

100 meter Cad Dames Uur=14:46

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|---------|------------|--------------------------|------|-------|--|----|
| Reeks:1 | Wind : 0.3 | | | | | |
| 1 | 1033 | Boiten Tine | ACA | 13.47 | | 99 |
| 2 | 1607 | Vandervoort Ursula Jazmi | LOOI | 13.90 | | 98 |
| 3 | 1031 | Michiels Helena | DALO | 14.15 | | 98 |
| 4 | 1272 | Vandenbergh Joke | LOOI | 14.40 | | 98 |
| 5 | 1279 | Berkmans Riet | DALO | 14.93 | | 99 |
| 6 | 1104 | Van De Camp Laura | DALO | 15.36 | | 98 |

100 meter Sch Dames Uur=14:47

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|---------|------------|------------------|------|-------|-----|----|
| Reeks:1 | Wind : 0.3 | | | | | |
| 1 | 3195 | Daniels Kolien | AVT | 13.09 | | 96 |
| 2 | 2517 | Maes Nele | AVT | 13.52 | | 97 |
| 3 | 3924 | Van Ginderen Eva | ACW | 13.89 | Mas | 77 |
| 4 | 3517 | Paesen Sonja | LOOI | 13.89 | Mas | 68 |
| 5 | 9902 | Jonkers Riet | Ned | 16.37 | Mas | 43 |

100 meter Sch Heren Uur=14:48

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|---------|------------|-----------------|------|-------|-----|----|
| Reeks:1 | Wind : 0.8 | | | | | |
| 1 | 2800 | Huybrechts Tim | AVT | 11.50 | | 97 |
| 2 | 3121 | Eerdekens Sam | DALO | 11.76 | | 96 |
| 3 | 2783 | Corten Joachim | AVT | 11.95 | | 96 |
| 4 | 2876 | Laporte Vincent | AVZK | 12.05 | | 97 |
| 5 | 795 | Bleyen Seppe | VMOL | 12.76 | Cad | 98 |
| 6 | 1611 | Bertels Bram | GEEL | 14.88 | Cad | 98 |

100 meter JSM Heren Uur=14:49

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|---------|-------------|-----------------|------|-------|-----|----|
| Reeks:1 | Wind : -0.9 | | | | | |
| 1 | 9907 | Timmers Arjan | Ned | 11.45 | Sen | 85 |
| 2 | 3220 | Stevens Brecht | AVT | 11.59 | Sen | 89 |
| 3 | 3116 | Eyckmans Dylan | LOOI | 11.60 | Sen | 93 |
| 4 | 2743 | Delvaux Dieter | BERT | 12.04 | Sen | 92 |
| 5 | 2787 | Radzio Ken | BERT | 12.21 | Sen | 92 |
| 6 | 544 | Galle Pieter | BERT | 12.39 | Jun | 94 |
| 7 | 691 | De Roeck Glen | LOOI | 12.60 | Jun | 95 |
| 8 | 5132 | Hulsmans Pierre | LOOI | 16.76 | Mas | 45 |

verspringen JSM Heren Uur=14:56

| | | | | | | |
|---------|------|--------------------|------|------------|-----|----|
| Reeks:1 | | | | | | |
| 1 | 4936 | Van Caeyzeele Bart | ACHL | 5.58m +0.5 | Mas | 72 |
| 2 | 5289 | Van de Reijd Jozef | VMOL | 3.67m +1.8 | Mas | 55 |
| 3 | 5132 | Hulsmans Pierre | LOOI | 3.64m +2.1 | Mas | 45 |
| | | | | 3.62m 0.3 | | |

discuswerpen 1,750kg Jun Heren Uur=14:53

| | | | | | | |
|---------|----|------------------|-----|--------|--|----|
| Reeks:1 | | | | | | |
| 1 | 89 | Willocq Florient | UAC | 35.48m | | 95 |

discuswerpen 2,000kg Sen Heren Uur=14:54

| | | | | | | |
|---------|------|-------------------|------|--------|--|----|
| Reeks:1 | | | | | | |
| 1 | 2122 | Geukens Bart | LOOI | 43.06m | | 82 |
| 2 | 2297 | Schillewaert Dirk | LOOI | 28.02m | | 82 |

