12 |
| 203 | 952 | CHODORAWSKY | Joachim | NA | 106 | SH | 0:28:14 |
| 204 | 526 | DENDAS | Joachim | BS MERLIJN | 107 | SH | 0:28:16 |
| 205 | 605 | SEGRS | Vic | NEDERWIJSJE | 108 | SH | 0:28:17 |
| 206 | 525 | MAEX | Cedric | BS MERLIJN | 109 | SH | 0:28:18 |
| 207 | 779 | KOOPMANS | Stijn | STL | 110 | SH | 0:28:19 |
| 208 | 896 | ROSMEULEN | Patricia | NA | 6 | MD+35 | 0:28:20 |
| 209 | 836 | NOELMANS | Margeaux | ADD2560 | 20 | SD | 0:28:24 |
| 210 | 795 | SCHAEKEN | Gilles | KAT | 111 | SH | 0:28:26 |
| 211 | 633 | BARELLA | Arne | DOL-FIJN | 112 | SH | 0:28:26 |
| 212 | 967 | DUCHATEAU | Stijn | ADD4936 | 43 | MH+35 | 0:28:28 |
| 213 | 710 | VANDERLINDEN | Jorre | NA | 113 | SH | 0:28:29 |
| 214 | 612 | SMULLENBERGS | Johnny | NA | 44 | MH+35 | 0:28:30 |
| 215 | 600 | NIJSSEN | Sandra | NEDERWIJSJE | 21 | SD | 0:28:34 |
| 216 | 634 | SLECHTEN | Nick | DOL-FIJN | 114 | SH | 0:28:47 |
| 217 | 873 | BUNTINX | Saskia | NA | 23 | SD | 0:28:48 |
| 218 | 646 | HOOGMARTENS | Christine | VIIO_HUM | 22 | SD | 0:28:48 |
| 219 | 866 | JAMAR | Steven | NA | 115 | SH | 0:28:49 |
| 220 | 867 | STROUVEN | Gilles | NA | 116 | SH | 0:28:51 |

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| PI | BORSTNR | NAAM | VOORNAAM | CLUB | PLAATS | CAT | TIJD |
|-----|---------|-----------------|----------|------------|--------|-------|---------|
| 221 | 680 | RASKIN | Indra | BS MERLIJN | 24 | SD | 0:28:51 |
| 222 | 613 | QUADFLIEG | Bjorn | MACD1931 | 117 | SH | 0:28:55 |
| 223 | 687 | AKKERMANS | Petra | NA | 25 | SD | 0:29:00 |
| 224 | 785 | WILLEMS | Myranda | QSH | 26 | SD | 0:29:01 |
| 225 | 786 | FROIDMONT | Eric | QSH | 28 | MH+45 | 0:29:02 |
| 226 | 697 | MILIS | Conny | VIIO H&Z | 7 | MD+35 | 0:29:06 |
| 227 | 827 | PERPETE | A-Marie | NA | 3 | MD+45 | 0:29:10 |
| 228 | 715 | PAULI | Yannick | NA | 118 | SH | 0:29:12 |
| 229 | 528 | STAS | Larissa | BS MERLIJN | 8 | MD+35 | 0:29:12 |
| 230 | 527 | BERTRAND | Anouchka | BS MERLIJN | 27 | SD | 0:29:14 |
| 231 | 819 | SNELLINX | Anja | VBSBOR | 9 | MD+35 | 0:29:14 |
| 232 | 678 | ROOSEN | Rudi | BS MERLIJN | 29 | MH+45 | 0:29:20 |
| 233 | 705 | BLOKKEN | Denise | SPORTOASE | 4 | MD+45 | 0:29:20 |
| 234 | 814 | PIRLET | Francine | ADD | 10 | MD+35 | 0:29:21 |
| 235 | 706 | PEXTERS | Yves | SPORTOASE | 30 | MH+45 | 0:29:24 |
| 236 | 682 | WISSELS | Michiel | NA | 119 | SH | 0:29:26 |
| 237 | 557 | BALLIGAND | Sarah | KTA 2 | 28 | SD | 0:29:31 |
| 238 | 771 | NELISSEN | Johan | NA | 45 | MH+35 | 0:29:33 |
| 239 | 924 | CHRISTIAENS | Jan | NA | 120 | SH | 0:29:35 |
