

150m horden 0,762m Min Heren Uur=14:10**Reeks: 1**

| Plaats | Borstnr | Naam | Cat. | Gebj. | Klub | Prov | Prestatie | Info |
|--------|---------|-------------------|------|-------|------|------|-----------|------|
| 1 | 8382 | De Backer Bryan | | 00 | AVLO | O | 21.20 | |
| 2 | 8204 | Bernaers Jakke | | 00 | ZWAT | A | 23.85 | |
| 3 | 8190 | Van Brussel Bodhi | | 00 | AVLO | O | 24.08 | |
| 4 | 8383 | Stevens Niels | | 00 | AVLO | O | 24.50 | |
| 5 | 7922 | Alaoui Yousri | | 00 | BVAC | A | 26.67 | |
| 6 | 8928 | Noppe Arne | | 01 | VOLH | O | 26.96 | |

Reeks: 2

| Plaats | Borstnr | Naam | Cat. | Gebj. | Klub | Prov | Prestatie | Info |
|--------|---------|----------------------|------|-------|------|------|-----------|------|
| 1 | 8381 | Van Britsom Michiel | | 01 | AVLO | O | 23.09 | |
| 2 | 8346 | Van Dyck Jens | | 01 | WIBO | A | 23.21 | |
| 3 | 8821 | Sprangers Liam | | 01 | KAAG | O | 23.21 | |
| 4 | 8655 | Marien Yari | | 00 | AVZK | A | 24.32 | |
| 5 | 8155 | Van Regenmortel Nico | | 00 | HAKI | A | 25.32 | |

150m horden 0,762m Min Dames Uur=14:30**Reeks: 1**

| Plaats | Borstnr | Naam | Cat. | Gebj. | Klub | Prov | Prestatie | Info |
|----------|-------------|---------------------|------|-----------|-------------|----------|--------------|------|
| 1 | 7130 | Claeys Eline | | 00 | ATLA | L | 21.95 | |
| 2 | 6804 | Ooms Janne | | 01 | VMOL | A | 23.15 | |
| 3 | 7107 | Vandervelden Lotte | | 00 | LOOI | L | 23.29 | |
| 4 | 6733 | Coquyt Justine | | 00 | RCG | O | 23.39 | |
| 5 | 6867 | Burm Antje | | 00 | ACW | O | 24.71 | |
| 6 | 7980 | Mendonck Noor | | 00 | AVLO | O | 25.08 | |

Reeks: 2

| Plaats | Borstnr | Naam | Cat. | Gebj. | Klub | Prov | Prestatie | Info |
|--------|---------|---------------------|------|-------|------|------|-----------|------|
| 1 | 6967 | Bruynseels Nathalie | | 00 | BVAC | A | 23.03 | |
| 2 | 6962 | Verbelen Kaat | | 00 | AVLO | O | 23.12 | |
| 3 | 7059 | Vierendeels Loike | | 01 | LEBB | O | 23.30 | |
| 4 | 5987 | Cornez Oriane | | 00 | USBW | | 25.50 | |
| 5 | 6757 | Cocquyt Luna | | 01 | STAX | O | 25.71 | |

Reeks: 3

| Plaats | Borstnr | Naam | Cat. | Gebj. | Klub | Prov | Prestatie | Info |
|--------|---------|---------------------|------|-------|------|------|-----------|------|
| 1 | 6859 | Caeldries Christine | | 01 | ACW | O | 24.23 | |
| 2 | 7220 | Auwers Daphne | | 00 | ACHL | A | 24.50 | |
| 3 | 6912 | Van Puyvelde Anke | | 00 | AVLO | O | 24.60 | |
| 4 | 6869 | Stallaert Virze | | 01 | ACW | O | 25.49 | |
| 5 | 6925 | Leclercq Leen | | 01 | HAKI | A | 26.68 | |

60m horden 0,762m/6H Pup Heren Uur=14:52**Reeks: 1**

| Plaats | Borstnr | Naam | Cat. | Gebj. | Klub | Prov | Prestatie | Info |
|--------|---------|-----------------------|------|-------|------|------|-----------|------|
| 1 | 6927 | Foncke Renzo | | 02 | VOLH | O | 10.70 | |
| 2 | 6237 | Tamba Gabriel | | 02 | BVAC | A | 11.24 | |
| 3 | 5560 | Moreau Bjarne | | 02 | RIEM | O | 12.31 | |
| 4 | 4993 | Van Herreweghe Thomas | | 02 | RIEM | O | 12.43 | |
| 5 | 6427 | Vinck Symen | | 03 | ZELE | O | 13.46 | |
| | 6112 | Noppe Wout | | 03 | VOLH | O | NG | |

Reeks: 2

| Plaats | Borstnr | Naam | Cat. | Gebj. | Klub | Prov | Prestatie | Info |
|--------|---------|----------------|------|-------|------|------|-----------|------|
| 1 | 6317 | Ros Xander | | 02 | AVLO | O | 12.35 | |
| 2 | 5022 | De Groote Rune | | 03 | STAX | O | 13.74 | |
| 3 | 5978 | De Cock Cedric | | 02 | ACW | O | 14.04 | |
| 4 | 6003 | Verduyck Jonas | | 02 | ZELE | O | 14.13 | |

Lokeren

Stripmeeting

| | | | | | | |
|---|------|------------------|----|------|---|-------|
| 5 | 4820 | Alaoui Benyamine | 02 | BVAC | A | 14.23 |
|---|------|------------------|----|------|---|-------|

Reeks: 3

| Plaats | Borstnr | Naam | Cat. | Gebj. | Klub | Prov | Prestatie | Info |
|--------|---------|--------------------|------|-------|------|------|-----------|------|
| 1 | 5208 | Smets Daan | | 03 | HAKI | A | 12.86 | |
| 2 | 4848 | De Clercq Arnou | | 02 | STAX | O | 12.93 | |
| 3 | 5413 | Van Ransbeek Renzo | | 02 | ZELE | O | 13.64 | |
| 4 | 5147 | D'hondt Jelte | | 03 | ACDL | O | 13.99 | |
| | 5197 | Colman Mathisse | | 02 | ACW | O | NG | |

60m horden 0,762m/6H Pup Dames Uur=14:57

Reeks: 1

| Plaats | Borstnr | Naam | Cat. | Gebj. | Klub | Prov | Prestatie | Info |
|--------|---------|--------------------|------|-------|------|------|-----------|------|
| 1 | 4703 | Moens Joyce | | 03 | LEBB | O | 11.94 | |
| 2 | 4684 | Marien Svelte | | 03 | AVZK | A | 12.09 | |
| 3 | 4565 | Van Ryckeghem Sara | | 02 | AVLO | O | 13.14 | |
| 4 | 3987 | Vandenborre Elien | | 02 | AVR | W | 13.28 | |
| 5 | 3194 | Mostosi Ornella | | 02 | CABW | | 13.79 | |
| 6 | 4379 | De Block Charline | | 03 | AVLO | O | 14.69 | |

