

Uitslag 7 mei 2011 Open Meeting & BK 10.000m

| | | | | | | |
|-----------|-------------|------------------|-----------|-------|-----|----|
| 100 meter | | JSM Dames | Uur=16:55 | | | |
| Reeks:1 | Wind : -1.0 | | | | | |
| 1 | 1408 | Feyen Gwendolien | AVT | 12.54 | Sen | 89 |
| 2 | 927 | EGO Caroline | USBW | 13.14 | Sen | 86 |
| 3 | 14 | CARLIER Tiphaine | CSDY | 13.57 | Jun | 93 |
| 4 | 391 | Claes Jente | HAKI | 13.59 | Jun | 92 |
| 5 | 588 | Landuyt Lisa | DAC | 14.12 | Jun | 93 |

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|-----------|-------------|----------------|-----------|-------|-----|----|
| 100 meter | | JSM Dames | Uur=16:55 | | | |
| Reeks:2 | Wind : -1.9 | | | | | |
| 1 | 393 | Umans Kirsten | HAKI | 13.88 | Jun | 93 |
| 2 | 2864 | Pugliari Eline | FLAC | 14.71 | Sch | 95 |
| 3 | 49 | FILEE Emeline | UAC | 14.89 | Jun | 93 |
| 4 | 2079 | De Valck Kelly | OPW | 15.60 | Sen | 88 |
| 5 | 3306 | De Clerck Ann | AVLO | 18.12 | Mas | 73 |

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|-----------|-------------|-------------------------|-----------|-------|-----|----|
| 100 meter | | JSM Heren | Uur=17:02 | | | |
| Reeks:1 | Wind : -2.1 | | | | | |
| 1 | 2519 | Vanfleteren Sam | LEBB | 11.57 | Sen | 88 |
| 2 | 2829 | Winderickx Ingmar | DAC | 11.65 | Sen | 91 |
| 3 | 651 | Vandemenschbrugge Jelle | VITA | 11.75 | Jun | 93 |
| 4 | 1159 | CARTON DELCOURT Bruno | CABW | 11.76 | Sen | 88 |
| 5 | 137 | WIMLOT Alexandre | ACLO | 11.79 | Jun | 93 |
| 6 | 1532 | MEULEMANS Pascal | UAC | 11.86 | Sen | 83 |

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|-----------|-------------|-----------------------|-----------|-------|-----|----|
| 100 meter | | JSM Heren | Uur=17:02 | | | |
| Reeks:2 | Wind : -1.7 | | | | | |
| 1 | 3080 | De Vleeschouwer Niels | ZA | 11.74 | Sen | 89 |
| 2 | 632 | Sanctorum Mathias | FLAC | 11.90 | Jun | 93 |
| 3 | 880 | Thys Yoshi | LEBB | 11.94 | Jun | 92 |
| 4 | 3155 | De Mol Aiko | LEBB | 12.38 | Sen | 88 |
| 5 | 1573 | DARE Lucas | UAC | 12.40 | Sen | 91 |
| 6 | 2816 | Van Den Bedem Miguel* | DAC | 12.76 | Sen | 84 |

| | | | | | | |
|-----------|-------------|----------------------|-----------|-------|-----|----|
| 100 meter | | JSM Heren | Uur=17:02 | | | |
| Reeks:3 | Wind : -2.3 | | | | | |
| 1 | 86 | SEIDENSCHNUR Mascine | UAC | 12.69 | Jun | 93 |
| 2 | 6120 | Steijvers Peter | BEHO | 12.92 | Mas | 61 |
| 3 | 4762 | Farazyn Marc | ACP | 13.21 | Mas | 68 |
| 4 | 5050 | Van Impe Jean-pierre | ACP | 16.17 | Mas | 37 |
| | 6550 | De Backer Wim | VITA | DIS | Mas | 74 |

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|--------------------|------|--------------|-----------|-------|-----|----|
| 400m horden 0,762m | | JSM Dames | Uur=17:24 | | | |
| Reeks:1 | | | | | | |
| 1 | 1337 | De Win Dinja | DAC | 69.15 | Sen | 91 |