discus 2,000kg M35..45 Mas Heren Uur=14:57

| | | | | | | |
|---------|------|--------------|-----|--------|--|----|
| Reeks:1 | | | | | | |
| 1 | 6093 | Hiroux Serge | RCT | 20.66m | | 69 |

speerwerpen 600g JSM Dames Uur=14:58

| | | | | | | |
|---------|------|----------------------|------|--------|-----|----|
| Reeks:1 | | | | | | |
| 1 | 1689 | Verlinden Hannelaure | DCLA | 37.00m | Sen | 92 |

speerwerpen 600g W35...45 Mas Dames Uur=14:59

| | | | | | | |
|---------|------|--------------|------|--------|--|----|
| Reeks:1 | | | | | | |
| 1 | 3016 | Boelen Diana | VMOL | 13.54m | | 69 |

kogelstoten 3,000kg Cad Dames Uur=15:01
 Reeks:1

| | | | | | | |
|---|------|-----------------------|------|--------|----|----|
| 1 | 1323 | Claes Evelyne | RCT | 11.29m | | 98 |
| 2 | 1428 | Goovaerts Heike | DUFF | 11.11m | | 98 |
| 3 | 9904 | Van Arendonk Emma | Ned | 10.10m | | 99 |
| 4 | 767 | Van Hooghten Lauranne | ACHL | 9.54m | 99 | |
| 5 | 1541 | Rabau Silke | RCT | 9.42m | | 98 |
| 6 | 1124 | Jacobs Caroline | LOOI | 9.27m | | 98 |
| 7 | 1794 | Goossens Liesbeth | LYRA | 8.67m | | 99 |
| 8 | 677 | Haex Kelly | AVT | 8.33m | | 98 |

kogelstoten 3,000kg Sch Dames Uur=15:02
 Reeks:1

| | | | | | | |
|---|------|-----------------|------|-------|--|----|
| 1 | 3257 | Bervoets Steffi | LOOI | 9.14m | | 97 |
|---|------|-----------------|------|-------|--|----|

kogel 3,000kg W50+ Mas Dames Uur=15:03
 Reeks:1

| | | | | | | |
|---|------|----------------|------|-------|--|----|
| 1 | 3042 | Heylen Annie | ACHL | 7.52m | | 56 |
| 2 | 2902 | De Raeve Erika | DCLA | 7.35m | | 60 |
| 3 | 3624 | Paps Maria | LOOI | 6.42m | | 48 |

hoogspringen JSM Dames Uur=15:48
 Reeks:1

| | | | | | | |
|---|------|---------------|------|-------|-----|----|
| 1 | 281 | Martens Hanne | GENK | 1.58m | Jun | 95 |
| 2 | 1699 | Ackx Eline | LOOI | 1.55m | Sen | 93 |
| 3 | 341 | Vissers Emma | ACHL | 1.50m | Jun | 94 |
| 3 | 654 | Maes Margit | BRAB | 1.50m | Jun | 94 |

hoogspringen Sch Dames Uur=15:50
 Reeks:1

| | | | | | | |
|---|------|------------------|-----|-------|--|----|
| 1 | 9908 | Peeters Cathlijn | Ned | 1.45m | | 96 |
|---|------|------------------|-----|-------|--|----|

hoogspringen Cad Dames Uur=15:51
 Reeks:1

| | | | | | | |
|---|------|-----------------------|------|-------|--|----|
| 1 | 739 | Vandenreijken Jessica | VMOL | 1.61m | | 98 |
| 2 | 1022 | Hiroux Laure-anne | RCT | 1.35m | | 99 |

400 meter Cad Dames Uur=15:39
 Reeks:1

| | | | | | | |
|---|------|--------------------|------|-------|--|----|
| 1 | 92 | Benziane Ines | DACM | 60.20 | | 98 |
| 2 | 1418 | Van Der Have Truus | AVT | 70.33 | | 99 |
| 3 | 1104 | Van De Camp Laura | DALO | 73.00 | | 98 |

