



PRESTATIES ATLA ATLETEN OUTDOOR 2011



MINIEMEN MEISJES

80M				
Dewitte Ellen	10.99	Lanaken	11/09/2011	Memorial Cops
Dewitte Ellen	11.15	Bree	3/09/2011	
Dewitte Ellen	11.26	Hasselt	2/07/2011	
Panis Keanne	11.34	St.Truiden L.K.	25/06/2011	5de plaats
Teuwen Frederique	11.34	Bree	3/09/2011	
Dewitte Ellen	11.36	Tessengerlo	13/08/2011	
Dewitte Ellen	11.38	Tongeren	16/04/2011	B.v.Vlaanderen
Dewitte Ellen	11.43	Lanaken	1/06/2011	
Panis Keanne	11.47	Lanaken	1/06/2011	
Dewitte Ellen	11.48	Lanaken	30/04/2011	
Teuwen Frederique	11.48	Lanaken	11/09/2011	Memorial Cops
Panis Keanne	11.51	Kortesseem	3/04/2011	
Panis Keanne	11.53	Alken	11/06/2011	
Panis Keanne	11.54	Lanaken	30/04/2011	
Teuwen Frederique	11.63	Hasselt	2/07/2011	
Teuwen Frederique	11.64	St.Truiden	6/08/2011	
Panis Keanne	11.65	St.Truiden	15/05/2011	
Panis Keanne	11.73	Lanaken	11/09/2011	Memorial Cops
Teuwen Frederique	11.79	Lanaken	30/04/2011	
Teuwen Frederique	11.81	Lanaken	1/06/2011	
Vandeput Babette	11.93	Tessengerlo	13/08/2011	
Vandeput Babette	11.95	Lier	30/07/2011	
Vandeput Babette	11.97	Diepenbeek	21/05/2011	
Vandeput Babette	12.03	Lanaken	1/06/2011	
Vandeput Babette	12.05	Hechtel	8/05/2011	
Steegen Sen	12.25	St.Truiden	15/05/2011	
Martens Catho	12.27	Heusden	15/08/2011	
Loyens Edith	12.30	Neerpelt	10/04/2011	
Vandeput Babette	12.32	Lanaken	30/04/2011	
Vandeput Babette	12.35	Diepenbeek	25/04/2011	
Steegen Sen	12.42	Lanaken	30/04/2011	
Steegen Sen	12.42	Lanaken	11/09/2011	Memorial Cops
Martens Catho	12.44	Lanaken	30/04/2011	
Steegen Sen	12.45	Lanaken	1/06/2011	
Vanhoof Loes	12.46	Lanaken	1/06/2011	
Loyens Edith	12.47	Lanaken	1/06/2011	
Vanhoof Loes	12.49	Neerpelt	10/04/2011	
Vanhoof Loes	12.50	Alken	29/07/2011	Nacht
Martens Catho	12.52	Lanaken	1/06/2011	
Loyens Edith	12.54	Diepenbeek	21/05/2011	
Vanhoof Loes	12.58	Lommel	28/05/2011	
Martens Catho	12.60	Lanaken	11/09/2011	Memorial Cops
Loyens Edith	12.64	Tessengerlo	13/08/2011	
Vanhoof Loes	12.64	Heusden	15/08/2011	
Loyens Edith	12.69	Diepenbeek	25/04/2011	
Vanhoof Loes	12.71	Tongeren	30/08/2011	
Vanhoof Loes	12.71	Lanaken	11/09/2011	Memorial Cops