Reeks: 2

| Plaats | Borstnr | Naam | Cat. | Gebj. | Klub | Prov | Prestatie | Info |
|--------|---------|----------------------|------|-------|------|------|-----------|------|
| 1 | 3933 | Servaes Laura | | 02 | RCG | O | 12.66 | |
| 2 | 4537 | De Vleeschauwer Femi | | 02 | ASVO | O | 12.82 | |
| 3 | 4499 | De Bock Lisa | | 02 | RIEM | O | 13.07 | |
| 4 | 3213 | Cornez Marine | | 03 | USBW | | 13.16 | |
| 5 | 4091 | Ketsman Febe | | 02 | ASVO | O | 13.62 | |
| 6 | 4793 | Hoofter Elise | | 03 | ACDL | O | 14.30 | |

Reeks: 3

| Plaats | Borstnr | Naam | Cat. | Gebj. | Klub | Prov | Prestatie | Info |
|--------|---------|---------------------|------|-------|------|------|-----------|------|
| 1 | 3136 | Jemine Cecile | | 02 | HERV | | 13.64 | |
| 2 | 4177 | Bruynseels Isabelle | | 03 | BVAC | A | 13.73 | |
| 3 | 4566 | Van Ryckeghem Tine | | 03 | AVLO | O | 13.94 | |
| 4 | 4237 | Campe Merel | | 03 | DEIN | O | 13.96 | |
| 5 | 4133 | Naessens Jolien | | 02 | HAKI | A | 14.48 | |
| 6 | 3971 | De Ruyter Jana | | 02 | KAAG | O | 15.32 | |

60 meter Ben Heren Uur=15:12

Reeks: 1

| Plaats | Borstnr | Naam | Cat. | Gebj. | Klub | Prov | Prestatie | Info |
|--------|---------|--------------------|------|-------|------|------|-----------|------|
| 1 | 3556 | Foncke Mateo | | 04 | VOLH | O | 9.48 | |
| 2 | 1678 | Thienpondt Ilias | | 04 | ZELE | O | 9.64 | |
| 3 | 1381 | Pintens Jens | | 04 | HAKI | A | 9.76 | |
| 4 | 2943 | Van Britsom Sverre | | 05 | ZELE | O | 9.97 | |
| 5 | 3181 | Van Raemdonck Kobe | | 06 | BRAB | A | 10.49 | |
| 6 | 1706 | De Block Dylan | | 05 | AVLO | O | 10.51 | |
| 7 | 2942 | Vinck Mirko | | 04 | ZELE | O | 10.81 | |

Reeks: 2

| Plaats | Borstnr | Naam | Cat. | Gebj. | Klub | Prov | Prestatie | Info |
|--------|---------|------------------------|------|-------|------|------|-----------|------|
| 1 | 2930 | Heirbrant Klaas | | 04 | AVLO | O | 10.24 | |
| 2 | 1206 | Van De Kerckhove Jelle | | 04 | STAX | O | 10.31 | |
| 3 | 1682 | Verniers Maxim | | 05 | ZELE | O | 10.43 | |
| 4 | 1022 | Alaoui Ibrahim | | 04 | BVAC | A | 10.54 | |
| 5 | 1874 | Moreau Warre | | 05 | RIEM | O | 10.67 | |
| 6 | 2115 | Moureau Luca | | 04 | RIEM | O | 11.34 | |
| 7 | 23 | NOPPE SIEBE | | 06 | VOLH | | 12.37 | |

Reeks: 3

| Plaats | Borstnr | Naam | Cat. | Gebj. | Klub | Prov | Prestatie | Info |
|--------|---------|----------------------|------|-------|------|------|-----------|------|
| 1 | 2056 | Dupont Maarten-jonas | | 05 | BRAB | A | 10.38 | |

Lokeren

Stripmeeting

| | | | | | | |
|---|------|------------------|----|------|---|-------|
| 2 | 1980 | Everaert Robbe | 04 | AVLO | O | 10.43 |
| 3 | 22 | NOPPE DAAN | 06 | VOLH | | 11.94 |
| 4 | 20 | KETSMAN SENNE | 07 | NA | | 12.13 |
| 5 | 24 | MOREAU BRIEK | 07 | RIEM | | 13.45 |
| | 1384 | De Bruyne Jasper | 05 | AVLO | O | NG |

Reeks: 4

| Plaats | Borstnr | Naam | Cat. | Gebj. | Klub | Prov | Prestatie | Info |
|--------|---------|------------------|------|-------|------|------|-----------|------|
| 1 | 1233 | Smet Ruben | | 04 | ACW | O | 9.98 | |
| 2 | 2662 | Tamba Elijah | | 05 | BVAC | A | 10.40 | |
| 3 | 21 | MUYSHONDT MILAN | | 04 | NA | | 10.43 | |
| 4 | 1979 | Elsmoortel Siebe | | 04 | AVLO | O | 10.80 | |
| 5 | 1698 | De Vos Seppe | | 05 | AVLO | O | 11.46 | |
| 6 | 3580 | Decoene Wout | | 06 | STAX | O | 11.73 | |

60 meter**Ben Dames Uur=15:13**

Reeks: 1

| Plaats | Borstnr | Naam | Cat. | Gebj. | Klub | Prov | Prestatie | Info |
|--------|---------|--------------------|------|-------|------|------|-----------|------|
| 1 | 1198 | Praet Axelle | | 04 | STAX | O | 10.06 | |
| 2 | 1668 | Marien Kjersti | | 05 | AVZK | A | 10.38 | |
| 3 | 1766 | Denooze Imea | | 05 | ASVO | O | 10.42 | |
| 4 | 1338 | Cailly Lisa | | 04 | RCG | O | 10.54 | |
| 5 | 1112 | Smets Binta | | 05 | HAKI | A | 10.54 | |
| 6 | 1300 | Verniers Stephanie | | 05 | ZELE | O | 10.55 | |
| 7 | 827 | Van Hulle Marion | | 04 | RCG | O | 10.57 | |

Reeks: 2

| Plaats | Borstnr | Naam | Cat. | Gebj. | Klub | Prov | Prestatie | Info |
|--------|---------|-----------------------|------|-------|------|------|-----------|------|
| 1 | 1164 | De Clercq Julie | | 05 | KAAG | O | 10.64 | |
| 2 | 2185 | D'hooge Chloe | | 06 | AVLO | O | 10.89 | |
| 3 | 942 | Vercauteren Caro | | 04 | STAX | O | 11.25 | |
| 4 | 852 | Willems Cara | | 05 | STAX | O | 11.33 | |
| 5 | 2578 | Van Ransbeek Arrezina | | 06 | ZELE | O | 11.38 | |
| 6 | 1899 | Ayad Nahed | | 04 | AVLO | O | 11.78 | |
| 7 | 19 | VAN LOKEREN PHEBE | | 07 | AVLO | | 12.12 | |