400 meter Sch Heren Uur=15:39
 Reeks:1

| | | | | | | |
|---|------|-----------------|------|-------|-----|----|
| 1 | 2511 | Lizani Yassin | DACM | 56.00 | | 96 |
| 2 | 1209 | Bauters Laurens | ADD | 60.35 | Cad | 99 |
| 3 | 1611 | Bertels Bram | GEEL | 75.17 | Cad | 98 |

discuswerpen 1,500kg Sch Heren Uur=15:52
 Reeks:1

| | | | | | | |
|---|------|---------------------|------|--------|--|----|
| 1 | 3358 | Stalmans Jesse | LOOI | 37.71m | | 97 |
| 2 | 3329 | Janssen Sven | AVT | 34.01m | | 97 |
| 3 | 2276 | Vanden Brande Erwin | UAC | 25.57m | | 97 |

discus 1,500kg M50,M55 Mas Heren Uur=15:53
 Reeks:1

| | | | | | | |
|---|------|------------------|------|--------|--|----|
| 1 | 6994 | De Geest Andreas | LOOI | 33.80m | | 59 |
|---|------|------------------|------|--------|--|----|

speerwerpen 500g Cad Dames Uur=15:56

| | | | | | | | | | |
|---------|------|-----------------------|------|--------|--|--|--|----|----|
| Reeks:1 | | | | | | | | | |
| 1 | 9904 | Van Arendonk Emma | Ned | 31.49m | | | | | 99 |
| 2 | 1428 | Goovaerts Heike | DUFF | 29.60m | | | | | 98 |
| 3 | 1503 | De Brandt Naomi | LYRA | 29.41m | | | | | 99 |
| 4 | 767 | Van Hooghten Lauranne | ACHL | 29.40m | | | | 99 | |
| 5 | 1398 | Timmermans Celine | ACA | 27.60m | | | | | 98 |
| 6 | 1033 | Boiten Tine | ACA | 26.91m | | | | | 99 |
| 7 | 1541 | Rabau Silke | RCT | 22.39m | | | | | 98 |
| 8 | 1794 | Goossens Liesbeth | LYRA | 17.68m | | | | | 99 |
| 9 | 1022 | Hiroux Laure-anne | RCT | 12.65m | | | | | 99 |

speerwerpen 500g Sch Dames Uur=15:57

| | | | | | | | | | |
|---------|------|--------------|------|--------|--|--|--|--|----|
| Reeks:1 | | | | | | | | | |
| 1 | 2982 | De Haes Joni | LEBB | 29.71m | | | | | 97 |

kogelstoten 4,000kg JSM Dames Uur=16:01

| | | | | | | | | | |
|---------|------|----------------------|------|--------|--|--|-----|----|----|
| Reeks:1 | | | | | | | | | |
| 1 | 1244 | Willekens Ines | VMOL | 12.34m | | | Sen | | 86 |
| 2 | 1689 | Verlinden Hannelaure | DCLA | 9.25m | | | Sen | 92 | |
| 3 | 281 | Martens Hanne | GENK | 7.34m | | | Jun | 95 | |
| 4 | 3016 | Boelen Diana | VMOL | 6.64m | | | Mas | 69 | |

200 meter Cad Dames Uur=15:40

| | | | | | | | | | |
|---------------------|------|--------------------------|------|-------|--|--|--|--|----|
| Reeks:1 Wind : -0.4 | | | | | | | | | |
| 1 | 1607 | Vandervoort Ursula Jazmi | LOOI | 28.13 | | | | | 98 |
| 2 | 633 | Antonio Keita Jaciane | DACM | 30.04 | | | | | 98 |
| 3 | 1272 | Vandenbergh Joke | LOOI | 30.18 | | | | | 98 |

200 meter Sch Dames Uur=15:41

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|--------------------|------|------------------|------|-------|--|--|--|--|----|
| Reeks:1 Wind : 0.0 | | | | | | | | | |
| 1 | 3195 | Daniels Kolien | AVT | 26.92 | | | | | 96 |
| 2 | 2874 | Swinnen Moran | LYRA | 28.21 | | | | | 97 |
| 3 | 9908 | Peeters Cathlijn | Ned | 29.70 | | | | | 96 |