PRESTATIES ATLA ATLETEN OUTDOOR 2011



MINIEMEN MEISJES

80M				
Martens Catho	12.73	Genk	17/09/2011	
Vanhoof Loes	12.75	Kortesseem	3/04/2011	
Vanhoof Loes	12.75	Diepenbeek	13/06/2011	
Vanhoof Loes	12.75	Lommel	25/09/2011	
Daniels Lotte	12.77	Lanaken	30/04/2011	
Caubergs Jana	12.79	Lanaken	11/09/2011	Memorial Cops
Vanhoof Loes	12.81	Lanaken	30/04/2011	
Caubergs Jana	12.82	Heusden	15/08/2011	
Vanhoof Loes	12.84	Alken	11/06/2011	
Caubergs Jana	12.87	Alken	29/07/2011	Nacht
Daniels Lotte	12.91	Kortesseem	3/04/2011	
Caubergs Jana	12.93	St.Truiden	15/05/2011	
Vanhoof Loes	12.93	Bree	3/09/2011	
Caubergs Jana	12.94	Tongeren	30/08/2011	
Caubergs Jana	12.96	Lanaken	30/04/2011	
Loyens Edith	12.96	Lommel	28/05/2011	
Vanhoof Loes	12.98	Heusden	18/06/2011	
Vanhoof Loes	13.00	Hasselt	2/07/2011	
Caubergs Jana	13.01	Kortesseem	3/04/2011	
Caubergs Jana	13.04	Lanaken	1/06/2011	
Daniels Lotte	13.10	Neerpelt	10/04/2011	
Vanhoof Loes	13.18	Heusden	21/07/2011	
Daniels Lotte	13.20	St.Truiden	15/05/2011	
Caubergs Jana	13.20	Tessengerlo	30/06/2011	
Vanhoof Loes	13.21	Tessengerlo	27/08/2011	
Caubergs Jana	13.24	Diepenbeek	25/04/2011	
Daniels Lotte	13.26	Diepenbeek	25/04/2011	
Daniels Lotte	13.27	Lanaken	11/09/2011	Memorial Cops
Daniels Lotte	13.30	Alken	29/07/2011	Nacht
Daniels Lotte	13.32	St.Truiden	6/08/2011	
Vanhoof Loes	13.40	Diepenbeek	25/04/2011	
Daniels Lotte	13.40	Lanaken	1/06/2011	
Zaar Carmen	13.48	Diepenbeek	13/06/2011	
Caubergs Jana	13.51	Tessengerlo	8/04/2011	
Caubergs Jana	13.72	Diepenbeek	21/05/2011	



PRESTATIES ATLA ATLETEN OUTDOOR 2011



MINIEMEN MEISJES

150M				
Dewitte Ellen	20.92	Lanaken	24/08/2011	Euregio
Dewitte Ellen	20.93	Tongeren	17/07/2011	
Dewitte Ellen	20.95	St.Truiden L.K.	25/06/2011	GOUD
Teuwen Frederique	21.78	Lanaken	24/08/2011	Euregio
Steegeen Sen	23.00	Lanaken	24/08/2011	Euregio
Loyens Edith	23.10	St.Truiden L.K.	25/06/2011	6de plaats
Loyens Edith	23.27	Lanaken	24/08/2011	Euregio
Martens Catho	23.51	Tongeren	16/04/2011	B.v.Vlaanderen
Vanhoof Loes	23.55	Lanaken	24/08/2011	Euregio
Martens Catho	23.71	St.Truiden L.K.	25/06/2011	7de plaats
Vanhoof Loes	23.89	Lommel	25/09/2011	
Caubergs Jana	24.25	Tongeren	16/04/2011	B.v.Vlaanderen
Caubergs Jana	24.38	Lanaken	24/08/2011	Euregio
Caubergs Jana	24.98	Tongeren	17/07/2011	
Daniels Lotte	25.35	Lommel	10/07/2011	
Schoufs Dilan	30.71	Lanaken	24/08/2011	Euregio

300M				
Teuwen Frederique	49.38	St.Truiden L.K.	25/06/2011	BRONS
Loyens Edith	51.36	Tongeren	16/04/2011	B.v.Vlaanderen
Caubergs Jana	52.82	Heusden	24/09/2011	
Caubergs Jana	53.20	Heusden	15/08/2011	
Daniels Lotte	53.83	Tongeren	16/04/2011	B.v.Vlaanderen
Vanhoof Loes	54.07	Heusden	15/08/2011	
Daniels Lotte	54.70	St.Truiden L.K.	25/06/2011	4de plaats
Caubergs Jana	55.34	St.Truiden L.K.	25/06/2011	5de plaats
Vanhoof Loes	55.41	Hasselt	2/07/2011	
Caubergs Jana	55.82	Tessenderlo	8/04/2011	
Daniels Lotte	56.0	Herenthout	19/06/2011	
Daniels Lotte	56.85	Heusden	14/08/2011	