1000 meter**Pup Heren Uur=16:38**

Reeks: 1

| Plaats | Borstnr | Naam | Cat. | Gebj. | Klub | Prov | Prestatie | Info |
|--------|---------|---------------------|------|-------|------|------|-----------|------|
| 1 | 6237 | Tamba Gabriel | | 02 | BVAC | A | 3:29.56 | |
| 2 | 5710 | Dupont Ruben-thomas | | 02 | BRAB | A | 3:30.36 | |
| 3 | 6317 | Ros Xander | | 02 | AVLO | O | 3:37.54 | |
| 4 | 5147 | D'hondt Jelte | | 03 | ACDL | O | 3:44.57 | |
| 5 | 4848 | De Clercq Arnou | | 02 | STAX | O | 3:46.34 | |
| 6 | 6003 | Verduyck Jonas | | 02 | ZELE | O | 3:48.31 | |
| 7 | 6415 | De Maere Stef | | 03 | AVLO | O | 3:56.31 | |
| 8 | 6307 | Van Herck Stan | | 03 | BRAB | A | 4:03.22 | |
| 9 | 5594 | Blommaert Tristan | | 03 | LEBB | O | 4:07.01 | |
| 10 | 6532 | Weyn Emiel | | 03 | AVLO | O | 4:08.11 | |
| 11 | 5678 | Saeyns Brent | | 03 | ACDL | O | 4:21.88 | |
| 12 | 5405 | Van Grembergen Aico | | 03 | LEBB | O | 4:27.38 | |
| 13 | 5151 | Das Jobbe | | 03 | STAX | O | 4:37.61 | |
| | 6112 | Noppe Wout | | 03 | VOLH | O | NG | |

Reeks: 2

| Plaats | Borstnr | Naam | Cat. | Gebj. | Klub | Prov | Prestatie | Info |
|--------|---------|-----------------------|------|-------|------|------|-----------|------|
| 1 | 5095 | De Paermentier Gerben | | 03 | DEIN | O | 3:18.06 | |
| 2 | 4958 | Van Gansbeke Lars | | 02 | ZA | O | 3:22.25 | |
| 3 | 5413 | Van Ransbeek Renzo | | 02 | ZELE | O | 3:24.69 | |
| 4 | 6316 | De Troyer Yorben | | 03 | AVLO | O | 3:26.76 | |
| 5 | 5560 | Moreau Bjarne | | 02 | RIEM | O | 3:30.13 | |
| 6 | 6427 | Vinck Symen | | 03 | ZELE | O | 3:31.19 | |
| 7 | 4820 | Alaoui Benyamine | | 02 | BVAC | A | 3:31.68 | |

Lokeren

Stripmeeting

| | | | | | | |
|----|------|-----------------|----|------|---|---------|
| 8 | 6927 | Foncke Renzo | 02 | VOLH | O | 3:32.84 |
| 9 | 5880 | Ost Jasper | 03 | ACW | O | 3:33.40 |
| 10 | 6417 | Dieleman Noa | 03 | AVLO | O | 3:38.99 |
| 11 | 5208 | Smets Daan | 03 | HAKI | A | 3:47.69 |
| 12 | 5978 | De Cock Cedric | 02 | ACW | O | 3:48.31 |
| 13 | 5395 | De Vos Kasper | 03 | STAX | O | 3:56.72 |
| | 5197 | Colman Mathisse | 02 | ACW | O | NG |

600 meter Ben Heren Uur=16:40

Reeks: 1

| Plaats | Borstnr | Naam | Cat. | Gebj. | Klub | Prov | Prestatie | Info |
|--------|---------|------------------------|------|-------|------|------|-----------|------|
| 1 | 3556 | Foncke Mateo | 04 | VOLH | O | | 1:57.91 | |
| 2 | 2943 | Van Britsom Sverre | 05 | ZELE | O | | 1:59.26 | |
| 3 | 1678 | Thienpondt Ilias | 04 | ZELE | O | | 2:02.55 | |
| 4 | 1233 | Smet Ruben | 04 | ACW | O | | 2:07.14 | |
| 5 | 1682 | Verniers Maxim | 05 | ZELE | O | | 2:09.01 | |
| 6 | 1381 | Pintens Jens | 04 | HAKI | A | | 2:09.86 | |
| 7 | 1206 | Van De Kerckhove Jelle | 04 | STAX | O | | 2:10.53 | |
| 8 | 1022 | Alaoui Ibrahim | 04 | BVAC | A | | 2:10.55 | |
| 9 | 2930 | Heirbrant Klaas | 04 | AVLO | O | | 2:10.57 | |
| 10 | 2942 | Vinck Mirko | 04 | ZELE | O | | 2:15.75 | |
| 11 | 1874 | Moreau Warre | 05 | RIEM | O | | 2:18.48 | |
| 12 | 1150 | Van Gansbeke Servaas | 05 | ZA | O | | 2:23.32 | |

Reeks: 2

| Plaats | Borstnr | Naam | Cat. | Gebj. | Klub | Prov | Prestatie | Info |
|--------|---------|----------------------|------|-------|------|------|-----------|------|
| 1 | 2056 | Dupont Maarten-jonas | 05 | BRAB | A | | 2:09.84 | |
| 2 | 1979 | Elsmoortel Siebe | 04 | AVLO | O | | 2:16.14 | |
| 3 | 21 | MUYSHONDT MILAN | 04 | NA | | | 2:16.30 | |
| 4 | 1706 | De Block Dylan | 05 | AVLO | O | | 2:16.33 | |
| 5 | 1980 | Everaert Robbe | 04 | AVLO | O | | 2:16.98 | |
| 6 | 3181 | Van Raemdonck Kobe | 06 | BRAB | A | | 2:20.02 | |
| 7 | 2115 | Moureau Luca | 04 | RIEM | O | | 2:22.87 | |
| 8 | 1698 | De Vos Seppe | 05 | AVLO | O | | 2:29.49 | |
| 9 | 23 | NOPPE SIEBE | 06 | VOLH | | | 2:33.40 | |
| 10 | 22 | NOPPE DAAN | 06 | VOLH | | | 2:36.24 | |
| 11 | 3580 | Decoene Wout | 06 | STAX | O | | 2:38.57 | |
| 12 | 24 | MOREAU BRIEK | 07 | RIEM | | | 3:10.32 | |
| | 1384 | De Bruyne Jasper | 05 | AVLO | O | | NG | |