| 240 | 911 | MOONS | Erwin | NA | 29 | SD | 0:29:35 |
| 241 | 627 | MARCKELBACH | Liesbet | VBS BOR | 11 | MD+35 | 0:29:37 |
| 242 | 909 | MOONS | Pascal | NA | 46 | MH+35 | 0:29:39 |
| 243 | 886 | PETRY | Annick | NA | 12 | MD+35 | 0:29:41 |
| 244 | 949 | OBEN | Peter | NA | 121 | SH | 0:29:41 |
| 245 | 521 | MEYVAERT | Jinte | BS MERLIJN | 122 | SH | 0:29:43 |
| 246 | 670 | VAN HAUDENHUYSE | Nathalie | NA | 30 | SD | 0:29:43 |
| 247 | 523 | VANDAMME | Tom | BS MERLIJN | 123 | SH | 0:29:45 |
| 248 | 681 | ROOSEN | Caroline | BS MERLIJN | 31 | SD | 0:29:47 |
| 249 | 617 | JOSSA | Shauni | TACT2387 | 32 | SD | 0:29:49 |
| 250 | 863 | VISSERS | Dirk | NA | 124 | SH | 0:29:51 |
| 251 | 928 | ZITO | Franco | NA | 47 | MH+35 | 0:29:53 |
| 252 | 908 | TROQUET | Guy | NA | 3 | MH+55 | 0:29:54 |
| 253 | 976 | PIERARD | Jordy | NA | 125 | SH | 0:30:00 |
| 254 | 851 | SCHOOFS | Kristel | NA | 13 | MD+35 | 0:30:01 |
| 255 | 927 | BERTRAND | Dirk | NA | 48 | MH+35 | 0:30:03 |
| 256 | 645 | KRONER | Marie | VIIO_HUM | 33 | SD | 0:30:05 |
| 257 | 918 | STOMPS | Bo | NA | 126 | SH | 0:30:06 |
| 258 | 669 | SCHWERIN | Wolfgang | NA | 4 | MH+55 | 0:30:12 |
| 259 | 558 | HAESEN | Steve | KTA 2 | 127 | SH | 0:30:14 |
| 260 | 788 | VAN GORSEL | Lieke | QSH | 34 | SD | 0:30:15 |
| 261 | 864 | VANDEWINKEL | Anke | NA | 35 | SD | 0:30:30 |
| 262 | 956 | BOOSTEN | Benny | NA | 49 | MH+35 | 0:30:31 |
| 263 | 554 | SCHRIJNEN | Frans | NA | 5 | MH+55 | 0:30:36 |
| 264 | 704 | ROEMERS | Dirk | SPORTOASE | 50 | MH+35 | 0:30:38 |

01/05/10 Tongeren Tungri-run 5 Km

| PI | BORSTNR | NAAM | VOORNAAM | CLUB | PLAATS | CAT | TIJD |
|-----|---------|---------------|------------|-------------|--------|-------|---------|
| 265 | 679 | PAPPERS | Rafael | BS MERLIJN | 128 | SH | 0:30:38 |
| 266 | 588 | BOUVEROUX | Peter | NA | 129 | SH | 0:30:40 |
| 267 | 545 | BECKERS | Marc | NA | 51 | MH+35 | 0:30:42 |
| 268 | 820 | FASTRE | Dennis | NA | 130 | SH | 0:30:42 |
| 269 | 703 | KLOMPERS | Cindy | SPORTOASE | 36 | SD | 0:30:45 |
| 270 | 942 | BOOSTEN | Eddy | NA | 52 | MH+35 | 0:30:47 |
| 271 | 897 | CIELEN | Frank | NA | 131 | SH | 0:30:48 |
| 272 | 648 | MERCKEN | Catherine | VIIO_HUM | 37 | SD | 0:30:53 |
| 273 | 529 | COENEGRACHTS | Johan | BS MERLIJN | 31 | MH+45 | 0:30:53 |
| 274 | 975 | TAUS | Eddy | NA | 53 | MH+35 | 0:30:57 |
| 275 | 707 | VANHEUSDEN | Kristien | SPORTOASE | 38 | SD | 0:30:58 |
| 276 | 591 | DIRIX | Pascale | ADD2828 | 14 | MD+35 | 0:30:59 |