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|--------------------|------|-----------------|-----------|-------|-----|----|
| 400m horden 0,914m | | JSM Heren | Uur=17:36 | | | |
| Reeks:1 | | | | | | |
| 1 | 1614 | ABRIGHACH Malik | WS | 54.10 | Sen | 87 |

| | | | | | | |
|---|------|----------------------|-----|-------|-----|----|
| 2 | 2692 | Van De Steen Nicolas | RCG | 57.48 | Sen | 86 |
| 3 | 667 | Vercruyssen Alec | OEH | 58.63 | Jun | 92 |
| 4 | 5482 | Vandevelde Herman | ZA | 68.46 | Mas | 65 |
| | 2147 | Heremans Benny | ACP | DIS | Sen | 82 |

hoogspringen JSM Heren Uur=18:30

Reeks:1

| | | | | | | |
|---|------|-----------------------|------|-------|-----|----|
| 1 | 1159 | CARTON DELCOURT Bruno | CABW | 1.85m | Sen | 88 |
| 2 | 633 | Sanctorum Maxim | FLAC | 1.80m | Jun | 93 |
| 3 | 2829 | Winderickx Ingmar | DAC | 1.71m | Sen | 91 |
| 4 | 2816 | Van Den Bedem Miguel* | DAC | 1.65m | Sen | 84 |
| 5 | 2417 | Cool Ranec | ACHL | 1.60m | Sen | 91 |
| 6 | 6120 | Steijvers Peter | BEHO | 1.45m | Mas | 61 |

verspringen JSM Dames Uur=18:21

Reeks:1

| | | | | | | | |
|-----|------|----------------------|------|------------|-----|----|-------|
| 1 | 9502 | Kragtwijk Njenke | NED | 5.36m +3.0 | Sen | 00 | 5.31m |
| 1.1 | | | | | | | |
| 2 | 459 | Vanlommel Liesbeth | LYRA | 5.28m +2.2 | Jun | 92 | 5.02m |
| 0.8 | | | | | | | |
| 3 | 588 | Landuyt Lisa | DAC | 5.08m +1.4 | Jun | 93 | |
| 4 | 14 | CARLIER Tiphaine | CSDY | 4.80m +1.4 | Jun | 93 | |
| 5 | 699 | Elazimani Houria | HAKI | 4.62m +1.5 | Jun | 92 | |
| 6 | 1507 | De Vleeschauwer Elke | ACG | 4.44m +1.0 | Sen | 90 | |
| 7 | 1465 | Moons Ellen | OEH | 4.29m +2.4 | Sen | 91 | 4.23m |
| 0.0 | | | | | | | |

kogelstoten 4,000kg JSM Dames Uur=17:55

Reeks:1

| | | | | | | |
|---|-----|----------------|-----|--------|-----|----|
| 1 | 974 | BOURGOIS Julie | EAH | 10.33m | Sen | 84 |
|---|-----|----------------|-----|--------|-----|----|

400 meter JSM Dames Uur=17:41

Reeks:1

| | | | | | | |
|---|------|---------------------|------|-------|-----|----|
| 1 | 1425 | De Baets Soetkin | ACME | 60.08 | Sen | 84 |
| 2 | 1655 | Vanfleteren Riet | LEBB | 60.29 | Sen | 91 |
| 3 | 1271 | Van Eecke Charlotte | ASVO | 61.49 | Sen | 91 |
| 4 | 263 | Balcaen Sarina | RIEM | 63.07 | Jun | 93 |
| 5 | 1385 | Pede Laurien | RCG | 64.44 | Sen | 89 |
| 6 | 322 | Moens Elien | LEBB | 66.96 | Jun | 93 |

400 meter JSM Heren Uur=17:55

Reeks:1

| | | | | | | |
|---|------|--------------------|------|-------|-----|----|
| 1 | 2108 | De Beule Matthias | RCG | 49.28 | Sen | 88 |
| 2 | 2584 | Pieters Christof | ACME | 49.42 | Sen | 86 |
| 3 | 2127 | Van Peteghem Thijs | RCG | 50.25 | Sen | 89 |
| 4 | 2113 | De Witte Lennert | RCG | 50.70 | Sen | 88 |
| 5 | 491 | Paermentier Gilles | ACME | 50.90 | Jun | 93 |