200 meter Sch Heren Uur=15:42

| | | | | | | | | | |
|---------------------|------|-----------------|------|-------|--|--|-----|--|----|
| Reeks:1 Wind : -0.3 | | | | | | | | | |
| 1 | 2800 | Huybrechts Tim | AVT | 23.04 | | | | | 97 |
| 2 | 3121 | Eerdekens Sam | DALO | 23.47 | | | | | 96 |
| 3 | 2876 | Laporte Vincent | AVZK | 23.84 | | | | | 97 |
| 4 | 2783 | Corten Joachim | AVT | 24.54 | | | | | 96 |
| 5 | 795 | Bleyen Seppe | VMOL | 26.02 | | | Cad | | 98 |
| 6 | 3329 | Janssen Sven | AVT | 26.33 | | | | | 97 |

200 meter JSM Dames Uur=16:16

| | | | | | | | | | |
|---------------------|------|------------------|------|-------|--|--|-----|--|----|
| Reeks:1 Wind : -0.4 | | | | | | | | | |
| 1 | 3517 | Paesen Sonja | LOOI | 28.49 | | | Mas | | 68 |
| 2 | 3924 | Van Ginderen Eva | ACW | 28.70 | | | Mas | | 77 |
| 3 | 9902 | Jonkers Riet | Ned | 34.35 | | | Mas | | 43 |
| | 3624 | Paps Maria | LOOI | NA | | | Mas | | 48 |

200 meter JSM Heren Uur=16:16

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|--------------------|------|----------------|------|-------|--|--|-----|--|----|
| Reeks:1 Wind : 0.1 | | | | | | | | | |
| 1 | 3116 | Eyckmans Dylan | LOOI | 23.27 | | | Sen | | 93 |
| 2 | 3220 | Stevens Brecht | AVT | 23.81 | | | Sen | | 89 |
| 3 | 691 | De Roeck Glen | LOOI | 25.79 | | | Jun | | 95 |

200 meter JSM Heren Uur=16:16

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|---------------------|------|--------------------|------|-------|--|--|-----|--|----|
| Reeks:2 Wind : -0.3 | | | | | | | | | |
| 1 | 2513 | Claes Christian | LOOI | 23.18 | | | Sen | | 82 |
| 2 | 9907 | Timmers Arjan | Ned | 23.83 | | | Sen | | 85 |
| 3 | 2297 | Schillewaert Dirk | LOOI | 27.00 | | | Sen | | 82 |
| 4 | 4936 | Van Caeyzeele Bart | ACHL | 27.99 | | | Mas | | 72 |