1000 meter HANDTIJDEN !! Min Heren Uur=16:52

Reeks: 1

| Plaats | Borstnr | Naam | Cat. | Gebj. | Klub | Prov | Prestatie | Info |
|--------|---------|---------------------|------|-------|------|------|-----------|------|
| 1 | 8369 | Van Ransbeeck Senne | 01 | ZELE | O | | 3:16.30 | |
| 2 | 8368 | Verniers Thibeau | 01 | ZELE | O | | 3:18.70 | |
| 3 | 8821 | Sprangers Liam | 01 | KAAG | O | | 3:20.30 | |
| 4 | 8379 | Van Eetvelde Robin | 00 | AVLO | O | | 3:22.30 | |
| 5 | 8928 | Noppe Arne | 01 | VOLH | O | | 3:31.10 | |
| 6 | 8406 | Biebaut Sander | 00 | RCG | O | | 3:33.00 | |
| 7 | 8346 | Van Dyck Jens | 01 | WIBO | A | | 3:33.50 | |
| 8 | 8040 | Vande Putte Robin | 00 | STAX | O | | 3:41.10 | |
| 9 | 7922 | Alaoui Yousri | 00 | BVAC | A | | 4:05.90 | |
| | 8377 | De Vos Wannas | 01 | AVLO | O | | NA | |
| | 8803 | De Munter Ilja | 01 | STAX | O | | NA | |
| | 8381 | Van Britsom Michiel | 01 | AVLO | O | | NA | |

1000 meter Min Dames Uur=16:53

Reeks: 1

| Plaats | Borstnr | Naam | Cat. | Gebj. | Klub | Prov | Prestatie | Info |
|--------|---------|---------------------|------|-------|------|------|-----------|------|
| 1 | 7396 | De Decker Lisa | 01 | LOND | V | | 3:18.33 | |
| 2 | 6859 | Caeldries Christine | 01 | ACW | O | | 3:28.44 | |

Lokeren

Stripmeeting

| | | | | | | |
|----|------|-----------------------|----|-------|---|---------|
| 3 | 7358 | Heetesonne Siel | 01 | HAMMO | O | 3:30.99 |
| 4 | 6839 | Carnoy Hanne | 01 | RIEM | O | 3:35.72 |
| 5 | 6913 | Sonck Louise | 01 | AVLO | O | 3:40.39 |
| 6 | 6912 | Van Puyvelde Anke | 00 | AVLO | O | 3:41.09 |
| 7 | 6850 | De Blander Laura | 00 | STAX | O | 3:43.30 |
| 8 | 7914 | Arijs Julie | 01 | VAC | V | 3:45.29 |
| 9 | 7848 | Heyndrickx Emily | 00 | AVLO | O | 3:49.03 |
| 10 | 6764 | Van De Putte Joelle | 01 | STAX | O | 3:52.62 |
| 11 | 5987 | Cornez Oriane | 00 | USBW | | 3:53.02 |
| 12 | 6965 | Van Assche Marie | 01 | AVLO | O | 4:10.47 |
| 13 | 7329 | Van Ryckeghem Katrien | 01 | AVLO | O | 4:17.16 |
| | 6967 | Bruynseels Nathalie | 00 | BVAC | A | NA |

600 meter Ben Dames Uur=16:53

Reeks: 1

| Plaats | Borstnr | Naam | Cat. | Gebj. | Klub | Prov | Prestatie | Info |
|--------|---------|------------------------|------|-------|------|------|-----------|------|
| 1 | 827 | Van Hulle Marion | | 04 | RCG | O | 2:10.25 | |
| 2 | 1300 | Verniers Stephanie | | 05 | ZELE | O | 2:12.10 | |
| 3 | 1766 | Denooze Imea | | 05 | ASVO | O | 2:15.24 | |
| 4 | 2185 | D'hooge Chloe | | 06 | AVLO | O | 2:26.23 | |
| 5 | 1338 | Cailly Lisa | | 04 | RCG | O | 2:27.28 | |
| 6 | 2578 | Van Ransbeeck Arrezina | | 06 | ZELE | O | 2:30.56 | |
| 7 | 19 | VAN LOKEREN PHEBE | | 07 | AVLO | | 2:35.81 | |
| 8 | 1899 | Ayad Nahed | | 04 | AVLO | O | 2:41.94 | |

1000 meter Pup Dames Uur=17:06

Reeks: 1

| Plaats | Borstnr | Naam | Cat. | Gebj. | Klub | Prov | Prestatie | Info |
|--------|---------|---------------------|------|-------|------|------|-----------|------|
| 1 | 4916 | Ayad Dounia | | 02 | AVLO | O | 3:29.01 | |
| 2 | 4499 | De Bock Lisa | | 02 | RIEM | O | 3:39.45 | |
| 3 | 3136 | Jemine Cecile | | 02 | HERV | | 3:47.92 | |
| 4 | 4379 | De Block Charline | | 03 | AVLO | O | 3:59.44 | |
| 5 | 4566 | Van Ryckeghem Tine | | 03 | AVLO | O | 4:02.13 | |
| 6 | 4565 | Van Ryckeghem Sara | | 02 | AVLO | O | 4:04.59 | |
| 7 | 4792 | Hoofter Aline | | 03 | ACDL | O | 4:07.76 | |
| 8 | 4177 | Bruynseels Isabelle | | 03 | BVAC | A | 4:11.68 | |
| 9 | 4377 | Van Britsom Mare | | 03 | AVLO | O | 4:13.28 | |
| 10 | 3213 | Cornez Marine | | 03 | USBW | | 4:14.99 | |
| 11 | 4223 | Planckaert Kato | | 03 | ASVO | O | 4:22.19 | |
| | 4090 | Demetter Kaat | | 02 | ASVO | O | NG | |

polstokspringen Min Heren Uur=14:41

Reeks: 1

| Plaats | Borstnr | Naam | Cat. | Gebj. | Klub | Prov | Prestatie | Info |
|--------|---------|-----------------------|------|-------|------|------|-----------|------|
| 1 | 8381 | Van Britsom Michiel | | 01 | AVLO | O | 2.10m | |
| 2 | 8190 | Van Brussel Bodhi | | 00 | AVLO | O | 2.00m | |
| 3 | 8383 | Stevens Niels | | 00 | AVLO | O | 1.90m | |
| 4 | 8526 | Van Bockstael Martijn | | 01 | AVLO | O | 1.80m | |
| 4 | 8382 | De Backer Bryan | | 00 | AVLO | O | 1.80m | |
| | 8877 | Van Walle Jasper | | 01 | AVLO | O | GP | |
| | 8377 | De Vos Wannas | | 01 | AVLO | O | GP | |

hockeywerpen Ben Heren Uur=15:14

Reeks: 1

| Plaats | Borstnr | Naam | Cat. | Gebj. | Klub | Prov | Prestatie | Info |
|--------|---------|------------------|------|-------|------|------|-----------|------|
| 1 | 1381 | Pintens Jens | | 04 | HAKI | A | 24.59 | |
| 2 | 3556 | Foncke Mateo | | 04 | VOLH | O | 23.86 | |
| 3 | 2942 | Vinck Mirko | | 04 | ZELE | O | 23.78 | |
| 4 | 1979 | Elsmoortel Siebe | | 04 | AVLO | O | 23.35 | |