400 meter JSM Heren Uur=17:55

Reeks:2

| | | | | | | |
|---|------|---------------|------|-------|-----|----|
| 1 | 1943 | Baete Gieljan | RIEM | 50.82 | Sen | 90 |
| 2 | 1996 | Jacobs Jasper | RAM | 51.80 | Sen | 89 |

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|---|------|----------------|------------|-----|----|
| 3 | 2474 | Kluskens Stijn | VOLH 52.42 | Sen | 88 |
| 4 | 387 | Broeders Arne | DCLA 52.94 | Jun | 93 |
| 5 | 2464 | De Roeck Polle | VOLH 53.45 | Sen | 91 |

400 meter JSM Heren Uur=17:55

Reeks:3

| | | | | | |
|---|------|------------------|------------|-----|----|
| 1 | 2887 | Rottiers Thomas | HAMM 53.57 | Sen | 90 |
| 2 | 6114 | Van Hoof Kor | VS 54.36 | Mas | 73 |
| 3 | 681 | De Ridder Dieter | VAC 55.55 | Jun | 93 |
| 4 | 6419 | Dufour Bart | GENK 55.92 | Mas | 74 |
| 5 | 6132 | Chiau Peter | ACP 59.47 | Mas | 65 |

200 meter JSM Dames Uur=18:21

Reeks:1 Wind : -1.0

| | | | | | |
|---|------|------------------|------------|-----|----|
| 1 | 1408 | Feyen Gwendolien | AVT 25.66 | Sen | 89 |
| 2 | 1641 | Mabbe Elien | FLAC 25.76 | Sen | 87 |
| 3 | 927 | EGO Caroline | USBW 26.45 | Sen | 86 |
| 4 | 14 | CARLIER Tiphaine | CSDY 27.58 | Jun | 93 |
| 5 | 391 | Claes Jente | HAKI 28.24 | Jun | 92 |
| 6 | 479 | Cool Hannah | ACHL 28.45 | Jun | 93 |

200 meter JSM Dames Uur=18:21

Reeks:2 Wind : -1.8

| | | | | | |
|---|------|----------------|------------|-----|----|
| 1 | 2864 | Pugliari Eline | FLAC 30.78 | Sch | 95 |
| 2 | 72 | HULOT Maurine | UAC 30.79 | Jun | 93 |
| 3 | 49 | FILEE Emeline | UAC 31.06 | Jun | 93 |
| 4 | 1465 | Moons Ellen | OEH 31.43 | Sen | 91 |
| 5 | 2079 | De Valck Kelly | OPW 31.88 | Sen | 88 |
| 6 | 3306 | De Clerck Ann | AVLO 37.21 | Mas | 73 |

200 meter JSM Heren Uur=18:21

Reeks:1 Wind : -0.1

| | | | | | |
|---|------|-------------------------|------------|-----|----|
| 1 | 1528 | DESTATTE Arnaud | WS 22.24 | Sen | 88 |
| 2 | 1062 | HEYMANS Samuel | CABW 22.76 | Sen | 89 |
| 3 | 632 | Sanctorum Mathias | FLAC 23.35 | Jun | 93 |
| 4 | 651 | Vandemenschbrugge Jelle | VITA 23.59 | Jun | 93 |
| 5 | 137 | WIMLOT Alexandre | ACLO 23.70 | Jun | 93 |
| 6 | 1573 | DARE Lucas | UAC 24.83 | Sen | 91 |

200 meter JSM Heren Uur=18:21

Reeks:2 Wind : -0.6

| | | | | | |
|---|------|----------------------|------------|-----|----|
| 1 | 880 | Thys Yoshi | LEBB 23.20 | Jun | 92 |
| 2 | 2750 | Siringo Vincent | KAAG 23.77 | Sen | 89 |
| 3 | 3155 | De Mol Aiko | LEBB 23.91 | Sen | 88 |
| 4 | 86 | SEIDENSCHNUR Mascine | UAC 25.57 | Jun | 93 |
| 5 | 4749 | Chrispeels Eric | ACP 25.69 | Mas | 65 |
| 6 | 6120 | Steijvers Peter | BEHO 26.31 | Mas | 61 |
| 7 | 4762 | Farazyn Marc | ACP 26.37 | Mas | 68 |