| 277 | 797 | MIERMANS | Alexander | KAT | 132 | SH | 0:31:02 |
| 278 | 691 | STEVENS | Caroline | De Boomhut | 39 | SD | 0:31:03 |
| 279 | 725 | VANORMELINGEN | Maryse | VIIO NIJV | 5 | MD+45 | 0:31:06 |
| 280 | 674 | ARCKENS | Linda | NA | 6 | MD+45 | 0:31:06 |
| 281 | 675 | NASSEN | RenÉ | BS MERLIJN | 32 | MH+45 | 0:31:09 |
| 282 | 910 | LENAERTS | Sandra | NA | 15 | MD+35 | 0:31:09 |
| 283 | 649 | D'HUYS | Pauline | VIIO_HUM | 40 | SD | 0:31:13 |
| 284 | 650 | BAILLIEN | Evelien | VIIO_HUM | 41 | SD | 0:31:14 |
| 285 | 537 | EYKENS | Bart | NA | 54 | MH+35 | 0:31:15 |
| 286 | 807 | SHAHNAZOVA | Valentina | VIIO H&Z | 42 | SD | 0:31:15 |
| 287 | 596 | CIELEN | Eri | NEDERWIJSJE | 43 | SD | 0:31:17 |
| 288 | 743 | BOOSTEN | Julie | HERIK | 44 | SD | 0:31:18 |
| 289 | 747 | BOOSTEN | Dirk | HERIK | 55 | MH+35 | 0:31:20 |
| 290 | 790 | VANHEERS | Frank | VIIO H&Z | 33 | MH+45 | 0:31:20 |
| 291 | 642 | VANEMPTEN | Emilie | VIIO_HUM | 45 | SD | 0:31:21 |
| 292 | 775 | VANDENREYT | Kevin | VIIO H&Z | 133 | SH | 0:31:22 |
| 293 | 662 | VYVEY | Eline | VIIO_HUM | 46 | SD | 0:31:23 |
| 294 | 963 | SPEELMANS | Daan | VIIO NIJV | 134 | SH | 0:31:24 |
| 295 | 917 | BLEUS | Evi | ADD | 16 | MD+35 | 0:31:25 |
| 296 | 852 | CANCELLIER | Dominique | NA | 56 | MH+35 | 0:31:25 |
| 297 | 624 | KNAPEN | Karlijn | VBS BOR | 47 | SD | 0:31:29 |
| 298 | 920 | HERMANS | Mariella | NA | 17 | MD+35 | 0:31:31 |
| 299 | 846 | VANDEPUT | Leen | NA | 48 | SD | 0:31:31 |
| 300 | 623 | MAES | Bram | VBS BOR | 135 | SH | 0:31:32 |
| 301 | 904 | STASSEN | A-Lize | ADD3470 | 7 | MD+45 | 0:31:33 |
| 302 | 587 | HENNO | Caroline | NA | 49 | SD | 0:31:34 |
| 303 | 509 | SCHABON | Francis | OLVB | 57 | MH+35 | 0:31:34 |
| 304 | 850 | GEIJSEN | Joop | NA | 34 | MH+45 | 0:31:35 |
| 305 | 661 | JAGENEAU | Laura | VIIO_HUM | 50 | SD | 0:31:38 |
| 306 | 953 | RICHARDSON | Tracey | NA | 18 | MD+35 | 0:31:40 |
| 307 | 862 | VAN RANSBEEK | Sabine | NA | 8 | MD+45 | 0:31:44 |
| 308 | 960 | SOMERS | Bernadette | NA | 9 | MD+45 | 0:31:46 |

01/05/10 Tongeren Tungri-run 5 Km

| PI | BORSTNR | NAAM | VOORNAAM | CLUB | PLAATS | CAT | TIJD |
|-----|---------|-----------|-----------|--------------|--------|-------|---------|
| 309 | 688 | FRANSSEN | Leonce | De Boomhut | 10 | MD+45 | 0:31:53 |
| 310 | 933 | DELCROIX | Ludovic | NA | 136 | SH | 0:31:54 |
| 311 | 742 | FRANSSEN | Eric | HERIK | 35 | MH+45 | 0:31:56 |
| 312 | 593 | POLLERS | Sofie | JEUGDLAND | 51 | SD | 0:31:58 |
| 313 | 506 | LUYCK | Emelie | OLVB | 52 | SD | 0:31:59 |