Lokeren

Stripmeeting

| | | | | | | |
|----|------|------------------------|----|------|---|-------|
| 5 | 2930 | Heirbrant Klaas | 04 | AVLO | O | 23.34 |
| 6 | 9021 | | | | | 21.61 |
| 7 | 1682 | Verniers Maxim | 05 | ZELE | O | 19.97 |
| 8 | 1706 | De Block Dylan | 05 | AVLO | O | 19.77 |
| 9 | 1698 | De Vos Seppe | 05 | AVLO | O | 18.75 |
| 10 | 1384 | De Bruyne Jasper | 05 | AVLO | O | 18.27 |
| 11 | 2115 | Moureau Luca | 04 | RIEM | O | 17.51 |
| 12 | 1980 | Everaert Robbe | 04 | AVLO | O | 17.01 |
| 13 | 1206 | Van De Kerckhove Jelle | 04 | STAX | O | 16.73 |
| 14 | 1022 | Alaoui Ibrahim | 04 | BVAC | A | 15.84 |
| 15 | 2662 | Tamba Elijah | 05 | BVAC | A | 15.25 |
| 16 | 9020 | | | | | 12.58 |

verspringen Pup Heren Uur=15:05

Reeks: 1

| Plaats | Borstnr | Naam | Cat. | Gebj. | Klub | Prov | Prestatie | Info |
|--------|---------|-----------------------|------|-------|-------|------|-----------|------|
| 1 | 6237 | Tamba Gabriel | | 02 | BVAC | A | 3.96m | |
| 2 | 6927 | Foncke Renzo | | 02 | VOLH | O | 3.89m | |
| 3 | 6317 | Ros Xander | | 02 | AVLO | O | 3.88m | |
| 4 | 5710 | Dupont Ruben-thomas | | 02 | BRAB | A | 3.74m | |
| 5 | 5197 | Colman Mathisse | | 02 | ACW | O | 3.70m | |
| 6 | 5880 | Ost Jasper | | 03 | ACW | O | 3.68m | |
| 7 | 5560 | Moreau Bjarne | | 02 | RIEM | O | 3.62m | |
| 8 | 5095 | De Paermentier Gerben | | 03 | DEIN | O | 3.57m | |
| 9 | 5978 | De Cock Cedric | | 02 | ACW | O | 3.56m | |
| 10 | 5413 | Van Ransbeek Renzo | | 02 | ZELE | O | 3.54m | |
| 11 | 6427 | Vinck Symen | | 03 | ZELE | O | 3.44m | |
| 12 | 6316 | De Troyer Yorben | | 03 | AVLO | O | 3.32m | |
| 13 | 5208 | Smets Daan | | 03 | HAKI | A | 3.26m | |
| 14 | 6415 | De Maere Stef | | 03 | AVLO | O | 3.20m | |
| 15 | 6003 | Verduyckt Jonas | | 02 | ZELE | O | 3.18m | |
| 16 | 6417 | Dieleman Noa | | 03 | AVLO | O | 3.13m | |
| 17 | 5022 | De Grootte Rune | | 03 | STAX | O | 3.13m | |
| 18 | 5151 | Das Jobbe | | 03 | STAX | O | 3.03m | |
| 19 | 5147 | D'hondt Jelte | | 03 | ACDL | O | 3.03m | |
| 20 | 4848 | De Clercq Arnou | | 02 | STAX | O | 3.03m | |
| 21 | 5595 | Robijns Flor | | 03 | LEBB | O | 2.99m | |
| 22 | 6307 | Van Herck Stan | | 03 | BRAB | A | 2.95m | |
| 23 | 5640 | Van Cleemput Stijn | | 03 | AVLO | O | 2.95m | |
| 24 | 5405 | Van Grembergen Aico | | 03 | LEBB | O | 2.90m | |
| 25 | 4820 | Alaoui Benyamine | | 02 | BVAC | A | 2.88m | |
| 26 | 6532 | Weyn Emiel | | 03 | AVLO | O | 2.81m | |
| 27 | 5678 | Saeys Brent | | 03 | ACDL | O | 2.53m | |
| 28 | 5395 | De Vos Kasper | | 03 | STAX | O | 2.51m | |
| 29 | 5594 | Blommaert Tristan | | 03 | LEBB | O | 2.47m | |
| | 5676 | Van Haver Elias | | 03 | HAMMO | | GP | |
| | 6112 | Noppe Wout | | 03 | VOLH | O | NG | |

hoogspringen Min Heren Uur=15:30

Reeks: 1

| Plaats | Borstnr | Naam | Cat. | Gebj. | Klub | Prov | Prestatie | Info |
|--------|---------|---------------------|------|-------|------|------|-----------|------|
| 1 | 8382 | De Backer Bryan | | 00 | AVLO | O | 1.50m | |
| 2 | 8821 | Sprangers Liam | | 01 | KAAG | O | 1.41m | |
| 3 | 8655 | Marien Yari | | 00 | AVZK | A | 1.35m | |
| 4 | 8381 | Van Britsom Michiel | | 01 | AVLO | O | 1.32m | |
| 5 | 7922 | Alaoui Yousri | | 00 | BVAC | A | 1.32m | |
| 6 | 8368 | Verniers Thibeau | | 01 | ZELE | O | 1.27m | |
| 7 | 8377 | De Vos Wannes | | 01 | AVLO | O | 1.27m | |
| 8 | 8190 | Van Brussel Bodhi | | 00 | AVLO | O | 1.27m | |
| 9 | 8204 | Bernaers Jakke | | 00 | ZWAT | A | 1.22m | |
| 10 | 8346 | Van Dyck Jens | | 01 | WIBO | A | 1.22m | |
| 11 | 8369 | Van Ransbeek Senne | | 01 | ZELE | O | 1.17m | |
| 12 | 8383 | Stevens Niels | | 00 | AVLO | O | 1.17m | |
| 13 | 8565 | De Landtsheer Bono | | 01 | AVLO | O | 1.12m | |