verspringen JSM Dames Uur=16:19

| | | | | | | | |
|---|------|----------------------|------|--------|------|-----|----|
| Reeks:1 | | | | | | | |
| 1 | 1751 | Mommen Nele | ACA | 5.19m | +0.7 | Sen | 88 |
| 2 | 1699 | Ackx Eline | LOOI | 3.10m | +0.3 | Sen | 93 |
| verspringen Cad Dames Uur=16:22 | | | | | | | |
| Reeks:1 | | | | | | | |
| 1 | 1343 | Joris Lies | RCT | 5.00m | -0.8 | | 99 |
| 2 | 1033 | Boiten Tine | ACA | 4.24m | +0.6 | | 99 |
| 3 | 1022 | Hiroux Laure-anne | RCT | 4.11m | +0.5 | | 99 |
| 4 | 1418 | Van Der Have Truus | AVT | 3.96m | +0.2 | | 99 |
| discuswerpen 1,000kg JSM Dames Uur=16:52 | | | | | | | |
| Reeks:1 | | | | | | | |
| 1 | 1244 | Willekens Ines | VMOL | 41.24m | | Sen | 86 |
| 2 | 232 | Verwimp Eline | VMOL | 35.29m | | Jun | 95 |
| 3 | 1689 | Verlinden Hannelaure | DCLA | 27.28m | | Sen | 92 |
| 4 | 3016 | Boelen Diana | VMOL | 18.54m | | Mas | 69 |
| discuswerpen 1,000kg Mas Dames Uur=16:54 | | | | | | | |
| Reeks:1 | | | | | | | |
| 1 | 3042 | Heylen Annie | ACHL | 20.90m | | | 56 |
| 2 | 2902 | De Raeve Erika | DCLA | 17.85m | | | 60 |
| 3 | 9902 | Jonkers Riet | Ned | 16.67m | | | 43 |
| 4 | 3981 | Starckx Christiana | ACW | 11.98m | | | 49 |
| speerwerpen 700g Sch Heren Uur=16:23 | | | | | | | |
| Reeks:1 | | | | | | | |
| 1 | 9910 | Maas Yannick | Ned | 61.75m | | | 97 |
| 2 | 3107 | Timmermans Gilles | ACA | 56.83m | | | 96 |
| speerwerpen 700g M50...55 Mas Heren Uur=16:24 | | | | | | | |
| Reeks:1 | | | | | | | |
| 1 | 5355 | Bobbaers Georges | ATLA | 39.73m | | | 56 |
| 2 | 5289 | Van de Reijd Jozef | VMOL | 16.43m | | | 55 |
| kogelstoten 7,260kg Sen Heren Uur=16:40 | | | | | | | |
| Reeks:1 | | | | | | | |
| 0 | 2122 | Geukens Bart | LOOI | 13.61m | | | 82 |
| kogel 7,260kg M35...45 Mas Heren Uur=16:41 | | | | | | | |
| Reeks:1 | | | | | | | |
| 1 | 7211 | Coene Patrick | SACN | 8.25m | | | 63 |
| 2 | 6093 | Hiroux Serge | RCT | 7.96m | | | 69 |
| kogel 6,000kg M50...55 Mas Heren Uur=17:27 | | | | | | | |
| Reeks:1 | | | | | | | |
| 1 | 5355 | Bobbaers Georges | ATLA | 10.08m | | | 56 |
| 2 | 6994 | De Geest Andreas | LOOI | 8.76m | | | 59 |
| hoogspringen JSM Heren Uur=17:02 | | | | | | | |
| Reeks:1 | | | | | | | |
| 1 | 2743 | Delvaux Dieter | BERT | 1.98m | | Sen | 92 |
| 2 | 544 | Galle Pieter | BERT | 1.85m | | Jun | 94 |
| 3 | 2297 | Schillewaert Dirk | LOOI | 1.45m | | Sen | 82 |
| 4 | 5132 | Hulsmans Pierre | LOOI | 1.20m | | Mas | 45 |
| hoogspringen Cad Heren Uur=17:03 | | | | | | | |
| Reeks:1 | | | | | | | |
| 1 | 1492 | Sacoor Jonathan | OEH | 1.65m | | | 99 |

| | | | | | |
|---|------|-----------------|-----|-------|----|
| 1 | 1560 | Gijsen Maarten | ADD | 1.65m | 98 |
| 3 | 1561 | Jacobs Colin | ADD | 1.35m | 98 |
| 4 | 1209 | Bauters Laurens | ADD | 1.35m | 99 |

1500 meter JSM Heren Uur=16:37

Reeks:1

| | | | | | | |
|---|------|------------------------|------|---------|-----|----|
| 1 | 371 | Agten Arne | VMOL | 4'06.25 | Jun | 95 |
| 2 | 2772 | Van Der Have Tuur | AVT | 4'25.58 | Sen | 93 |
| 3 | 730 | Huysmans Brent | AVT | 4'30.70 | Cad | 98 |
| 4 | 5045 | De Kinderen Luc | ARAC | 4'34.23 | Mas | 64 |
| 5 | 9911 | Vangeel Jonas | NA | 4'42.37 | Cad | 98 |
| 6 | 1394 | Monsieur Tibo | GENK | 4'52.10 | Cad | 98 |
| 7 | 5058 | Smets Frans | ARAC | 5'03.01 | Mas | 61 |
| 8 | 1392 | Knapen Olivier | GENK | 5'31.42 | Cad | 98 |
| | 1931 | Van Waeyenberghe Yelle | ATAC | NA | Sen | 86 |