| 314 | 803 | AERTS | Véronique | KAT | 53 | SD | 0:32:00 |
| 315 | 764 | GROVEN | Lut | KTA 2 | 11 | MD+45 | 0:32:02 |
| 316 | 913 | EYKENS | Danny | NA | 36 | MH+45 | 0:32:04 |
| 317 | 815 | ZOMERS | Joyce | NA | 54 | SD | 0:32:05 |
| 318 | 699 | GIELEN | Jocelyne | SPORTOASE | 19 | MD+35 | 0:32:06 |
| 319 | 712 | PAPS | Silvie | NA | 55 | SD | 0:32:06 |
| 320 | 947 | FAGARD | Liesbeth | NA | 56 | SD | 0:32:10 |
| 321 | 946 | VERJANS | Stijn | NA | 137 | SH | 0:32:11 |
| 322 | 667 | DONATZ | Loyca | VIIO_HUM | 57 | SD | 0:32:12 |
| 323 | 592 | KRÖNER | Lea | JEUGDLAND | 58 | SD | 0:32:13 |
| 324 | 958 | RAMAEKERS | Daan | NA | 138 | SH | 0:32:17 |
| 325 | 597 | VANDEBEEK | Mara | NEDERWIJSJE | 59 | SD | 0:32:19 |
| 326 | 959 | BIELEN | Inge | NA | 20 | MD+35 | 0:32:22 |
| 327 | 817 | JORISSEN | M-Louise | ADD | 12 | MD+45 | 0:32:23 |
| 328 | 890 | VRANCKEN | Herman | NA | 37 | MH+45 | 0:32:25 |
| 329 | 888 | VRANCKEN | Sien | NA | 60 | SD | 0:32:26 |
| 330 | 552 | GEERAERTS | Guido | NA | 38 | MH+45 | 0:32:27 |
| 331 | 856 | ERLICH | Angelique | NA | 61 | SD | 0:32:30 |
| 332 | 832 | HUSKENS | Jozef | NA | 6 | MH+55 | 0:32:40 |
| 333 | 695 | VERHELST | Tasha | VIIO H&Z | 62 | SD | 0:32:42 |
| 334 | 621 | MOREAS | Marcella | NA | 13 | MD+45 | 0:32:43 |
| 335 | 957 | HAGGBLOM | Rolf | NA | 39 | MH+45 | 0:32:50 |
| 336 | 861 | CIELEN | Nicole | NA | 14 | MD+45 | 0:32:57 |
| 337 | 757 | THYS | Erika | PICPUSSEN | 21 | MD+35 | 0:32:59 |
| 338 | 954 | LIEBENS | Charlotte | NA | 63 | SD | 0:33:00 |
| 339 | 639 | MECHNAME | Viginie | DOL-FIJN | 64 | SD | 0:33:06 |
| 340 | 840 | MONSEUR | Henri | NA | 7 | MH+55 | 0:33:08 |
| 341 | 637 | BIERWERTS | Noor | DOL-FIJN | 65 | SD | 0:33:10 |
| 342 | 641 | REMANS | Jan | DOL-FIJN | 139 | SH | 0:33:11 |
| 343 | 665 | LOYENS | Leen | VIIO_HUM | 66 | SD | 0:33:20 |
| 344 | 2855 | | | DOSSARD:2855 | 0 | 0 | 0:33:20 |
| 345 | 882 | THONNON | Johan | NA | 58 | MH+35 | 0:33:25 |
| 346 | 595 | MEURMANS | Eric | JEUGDLAND | 59 | MH+35 | 0:33:27 |
| 347 | 594 | MEURMANS | Elisa | JEUGDLAND | 67 | SD | 0:33:29 |
| 348 | 842 | JANS | Theo | ADD5318 | 60 | MH+35 | 0:33:30 |
| 349 | 884 | FLAVIANI | Dimitri | NA | 140 | SH | 0:33:32 |
| 350 | 841 | LAMBREGS | Ingrid | NA | 22 | MD+35 | 0:33:32 |
| 351 | 978 | MOTMANS | Jessica | NA | 68 | SD | 0:33:33 |
| 352 | 891 | PUT | Benny | NA | 40 | MH+45 | 0:33:35 |

01/05/10 Tongeren Tungri-run 5 Km

| PI | BORSTNR | NAAM | VOORNAAM | CLUB | PLAATS | CAT | TIJD |
|-----|---------|----------------|-----------|--------------|--------|-------|---------|