Lokeren

Stripmeeting

| | | | |
|----|-----------------------|-----------|-------|
| 14 | 8928 Noppe Arne | 01 VOLH O | 1.12m |
| | 8877 Van Walle Jasper | 01 AVLO O | GP |

kogelstoten 2,000kg Min Dames Uur=15:24

Reeks: 1

| Plaats | Borstnr | Naam | Cat. | Gebj.Klub | Prov | Prestatie | Info |
|--------|---------|-----------------------|------|-----------|------|-----------|------|
| 1 | 6881 | Vanden Bosch Amber | 01 | ZWAT | A | 9.27 | |
| 2 | 6967 | Bruynseels Nathalie | 00 | BVAC | A | 8.96 | |
| 3 | 6804 | Ooms Janne | 01 | VMOL | A | 8.52 | |
| 4 | 7220 | Auwers Daphne | 00 | ACHL | A | 8.45 | |
| 5 | 7107 | Vandervelden Lotte | 00 | LOOI | L | 8.34 | |
| 6 | 6850 | De Blander Laura | 00 | STAX | O | 8.13 | |
| 7 | 7060 | Heyvaert Lotte | 01 | LEBB | O | 8.11 | |
| 8 | 7358 | Heetesonne Siel | 01 | HAMMO | O | 7.76 | |
| 9 | 7059 | Vierendeels Loike | 01 | LEBB | O | 7.72 | |
| 10 | 6867 | Burm Antje | 00 | ACW | O | 7.49 | |
| 11 | 6925 | Leclercq Leen | 01 | HAKI | A | 7.12 | |
| 12 | 7329 | Van Ryckeghem Katrien | 01 | AVLO | O | 6.96 | |
| 13 | 6757 | Cocquyt Luna | 01 | STAX | O | 6.82 | |
| 14 | 6848 | Baetens Justine | 00 | STAX | O | 6.27 | |
| 15 | 6764 | Van De Putte Joelle | 01 | STAX | O | 6.20 | |
| 16 | 6912 | Van Puyvelde Anke | 00 | AVLO | O | 6.04 | |
| 17 | 6965 | Van Assche Marie | 01 | AVLO | O | 5.87 | |
| 18 | 6869 | Stallaert Virze | 01 | ACW | O | 5.86 | |
| 19 | 8151 | Ayad Farah | 00 | AVLO | O | 5.74 | |
| 20 | 6763 | Schellynck Janne | 01 | STAX | O | 5.70 | |
| 21 | 6859 | Caeldries Christine | 01 | ACW | O | 5.54 | |
| 22 | 7330 | D'haese Emma | 01 | AVLO | O | 4.48 | |

polsstokspringen Min Dames Uur=15:38

Reeks: 1

| Plaats | Borstnr | Naam | Cat. | Gebj.Klub | Prov | Prestatie | Info |
|--------|---------|-------------------|------|-----------|------|-----------|------|
| 1 | 6912 | Van Puyvelde Anke | 00 | AVLO | O | 1.85m | |
| 2 | 7980 | Mendonck Noor | 00 | AVLO | O | 1.80m | |
| 3 | 6962 | Verbelen Kaat | 00 | AVLO | O | 1.60m | |

hockeywerpen Ben Dames Uur=15:50

Reeks: 1

| Plaats | Borstnr | Naam | Cat. | Gebj.Klub | Prov | Prestatie | Info |
|--------|---------|--------------------|------|-----------|------|-----------|------|
| 1 | 827 | Van Hulle Marion | 04 | RCG | O | 21.02 | |
| 2 | 1338 | Cailly Lisa | 04 | RCG | O | 16.74 | |
| 3 | 1112 | Smets Binta | 05 | HAKI | A | 16.34 | |
| 4 | 1899 | Ayad Nahed | 04 | AVLO | O | 15.97 | |
| 5 | 1668 | Marien Kjersti | 05 | AVZK | A | 15.76 | |
| 6 | 1766 | Denooze Imea | 05 | ASVO | O | 14.50 | |
| 7 | 942 | Vercauteren Caro | 04 | STAX | O | 13.97 | |
| 8 | 1164 | De Clercq Julie | 05 | KAAG | O | 13.87 | |
| 9 | 1198 | Praet Axelle | 04 | STAX | O | 11.82 | |
| 10 | 1300 | Verniers Stephanie | 05 | ZELE | O | 10.21 | |
| 11 | 9019 | | | | | 4.45 | |

verspringen Pup Dames Uur=16:14

Reeks: 1

| Plaats | Borstnr | Naam | Cat. | Gebj.Klub | Prov | Prestatie | Info |
|--------|---------|------------------|------|-----------|------|-----------|------|
| 1 | 4867 | Boone Luca Bella | 02 | ACME | O | 3.88m | |
| 2 | 3194 | Mostosi Ornella | 02 | CABW | | 3.78m | |
| 3 | 4684 | Marien Svelte | 03 | AVZK | A | 3.60m | |
| 4 | 4567 | D'haese Elien | 03 | AVLO | O | 3.59m | |
| 5 | 4499 | De Bock Lisa | 02 | RIEM | O | 3.58m | |

Lokeren

Stripmeeting

| | | | | | | |
|----|------|----------------------|----|------|---|-------|
| 6 | 3136 | Jemine Cecile | 02 | HERV | | 3.57m |
| 7 | 4916 | Ayad Dounia | 02 | AVLO | O | 3.47m |
| 8 | 3987 | Vandenborre Elien | 02 | AVR | W | 3.45m |
| 9 | 4412 | Cailly Merel | 02 | RCG | O | 3.44m |
| 10 | 4537 | De Vleeschauwer Femi | 02 | ASVO | O | 3.35m |
| 11 | 4090 | Demetter Kaat | 02 | ASVO | O | 3.33m |
| 12 | 4237 | Campe Merel | 03 | DEIN | O | 3.29m |
| 13 | 3933 | Servaes Laura | 02 | RCG | O | 3.26m |
| 14 | 4565 | Van Ryckeghem Sara | 02 | AVLO | O | 3.16m |
| 15 | 4091 | Ketsman Febe | 02 | ASVO | O | 3.11m |
| 16 | 4765 | Denooze Rayna | 03 | ASVO | O | 3.02m |
| 17 | 4133 | Naessens Jolien | 02 | HAKI | A | 3.00m |
| 18 | 4223 | Planckaert Kato | 03 | ASVO | O | 2.99m |
| 19 | 4566 | Van Ryckeghem Tine | 03 | AVLO | O | 2.98m |
| 20 | 4379 | De Block Charline | 03 | AVLO | O | 2.94m |
| 21 | 3213 | Cornez Marine | 03 | USBW | | 2.91m |
| 22 | 4793 | Hoofteteer Elise | 03 | ACDL | O | 2.90m |
| 23 | 3971 | De Ruyter Jana | 02 | KAAG | O | 2.84m |
| 24 | 4377 | Van Britsom Mare | 03 | AVLO | O | 2.83m |
| 25 | 4177 | Bruynseels Isabelle | 03 | BVAC | A | 2.74m |
| 26 | 4792 | Hoofteteer Aline | 03 | ACDL | O | 2.54m |
| 27 | 4471 | Verbeken Linn | 03 | RCG | O | 2.48m |
| 28 | 5302 | Mendonck Rhode | 03 | AVLO | O | 2.36m |
| | 4273 | Praet Justine | 02 | STAX | O | NG |