discuswerpen 1,000kg Cad Heren Uur=17:38

Reeks:1

| | | | | | |
|----|------|------------------|------|--------|----|
| 1 | 1207 | Van Volsem Stijn | OEH | 51.78m | 98 |
| 2 | 1246 | Swinnen Ilias | LYRA | 43.37m | 98 |
| 3 | 938 | Verbeylen Kasper | DCLA | 41.55m | 99 |
| 4 | 1595 | Lemouche Maarten | LYRA | 39.75m | 98 |
| 5 | 1780 | Janssen Kris | AVT | 36.32m | 99 |
| 6 | 1560 | Gijsen Maarten | ADD | 35.22m | 98 |
| 7 | 981 | Van Thillo Glenn | KAPE | 32.73m | 98 |
| 8 | 731 | Boutsen Bart | AVT | 29.92m | 98 |
| 9 | 1209 | Bauters Laurens | ADD | 27.99m | 99 |
| 10 | 1561 | Jacobs Colin | ADD | 27.70m | 98 |

discus 1,000kg M60+ Mas Heren Uur=16:57

Reeks:1

| | | | | | |
|---|------|---------------------|------|--------|----|
| 1 | 6663 | Janssens Francois | ACBR | 36.75m | 47 |
| 2 | 9912 | Klep Frans | Ned | 33.24m | 48 |
| 3 | 4785 | Ooms Gerard | VMOL | 32.84m | 49 |
| 4 | 6656 | De Mynck Gabriel | BAV | 32.07m | 45 |
| 5 | 9906 | Van Der Heyden Toon | Ned | 30.86m | 50 |
| 6 | 5127 | Elsen Roger | LOOI | 27.65m | 44 |
| 7 | 5132 | Hulsmans Pierre | LOOI | 27.51m | 45 |
| 8 | 6852 | Lutz Theodore | ACW | 26.53m | 48 |
| 9 | 6326 | Wuyts Albert | ACHL | 25.99m | 43 |

speerwerpen 800g JSM Heren Uur=16:59

Reeks:1

| | | | | | | |
|---|------|-------------------|------|--------|-----|----|
| 1 | 2297 | Schillewaert Dirk | LOOI | 29.75m | Sen | 82 |
|---|------|-------------------|------|--------|-----|----|

speerwerpen 800g M35...45 Mas Heren Uur=17:00

Reeks:1

| | | | | | |
|---|------|--------------------|------|--------|----|
| 1 | 7243 | Lemouche Egbert | LYRA | 37.13m | 70 |
| 2 | 4936 | Van Caeyzeele Bart | ACHL | 33.91m | 72 |
| 3 | 6093 | Hiroux Serge | RCT | 24.54m | 69 |

kogelstoten 5,000kg Sch Heren Uur=16:49

Reeks:1

| | | | | | |
|---|------|-------------------|-----|--------|----|
| 1 | 3107 | Timmermans Gilles | ACA | 14.79m | 96 |
| 2 | 3329 | Janssen Sven | AVT | 10.05m | 97 |

kogel 5,000kg M60...65 Mas Heren Uur=17:26

Reeks:1

| | | | | | |
|---|------|-------------------|------|--------|----|
| 1 | 6334 | Vandenweghe Jules | DCLA | 10.43m | 43 |
| 2 | 6852 | Lutz Theodore | ACW | 10.38m | 48 |