1500 meter JSM Dames Uur=18:41

Reeks:1

| | | | | | |
|---|------|-------------|-------------|-----|----|
| 1 | 1948 | Pieters Evy | HAC 4'41.54 | Sen | 87 |
|---|------|-------------|-------------|-----|----|

| | | | | | | |
|---|------|------------------|------|---------|-----|----|
| 2 | 33 | STORDEUR Melanie | FCHA | 4'53.46 | Jun | 92 |
| 3 | 3575 | Hillewaere Nele | VS | 5'00.73 | Mas | 64 |
| 4 | 403 | Eylenbosch Sarah | OEH | 5'06.85 | Jun | 93 |
| 5 | 436 | Chauliac Margot | ABES | 5'09.96 | Jun | 93 |
| 6 | 373 | Lissens Maries | ACP | 5'23.89 | Jun | 93 |
| 7 | 1396 | Dierickx Evy | OPW | 5'30.95 | Sen | 90 |
| 8 | 1258 | De Vos Kim | ASVO | 5'32.58 | Sen | 91 |

1500 meter JSM Heren Uur=19:55

Reeks:1

| | | | | | | |
|----|------|---------------------|------|---------|-----|----|
| 1 | 2159 | Slachmuylders Niels | OPW | 4'00.53 | Sen | 88 |
| 2 | 2171 | Vispoel Ruben | KAAG | 4'01.80 | Sen | 90 |
| 3 | 2235 | Cornelis Jan | OEH | 4'02.39 | Sen | 90 |
| 4 | 2241 | D'hoedt Sander | OEH | 4'03.72 | Sen | 90 |
| 5 | 5926 | Inghelbrecht Andy | HAC | 4'17.30 | Mas | 73 |
| 6 | 5574 | Dubois Wilfried | EA | 4'17.86 | Mas | 59 |
| 7 | 2546 | Moriau Tim | OEH | 4'18.28 | Sen | 88 |
| 8 | 5276 | Jacquemyn Kristof | RCG | 4'19.62 | Mas | 71 |
| 9 | 4750 | Collin Frederic | ACP | 4'20.47 | Mas | 69 |
| 10 | 1892 | Biesemans Toon | DUFF | 4'20.87 | Sen | 91 |
| 11 | 2139 | Deliveyne Aaron | ASSA | 4'21.68 | Sen | 84 |
| 12 | 2078 | Kempenaers Bert | LIER | 4'22.59 | Sen | 83 |
| 13 | 2238 | Goedefroot Jonathan | OEH | 4'24.00 | Sen | 90 |
| 14 | 2242 | Van Schuerbeek Gert | OEH | 4'35.73 | Sen | 84 |
| 15 | 2239 | Raeymaekers Glen | OEH | 4'40.32 | Sen | 89 |
| | 2236 | Deneyer Kenny | OEH | NA | Sen | 86 |

1500 meter JSM Heren Uur=19:55

Reeks:2

| | | | | | | |
|----|------|--------------------|------|---------|-----|----|
| 1 | 1894 | Verlinden Joris | DUFF | 4'27.55 | Sen | 91 |
| 2 | 2031 | Braem Glen | LEBB | 4'27.73 | Sen | 90 |
| 3 | 5277 | Jacquemyn Tony | RCG | 4'28.19 | Mas | 67 |
| 4 | 4696 | Mechelinck Marc | RIEM | 4'31.12 | Mas | 59 |
| 5 | 5202 | De Peuter Danny | LIER | 4'38.89 | Mas | 66 |
| 6 | 2237 | Goedefroot Dimitri | OEH | 4'44.22 | Sen | 90 |
| 7 | 5577 | Basteleus Peter | OEH | 4'50.55 | Mas | 66 |
| 8 | 2936 | Gyselinck Stijn | VAC | 4'52.45 | Sen | 90 |
| 9 | 6622 | De Samblanx Geert | ACP | 4'57.77 | Mas | 65 |
| 10 | 5575 | Basteleus Gunter | OEH | 4'59.91 | Mas | 73 |
| 11 | 5412 | Taelman William | RIEM | 5'02.88 | Mas | 61 |
| 12 | 5447 | Deneys Dirk | VITA | 5'16.59 | Mas | 73 |
| 13 | 4686 | Balcaen Dirk | RIEM | 5'27.94 | Mas | 62 |
| | 666 | Vanbelle Evert | OEH | NA | Jun | 92 |
| | 2380 | Vyncke Bart | OEH | NA | Sen | 88 |
| | 5591 | Raeymaekers Eddy | OEH | NA | Mas | 64 |
| | 5590 | Querton Danny | OEH | NA | Mas | 58 |