PRESTATIES ATLA ATLETEN OUTDOOR 2011



MINIEMEN MEISJES

1000M				
Steegen Sen	3.28.09	Nijvel	24/09/2011	
Steegen Sen	3.34.09	St.Truiden L.K.	25/06/2011	7de plaats
Steegen Sen	3.36.39	Lanaken	11/09/2011	Memorial Cops
Steegen Sen	3.37.01	Lanaken	30/04/2011	
Steegen Sen	3.37.50	St.Truiden	15/05/2011	
Vanhoof Loes	3.38.17	Tessengerlo	13/08/2011	
Steegen Sen	3.46.79	Tongeren	16/04/2011	B.v.Vlaanderen
Caubergs Jana	3.48.04	Genk	17/09/2011	
Caubergs Jana	3.48.05	Luik	5/08/2011	
Caubergs Jana	3.49.38	Tongeren	30/08/2011	
Martens Catho	3.51.96	Genk	17/09/2011	
Caubergs Jana	3.52.58	Kortesseem	3/04/2011	
Dewitte Ellen	3.53.82	Tessengerlo	13/08/2011	
Daniels Lotte	3.53.87	Kortesseem	3/04/2011	
Caubergs Jana	3.54.61	Lanaken	11/09/2011	Memorial Cops
Caubergs Jana	3.56.29	Lanaken	30/04/2011	
Caubergs Jana	3.57.24	Luik	9/10/2011	
Daniels Lotte	3.57.63	Lommel	10/07/2011	
Daniels Lotte	3.57.90	Lanaken	30/04/2011	
Vanhoof Loes	3.59.77	Lanaken	11/09/2011	Memorial Cops
Teuwen Frederique	3.59.95	Lanaken	30/04/2011	
Daniels Lotte	4.01.18	Lanaken	11/09/2011	Memorial Cops
Martens Catho	4.04.38	Lanaken	30/04/2011	
Caubergs Jana	4.05.15	St.Truiden	15/05/2011	
Panis Keanne	4.06.45	St.Truiden	15/05/2011	
Vanhoof Loes	4.06.66	Tessengerlo	27/08/2011	
Vanhoof Loes	4.07.62	Alken	11/06/2011	
Loyens Edith	4.07.84	Tessengerlo	13/08/2011	
Daniels Lotte	4.09.13	Alken	29/07/2011	
Vanhoof Loes	4.09.78	Heusden	21/07/2011	
Dewitte Ellen	4.11.49	Lanaken	30/04/2011	
Vanhoof Loes	4.12.17	Alken	29/07/2011	
Loyens Edith	4.15.20	Lommel	28/05/2011	
Panis Keanne	4.15.35	Alken	11/06/2011	
Vanhoof Loes	4.16.16	Kortesseem	3/04/2011	
Panis Keanne	4.22.40	Kortesseem	3/04/2011	
Panis Keanne	4.24.27	Lanaken	30/04/2011	



PRESTATIES ATLA ATLETEN OUTDOOR 2011



MINIEMEN MEISJES

60M HORDEN			0,762 M / 6H	
Teuwen Frederique	10.31	Nijvel B.K.	24/09/2011	10de plaats
Teuwen Frederique	10.40	Lanaken	11/09/2011	Memorial Cops
Teuwen Frederique	10.68	St.Truiden L.K.	25/06/2011	GOUD
Teuwen Frederique	10.70	Bree	3/09/2011	
Dewitte Ellen	10.98	Lanaken	11/09/2011	Memorial Cops
Dewitte Ellen	11.41	Bree	3/09/2011	
Vanhoof Loes	12.57	Lanaken	11/09/2011	Memorial Cops
Vanhoof Loes	12.89	Bree	3/09/2011	
Vanhoof Loes	13.18	Diepenbeek	13/06/2011	
Vanhoof Loes	13.26	Heusden	21/07/2011	
Vanhoof Loes	13.41	Diepenbeek	25/04/2011	
Vanhoof Loes	13.43	Tongeren	16/04/2011	B.v.Vlaanderen
Caubergs Jana	13.50	Tongeren	16/04/2011	B.v.Vlaanderen
Caubergs Jana	13.52	Lanaken	11/09/2011	Memorial Cops
Caubergs Jana	13.60	Tessengerlo	8/04/2011	
Vanhoof Loes	13.67	St.Truiden L.K.	25/06/2011	10de plaats