| 353 | 783 | KNAEPEN | Sofie | QSH | 69 | SD | 0:33:37 |
| 354 | 503 | BLAL | Asmea | OLVB | 70 | SD | 0:33:37 |
| 355 | 501 | DE HEPCÉE | Apolline | OLVB | 71 | SD | 0:33:38 |
| 356 | 782 | MISSOTTEN | Els | QSH | 72 | SD | 0:33:40 |
| 357 | 951 | RUTTEN | An | NA | 73 | SD | 0:33:41 |
| 358 | 879 | THONNON | Stefan | NA | 61 | MH+35 | 0:33:46 |
| 359 | 885 | ACHTEN | Danny | NA | 62 | MH+35 | 0:33:46 |
| 360 | 801 | VERBIST | Shane | KAT | 141 | SH | 0:33:54 |
| 361 | 510 | VANAKEN | Xanthe | OLVB | 74 | SD | 0:33:58 |
| 362 | 828 | VANAKEN | Gert | NA | 63 | MH+35 | 0:33:58 |
| 363 | 934 | PETERS | Johan | NA | 142 | SH | 0:34:00 |
| 364 | 868 | RAEDTS | Monique | NA | 15 | MD+45 | 0:34:03 |
| 365 | 878 | BUCKINX | Annick | NA | 23 | MD+35 | 0:34:03 |
| 366 | 735 | LEGROS | Celine | VIIO H&Z | 75 | SD | 0:34:05 |
| 367 | 581 | MOORS | Axelle | KTA 2 | 77 | SD | 0:34:07 |
| 368 | 668 | LAHAQUE | Caroline | VIIO_HUM | 76 | SD | 0:34:07 |
| 369 | 922 | WILLEKENS | Stijn | NA | 143 | SH | 0:34:11 |
| 370 | 564 | HEEREN | Carine | KTA 2 | 24 | MD+35 | 0:34:17 |
| 371 | 565 | HEEREN | Patrick | KTA 2 | 64 | MH+35 | 0:34:20 |
| 372 | 923 | | | DOSSARD:923 | 0 | 0 | 0:34:21 |
| 373 | 709 | VAN TRICHT | Karine | NA | 25 | MD+35 | 0:34:26 |
| 374 | 857 | CLEUREN | Stefanie | NA | 78 | SD | 0:34:27 |
| 375 | 689 | HERMANS | Nancy | De Boomhut | 26 | MD+35 | 0:34:28 |
| 376 | 4551 | | | DOSSARD:4551 | 0 | 0 | 0:34:33 |
| 377 | 4692 | | | DOSSARD:4692 | 0 | 0 | 0:34:36 |
| 378 | 926 | PIVOT | Yves | NA | 144 | SH | 0:34:37 |
| 379 | 750 | CUYPERS | Micheline | ADD3122 | 16 | MD+45 | 0:34:40 |
| 380 | 774 | DELIEVER | Jonas | VIIO H&Z | 145 | SH | 0:34:51 |
| 381 | 778 | BRUNINX | Annelore | STL | 79 | SD | 0:34:53 |
| 382 | 777 | BRUNINX | Dimitri | STL | 146 | SH | 0:34:54 |
| 383 | 610 | WINTER | Tanjo | MIJLPAAL | 147 | SH | 0:34:56 |
| 384 | 968 | BUDRACKX | Anne | NA | 27 | MD+35 | 0:34:59 |
| 385 | 702 | MEESEN | Saartje | SPORTOASE | 80 | SD | 0:35:01 |
| 386 | 708 | METTEN | Davy | SPORTOASE | 148 | SH | 0:35:02 |
| 387 | 540 | VANVINCKENROYE | Roosje | NA | 81 | SD | 0:35:02 |
| 388 | 608 | SEGERS (BEG) | Jo | NEDERWIJSJE | 41 | MH+45 | 0:35:04 |
| 389 | 683 | PETERS | Suzanne | NA | 17 | MD+45 | 0:35:05 |
| 390 | 919 | STEYLS | Elly | NA | 18 | MD+45 | 0:35:06 |
| 391 | 635 | SMITH | Collin | DOL-FIJN | 149 | SH | 0:35:07 |
| 392 | 516 | SOUVERIJNS | Philippe | NA | 42 | MH+45 | 0:35:07 |
| 393 | 636 | SMITH | Anthony | DOL-FIJN | 65 | MH+35 | 0:35:08 |