hinkstapspringen JSM Dames Uur=18:56

Reeks:1

| | | | | | | | |
|---|-----|----------------|-----|--------|------|-----|----|
| 1 | 974 | BOURGOIS Julie | EAH | 11.69m | +1.2 | Sen | 84 |
|---|-----|----------------|-----|--------|------|-----|----|

speerwerpen 800g JSM Heren Uur=19:26

Reeks:1

| | | | | | | |
|---|------|-----------------------|------|--------|-----|----|
| 1 | 387 | Broeders Arne | DCLA | 57.63m | Jun | 93 |
| 2 | 2479 | D'hoker Koen | VS | 52.39m | Sen | 84 |
| 3 | 2829 | Winderickx Ingmar | DAC | 46.64m | Sen | 91 |
| 4 | 9504 | Herremans Bart | ACP | 42.32m | Sen | 82 |
| 5 | 2816 | Van Den Bedem Miguel* | DAC | 36.70m | Sen | 84 |
| 6 | 7424 | Janquart Johan | VITA | 32.03m | Mas | 62 |
| 7 | 5060 | Logist Yves | ACP | 27.30m | Mas | 54 |
| 8 | 6550 | De Backer Wim | VITA | 25.96m | Mas | 74 |

10.000 meter Mas Heren M35 Uur=20:01

Reeks:1

| | | | | | | |
|---|------|----------------|------|----------|--|----|
| 1 | 7013 | Van Rie Koen | ACP | 31'50.52 | | 72 |
| 2 | 6462 | Vermeiren Dirk | ACBR | 33'59.41 | | 71 |
| 3 | 5045 | Spiessens Koen | SPBO | 35'01.10 | | 71 |
| 4 | 5758 | Stuyven Gert | AVLO | 35'06.91 | | 73 |
| 5 | 6395 | Schaillee Kurt | ACA | 35'46.65 | | 72 |
| 6 | 5178 | Smets Filip | ROBA | 36'51.52 | | 71 |

10.000 meter Mas Heren M40 Uur=20:07

Reeks:1

| | | | | | | |
|---|------|-------------------|------|----------|----|----|
| 1 | 4653 | Reigel Hans | LAT | 32'57.90 | | 70 |
| 2 | 6344 | Van Hoebroeck Ali | AVLO | 33'34.28 | | 71 |
| 3 | 3556 | VANDERBECK Yves | RIWA | 33'56.17 | | 68 |
| 4 | 5602 | Van Puyvelde Eddy | AVLO | 34'05.07 | | 67 |
| 5 | 6544 | Vervaeke Jan | AZW | 37'44.63 | | 70 |
| 6 | 6519 | Lenssens Chris | ZA | 38'35.98 | | 69 |
| | 3902 | BOONE Pascal | DAMP | | NA | |
| | 70 | | | | | |

10.000 meter Mas Heren M45 Uur=20:07

Reeks:1

| | | | | | | |
|---|------|-------------------|------|----------|--|----|
| 1 | 5361 | Van Asbroeck Luc | KAAG | 33'29.56 | | 65 |
| 2 | 3634 | COLSON Stephane | ROCA | 33'49.82 | | 65 |
| 3 | 6516 | Storms Alex | ROBA | 35'46.80 | | 63 |
| 4 | 5475 | Van Lierde Freddy | ZA | 36'36.34 | | 65 |
| 5 | 7074 | Longueville Serge | BAV | 40'29.73 | | 64 |
| 6 | 5987 | Segers Erwin | VITA | 41'52.38 | | 65 |

hoogspringen JSM Dames Uur=19:06

Reeks:1

| | | | | | | |
|---|------|------------------|------|-------|-----|----|
| 1 | 699 | Elazimani Houria | HAKI | 1.50m | Jun | 92 |
| 2 | 1849 | Janquart Nina | VITA | 1.50m | Sen | 90 |
| 3 | 1797 | Lissens Laurien | ACP | 1.40m | Sen | 87 |