150M HORDEN				
Dewitte Ellen	23.48	Hasselt	2/07/2011	
Teuwen Frederique	23.57	Hasselt	2/07/2011	
Vanhoof Loes	25.90	Heusden	15/08/2011	
Vanhoof Loes	26.73	Alken	29/07/2011	Nacht
Daniels Lotte	27.97	Heusden	15/08/2011	
Caubergs Jana	28.28	Alken	29/07/2011	Nacht
Vanhoof Loes	28.74	Hasselt	2/07/2011	



PRESTATIES ATLA ATLETEN OUTDOOR 2011



MINIEMEN MEISJES

	KOGEL		2 KG	
Vandeput Babette	12m00	St.Truiden L.K.	25/06/2011	GOUD
Vandeput Babette	11m78	Lanaken	30/04/2011	
Vandeput Babette	11m65	Heusden	15/08/2011	
Vandeput Babette	11m48	Lanaken	1/06/2011	
Vandeput Babette	11m34	Eeklo	15/10/2011	
Vandeput Babette	11m32	Oordegem	18/05/2011	
Vandeput Babette	11m31	Nijvel B.K.	24/09/2011	6de plaats
Vandeput Babette	11m29	Heusden L.K. S.V.S.	4/05/2011	GOUD
Vandeput Babette	11m15	Amsterdam (Ned)	4/09/2011	D-spelen
Vandeput Babette	11m09	Tessengerlo	27/08/2011	
Vandeput Babette	11m07	Mol	6/08/2011	
Vandeput Babette	10m93	Lier	30/07/2011	
Vandeput Babette	10m83	Tessengerlo	13/08/2011	
Vandeput Babette	10m79	Diepenbeek	21/05/2011	
Vandeput Babette	10m44	Tessengerlo	4/06/2011	St.Martinuscup
Vandeput Babette	10m28	Hechtel	8/05/2011	
Vandeput Babette	10m08	Diepenbeek	25/04/2011	
Dewitte Ellen	9m40	Bree	3/09/2011	
Dewitte Ellen	8m91	Tessengerlo	13/08/2011	
Martens Catho	8m83	Lanaken	1/06/2011	
Martens Catho	8m69	Heusden	15/08/2011	
Martens Catho	8m55	Tongeren	16/04/2011	B.v.Vlaanderen
Martens Catho	8m53	Lanaken	15/10/2011	Jeugd criterium
Dewitte Ellen	8m51	Lanaken	1/06/2011	
Martens Catho	8m44	Lanaken	30/04/2011	
Martens Catho	8m37	Genk	17/09/2011	
Loyens Edith	7m67	Tessengerlo	13/08/2011	
Loyens Edith	7m58	Lommel	28/05/2011	
Loyens Edith	7m55	Lanaken	1/06/2011	
Swennen Anouk	7m54	Lanaken	15/10/2011	Jeugd criterium
Marai Alessia	7m51	Lanaken	15/10/2011	Jeugd criterium
Panis Keanne	7m24	Alken	11/06/2011	
Loyens Edith	7m14	Diepenbeek	21/05/2011	
Daniels Lotte	7m08	Lanaken	1/06/2011	
Daniels Lotte	7m04	Lanaken	30/04/2011	
Daniels Lotte	6m96	Lanaken	15/10/2011	Jeugd criterium
Dewitte Ellen	6m94	Lanaken	30/04/2011	
Panis Keanne	6m93	Lanaken	1/06/2011	
Zaar Carmen	6m80	Diepenbeek	13/06/2011	
Panis Keanne	6m62	Lanaken	30/04/2011	
Teuwen Frederique	6m60	Bree	3/09/2011	
Vanhoof Loes	6m60	Bree	3/09/2011	
Panis Keanne	6m53	St.Truiden	15/05/2011	
Loyens Edith	6m51	Neerpelt	10/04/2011	
Daniels Lotte	6m50	St.Truiden	15/05/2011	
Daniels Lotte	6m49	Neerpelt	10/04/2011	
Loyens Edith	6m46	Diepenbeek	25/04/2011	