kogelstoten 3,000kg Min Heren Uur=15:58

Reeks: 1

| Plaats | Borstnr | Naam | Cat. | Gebj. | Klub | Prov | Prestatie | Info |
|--------|---------|-----------------------|------|-------|------|------|-----------|------|
| 1 | 8382 | De Backer Bryan | | 00 | AVLO | O | 9.70 | |
| 2 | 8204 | Bernaers Jakke | | 00 | ZWAT | A | 9.14 | |
| 3 | 8681 | Van Den Branden Rian | | 00 | AVLO | O | 9.00 | |
| 4 | 8346 | Van Dyck Jens | | 01 | WIBO | A | 8.56 | |
| 5 | 8496 | De Vleeschauwer Ruben | | 00 | ASVO | O | 8.00 | |
| 6 | 8821 | Sprangers Liam | | 01 | KAAG | O | 7.28 | |
| 7 | 8155 | Van Regenmortel Nico | | 00 | HAKI | A | 6.89 | |
| 8 | 8190 | Van Brussel Bodhi | | 00 | AVLO | O | 6.74 | |
| 9 | 8368 | Verniers Thibeau | | 01 | ZELE | O | 6.72 | |
| 10 | 8379 | Van Eetvelde Robin | | 00 | AVLO | O | 6.63 | |
| 11 | 8383 | Stevens Niels | | 00 | AVLO | O | 6.40 | |
| 12 | 7922 | Alaoui Yousri | | 00 | BVAC | A | 6.14 | |
| 13 | 8526 | Van Bockstael Martijn | | 01 | AVLO | O | 5.79 | |
| 14 | 8877 | Van Walle Jasper | | 01 | AVLO | O | 5.19 | |

hoogspringen Min Dames Uur=16:48

Reeks: 1

| Plaats | Borstnr | Naam | Cat. | Gebj. | Klub | Prov | Prestatie | Info |
|--------|---------|-----------------------|------|-------|-------|------|-----------|------|
| 1 | 7220 | Auwers Daphne | | 00 | ACHL | A | 1.41m | |
| 2 | 6967 | Bruynseels Nathalie | | 00 | BVAC | A | 1.38m | |
| 3 | 7130 | Claeys Eline | | 00 | ATLA | L | 1.35m | |
| 4 | 6881 | Vanden Bosch Amber | | 01 | ZWAT | A | 1.35m | |
| 5 | 6804 | Ooms Janne | | 01 | VMOL | A | 1.35m | |
| 6 | 6850 | De Blander Laura | | 00 | STAX | O | 1.32m | |
| 6 | 7107 | Vandervelden Lotte | | 00 | LOOI | L | 1.32m | |
| 8 | 7980 | Mendonck Noor | | 00 | AVLO | O | 1.32m | |
| 9 | 7358 | Heetesonne Siel | | 01 | HAMMO | | 1.27m | |
| 10 | 6962 | Verbelen Kaat | | 00 | AVLO | O | 1.22m | |
| 10 | 8151 | Ayad Farah | | 00 | AVLO | O | 1.22m | |
| 12 | 6839 | Carnoy Hanne | | 01 | RIEM | O | 1.22m | |
| 13 | 6869 | Stallaert Virze | | 01 | ACW | O | 1.17m | |
| 14 | 6867 | Burm Antje | | 00 | ACW | O | 1.17m | |
| 15 | 7329 | Van Ryckeghem Katrien | | 01 | AVLO | O | 1.17m | |
| 16 | 6848 | Baetens Justine | | 00 | STAX | O | 1.12m | |
| 17 | 7848 | Heyndrickx Emily | | 00 | AVLO | O | 1.12m | |
| 18 | 7330 | D'haese Emma | | 01 | AVLO | O | 1.12m | |

Lokeren

Stripmeeting

| | | | | | | |
|----|------|------------------|----|------|---|-------|
| 19 | 6763 | Schellynck Janne | 01 | STAX | O | 1.07m |
|----|------|------------------|----|------|---|-------|

kogelstoten 2,000kg Pup Heren Uur=17:00

Reeks: 1

| Plaats | Borstnr | Naam | Cat. | Gebj. | Klub | Prov | Prestatie | Info |
|--------|---------|-----------------------|------|-------|------|------|-----------|------|
| 1 | 6003 | Verduyckt Jonas | | 02 | ZELE | O | 8.36 | |
| 2 | 6317 | Ros Xander | | 02 | AVLO | O | 8.16 | |
| 3 | 5095 | De Paermentier Gerben | | 03 | DEIN | O | 7.71 | |
| 4 | 6927 | Foncke Renzo | | 02 | VOLH | O | 7.48 | |
| 5 | 6307 | Van Herck Stan | | 03 | BRAB | A | 6.98 | |
| 6 | 6316 | De Troyer Yorben | | 03 | AVLO | O | 6.85 | |
| 7 | 6427 | Vinck Symen | | 03 | ZELE | O | 6.84 | |
| 8 | 6112 | Noppe Wout | | 03 | VOLH | O | 6.73 | |
| 9 | 5151 | Das Jobbe | | 03 | STAX | O | 6.66 | |
| 10 | 5978 | De Cock Cedric | | 02 | ACW | O | 6.53 | |
| 11 | 4993 | Van Herreweghe Thomas | | 02 | RIEM | O | 6.21 | |
| 12 | 5880 | Ost Jasper | | 03 | ACW | O | 6.18 | |
| 13 | 4820 | Alaoui Benyamine | | 02 | BVAC | A | 5.70 | |
| 14 | 6532 | Weyn Emiel | | 03 | AVLO | O | 5.64 | |
| 15 | 5413 | Van Ransbeek Renzo | | 02 | ZELE | O | 5.58 | |
| 16 | 5147 | D'hondt Jelte | | 03 | ACDL | O | 5.47 | |
| 17 | 5710 | Dupont Ruben-thomas | | 02 | BRAB | A | 5.37 | |
| 18 | 6417 | Dieleman Noa | | 03 | AVLO | O | 5.28 | |
| 19 | 5405 | Van Grembergen Aico | | 03 | LEBB | O | 5.18 | |
| 20 | 6415 | De Maere Stef | | 03 | AVLO | O | 4.96 | |
| | 5197 | Colman Mathisse | | 02 | ACW | O | NG | |