verspringen JSM Heren Uur=21:30

Reeks:1

| | | | | | | |
|---|------|-----------------------|------|------------|-----|----|
| 1 | 2479 | D'hoker Koen | VS | 6.77m +0.2 | Sen | 84 |
| 2 | 2829 | Winderickx Ingmar | DAC | 6.46m +0.4 | Sen | 91 |
| 3 | 2816 | Van Den Bedem Miguel* | DAC | 5.87m +1.2 | Sen | 84 |
| 4 | 3153 | Steyaert Olivier | AVLO | 5.81m +0.3 | Sen | 83 |
| 5 | 4749 | Chrispeels Eric | ACP | 5.26m +0.5 | Mas | 65 |

| | | | | | | |
|---|------|----------------------|-----|------------|-----|----|
| 6 | 4762 | Farazyn Marc | ACP | 5.01m +0.9 | Mas | 68 |
| 7 | 5050 | Van Impe Jean-pierre | ACP | 3.42m +0.4 | Mas | 37 |

speerwerpen 600g JSM Dames Uur=20:15

Reeks:1

| | | | | | | |
|---|------|----------------------|------|--------|-----|----|
| 1 | 393 | Umans Kirsten | HAKI | 38.58m | Jun | 93 |
| 2 | 407 | Wouters Katrien | OEH | 36.55m | Jun | 93 |
| 3 | 974 | BOURGOIS Julie | EAH | 34.04m | Sen | 84 |
| 4 | 9502 | Kragtwijk Njenke | NED | 30.22m | Sen | 00 |
| 5 | 588 | Landuyt Lisa | DAC | 27.52m | Jun | 93 |
| 6 | 1507 | De Vleeschauwer Elke | ACG | 25.54m | Sen | 90 |
| 7 | 477 | Herregodts Nympe | VITA | 22.56m | Jun | 92 |
| 8 | 1849 | Janquart Nina | VITA | 18.19m | Sen | 90 |
| 9 | 1797 | Lissens Laurien | ACP | 17.74m | Sen | 87 |

kogelstoten 7,260kg JSM Heren Uur=19:57

Reeks:1

| | | | | | | |
|---|------|-----------------------|------|--------|-----|----|
| 1 | 1159 | CARTON DELCOURT Bruno | CABW | 12.51m | Sen | 88 |
| 2 | 6209 | Wijns David | VITA | 7.73m | Mas | 74 |
| 3 | 5060 | Logist Yves | ACP | 7.68m | Mas | 54 |
| 4 | 5447 | Deneys Dirk | VITA | 3.65m | Mas | 73 |

10.000 meter Sen Dames SEN Uur=21:14

Reeks:1

| | | | | | | |
|----|------|----------------------|------|----------|--|----|
| 1 | 1673 | Vandenbussche Hanna | MACW | 35'38.73 | | 87 |
| 2 | 1678 | Soccol Manuela | ATLA | 35'52.88 | | 88 |
| 3 | 1229 | Rens Els | AVZK | 36'52.30 | | 83 |
| 4 | 1300 | Deketelaere Annelies | HAC | 37'00.01 | | 86 |
| 5 | 1047 | DELDICQUE Louise | CSDY | 37'04.80 | | 81 |
| 6 | 806 | BALANCIER Sarah | HERV | 39'14.04 | | 84 |
| 7 | 945 | HANUISE Mathilde | ACLO | 39'21.12 | | 90 |
| 8 | 2033 | Heirman Elke | ACW | 39'21.36 | | 83 |
| 9 | 995 | SOENEN Virginie | SMAC | 40'33.59 | | 86 |
| 10 | 1689 | Ghoos Marianne | LOOI | 43'46.20 | | 91 |

10.000 meter Mas Dames W35 Uur=21:05

Reeks:1

| | | | | | | |
|---|------|-------------------------|------|----------|----|-----------|
| 1 | 2313 | DEVICK Emily | CABW | 37'25.87 | 74 | |
| 2 | 3197 | De Wilde Mieke | ACME | 39'15.44 | 72 | Pr. OVI.1 |
| 3 | 3256 | Vangoidsenhoven Diziana | ROBA | 41'32.21 | 74 | Pr. VIB.1 |