PRESTATIES ATLA ATLETEN OUTDOOR 2011



MINIEMEN MEISJES

KOGEL		2 KG		
Vanhoof Loes	6m21	Diepenbeek	13/06/2011	
Vanhoof Loes	6m12	Heusden	15/08/2011	
Vanhoof Loes	6m11	Alken	11/06/2011	
Daniels Lotte	6m06	Kortesseem	3/04/2011	
Teuwen Frederique	6m00	Lanaken	30/04/2011	
Vanhoof Loes	5m96	Lanaken	1/06/2011	
Vanhoof Loes	5m89	Tessengerlo	27/08/2011	
Vanhoof Loes	5m84	Heusden L.K. S.V.S.	18/06/2011	
Vanhoof Loes	5m83	Lommel	28/05/2011	
Vanhoof Loes	5m80	Lanaken	15/10/2011	Jeugd criterium
Panis Keanne	5m61	Kortesseem	3/04/2011	
Vanhoof Loes	5m58	Lanaken	30/04/2011	
Caubergs Jana	5m57	Lanaken	1/06/2011	
Vanhoof Loes	5m20	Kortesseem	3/04/2011	
Vanhoof Loes	4m98	Neerpelt	10/04/2011	
Steegeen Sen	4m26	Lanaken	30/04/2011	
Steegeen Sen	4m03	Lanaken	1/06/2011	

DISCUS		600GR		
Vandeput Babette	42m22	Nijvel B.K.	24/09/2011	GOUD
Vandeput Babette	40m36	Luik	2/06/2011	Intern.meeting



PRESTATIES ATLA ATLETEN OUTDOOR 2011



MINIEMEN MEISJES

	DISCUS		750GR	
Vandeput Babette	39m45	St.Truiden L.K.	25/06/2011	GOUD
Vandeput Babette	37m04	Tongeren	30/08/2011	
Vandeput Babette	37m00	Tessengerlo	27/08/2011	
Vandeput Babette	36m39	Heusden	15/08/2011	
Vandeput Babette	36m26	Nieuwpoort	20/08/2011	
Vandeput Babette	36m23	Amsterdam (Ned)	4/09/2011	D-spelen
Vandeput Babette	35m70	Mol	29/05/2011	
Vandeput Babette	35m52	Tessengerlo	13/08/2011	
Vandeput Babette	34m87	Eeklo	15/10/2011	
Vandeput Babette	34m57	Lanaken	24/08/2011	Euregio
Vandeput Babette	32m82	Diepenbeek	25/04/2011	
Vandeput Babette	31m65	Lanaken	30/04/2011	
Vandeput Babette	30m64	Lier	30/07/2011	
Vandeput Babette	27m57	Hasselt	2/07/2011	
Martens Catho	17m09	Genk	17/09/2011	
Martens Catho	16m85	Lanaken	30/04/2011	
Loyens Edith	15m68	Lommel	28/05/2011	
Vanhoof Loes	15m49	Lanaken	24/08/2011	Euregio
Vanhoof Loes	14m99	Heusden	15/08/2011	
Vanhoof Loes	14m78	Lommel	25/09/2011	
Daniels Lotte	14m76	Lommel	10/07/2011	
Vanhoof Loes	14m62	Tessengerlo	27/08/2011	
Daniels Lotte	14m54	Diepenbeek	25/04/2011	
Dewitte Ellen	14m46	Lanaken	30/04/2011	
Daniels Lotte	14m07	Lanaken	30/04/2011	
Teuwen Frederique	13m96	Lanaken	30/04/2011	
Vanhoof Loes	13m77	Tongeren	30/08/2011	
Loyens Edith	13m53	Tessengerlo	13/08/2011	
Vanhoof Loes	13m50	Lommel	28/05/2011	
Loyens Edith	13m46	Diepenbeek	21/05/2011	
Dewitte Ellen	13m46	Tessengerlo	13/08/2011	
Panis Keanne	13m41	Lanaken	30/04/2011	
Vanhoof Loes	13m33	Hasselt	2/07/2011	
Vanhoof Loes	13m15	Diepenbeek	13/06/2011	
Loyens Edith	12m86	Lanaken	24/08/2011	Euregio
Vanhoof Loes	12m37	Lanaken	30/04/2011	
Daniels Lotte	12m04	Herenthout	19/06/2011	
Loyens Edith	11m76	Neerpelt	10/04/2011	
Vanhoof Loes	11m10	Neerpelt	10/04/2011	
Daniels Lotte	10m70	Neerpelt	10/04/2011	
Schoufs Dilan	10m16	Lanaken	24/08/2011	Euregio
Daniels Lotte	8m94	Tongeren	30/08/2011	
Steegen Sen	8m47	Lanaken	24/08/2011	Euregio
Steegen Sen	4m66	Lanaken	30/04/2011	