| | | | | | | | |
|---|------|-----------------------|------|------|----------|--|--------|
| 3 | 9906 | Van Der Heyden Toon | Ned | | 9.78m | | 50 |
| 4 | 6656 | De Muyneck Gabriel | | BAV | 9.77m | | 45 |
| 5 | 4785 | Ooms Gerard | | VMOL | 9.18m | | 49 |
| 6 | 5127 | Elsen Roger | | LOOI | 8.55m | | 44 |
| 3000 meter JSM Dames Uur=17:19 | | | | | | | |
| Reeks:1 | | | | | | | |
| 1 | 1242 | Schouten Esther | | VMOL | 11'27.55 | | Sen 93 |
| | 1241 | Schouten Aria | | VMOL | NA | | Sen 93 |
| discuswerpen 1,000kg Sch Dames Uur=18:22 | | | | | | | |
| Reeks:1 | | | | | | | |
| 1 | 3257 | Bervoets Steffi | | LOOI | 26.42m | | 97 |
| discuswerpen 1,000kg Cad Dames Uur=18:24 | | | | | | | |
| Reeks:1 | | | | | | | |
| 1 | 1323 | Claes Evelyne | | RCT | 29.74m | | 98 |
| 2 | 1541 | Rabau Silke | | RCT | 28.47m | | 98 |
| 3 | 1124 | Jacobs Caroline | | LOOI | 28.25m | | 98 |
| 4 | 767 | Van Hooghten Lauranne | ACHL | | 27.72m | | 99 |
| 5 | 1781 | Van De Reijd Mieke | | VMOL | 27.43m | | 98 |
| 6 | 677 | Haex Kelly | | AVT | 24.67m | | 98 |
| 7 | 1033 | Boiten Tine | | ACA | 22.91m | | 99 |
| 8 | 1794 | Goossens Liesbeth | | LYRA | 20.81m | | 99 |
| 9 | 1398 | Timmermans Celine | | ACA | 19.42m | | 98 |
| 10 | 1022 | Hiroux Laure-anne | | RCT | 16.49m | | 99 |
| speerwerpen 600g Cad Heren Uur=18:06 | | | | | | | |
| Reeks:1 | | | | | | | |
| 1 | 981 | Van Thillo Glenn | | KAPE | 40.66m | | 98 |
| 2 | 731 | Boutsen Bart | | AVT | 38.72m | | 98 |
| 3 | 1780 | Janssen Kris | | AVT | 38.69m | | 99 |
| 4 | 1560 | Gijssen Maarten | | ADD | 38.51m | | 98 |
| 5 | 1209 | Bauters Laurens | | ADD | 37.97m | | 99 |
| 6 | 851 | Carlucci Lieven | | GENK | 34.02m | | 98 |
| 7 | 1561 | Jacobs Colin | | ADD | 33.32m | | 98 |
| speerwerpen 600g M60...65 Mas Heren Uur=17:31 | | | | | | | |
| Reeks:1 | | | | | | | |
| 1 | 6852 | Lutz Theodore | | ACW | 30.71m | | 48 |
| 2 | 9912 | Klep Frans | | Ned | 28.84m | | 48 |
| 3 | 5132 | Hulsmans Pierre | | LOOI | 25.10m | | 45 |
| 4 | 5127 | Elsen Roger | | LOOI | 21.00m | | 44 |
| kogelstoten 4,000kg Cad Heren Uur=18:11 | | | | | | | |
| Reeks:1 | | | | | | | |
| 1 | 1207 | Van Volsem Stijn | | OEH | 14.94m | | 98 |
| 2 | 1595 | Lemouche Maarten | | LYRA | 12.40m | | 98 |
| 3 | 1246 | Swinnen Ilias | | LYRA | 12.38m | | 98 |
| 4 | 938 | Verbeylen Kasper | | DCLA | 11.85m | | 99 |
| 5 | 981 | Van Thillo Glenn | | KAPE | 11.08m | | 98 |
| | 1561 | Jacobs Colin | | ADD | NG | | 98 |
| kogel 4,000kg M70+ Mas Heren Uur=17:22 | | | | | | | |
| Reeks:1 | | | | | | | |
| 1 | 6326 | Wuyts Albert | | ACHL | 9.22m | | 43 |
| 5000 meter JSM Heren Uur=17:48 | | | | | | | |
| Reeks:1 | | | | | | | |
| 1 | 2027 | Poffe Chiel | | DCLA | 16'07.21 | | Sen 93 |
| 2 | 6350 | Schoels Marc | | ACA | 17'38.00 | | Mas 63 |
| 3 | 2772 | Van Der Have Tuur | | AVT | 17'40.54 | | Sen 93 |

4 2053 Mannaerts Niels DALO 19'09.68 Sen 92

speerwerpen 400g W60+ Mas Dames Ur=15:58

Reeks:1

| | | | | | |
|---|------|--------------------|------|--------|----|
| 1 | 9902 | Jonkers Riet | Ned | 16.34m | 43 |
| 2 | 3981 | Starckx Christiana | ACW | 12.11m | 49 |
| 3 | 3624 | Paps Maria | LOOI | 10.59m | 48 |