10.000 meter Mas Dames W40 Uur=21:08

Reeks:1

| | | | | | | |
|---|------|---------------------------|------|----------|--|----|
| 1 | 3857 | Van Hooydonck Els | ESAK | 36'56.68 | | 67 |
| 2 | 2312 | VAN DROOGENBROECK Virgini | CABW | 37'02.57 | | 71 |
| 3 | 2958 | Mulle Sylvie | ACW | 37'17.32 | | 70 |
| 4 | 3165 | De Clercq Nathalie | ASSA | 38'02.40 | | 70 |
| 5 | 3000 | Peeters Anja | LOOI | 38'59.39 | | 69 |
| 6 | 3031 | Koppen Gudrun | GEEL | 39'50.25 | | 69 |
| 7 | 3519 | Sliepers Petra | VITA | 43'05.21 | | 70 |
| 8 | 3117 | Van Der Hoeven Jeannine | ROBA | 43'48.48 | | 66 |
| 9 | 2912 | Bruckers Helmine | LIER | 45'57.66 | | 68 |

10.000 meter Mas Dames W45 Uur=21:16

Reeks:1

| | | | | | |
|---|------|---------------------------|------|----------|----|
| 1 | 3163 | Vandenbroeck Marlene | ASSA | 39'21.07 | 63 |
| 2 | 3452 | Staes Annie | ATAC | 41'13.56 | 62 |
| 3 | 2910 | Bleys Anne | LIER | 42'45.21 | 62 |
| 4 | 3298 | Landsheere Christine | OEH | 43'29.18 | 65 |
| 5 | 3833 | Vandormael Marie-jeanne | AVT | 46'14.55 | 65 |
| 6 | 3876 | Maes Sabrina | ZWAT | 48'42.65 | 64 |
| | 3105 | Willekens Marijke | DCLA | NA | 63 |
| | 3684 | Deschoolmeester Godeliev. | DAC | NA | 61 |

10.000 meter Sen Heren SEN Uur=21:35

Reeks:1

| | | | | | |
|----|------|--------------------------|------|----------|--------|
| 1 | 2883 | Naert Koen | EA | 29'15.92 | 89 |
| 2 | 1985 | Garain Stijn | ACP | 29'27.17 | 89 |
| 3 | 1983 | Lunders Mats | LYRA | 29'29.57 | 91 |
| 4 | 2045 | Leysen Erwin | ZWAT | 29'35.33 | 91 |
| 5 | 1057 | BARBIER Benjamin | CABW | 29'38.10 | 82 |
| 6 | 2168 | De Hondt Kjell | DUFF | 29'47.99 | 88 |
| 7 | 2660 | Vandecasteele Angelo | STAX | 30'49.98 | 90 |
| 8 | 2795 | Depoortere Dries | AVR | 31'29.36 | 85 |
| 9 | 1902 | Geens Gunter | AVZK | 31'33.77 | 81 |
| 10 | 2599 | De Raeymaecker Karl | ACW | 31'42.17 | 80 |
| 11 | 37 | LEJEUNE Emmanuel | DS | 31'42.23 | Jun 92 |
| 12 | 2161 | Van Steenbrugge Francies | KAAG | 32'21.48 | 76 |
| 13 | 2541 | Van Nieuwenhove Steven | LAT | 32'33.38 | 79 |
| 14 | 2776 | Van Lierde Philip | EA | 32'36.15 | 77 |
| 15 | 1510 | ASRI Abdessamad | IAAC | 33'01.04 | 84 |
| 16 | 2313 | Van Dyck Tom | ACBR | 33'01.70 | 82 |
| 17 | 72 | DETHIER Julien | HERV | 35'17.70 | Jun 92 |
| 18 | 111 | BOESMANS Shany | ACLE | 35'52.63 | Jun 92 |
| | 1121 | CAELEN Florent | RFCL | NA | 89 |
| | 1872 | Torfs Sanne | DUFF | NA | 88 |
| | 2795 | Depoortere Dries | AVR | NA | 85 |
| | 1216 | BRANDENBOURG Michael | RFCL | NA | 86 |
| | 2731 | Vermeylen Michael | ROBA | NA | 84 |
| | 1866 | Vanstreels Dieter | DUFF | NA | 90 |
| | 1369 | DENAYS Pierre | USTA | NA | 89 |