PRESTATIES ATLA ATLETEN OUTDOOR 2011



MINIEMEN MEISJES

	SPEER		400 GR	
Daniels Lotte	19m43	Lanaken	15/10/2011	Jeugd criterium
Swennen Anouk	18m25	Lanaken	15/10/2011	Jeugd criterium
Martens Catho	17m12	Lanaken	15/10/2011	Jeugd criterium
Martens Catho	15m92	Tongeren	16/04/2011	B.v.Vlaanderen
Marai Alessia	15m72	Lanaken	15/10/2011	Jeugd criterium
Panis Keanne	14m62	Alken	11/06/2011	
Vanhoof Loes	13m63	Lanaken	15/10/2011	Jeugd criterium
Martens Catho	13m61	St.Truiden L.K.	25/06/2011	7de plaats
Daniels Lotte	13m45	Tongeren	30/08/2011	
Daniels Lotte	13m40	Alken	29/07/2011	Nacht
Daniels Lotte	13m32	St.Truiden	6/08/2011	
Daniels Lotte	13m13	Diepenbeek	25/04/2011	
Vanhoof Loes	12m92	Tongeren	30/08/2011	
Vanhoof Loes	12m40	Diepenbeek	13/06/2011	
Daniels Lotte	12m37	St.Truiden L.K.	25/06/2011	8ste plaats
Daniels Lotte	12m16	St.Truiden	15/05/2011	
Daniels Lotte	12m04	Herenthout	19/06/2011	
Caubergs Jana	11m64	St.Truiden	15/05/2011	
Caubergs Jana	11m51	Kortesseem	3/04/2011	
Vanhoof Loes	11m28	Heusden	21/07/2011	
Vanhoof Loes	11m12	Diepenbeek	25/04/2011	
Daniels Lotte	10m88	Kortesseem	3/04/2011	
Vanhoof Loes	10m67	Heusden	18/06/2011	
Vanhoof Loes	10m30	Lommel	25/09/2011	
Vanhoof Loes	9m84	Alken	11/06/2011	
Vanhoof Loes	9m48	Kortesseem	3/04/2011	
Panis Keanne	9m35	St.Truiden	15/05/2011	
Panis Keanne	8m00	Kortesseem	3/04/2011	
Caubergs Jana	6m47	Alken	29/07/2011	Nacht



PRESTATIES ATLA ATLETEN OUTDOOR 2011



MINIEMEN MEISJES

VER				
Panis Keanne	4m51	Lanaken	30/04/2011	
Panis Keanne	4m49	St.Truiden L.K.	25/06/2011	5de plaats
Dewitte Ellen	4m48	Tessengerlo	13/08/2011	
Panis Keanne	4m40	NijvelB.K.	24/09/2011	16de plaats
Panis Keanne	4m35	Alken	11/06/2011	
Dewitte Ellen	4m33	Lanaken	30/04/2011	
Teuwen Frederique	4m21	St.Truiden	6/08/2011	
Loyens Edith	4m13	St.Truiden L.K.	25/06/2011	8ste plaats
Vanhoof Loes	4m12	St.Truiden L.K.	25/06/2011	9de plaats
Teuwen Frederique	4m08	Lanaken	30/04/2011	
Dewitte Ellen	4m06	Bree	3/09/2011	
Vandeput Babette	4m01	Lanaken	30/04/2011	
Loyens Edith	4m00	Lommel	28/05/2011	
Loyens Edith	3m99	Diepenbeek	25/04/2011	
Vandeput Babette	3m93	Tessengerlo	13/08/2011	
Loyens Edith	3m92	Tessengerlo	13/08/2011	
Vandeput Babette	3m92	Aalst	3/07/2011	
Vanhoof Loes	3m92	Tongeren	30/08/2011	
Martens Catho	3m87	Lanaken	30/04/2011	
Loyens Edith	3m87	Tongeren	16/04/2011	B.v.Vlaanderen
Loyens Edith	3m83	Diepenbeek	21/05/2011	
Caubergs Jana	3m80	St.Truiden L.K.	25/06/2011	10de plaats
Vanhoof Loes	3m78	Diepenbeek	13/06/2011	
Teuwen Frederique	3m78	Bree	3/09/2011	
Vandeput Babette	3m78	Lier	30/07/2011	
Vandeput Babette	3m78	Heusden	15/08/2011	
Vanhoof Loes	3m76	Lommel	28/05/2011	
Vanhoof Loes	3m76	Bree	3/09/2011	
Caubergs Jana	3m75	Tessengerlo	8/04/2011	
Vanhoof Loes	3m72	Alken	11/06/2011	
Martens Catho	3m72	Genk	17/09/2011	
Vanhoof Loes	3m67	Lommel	25/09/2011	
Vanhoof Loes	3m66	Hasselt	2/07/2011	
Caubergs Jana	3m66	Tessengerlo	30/06/2011	
Caubergs Jana	3m59	Lanaken	30/04/2011	
Daniels Lotte	3m57	St.Truiden	6/08/2011	
Martens Catho	3m57	Heusden	15/08/2011	
Daniels Lotte	3m54	Lanaken	30/04/2011	
Daniels Lotte	3m53	Tongeren	30/08/2011	
Caubergs Jana	3m50	Diepenbeek	25/04/2011	
Vanhoof Loes	3m49	Heusden	15/08/2011	
Caubergs Jana	3m49	Tongeren	30/08/2011	
Caubergs Jana	3m47	Heusden	15/08/2011	
Vanhoof Loes	3m44	Lanaken	30/04/2011	
Daniels Lotte	3m42	Lommel	10/07/2011	
Vanhoof Loes	3m41	Diepenbeek	25/04/2011	
Vandeput Babette	3m41	Diepenbeek	25/04/2011	