discuswerpen 0,600kg Pup Heren Uur=17:11

Reeks: 1

| Plaats | Borstnr | Naam | Cat. | Gebj. | Klub | Prov | Prestatie | Info |
|--------|---------|----------------------|------|-------|------|------|-----------|------|
| 1 | 3194 | Mostosi Ornella | | 02 | CABW | | 19.18 | |
| 2 | 3136 | Jemine Cecile | | 02 | HERV | | 17.46 | |
| 3 | 4867 | Boone Luca Bella | | 02 | ACME | O | 16.70 | |
| 4 | 4537 | De Vleeschauwer Femi | | 02 | ASVO | O | 15.97 | |
| 5 | 4090 | Demetter Kaat | | 02 | ASVO | O | 15.29 | |
| 6 | 4684 | Marien Svelte | | 03 | AVZK | A | 14.98 | |
| 7 | 3987 | Vandenborre Elien | | 02 | AVR | W | 14.79 | |
| 8 | 4273 | Praet Justine | | 02 | STAX | O | 13.95 | |
| 9 | 4177 | Bruynseels Isabelle | | 03 | BVAC | A | 13.79 | |
| 10 | 4133 | Naessens Jolien | | 02 | HAKI | A | 11.92 | |
| 11 | 3933 | Servaes Laura | | 02 | RCG | O | 11.31 | |
| 12 | 4565 | Van Ryckeghem Sara | | 02 | AVLO | O | 10.96 | |
| 13 | 4377 | Van Britsom Mare | | 03 | AVLO | O | 10.88 | |
| 14 | 4237 | Campe Merel | | 03 | DEIN | O | 10.87 | |
| 15 | 4566 | Van Ryckeghem Tine | | 03 | AVLO | O | 10.84 | |
| 16 | 4499 | De Bock Lisa | | 02 | RIEM | O | 10.77 | |
| 17 | 4379 | De Block Charline | | 03 | AVLO | O | 10.56 | |
| 18 | 4091 | Ketsman Febe | | 02 | ASVO | O | 10.42 | |
| 19 | 4223 | Planckaert Kato | | 03 | ASVO | O | 8.64 | |
| 20 | 4567 | D'haese Elien | | 03 | AVLO | O | 8.01 | |

Lokeren

14/07/2013

Stripmeeting

4 x 80 meter Min Heren Uur:13:27**Reeks: 1**

| Plaats | Aflossingsploeg | ID's | Atleten | Klub | Prestatie Info |
|--------|-----------------|------|-----------------------|------|----------------|
| 1 | AVLO | 8381 | Van Britsom Michiel | AVLO | 45.95 |
| | | 8565 | De Landtsheer Bono | AVLO | |
| | | 8190 | Van Brussel Bodhi | AVLO | |
| | | 8526 | Van Bockstael Martijn | AVLO | |
| 2 | AVLO | 8877 | Van Walle Jasper | AVLO | 49.70 |
| | | 8377 | De Vos Wannes | AVLO | |
| | | 8379 | Van Eetvelde Robin | AVLO | |
| | | 8383 | Stevens Niels | AVLO | |

4 x 80 meter Min Dames Uur:13:28**Reeks: 1**

| Plaats | Aflossingsploeg | ID's | Atleten | Klub | Prestatie Info |
|--------|-----------------|------|-----------------------|------|----------------|
| 1 | ACW - ZWAT | 6869 | Stallaert Virze | ACW | 45.67 |
| | | 6867 | Burm Antje | ACW | |
| | | 6859 | Caeldries Christine | ACW | |
| | | 6881 | Vanden Bosch Amber | ZWAT | |
| 2 | AVLO | 7980 | Mendonck Noor | AVLO | 46.87 |
| | | 7329 | Van Ryckeghem Katrien | AVLO | |
| | | 6965 | Van Assche Marie | AVLO | |
| | | 6962 | Verbelen Kaat | AVLO | |
| 3 | STAX | 6757 | Cocquyt Luna | STAX | 50.01 |
| | | 7136 | Brugmans Meikeminne | STAX | |
| | | 6764 | Van De Putte Joelle | STAX | |
| | | 6848 | Baetens Justine | STAX | |

4 x 60 meter Pup Heren Uur:13:41**Reeks: 1**

| Plaats | Aflossingsploeg | ID's | Atleten | Klub | Prestatie Info |
|--------|-------------------|------|-----------------------|------|----------------|
| 1 | STAX | 5022 | De Groote Rune | STAX | 39.29 |
| | | 4848 | De Clercq Arnou | STAX | |
| | | 5395 | De Vos Kasper | STAX | |
| | | 5151 | Das Jobbe | STAX | |
| 2 | ZELE | 6003 | Verduyck Jonas | ZELE | 39.55 |
| | | 1682 | Verniers Maxim | ZELE | |
| | | 2942 | Vinck Mirko | ZELE | |
| | | 6427 | Vinck Symen | ZELE | |
| | AVLO | 5640 | Van Cleemput Stijn | AVLO | DISQ |
| | | 6415 | De Maere Stef | AVLO | |
| | | 6532 | Weyn Emiel | AVLO | |
| | | 6417 | Dieleman Noa | AVLO | |
| | ACW - LEBB - RIEM | 4993 | Van Herreweghe Thomas | RIEM | DISQ |
| | | 5595 | Robijns Flor | LEBB | |
| | | 5405 | Van Grembergen Aico | LEBB | |
| | | 5197 | Colman Mathisse | ACW | |

4 x 60 meter Pup Dames Uur:13:48**Reeks: 1**

| Plaats | Aflossingsploeg | ID's | Atleten | Klub | Prestatie Info |
|--------|-----------------|------|---------|------|----------------|
|--------|-----------------|------|---------|------|----------------|

Lokeren

14/07/2013

Stripmeeting

| | | | | |
|---|-------------------|--|------------------------------|-------|
| 1 | ASVO | 4537 De Vleeschauwer Femi 4091 Ketsman Febe 4090 Demetter Kaat 4223 Planckaert Kato | ASVO ASVO ASVO ASVO | 37.02 |
| 2 | AVLO | 4565 Van Ryckeghem Sara 5302 Mendonck Rhode 4566 Van Ryckeghem Tine 4377 Van Britsom Mare | AVLO AVLO AVLO AVLO | 39.40 |
| | RCG - ACDL - AVLO | 4471 Verbeken Linn 4792 Hoofter Aline 4379 De Block Charline 4793 Hoofter Elise | RCG ACDL AVLO ACDL | DISQ |

4 x 60 meter

Ben Heren Uur:13:42

Reeks: 1

| Plaats | Aflossingsploeg | ID's Atleten | Klub | Prestatie Info |
|--------|-----------------|---|------------------------------|----------------|
| 1 | AVLO | 2930 Heirbrant Klaas 1384 De Bruyne Jasper 1980 Everaert Robbe 1979 Elsmoortel Siebe | AVLO AVLO AVLO AVLO | 41.06 |