10.000 meter Mas Heren M50 Uur=23:16

Reeks:1

| | | | | | |
|---|------|---------------------|------|----------|----|
| 1 | 6113 | Van Der Hoeven Marc | VS | 32'33.84 | 60 |
| 2 | 4717 | De Vocht Peter | AVZK | 32'36.60 | 60 |
| 3 | 5077 | Bultinck Marc | DEIN | 33'22.51 | 58 |
| 4 | 6874 | Hiemeleers Marc | ACA | 35'47.01 | 56 |
| 5 | 4007 | MILCAMPs Thierry | CABW | 37'27.14 | 58 |

10.000 meter Mas Heren M55 Uur=23:46

Reeks:1

| | | | | | |
|---|------|------------------|-----|----------|----|
| 1 | 5057 | Vierendeels Eddy | ACP | 34'05.67 | 52 |
| 2 | 5451 | Deram Steven | AVR | 36'23.84 | 55 |

| | | | | | |
|---|------|----------------------|------|----------|----|
| 3 | 5188 | Verbeek Paul | LAC | 36'39.82 | 54 |
| 4 | 5068 | Adriaenssens Roland | AVLO | 36'57.43 | 56 |
| 5 | 4756 | Beque Jozef | LEBB | 38'48.68 | 54 |
| 6 | 3919 | DEROANNE Jean Claude | OCAN | 39'01.11 | 52 |
| 7 | 6164 | Stoppie Filip | VITA | 39'15.68 | 53 |
| 8 | 4693 | Descamps Ronald | RIEM | 41'55.28 | 56 |
| 9 | 5929 | Wijnen Raymond | MACD | 52'29.01 | 52 |
| | 5885 | Nevelsteen Gustaaf | AVZK | NA | 55 |

10.000 meter Mas Heren M60 Uur=23:48

Reeks:1

| | | | | | |
|---|------|--------------------|------|----------|----|
| 1 | 6520 | Van Noten Omer | ROBA | 38'02.08 | 47 |
| 2 | 7080 | Uitdebroeks Romain | ACA | 38'31.64 | 50 |
| 3 | 6268 | Jacobs Rene | ACHL | 42'02.93 | 49 |

10.000 meter Mas Heren M65 Uur=23:50

Reeks:1

| | | | | | |
|---|------|----------------------|------|----------|----|
| 1 | 6411 | Versteven Rene | BONH | 41'02.31 | 45 |
| 2 | 5528 | Vloeberghs Marc | ACKO | 41'17.35 | 45 |
| 3 | 4657 | Uytterschaut Etienne | ZELE | 41'33.42 | 43 |
| 4 | 6920 | De Pauw Rudy | ACHL | 41'41.76 | 46 |
| 5 | 5709 | Maesschalck Gilbert | ACG | 48'50.36 | 43 |

10.000 meter Mas Heren M70 Uur=23:52

Reeks:1

| | | | | | |
|---|------|-----------------|------|----------|----|
| 1 | 5876 | Janssens Herman | GRIM | 48'47.16 | 40 |
| 2 | 5576 | Basteleus Jean | OEH | 54'46.44 | 38 |
| 3 | 5578 | Belsack Freddy | OEH | 57'41.68 | 39 |

10.000 meter Mas Heren M75 Uur=23:53

Reeks:1

| | | | | | |
|---|------|-------------|-----|----------|----|
| 1 | 5587 | Matton Jaak | OEH | 54'06.39 | 32 |
|---|------|-------------|-----|----------|----|

10.000 meter Mas Dames W50 Uur=23:53

Reeks:1

| | | | | | |
|---|------|-----------------|------|----------|----|
| 1 | 4078 | Vermeulen Annie | ASVO | 40'05.97 | 61 |
|---|------|-----------------|------|----------|----|

10.000 meter Mas Dames W55 Uur=23:55

Reeks:1

| | | | | | |
|---|------|------------------------|------|----------|----|
| 1 | 3043 | Munten Anna | ATLA | 42'13.21 | 55 |
| 2 | 3484 | Pannemans Marie-Louise | MACD | 46'59.44 | 54 |
| 3 | 3568 | Buyle Marie-Jeanne | VS | 48'50.16 | 52 |
| 4 | 3999 | Hermans Marie-rose | DCLA | 49'04.80 | 55 |
| 5 | 3370 | Van Doorselaer Greta | ACDL | 50'59.21 | 54 |