PRESTATIES ATLA ATLETEN OUTDOOR 2011



MINIEMEN MEISJES

VER				
Vanhoof Loes	3m40	Tongeren	16/04/2011	B.v.Vlaanderen
Daniels Lotte	3m34	Diepenbeek	25/04/2011	
Zaar Carmen	3m27	Diepenbeek	13/06/2011	
Steegen Sen	3m20	Lanaken	30/04/2011	
Caubergs Jana	3m07	Diepenbeek	21/05/2011	

HOOG				
Dewitte Ellen	1m45	Bree	3/09/2011	
Dewitte Ellen	1m45	Lanaken	11/09/2011	Memorial Cops
Dewitte Ellen	1m41	Tongeren	16/04/2011	B.v.Vlaanderen
Dewitte Ellen	1m41	St.Truiden L.K.	25/06/2011	ZILVER
Dewitte Ellen	1m40	Tongeren	17/07/2011	
Vanhoof Loes	1m35	Lanaken	11/09/2011	Memorial Cops
Vanhoof Loes	1m30	Tessenderlo	27/08/2011	
Vanhoof Loes	1m25	Neerpelt	10/04/2011	
Panis Keanne	1m25	St.Truiden	15/05/2011	
Vanhoof Loes	1m25	Heusden	18/06/2011	
Vanhoof Loes	1m25	Tongeren	30/08/2011	
Teuwen Frederique	1m25	Bree	3/09/2011	
Martens Catho	1m25	Lanaken	11/09/2011	Memorial Cops
Vanhoof Loes	1m25	Lommel	25/09/2011	
Loyens Edith	1m20	Neerpelt	10/04/2011	
Daniels Lotte	1m20	Neerpelt	10/04/2011	
Vanhoof Loes	1m20	Heusden	21/07/2011	
Vanhoof Loes	1m20	Bree	3/09/2011	
Teuwen Frederique	1m20	Lanaken	11/09/2011	Memorial Cops
Daniels Lotte	1m20	Lanaken	11/09/2011	Memorial Cops
Daniels Lotte	1m15	Tongeren	16/04/2011	B.v.Vlaanderen
Daniels Lotte	1m15	St.Truiden	15/05/2011	
Daniels Lotte	1m15	Alken	29/07/2011	Nacht
Panis Keanne	1m10	Lanaken	11/09/2011	Memorial Cops
Caubergs Jana	1m00	St.Truiden	15/05/2011	