| 394 | 753 | BROWN | Lisa | PICPUSSEN | 82 | SD | 0:35:09 |
| 395 | 751 | LAHAQUE | Annelies | VIIO H&Z | 83 | SD | 0:35:23 |
| 396 | 723 | KUPPENS | A-Marie | NA | 28 | MD+35 | 0:35:27 |

01/05/10 Tongeren Tungri-run 5 Km

| PI | BORSTNR | NAAM | VOORNAAM | CLUB | PLAATS | CAT | TIJD |
|-----|---------|---------------|-----------|------------|--------|-------|---------|
| 397 | 724 | WAMPERS | Josiane | VIIO NIJV | 19 | MD+45 | 0:35:31 |
| 398 | 809 | VERMEULEN | Petra | NA | 29 | MD+35 | 0:35:35 |
| 399 | 759 | PEETERS | Marcelin | NA | 20 | MD+45 | 0:35:45 |
| 400 | 737 | FALIZE | Celina | VIIO H&Z | 30 | MD+35 | 0:36:26 |
| 401 | 858 | PORTUGAELS | Patrick | NA | 66 | MH+35 | 0:36:42 |
| 402 | 822 | PONCELET | Jullie | NA | 84 | SD | 0:36:53 |
| 403 | 657 | HOUBEN | Josiane | VIIO_HUM | 21 | MD+45 | 0:37:11 |
| 404 | 869 | NELISSEN | Sandra | NA | 85 | SD | 0:37:15 |
| 405 | 824 | PONCELET | Nathalie | NA | 86 | SD | 0:37:23 |
| 406 | 902 | DIGNEF | Viviae | NA | 22 | MD+45 | 0:37:24 |
| 407 | 903 | BAS | Imua | NA | 23 | MD+45 | 0:37:27 |
| 408 | 535 | GOOSSENS | Eva | NA | 87 | SD | 0:37:32 |
| 409 | 758 | RENQUIN | Marleen | NA | 24 | MD+45 | 0:37:36 |
| 410 | 620 | ANTHONISSEN | Veerle | NA | 88 | SD | 0:37:51 |
| 411 | 622 | REDIG | Kim | NA | 89 | SD | 0:37:53 |
| 412 | 547 | MAES | Gust | ADD4707 | 8 | MH+55 | 0:38:16 |
| 413 | 546 | VAN DEN BEMPT | Florence | ADD2840 | 25 | MD+45 | 0:38:17 |
| 414 | 740 | FAGARD | An | HERIK | 90 | SD | 0:38:37 |
| 415 | 745 | LARONDELLE | Chretien | HERIK | 9 | MH+55 | 0:38:38 |
| 416 | 931 | TIMMERMANS | Delphine | NA | 91 | SD | 0:38:39 |
| 417 | 810 | THIJS | Willy | NA | 10 | MH+55 | 0:39:02 |
| 418 | 563 | SARACI | Ehnestina | KTA 2 | 92 | SD | 0:39:05 |
| 419 | 505 | PEETERS | Marie | OLVB | 93 | SD | 0:39:11 |
| 420 | 692 | LLOYD | Jamie | De Boomhut | 94 | SD | 0:39:27 |
| 421 | 974 | JAMMAERS | Christa | NA | 31 | MD+35 | 0:39:32 |
| 422 | 690 | LLOYD | Stephen | De Boomhut | 67 | MH+35 | 0:39:33 |
| 423 | 929 | TIMMERMANS | Myrthe | NA | 95 | SD | 0:39:33 |
| 424 | 932 | TIMMERMANS | Marc | NA | 68 | MH+35 | 0:39:35 |
| 425 | 930 | JANS | Sandra | NA | 32 | MD+35 | 0:39:39 |
| 426 | 589 | MAGERMAN | Pauline | NA | 96 | SD | 0:39:54 |
| 427 | 781 | PAQUE | Dimitri | QSH | 150 | SH | 0:39:55 |
| 428 | 760 | SOUVERIJNS | Mylene | NA | 26 | MD+45 | 0:39:58 |
| 429 | 776 | VANDEVORST | Wouter | VIIO H&Z | 151 | SH | 0:40:14 |
| 430 | 619 | HENDRICKX | Karl | NA | 43 | MH+45 | 0:40:14 |
| 431 | 831 | HUSKENS | Peter | NA | 152 | SH | 0:40:16 |