PRESTATIES ATLA ATLETEN OUTDOOR 2011



MINIEMEN MEISJES

VIJFKAMP				
Dewitte Ellen	2829p	Bree	3/09/2011	Olimpic
Vandeput Babette	2677p	Tessengerlo L.K.	13/08/2011	GOUD
Teuwen Frederique	2451p	Bree	3/09/2011	Olimpic
Dewitte Ellen	2225p	Tessengerlo L.K.	13/08/2011	4de plaats
Vandeput Babette	2043p	Lanaken	30/04/2011	Olimpic
Panis Keanne	1933p	Alken	11/06/2011	Olimpic
Dewitte Ellen	1925p	Lanaken	30/04/2011	Olimpic
Panis Keanne	1840p	Lanaken	30/04/2011	Olimpic
Martens Catho	1817p	Genk	17/09/2011	Olimpic
Martens Catho	1815p	Lanaken	30/04/2011	Olimpic
Teuwen Frederique	1803p	Lanaken	30/04/2011	Olimpic
Panis Keanne	1792p	St.Truiden	15/05/2011	Olimpic
Vanhoof Loes	1747p	Bree	3/09/2011	Olimpic
Loyens Edith	1675p	Neerpelt	10/04/2011	Olimpic
Loyens Edith	1670p	Lommel	28/05/2011	Olimpic
Loyens Edith	1648p	Tessengerlo L.K.	13/08/2011	14de plaats
Vanhoof Loes	1598p	Tessengerlo	27/08/2011	Olimpic
Daniels Lotte	1578p	Lanaken	30/04/2011	Olimpic
Vanhoof Loes	1542p	Neerpelt	10/04/2011	Olimpic
Daniels Lotte	1528p	Neerpelt	10/04/2011	Olimpic
Vanhoof Loes	1411p	Alken	11/06/2011	Olimpic
Steegen Sen	1382p	Lanaken	30/04/2011	Olimpic
Vandeput Babette	1277p	Tessengerlo	27/08/2011	Olimpic
Daniels Lotte	1223p	Kortesseem	3/04/2011	Olimpic
Panis Keanne	1220p	Kortesseem	3/04/2011	Olimpic
Vanhoof Loes	1175p	Heusden	18/06/2011	Olimpic
Daniels Lotte	1117p	St.Truiden	15/05/2011	Olimpic
Vanhoof Loes	1099p	Lommel	28/05/2011	Olimpic
Caubergs Jana	1063p	St.Truiden	15/05/2011	Olimpic
Steegen Sen	1054p	St.Truiden	15/05/2011	Olimpic
Caubergs Jana	1042p	Lanaken	30/04/2011	Olimpic
Vanhoof Loes	1018p	Kortesseem	3/04/2011	Olimpic
Vanhoof Loes	1015p	Lanaken	30/04/2011	Olimpic
Caubergs Jana	943p	Kortesseem	3/04/2011	Olimpic
Caubergs Jana	478p	Genk	17/09/2011	Olimpic

4x80m				
Teuwen Frederique-Dewitte Ellen-Loyens Edith-Vandeput Babette				
	43.90	Alken L.K.	21/08/2011	BRONS
Teuwen Frederique-Dewitte Ellen-Loyens Edith-Panis Keanne				
	43.92	Lanaken	11/09/2011	Memorial Cops
Teuwen Frederique-Dewitte Ellen-Loyens Edith-Panis Keanne				
	44.09	Nijvel B.K.	24/09/2011	6de plaats
Martens Catho-Lika Joana-Vanhoof Loes-Steegen Sen				
	48.08	Alken L.K.	21/08/2011	7de plaats
Martens Catho-Daniels Lotte-Vanhoof Loes-Caubergs Jana				
	50.30	Lanaken	11/09/2011	Memorial Cops



PRESTATIES ATLA ATLETEN OUTDOOR 2011



MINIEMEN MEISJES

3x600M			
Loyens Edith-Martens Catho-Steegen Sen			
	6.12.74	Lanaken	1/06/2011
Steegen Sen-Loyens Edith-Teuwen Frederique			
	6.13.47	Alken L.K.	21/08/2011 4de plaats
Panis Keanne-Teuwen Frederique-Dewitte Ellen			
	6.16.91	Lanaken	1/06/2011
Martens Catho-Vanhoof Loes-Dewitte Ellen			
	6.21.94	Alken L.K.	21/08/2011 6de plaats
Vanhoof Loes-Daniels Lotte-Caubergs Jana			
	6.51.88	Lanaken	1/06/2011